

# FOUNDATION IN FOCUS

SPRING 2023

A COMMUNITY NEWSLETTER OF



BAY MEDICAL FOUNDATION

## PROJECT UPDATE: IMPROVING THE ER EXPERIENCE

Thanks to you, our donors, we are over halfway to our goal of \$350,000 to bring the latest technology to your emergency department! Imagine every room in the emergency department having a digital communications board that will keep you continuously updated on the status of your treatment! This project will make up-to-the-minute information a reality.

Your communication board is always current because everything is updated as soon as your nurse inputs it into your electronic medical record. It displays information including:

- Names and photos of your care team
- What tests are ordered
- How long it will take to complete tests
- Current status of your lab work
- Discharge information

Now you know exactly what is going on, while your care team can continue taking care of you and others.

Your help is still needed. You can empower yourself and other ER patients by giving to this project for the purchase and installation of electronic communication boards in each of the 34 rooms in the emergency department.

Please consider giving to the ER communication boards project today. Visit [www.mclaren.org/bayfoundationdonate](http://www.mclaren.org/bayfoundationdonate) to Donate Now!



**MEDI-SIGN**

Hello, **Jennifer** Today is **Friday April 15**

Your Care Team

<b>Nurse</b> Brooke	<b>Tech</b> Rebecca
<b>Attending Physician</b> Dr. Myers	<b>Emergency Manager</b> Betty

Your Information

<b>Lab Status</b> Labs are pending	<b>Average Lab Time</b> 15 minutes	
<b>Radiology Tests Ordered</b> X-Rays	<b>Average Test Time</b> X-Ray : 30 minutes CAT Scan : 75 minutes	
<b>Diet</b> No Food or Drink	<b>Location</b> Room 103	<b>Discharge</b> Pending Admission

**STAFF RESPONDING TO ALERT**

During This Time, There May Be A Delay In Staff Presence.

Room # 103  
Room Phone # 301-790-0103

## LET'S GET TOGETHER AT THESE SPECIAL EVENTS

McLaren  
BAY MEDICAL FOUNDATION



**SATURDAY** | 9:00 a.m.  
**MAY 6, 2023** | Uptown Bay City  
[www.Mclaren.org/BayFoundation5K](http://www.Mclaren.org/BayFoundation5K)

## REPORT TO COMMUNITY AND RECOGNITION EVENT

— HONORING LUCY & FRITZ HORAK —

**WEDNESDAY** | 12:00 p.m.  
**JUNE 14, 2023** | Doubletree Hotel

Golf  
for Life  
Classic

**WEDNESDAY** | 9:00 a.m.  
**AUGUST 2, 2023** | Maple Leaf Golf Course  
[www.Mclaren.org/BayFoundationGolfForLife](http://www.Mclaren.org/BayFoundationGolfForLife)

# TAKING CARE OF EMPLOYEES A GOLDEN RETRIEVER TO THE RESCUE

Stress and anxiety are no match for Kelly the Therapy Dog! McLaren volunteers, Jean Colby and Kelly, bring smiles to the faces of employees who face long hours, hard work and tough circumstances every day!

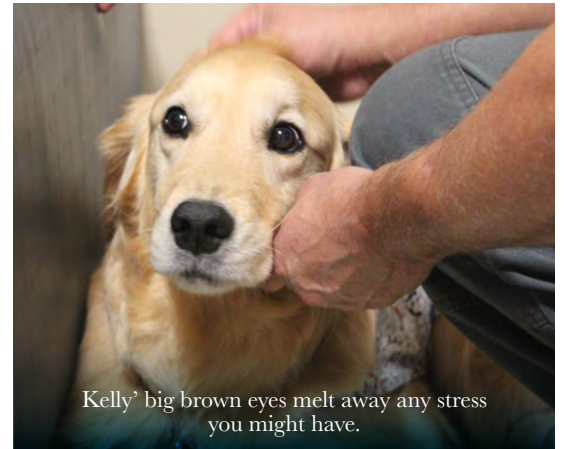
Helping McLaren employees any way possible is another goal of the McLaren Bay Medical Foundation. Within our volunteer ranks, we have Jean and Kelly. Handler Jean has been serving McLaren for nearly 30 years with a number of therapy dogs. Now, the duo spends two days a week for the sole purpose of brightening the days of healthcare workers. While they are at it, they extend services to passing patients and visitors, as well.

One of the first days on the job, a nurse dropped to her knees, hugged Kelly with tears in her eyes as she was leaving from her 12-hour shift and said "thank you, I needed this today," to the trained Golden Retriever.

Our director of patient experience, Ashley Oliver, says, "Kelly makes me so happy. She lets me know that I'm a good person. You just look into her eyes and it makes you feel better."

Our maintenance staff appreciate the chance to pet Kelly during their hectic days. "She makes a big difference. We talk about Kelly in our department and look forward to seeing her."

It's no secret that pets can contribute to your happiness by reducing stress, anxiety and depression. We are thankful for Jean's commitment to helping make McLaren Bay Region a great place to work.



Kelly's big brown eyes melt away any stress you might have.



Handler Jean Colby and Kelly ready to greet employees every Tuesday and Thursday



Ashley Oliver gets her daily dose of Kelly for a special shot of happiness.

## SPRING MEMORIAL TREE CELEBRATION



**WEDNESDAY, MAY 24  
7:00 P.M.**

The Spring Memorial Tree program is scheduled to take place on Wednesday, May 24 at 7:00 p.m. at the hospital cafeteria.

You can be part of this event by making a special tribute gift in memory or honor of someone dear to you. The names of your loved ones will be read at the ceremony and light refreshments will be served.

For more details or to participate, you can go to [www.mclaren.org/BayFoundationMemorialTree](http://www.mclaren.org/BayFoundationMemorialTree). If you would like to receive a hard copy brochure with more information on how to participate, please contact Jessica Gregory at 989-895-4727 or [jessica.gregory@mclaren.org](mailto:jessica.gregory@mclaren.org).

*A memory is a special gift that survives.*

## WOULD YOU LIKE TO BE A GEM?

**INTRODUCING A NEW WAY TO GIVE**

MAKE GIVING TO  
McLAREN BAY MEDICAL  
FOUNDATION EASY!



You can become a GEM by choosing to Give Every Month! Why give a monthly gift? It is affordable, easy and impactful.

To find out more about how you can sign up to become a GEM, check out all the details and FAQs at: [www.mclaren.org/bayfoundationGEM](http://www.mclaren.org/bayfoundationGEM).

Or, as always, feel free to contact Lynn Weaver, Vice President of McLaren Bay Medical Foundation at:

[Lynn.Weaver@mclaren.org](mailto:Lynn.Weaver@mclaren.org) or 989.895.4728

# LEGACY SOCIETY

## AT McLAREN BAY MEDICAL FOUNDATION

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You might already be a member of the Legacy Society and we don't know it! Members of the Legacy Society are those who notify McLaren Bay Medical Foundation that they are planning a legacy gift.

Examples of legacy gifts include:

- Monetary donations or securities such as stocks or bonds
- Designation of a gift in will or trust
- A Charitable Trust naming the Foundation as beneficiary
- Name the Foundation as owner/beneficiary of a life insurance policy or retirement plan, such as an IRA or 401K

The Legacy Society was founded to thank members for their generosity and care on behalf of the patients and family members who benefit from their acts of kindness. Members of the Legacy Society will be honored at an annual special reception and have their names listed on the Donor Wall at McLaren Bay Region.

If you have left a legacy gift to the McLaren Bay Medical Foundation, please let us know by contacting Carrie Schultz, Planned Giving/ Major Gifts Philanthropy Officer at 989-895-4725 or at [carrie.schultz@mclaren.org](mailto:carrie.schultz@mclaren.org)

## McLAREN BAY MEDICAL FOUNDATION EXPANDING REACH AND HELPING MORE PEOPLE

The mission of the McLaren Bay Medical Foundation is to raise funds to support the McLaren Bay Region and McLaren Bay Special Care hospitals in their mission of improving the health of the communities they serve.

As we look at the mission, we know the Foundation does so much more than raise money. The more important focus is on assisting our hospitals improve the health of the community. With that in mind, see how you are helping us to expand our reach to help even more people:

### Focus of McLaren Bay Medical Foundation

Help people and save lives through the following programs and activities:

#### Donor Relations and Fundraising

- Helps guide donors to healthcare needs that match their giving priorities
- Raises money needed to fill funding gaps, provide for those in need, and ensure access to healthcare for all

#### Volunteer Program

- Recruits, trains and supports volunteer community members who provide a variety of services to the hospital

#### Helen M. Nickless Volunteer Clinic

- Provides primary healthcare to those who are uninsured

#### Community Health Education and Screening

- Provides free or low-cost community health screenings, support groups and education sessions

#### Prevention Services

- Prevents and minimizes substance use in youth and educates their parents by providing information, skills and strategies
- Coordinates the Bay County Prevention Network – a collaboration of community members who work together to ensure a healthy, safe and drug free community through advocacy, education and awareness

If you are interested in supporting any of the many programs and services of the McLaren Bay Medical Foundation, please contact us at 989-895-4725. Let us tell you more!

# FREE HEALTH SCREENINGS FOR YOU

How is your heart health? Chances are you don't think about that question often. Perhaps you should. McLaren Bay Medical Foundation wants to make it easy for you to do so by offering free Heart Health & Stroke screenings in 2023. The nominal \$10 fee is being waived because we care about your health!

Lindsey Barbeau and Mike Czymbor from Essexville, with their young daughter in tow, took advantage of a recent screening. Lindsey explained that her father has been coming to McLaren screenings for years and encouraged them to do the same. "We have a few things that run in the family," said Mike. "It is like preventive maintenance – it's better to find and treat things early. And the process is awesome! It's faster than a visit to the doctor's office."

Mary Ann Koch has been participating in health screenings for the past 5 years. "Sometimes people only go to the doctor when they are sick. This is a way to keep me informed on my numbers, plus the information can be automatically sent to my doctor, too."

The Heart Health & Stroke Screening is a great opportunity for you to learn what some of your personal risk factors may be and what steps you can take to reduce your risk. You can find a list of all upcoming screenings at [www.mclaren.org/BayScreenings](http://www.mclaren.org/BayScreenings).

*"McLaren is committed to the health and well-being of our community," says Laura Love, Community Health Specialist at McLaren. "We are passionate about providing opportunities for people to learn about and take control of their health through free or low-cost health screenings, education events and prevention programs."*



# YOU ARE NOT ALONE

## TEACHING YOUTH TO HELP YOUTH

Energy buzzed in the room with 100 middle school students from Bay County. And the buzz was about speaker Caleb Campbell, former NFL player and leadership speaker. The topic? Mental health and how to help each other.

As Caleb shared his personal and very powerful story, silence took over the room. By relaying his story as a high school senior and football player, he shared his experiences and told the students how he had felt all alone. He reassured the students that, just like him, they are not alone. Caleb's words empowered them with ways to reach out to their fellow classmates to make sure no one feels alone.



Former NFL player Caleb Campbell shares his experiences with students.

The Summit was a program of the Bay County Prevention Network – a coalition that is coordinated by the Prevention Services department at McLaren. Students from local Teens Advocating Prevention groups helped plan the event.

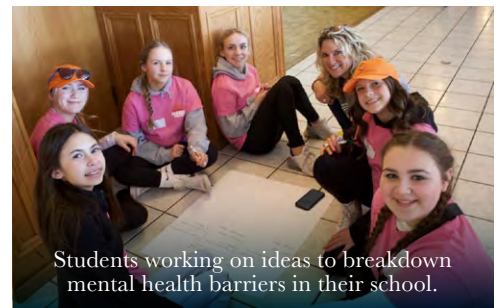
One of the summit activities included the students identifying mental health barriers in their schools and listing possible ways to overcome those challenges. After sharing their thoughts, each school had many ideas to help them create a customized plan to finalize and implement at their own school.

About 50 mental health professionals from the schools were also in attendance. "I see so many challenges within the school when it comes to peer interactions and mental health," said one adult. "It was very refreshing to hear students who want to make a difference and are willing to put in the work and effort to create a better environment for themselves and other students."

Caleb was quite the inspiration for the students. He believes that in our quest to find happiness, we miss participating in the moment. His goal is to be as present as possible. Through this belief, Caleb encourages kids to work through the hard things and participate in happiness.

**Thank you to the middle school student leaders from Western Middle School, Handy Middle School, Christa McAuliffe Middle School, Cramer Junior High, and Bay City Academy.**

*"The evaluations from students and adults were overwhelmingly positive," says Katie Ball, prevention specialist lead. "Over 90% of students expressed interest in joining the Teens Advocating Prevention for their school, which is great news. We will work with these groups to help them make a difference."*



Students working on ideas to breakdown mental health barriers in their school.



Students working on ideas to breakdown mental health barriers in their school.



Karalina Davis and Micah Fibranz, 7th graders from Christa McAuliffe Middle School, welcomed everyone, lead an ice breaker, and then introduced speaker Caleb Campbell.



BAY MEDICAL FOUNDATION

1900 Columbus Ave  
Bay City, MI 48708

**GIVE A  
GIFT TODAY!**

**JUST SCAN THIS CODE TO GO  
TO THE McLAREN BAY MEDICAL  
FOUNDATION DONATION PAGE!**



## DOING EVEN MORE

### A MESSAGE FROM THE VICE PRESIDENT



There has been a lot of changes going on at your McLaren Bay Medical Foundation. With your help, we are expanding to reach out to more community members in many ways. The Nickless Volunteer Clinic provides free primary healthcare to those without health insurance. Also, free and low-cost health screenings and education are now being provided and it is available to ALL community members.

We are proud that we are overseeing our prevention programs that help stop substance use among our youth and educate their parents. Their efforts are making a difference.

In this issue of Foundation In Focus, I'm proud to share some of the activities that have happened recently. Also, I hope you will want to help with our current project to outfit our emergency rooms with digital communication boards. Contact me to find out more at 989-895-4728 or email [lynn.weaver@mcclaren.org](mailto:lynn.weaver@mcclaren.org). It is very exciting, and I would love to tell you more!

As always, I thank you for your help and donations to ensure our community hospital will always be here to provide you the absolute best care.

**Lynn Weaver**

**Vice President of Philanthropy**

*McLaren Bay Medical Foundation*

## STAFF

**Lynn Weaver** | Vice President of Philanthropy

**Jessica Gregory** | Philanthropy Officer

**Carrie Schultz** | Philanthropy Officer, Planned Giving/Major Gifts

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