

Friends OF THE FOUNDATION



NORTHERN MICHIGAN
FOUNDATION

Our Mission:

To receive and administer funds to support the mission of McLaren Northern Michigan and support programs that enhance the well-being of the community.

WINTER 2024



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Your Gifts Make Northern Michigan Healthier

Your support helps us provide state-of-the-art surgical technology, recruit providers and enhance the education of McLaren Northern Michigan staff.

How Your Gifts Help

Your gifts make a difference in patients' lives. Your gifts provide support for staff and patients every day.

Your generosity supports:

- Medical technology
- Medical equipment
- Patient assistance
- Facility upgrades
- Pediatric rehabilitation programs
- Preventative care and wellness initiatives
- Hospice care
- Physician recruitment and retention
- Behavioral health
- Education
- Innovation
- Medical excellence
- Areas of greatest need

The entire team at McLaren Northern Michigan appreciates your support—as does every patient who relies on McLaren Northern Michigan for their care.

Follow us on Facebook and Instagram and share our stories with your friends and family to encourage them to give back as well!



NORTHERN MICHIGAN FOUNDATION

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Friends of the Foundation Newsletter is a publication of the McLaren Northern Michigan Foundation and is produced three times a year for contributors to the Foundation. Find out more about our work by visiting McLaren.org/NorthernMichiganFoundation.

Dear Friends,

As winter embraces northern Michigan, we are warmed by the enduring support you provide to our hospital community. Your generosity has been instrumental in our mission to deliver unparalleled care right here, close to home.



In this issue, we highlight the profound effects of your contributions. The story of Jason, for example, illustrates this impact vividly. His journey from a progressive motor disability to newfound mobility, thanks to a custom-adapted trike, is a testament to the life-altering support we can provide together.

We are also excited to introduce new cutting-edge spinal surgery equipment, a milestone made possible through your donations. This technology, along with the expertise of our new surgeons, represents our commitment to offering the most advanced and effective treatments to our patients.

Additionally, we celebrate the achievements of one of our dedicated nurses, Nathaniel Tippett, who recently completed advanced training funded by donor contributions. Nathaniel's growth is a clear example of how your support directly elevates the quality of our services.

Thank you for being a part of our efforts to provide exceptional care, for your generosity, and for the incredible difference you make in so many lives.

With heartfelt appreciation,

Julie Jarema
Vice President and Chief Philanthropy Officer
McLaren Northern Michigan Foundation

Elise Fisher
Board Chair
McLaren Northern Michigan Foundation



On the Cover:

Matthew Mead, MD, recently joined the McLaren Northern Michigan Orthopedic Services and Nathaniel Tippett, BSN, RN, CNOR.

2024 McLAREN NORTHERN MICHIGAN FOUNDATION BOARD OF TRUSTEES

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Transforming Surgical Care

Supported by our donors

When a new need arises at McLaren Northern Michigan, the generosity of our donors shines the brightest, providing the vital resources needed for urgent and essential improvements. Recently, this support enabled us to enhance our surgical capabilities, thanks to contributions to the Unrestricted Fund.

We are proud to announce a significant upgrade in our surgical department. Several critical pieces of equipment have been added to the Neurosurgery and Orthopedic Departments. The Stealth Navigation System, used in tandem with the O-Art O2 Imaging System, provides real-time visualization of spinal, cranial, and ear, nose, and throat anatomy during surgery. This technology not only enhances the accuracy of procedures like cranial biopsies, tumor resections, shunt placements, and spine surgeries but also significantly reduces radiation exposure.

In addition, the orthopedic surgical drills were upgraded, which included an integrated power system. The replacement power system allows surgeons to complete surgeries efficiently, without the need to halt and replace batteries. The equipment is the latest addition to surgical technology at McLaren Northern Michigan made possible by the support of our community.

New state-of-the-art equipment helps our providers utilize the full scope of their training and provide the highest level of care. Dr. Matthew Mead and Dr. Robert Seledotis, highly trained physicians, have recently joined McLaren Northern Michigan. They are both seeing patients and are excited to practice medicine in northern Michigan.

Your support is invaluable. It allows McLaren Northern Michigan to respond promptly to diverse needs across the hospital. Each contribution has a direct impact on patient care, helping us stay at the forefront of medical technology and treatment. Thank you for your continued support and for making these improvements a reality for our patients.



Matthew Mead, MD
Orthopedic Surgeon

McLaren Northern Michigan welcomed their newest orthopaedic surgeon, Matthew Mead M.D., in October 2023. Dr. Mead attended the University of Michigan-Flint for his undergraduate degrees and obtained his medical degree from the University of Michigan Medical School. He completed an internship at Michigan State Integrated Residency in General Surgery at Sparrow Hospital in Lansing followed by orthopaedic surgery residency at McLaren-Flint/MSU.

Dr. Mead pursued fellowship training in joint replacement at the University of Pittsburgh Medical Center, obtaining additional expertise in robotic joint replacement, complex adult joint reconstruction, and revision arthroplasties. In his spare time, Dr. Mead enjoys camping, kayaking, fishing and all the outdoors northern Michigan has to offer.



Robert Seledotis, DO
Neurosurgeon

Neurosurgeon Robert Seledotis, DO, joined McLaren Northern Michigan in October 2023. Dr. Seledotis moved to northern Michigan with his wife and two children from Grand Rapids, MI, where he had been a neurosurgeon in a private practice for the last 20 years. He appreciates the opportunities in the area to play golf and go skiing.

Dr. Seledotis received his undergraduate degree from Oakland University. He attended the Kirksville College of Osteopathic Medicine in Missouri for his medical degree. Dr. Seledotis completed his neurosurgery residence at Providence Hospital. His special interests include cervical, thoracic, and lumbar spine surgeries.

Dedication to Excellence

Commitment from donors impacts patient care

Meet Nathaniel Tippett, a northern Michigan native whose journey at McLaren Northern Michigan has been a testament to his continuous efforts to improve his skills to serve his patients. Over five years, Nathaniel's path from phlebotomist to registered nurse, and now First Assist in the Operating Room, has been a journey of commitment to patient care and professional growth. As a RN First Assist, he will coordinate surgical care to maximize the surgeon's efficiency and minimize the time the patient is in surgery.

Nathaniel's passion for patient well-being led him to become a registered nurse in the Cardiovascular Unit and today he plays a pivotal role in the operating room as a Registered Nurse First Assistant. His dedication extends beyond personal growth; he's become

a trusted resource for colleagues who are new to the field.

Having worked in the COVID unit, Nathaniel knows the importance of exceptional care. Although he may not see the direct full recovery of his surgical patients, he takes pride in contributing to their success stories. He knows that the people he takes care of are not just patients – but family, friends, and neighbors.

Nathaniel's inspiring journey highlights how scholarships for staff not only empower individuals to excel in their careers but also enrich the community's access to high-quality healthcare. Through programs like the Colleague Scholarship Program, donors become partners in improving lives and fostering a healthier future for northern Michigan.

“As someone who has grown up in northern Michigan, I know the people we treat are family, friends, and neighbors and by increasing my knowledge base I can provide my patients with the highest quality of care in the area.”



NATHANIEL TIPPETT
BSN, RN, CNOR
MCLAREN NORTHERN MICHIGAN

Your gifts are crucial in helping us meet the ever-changing needs of our hospital. Please consider donating to the Unrestricted Fund to support healthcare in northern Michigan. Every gift, big or small, has a meaningful impact. We are grateful for your consideration of support.

Thank you for helping us continue our mission of providing excellent healthcare! Scan this QR code to donate online.



“There is a growing need for advanced surgical care in our community. Having these cutting-edge technologies available right here at McLaren Northern Michigan means we can offer our patients the highest standard of care,” said Gar Atchison, CEO of MNM. “We are deeply thankful to our donors whose contributions have made this advancement possible and continue to support our mission of providing top-tier healthcare in our community.”



GAR ATCHISON
PRESIDENT AND CEO
MCLAREN NORTHERN MICHIGAN

Empowering Lives

Inspiring journey of a patient

The impact of donor generosity is felt in profound and life-altering ways for Patient Assistance Fund recipients. The story of Jason Pine, a patient experiencing a progressive motor and cognitive disability, is an example of this.

Jason's condition gradually impairs communication and cognitive abilities and has significantly affected his mobility and daily life. He was faced with mounting challenges, and relied on mobility aids that increased fatigue and limited his daily life. The need for a new solution was clear, and it was here that the generosity of our donors truly made a difference.

Recognizing the critical importance of maintaining independence and family involvement in a patient's quality of life, the McLaren Northern Michigan rehabilitation team recommended the Lectric XP Trike. This pedal-assisted e-trike is not just a mobility aid, but a beacon of hope, promising to reduce fatigue and most importantly, keep the patient actively involved with his family and community.

Thanks to our donors, the Foundation was able to fulfill this request. The Lectric XP Trike has not only improved Jason's mobility but it also promises a return to family activities, including spending time at their favorite campground. The portable features of the trike means that it can be easily transported so he can fully engage with all his life has to offer.

Jason's story is a testament to the power of community support and the difference it can make in individual lives. Your partnership allows us to extend care beyond the walls of the hospital and strengthens our entire community. Thank you!



Jason Pine

Ways to Give

Thinking about giving a gift through your will?

Philanthropy has always been a driving force for the success of McLaren Northern Michigan, and your gifts will continue to propel us forward in the future. We understand that each contributor has unique charitable interests and goals depending on how and when they want to make an impact and there are a number of options to do so, some of which provide additional tax benefits.

A bequest could be a gift of a specific asset, a fixed dollar amount, or a percentage of your estate. Or your gift

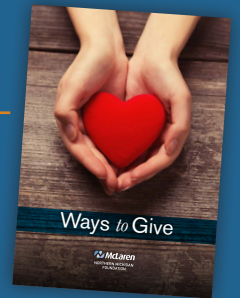
could be the residue of your estate after all gifts have been made to your heirs. An attorney can easily include a provision in your will that leaves a lasting gift to the McLaren Northern Michigan Foundation.

Your attorney can include the following language in your will:

"After fulfilling all other provisions, I hereby give, devise and bequeath to McLaren Northern Michigan Foundation, a nonprofit organization located at 360 Connable, Petoskey, MI 49770, Federal Tax ID #38-2445611, ALL OR A PERCENTAGE

of the rest, residue and remainder of my estate to be used for the area of greatest need at the time the gift is received."

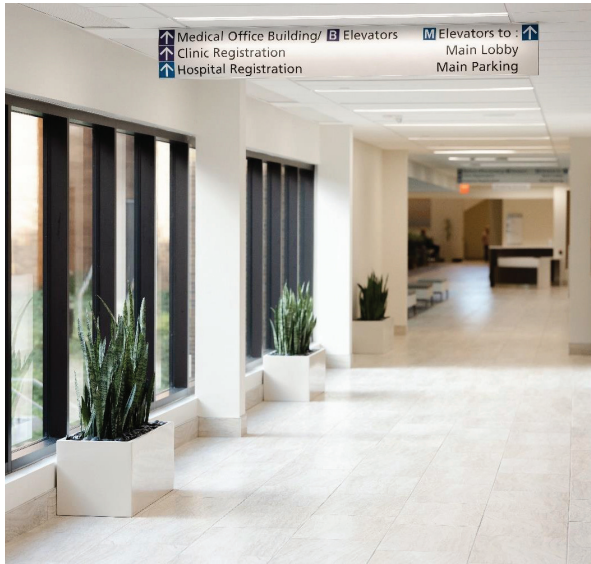
Whether you choose to give a gift of stock, a bequest in your will or trust, a qualified charitable distribution, name McLaren Northern Michigan as a beneficiary of your life insurance, give a gift of real estate, or establish a permanent endowment fund, with creative planning and generosity, you can make a lasting impact.



Enhancing Patient Experience

The Farmer Family Foundation Concourse opens

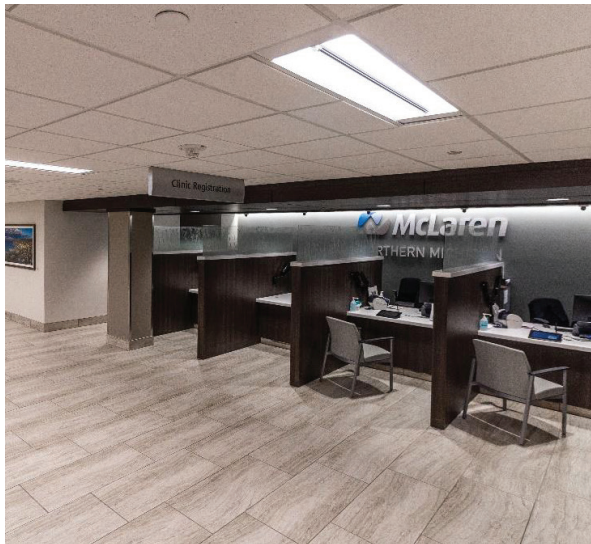
We are excited to share that the Farmer Family Foundation Concourse construction is complete and open to the public. The concourse is a vital component of our capital campaign project and serves as the primary connector between the existing hospital and the new wing. The old connecting hallway was transformed into a private patient transportation hall, ensuring comfort and privacy.



Farmer Family Foundation Concourse

In addition to the improved wayfinding with the concourse, a new clinic registration area is now open. Patients checking in for cardiac diagnostics, pulmonary testing and EEG testing can now use this dedicated registration area. A separate registration area for clinic testing alleviates wait times for all patients.

The new corridor features several amenities that benefit patients and their families:



New Clinic Registration Area

Radiology Waiting Room:

Patients awaiting imaging services can relax in a modern and comfortable waiting area.

Gallery of Philanthropy:

To honor past, present, and future donors, we have established a Gallery of Philanthropy within the concourse. This space pays tribute to your generosity and commitment to improving healthcare accessibility for our community.

The Fisher Chapel: We understand that healthcare can be an emotional journey. The Fisher Chapel provides a place for reflection, prayer, and meditation.

Thank you for being partners in our mission to provide access to the best care in northern Michigan. You are making a difference in the lives of patients every day!

Healing Arts

As part of the concourse renovation, a gallery was installed featuring regional artists. Art installations contribute to positive outcomes in a healthcare environment. Carefully chosen and strategically placed art helps patients and visitors by providing a positive distraction, offers comfort with familiar views, and can serve as a visual cue to help with wayfinding.



Yvonne Walker Keshick with traditional quill box

We would like to introduce one of the local artists whose work is featured in the concourse. Yvonne Walker Keshick is a master

quillworker who has been practicing her art form for over 50 years. Born in Charlevoix, MI, she is a member of the Odawa tribe and her work is inspired by her Anishinaabe heritage. Keshick's work is on display in museums around the world, including the Smithsonian Institution. She is dedicated to passing on her knowledge and has taught traditional quillwork to many students.

The quill box Keshick created for display at McLaren Northern Michigan features motifs representing traditional healing practices.



The quill box on display with art from additional regional artists