

Duke Activity Status Index

Name: _____

Date: _____

Can you.....	Yes, with no difficulty.	Yes, with some difficulty.	No, I can't do this.	Don't do this for other reasons.
1. Take care of yourself, that is, eating, dressing, bathing, and using the toilet?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Walk indoors, such as around your house?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Walk a block or two on level ground?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Climb a flight of stairs or walk up a hill?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Run a short distance?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Do light work around the house like dusting or washing dishes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Do moderate work around the house like vacuuming, sweeping floors, carrying in groceries?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Do heavy work around the house like scrubbing floors, or lifting or moving heavy furniture?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Do yard work like raking leaves, weeding or pushing a power mower?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Have sexual relations?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Participate in moderate recreational activities, like golf, bowling, dancing, double tennis, or throwing baseball or football?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. Participate in strenuous sports like swimming, singles tennis, football, and basketball, or skiing?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>