

➤ Stroke Education and Support Group

This free McLaren Flint educational series is for stroke patients, those at risk for stroke, and their family members.

Series Details

- **Programs held the 1st and 3rd Wednesdays of each month**
- **3:30 p.m. to 5:00 p.m.**
- **New Meeting Location**

McLaren Medical Education Building behind Beech Hill Center
Conference Room A, G-3230 Beecher Rd, Flint, MI 48532

For questions, please call (810) 342-5560.

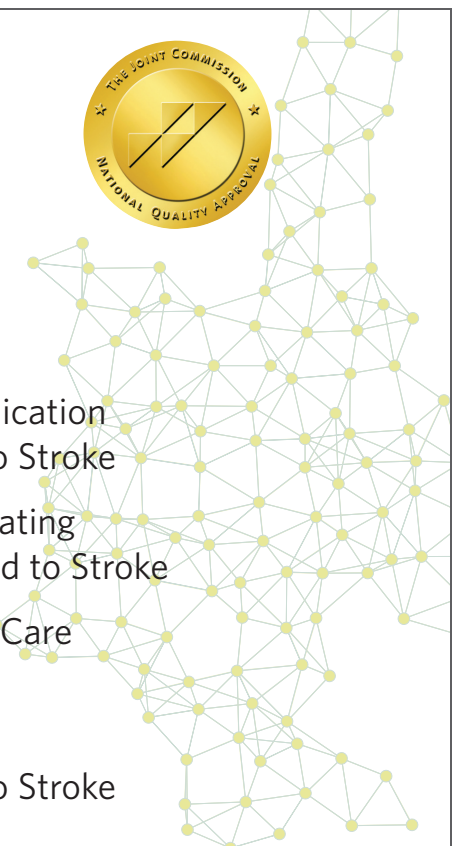
The first half of each program will be educational and the second half will be support time for survivors and their caregivers. The series will cover a variety of topics:

Series speakers will include: physicians, speech language pathologists, physical and occupational therapists, dietitians and social workers.





2017 Stroke Education And Support Group Calendar



Month	Date	Topic
January	4 18	Cognition and Communication Health Issues Related to Stroke
February	1 15	Nutrition and Healthy Eating Emotional Issues Related to Stroke
March	1 15	Planning for Long Term Care Adaptive Golf
April	5 19	Social Outing Health Issues Related to Stroke
May	3 17	Community Safety Art Therapy
June	7 21	Aphasia and Communication Exercise and Stroke Recovery
July	5 19	No Group - Happy Holiday!! Health Issues Related to Stroke
August	3 16	Nutrition and Healthy Eating Neuroplasticity and Brain Recovery
September	6 20	Swallowing Driving after a Stroke
October	4 18	Health Issues Related to Stroke Emotional Issues Related to Stroke
November	1 15	Holiday Gathering and Communication Social Outing
December	6 20	Tai Chi and Yoga