Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage Period: Beginning on or after 01/01/2019

McLaren Health Plan Community: Small Group HSA Silver 3000

Coverage for: or Self-Only Family

Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact Customer Service at (888) 327-0671. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.McLaren/HealthPlan.org">www.McLaren/HealthPlan.org</a> or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$3,000 Self-Only \$6,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes – Preventive Services	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,000 Self-Only or \$12,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-0671 for a list of network providers.	This plan uses a <u>provider</u> network. You will pay less if you use a <u>provider</u> in the <u>plan's</u> network (a <u>"Participating Provider"</u> . You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require plan <u>Preauthorization</u> in order to be covered.

<sup>[\*</sup> For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]



All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	30% <u>Coinsurance</u>	Not Covered	
If you visit a health	Specialist visit	30% <u>Coinsurance</u>	Not Covered	<u>Plan Preauthorization for some services is</u> required. See Section 8.02.01 of your Certificate of Coverage.
care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No charge <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.02.01 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	30% <u>Coinsurance</u>	Not Covered	<u>Plan Preauthorization</u> is required for genetic testing.
	Imaging (CT/PET scans, MRIs)	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required.
If you need drugs to	Tier 1 (Preferred generic drugs)	\$10/prescription	Not Covered	Plan Preauthorization is required for some
treat your illness or condition	Tier 2 (Preferred brand drugs)	\$40/prescription	Not Covered	drugs. See the Plan Formulary at <a href="http://www.mclarenhealthplan.org/community-">http://www.mclarenhealthplan.org/community-</a>
More information about prescription drug coverage is available at	Tier 3 (Non-preferred generic and non-preferred brand drugs)	\$80/prescription	Not Covered	member/marketplace-mhp.aspx
http://www.mclarenhealt hplan.org/community- member/marketplace- mhp.aspx	Specialty drugs 20% Coinsurance/ prescription Not Covered http	Only Brand Drugs are Covered. Plan Preauthorization is required. See the Plan Formulary at <a href="http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx">http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx</a>		
	Facility fee (e.g., ambulatory surgery center)	30% <u>Coinsurance</u>	Not Covered	Plan Preauthorization for some services is
If you have outpatient surgery	Physician/surgeon fees	30% <u>Coinsurance</u>	Not Covered	required. See Section 8.02.01 of your Certificate of Coverage.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate medical attention	Emergency room care	30% <u>Coinsurance</u>	30% <u>Coinsurance</u>	Emergency room care from a <u>Non-</u> <u>Participating Provider</u> may result in a <u>balance</u> <u>bill</u> .
	Emergency medical transportation	30% <u>Coinsurance</u>	30% <u>Coinsurance</u>	Emergency medical transportation from a <u>Non-Participating Provider</u> may result in a <u>balance bill</u> .
	<u>Urgent care</u>	30% <u>Coinsurance</u>	30% <u>Coinsurance</u>	Urgent care from a Non-Participating Provider may result in a <u>balance bill</u> .
If you have a hospital	Facility fee (e.g., hospital room)	30% <u>Coinsurance</u>	Not Covered	<u>Plan Preauthorization</u> is required for the service to be Covered (with the exception of Maternity Care.)
stay	Physician/surgeon fees	30% <u>Coinsurance</u>	Not Covered	<u>Plan Preauthorization</u> is required for the service to be Covered (with the exception of Maternity Care.)
If you need mental health, behavioral	Outpatient services	30% <u>Coinsurance</u>	Not Covered	
health, or substance abuse services	Inpatient services	30% <u>Coinsurance</u>	Not Covered	<u>Plan Preauthorization</u> is required for the service to be Covered.
	Office visits	30% <u>Coinsurance</u>	Not Covered	Cost sharing does not apply for preventive
If you are pregnant	Childbirth/delivery professional services	30% <u>Coinsurance</u>	Not Covered	<u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	30% <u>Coinsurance</u>	Not Covered	ultrasound.)
If you need help recovering or have other special health	Home health care	30% <u>Coinsurance</u>	Not Covered	
needs	Rehabilitation services	30% <u>Coinsurance</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Plan Preauthorization is required for the service to be Covered.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Habilitation services	30% <u>Coinsurance</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. <u>Plan Preauthorization</u> is required for the service to be Covered.
If you need help recovering or have	Skilled nursing care	30% <u>Coinsurance</u>	Not Covered	60 days annual max
other special health needs	Durable medical equipment	30% <u>Coinsurance</u>	Not Covered	Durable medical equipment that costs \$3,000 or more requires <u>plan Preauthorization</u> .
	Hospice services	30% <u>Coinsurance</u>	Not Covered	Inpatient hospice services require Plan Preauthorization. 45 days annual max for inpatient hospice services.
If your shild poods	Children's eye exam	30% <u>Coinsurance</u>	Not Covered	Benefit maximum: 1 eye exam per calendar year.
If your child needs dental or eye care	Children's glasses	30% <u>Coinsurance</u>	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.
	Children's dental check-up	Not Covered	Not Covered	Not Covered

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

<ul> <li>Acupuncture</li> </ul>	<ul> <li>Hearing aids</li> </ul>	<ul> <li>Private-duty nursing</li> </ul>
<ul> <li>Cosmetic surgery</li> </ul>	<ul> <li>Long-term care</li> </ul>	, ,
Dental care (Pediatric)	<ul> <li>Non-emergency care when traveling</li> </ul>	Routine eye care (Adult)      Douting fact care
Dental care (Adult)	outside the U.S.	<ul> <li>Routine foot care</li> </ul>

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgeryChiropractic careInfertility servicesWeight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
■ Specialist [cost sharing]	<b>30</b> %
■ Hospital (facility) [cost sharing]	30%
Other [cost sharing]	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
<u>Deductible</u> s	\$2,408	
Copayments	\$0	
<u>Coinsurance</u>	\$3,592	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$6,060	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3000
■ Specialist [cost sharing]	30%
■ Hospital (facility) [cost sharing]	30%
Other [cost sharing]	30%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$2,637
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## In this example, Joe would pay:

\$6,671

Cost Sharing		
<u>Deductible</u> s	\$3,000	
Copayments	\$830	
Coinsurance	\$878	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$4,763	

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3000
■ Specialist [cost sharing]	30%
■ Hospital (facility) [cost sharing]	30%
Other [cost sharing]	30%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$0

## In this example, Mia would pay:

Cost Sharing	
<u>Deductible</u> s	\$1,348
Copayments	\$0
Coinsurance	\$578
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,925