Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage Period: Beginning on or after 01/01/2019

McLaren Health Plan Community: Small Group Rewards Platinum | Coverage for: Single, Single + Spouse or Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact Customer Service at (888) 327-0671. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.McLarenHealthPlan.org or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$500/individual or \$1,000/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cot-sharing</u> and before you meet your <u>deductible</u> . <u>See a list of covered</u> preventive services <u>at https://www.healthcare.gov/coverage/preventive-care-benefits/.</u>
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,550/individual or \$5,100/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call (888) 327-0671 for a list of network providers.	You pay the least if you use a Rewards <u>Participating Provider</u> . You pay more if you use a <u>Participating Provider</u> in the standard network. You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>Provider</u> for the difference between the <u>Provider's</u> charge and what you <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require plan <u>Preauthorization</u> in order to be covered.

<sup>[\*</sup> For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]



All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

		What You Will Pay			
Common	Services You May	Participating Provider (You will pay the least)		Non- Participating	Limitations, Exceptions, & Other
Medical Event	Need	Rewards	Non-Rewards	Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness  Specialist visit	No charge <u>Deductible</u> does not apply.	\$25/visit <u>Deductible</u> does not apply.  \$50/visit <u>Deductible</u> does not apply.	Not Covered	Plan Preauthorization for some services is required. See Section 8.02.01 of your Certificate of Coverage.
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization		No charge <u>ble</u> does not apply.		Plan Preauthorization for some services is required. See Section 8.02.01 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	No charge <u>Deductible</u> does not apply.	10% <u>Coinsurance</u> 10% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for genetic testing.  Plan Preauthorization is required.
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at http://www.mclarenhealt	Tier 1 (Preferred generic drugs) Tier 2 (Preferred brand drugs) Tier 3 (Non-preferred generic and non-preferred brand drugs)	No charge <u>Deductible</u> does not apply.	\$5/prescription  Deductible does not apply. \$30/ prescription  Deductible does not apply. \$200/ prescription  Deductible does not apply.	Not Covered	Plan Preauthorization is required for some drugs. See the Plan Formulary at <a href="http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx">http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx</a>
hplan.org/community- member/marketplace- mhp.aspx	Specialty drugs		\$300/ prescription <u>Deductible</u> does not apply.		Only Brand Drugs are Covered. Plan Preauthorization is required. See the Plan Formulary at <a href="http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx">http://www.mclarenhealthplan.org/community-member/marketplace-mhp.aspx</a>

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Medical Event	Need	(You w	iii pay tile least)	Participating Provider	Important Information
		Rewards	Non-Rewards	(You will pay the most)	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge <u>Deductible</u> does	10% <u>Coinsurance</u>	Not Covered	Plan Preauthorization for some services is required. See Section
surgery	Physician/surgeon fees	not apply.	10% <u>Coinsurance</u>		8.02.01 of your Certificate of Coverage.
	Emergency room care	No charge	\$250/visit <u>Deductible</u> does not apply.	\$250/visit <u>Deductible</u> does  not apply.	Emergency room care from a Non-Participating Provider may result in a balance bill.
If you need immediate medical attention	Emergency medical transportation	<u>Deductible</u> does not apply.	10% <u>Coinsurance</u>	10% <u>Coinsurance</u>	Emergency medical transportation from a Non-Participating Provider may result in a balance bill.
	<u>Urgent care</u>		\$60/visit <u>Deductible</u> does not apply.	\$60/visit <u>Deductible</u> does not apply.	Urgent care from a Non-Participating Provider may result in a balance bill.
If you have a hospital	Facility fee (e.g., hospital room)	No charge <u>Deductible</u> does	10% <u>Coinsurance</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the
stay	Physician/surgeon fees	not apply.	10% <u>Coinsurance</u>		exception of Maternity Care.)
If you need mental health, behavioral	Outpatient services	No charge	\$25/visit <u>Deductible</u> does not apply	Not Covered	
health, or substance abuse services	Inpatient services	<u>Deductible</u> does not apply.	10% <u>Coinsurance</u>		<u>Plan Preauthorization</u> is required for the service to be Covered.
	Office visits	No charge	10% <u>Coinsurance</u>		Cost sharing does not apply for preventive services. Maternity care
If you are pregnant	Childbirth/delivery professional services	<u>Deductible</u> does not apply.	10% <u>Coinsurance</u>	Not Covered	may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services		10% <u>Coinsurance</u>		ultrasound.)
If you need help recovering or have other special health needs	Home health care	No charge <u>Deductible</u> does not apply.	10% <u>Coinsurance</u>	Not Covered	

		What You Will Pay			
Common	Services You May Need	Participating Provider (You will pay the least)		Non- Participating	Limitations, Exceptions, & Other
Medical Event		Rewards	Non-Rewards	Provider (You will pay the most)	Important Information
If you need help recovering or have other special health needs	Rehabilitation services		10% <u>Coinsurance</u>		Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Plan Preauthorization is required for the service to be Covered.
	Habilitation services	No charge <u>Deductible</u> does not apply.	10% <u>Coinsurance</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum; 30 visits annual max for each. Plan Preauthorization is required for the service to be Covered.
	Skilled nursing care  Durable medical equipment		10% <u>Coinsurance</u> 10% <u>Coinsurance</u>		60 days annual max  Durable medical equipment that costs \$3,000 or more requires Plan Preauthorization.
	Hospice services		10% <u>Coinsurance</u>		Inpatient hospice services require Plan Preauthorization. 45 days annual max for inpatient hospice services.
	Children's eye exam	No charge	10% <u>Coinsurance</u>		Benefit maximum: 1 eye exam per calendar year.
If your child needs dental or eye care	Children's glasses	<u>Deductible</u> does not apply.	10% <u>Coinsurance</u>	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.
	Children's dental check-up	Not Covered	Not Covered		Not Covered

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Pediatric)
- Dental care (Adult)

- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.

- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

- Infertility services
- Chiropractic care Weight loss programs

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or DIFS-HICAP@Michigan.gov.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist [cost sharing]	\$50
■ Hospital (facility) [cost sharing]	10%
Other [cost sharing]	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:			
Cost Sharing			
<u>Deductible</u> s	\$500		
Copayments	\$70		
Coinsurance	\$1,240		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$1,870		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist [cost sharing]	\$50
■ Hospital (facility) [cost sharing]	10%
Other [cost sharing]	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$10,861

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
<u>Deductible</u> s	\$500	
Copayments	\$845	
<u>Coinsurance</u>	\$186	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$1,586	

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist [cost sharing]	\$50
■ Hospital (facility) [cost sharing]	10%
Other [cost sharing]	10%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$5,803

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$634
In this example, Mia would pay:	
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Cost Sharing		
<u>Deductible</u> s	\$500	
Copayments	\$900	
Coinsurance	\$107	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,507	