



Medical Management Update  
April 2018



HEDIS®  
Diabetic Testing Needed

Diabetes is a chronic, debilitating disease affecting at least 30.3 million people in the United States in 2017, per the Centers for Disease Control and Prevention (CDC). There are estimated to be 23.1 million people diagnosed with diabetes and 7.2 million people undiagnosed. An estimated 84.1 million Americans are living with pre-diabetes. Diabetes among American adults is estimated to cost the U.S. economy an additional \$245.5 billion in 2017 in total healthcare expenditures.

Several tests are recommended that may reduce the risk of diabetes-related health problems. The following tests are recommended on an annual basis:

- ❖ Hemoglobin A1c
- ❖ Blood Pressure control (<140/90 mm Hg)
- ❖ Dilated eye exam (Retinal)
- ❖ Urine microalbumin
- ❖ Physical examination, including a foot exam at least twice a year

Of particular concern is the reported number of members with diabetes who have not had an **HbA1c test** or a **dilated eye exam**.

McLaren Health Plan has identified over 16,000 members with diabetes in our diabetes disease management program. Through phone calls and direct mailings, we encourage all members with diabetes to contact their PCP to schedule a visit for these tests. We inform them about visiting their eye doctor without a referral from their PCP and provide them with a list of participating eye doctors in their area.

**Please help our members with diabetes get these important tests by scheduling an office visit.** You may obtain a list of members with diabetes assigned to your practice by returning the bottom portion of this form.

**We thank you for the quality care you deliver!**

**PCP Feedback** (Please print)

Comments, requests, questions, etc.: FAX to **(877) 502-1567**

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_