

McLaren Lapeer Region  
LAPEER, MICHIGAN 48446

**PHYSICAL THERAPY CENTER  
PATIENT GUIDELINES**

- ❖ In order to receive maximum benefit from your rehabilitation program, it is of utmost importance that you attend your therapy appointments and follow your home instruction.
- ❖ We request that if you are unable to keep your appointment that you notify us (810-667-5514) 24 hours prior to your scheduled appointment (if possible).
- ❖ Please be aware that your appointments may generally be on any day of the week and do not have to be set up in a specific pattern. For example, if you are to receive treatment three times weekly, the appointments do not have to be scheduled on Monday/Wednesday/Friday.
- ❖ It is your responsibility to inform your therapist in advance of any physician appointments.
- ❖ Please notify us if you are receiving any home health services as insurance does not cover services in the home AND outpatient therapy services.
- ❖ Failure to attend three consecutive appointments without calling to cancel will result in therapy being discontinued and will require a new prescription from your physician to resume.
- ❖ Please be aware that it is your responsibility to know your insurance coverage. It is best to call your insurance at the phone number listed on your insurance card and ask specific questions about your therapy benefits. Make sure you write down who you spoke to and the date.
- ❖ Your cooperation is appreciated. We look forward to working with you and obtaining optimum outcomes from your rehabilitation program.
- ❖ This form has been fully explained to you and you understand it.

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**Patient**

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**Date**

