

# Cheboygan County

## Community Resource Guide



Resources assembled by:

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

Cheboygan  
County  
Community  
Resource  
Guide

[ A guide to services in your community ]



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

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**ABUSE & PROTECTIVE SERVICES**

**FOR EMERGENCY SERVICES CALL.....911**

- 24 hour crisis line
- [www.wrcnm.org](http://www.wrcnm.org)
- Children & Adult Protective Services  
..... (855) 444-3911
- Crisis Hotline.....<https://13reasonswhy.info>
- Crisis Hotline Text REASON to 741741
- Common Ground Crisis Line ..... (800) 231-1127
- Department of Human Services..... (231) 627-8500  
Cheboygan, MI
- Equality Michigan..... (313) 537-7000
- LGBT Resources  
<https://equalitymi.org>
- HAVEN Crisis Line ..... (877) 922-1274
- Love Is Respect Hotline..... (866) 331-9474  
[www.loveisrespect.org](http://www.loveisrespect.org)  
text LOVEIS to 22522
- National Domestic Violence Helpline  
..... (800) 799-7233
- National Sexual Assault Hotline ..... (800) 656-4673  
[www.rainn.org](http://www.rainn.org)
- National Suicide Prevention  
Lifeline..... (800) 273-8255
- Victim Connect (crime victims) ..... (855) 484-2846  
[www.victimconnect.org](http://www.victimconnect.org)
- Women’s Resource Center of Northern MI  
..... (231) 347-0082

**ADULT AGING SERVICES**

- Department of Human Services..... (231) 627-8500  
Cheboygan, MI
- Disability Network of Northern MI .. (231) 922-0903  
Traverse City, MI
- Meals on Wheels..... (231) 627-7234
- Medicare/Medicaid Assistance Program  
(MMAAP)..... (800) 803-7174
- Region 9 Area Agency on Aging ..... (989) 358-4661  
Alpena MI
- Social Security Administration ..... (866) 574-2588  
Petoskey, MI
- Veterans Services..... (231) 627-8833  
Cheboygan, MI

**Adult Day Services**

- McLaren Adult Day Center ..... (231) 348-0771  
Petoskey
- Cheboygan County Council on Aging  
[www.3coa.com](http://www.3coa.com)
- Sand Road Senior Center ..... (231) 627-7234  
Bus transportation available
- Sand Castles..... (231) 597-8317  
Adult Day Care Service, Cheboygan
- Wolverine Center ..... (231) 525-8969  
Wolverine, MI

**Adult Foster Care**

- 1 Oak ..... (906) 630-0407  
Cheboygan, MI
- Alternative Family Care AFC ..... (231) 268-3244  
Cheboygan, MI
- Benton House..... (231) 268-3122  
Cheboygan, MI
- Carpenters AFC Home..... (231) 625-9645  
Cheboygan, MI
- Cleveland House ..... (231) 627-4405  
Cheboygan, MI
- Hancock Haven Retirement Village . (231) 625-8132  
Cheboygan, MI
- Harrison House ..... (231) 627-7750  
Cheboygan, MI
- Kennedy Farms..... (231) 445-7059  
Cheboygan, MI

Maple Hill Adult Foster Care ..... (231) 238-0306  
 Afton, MI  
 Rivertown Haven..... (231) 627-3261  
 Cheboygan, MI  
 Sessler’s AFC..... (231) 818-9001  
 Afton, MI  
 The Silver Fox AFC..... (231) 238-4110  
 Afton, MI  
 Whispering Pines 2..... (231) 238-9715  
 Afton, MI

**Alzheimer’s & Dementia Support**

Alzheimer’s Association Greater  
 Michigan Chapter.....(231) 929-3804  
 24 Hour Helpline ..... (800) 272-3900  
 Cheboygan County Alzheimer’s & Dementia  
 Support Group ..... (231) 238-5165  
 Cheboygan Senior Center  
 Project Lifesaver..... (231) 627-3155  
 Ext 434 Cheboygan Sheriff’s Department  
 Personalized radio transmitters on persons with  
 Alzheimer’s & ARMD who may wander away from  
 the safety of their homes.

**Assisted Living**

Grebe Village Senior Housing ..... (231) 627-5161  
 Cheboygan, MI  
 Golden Beach Manor ..... (989) 734-3066  
 Millersburg, MI  
 Hancock Haven Retirement Village . (231) 625-8132  
 Cheboygan, MI  
 Lynn Street Manor ..... (989) 733-2661  
 Onaway, MI  
 Pinecrest Village at Mackinaw City.. (231) 436-5535  
 The Brook Retirement Community.. (231) 268-3400  
 Cheboygan, MI

**ANIMAL SUPPORT**

Animal Control Complaints Dial.....911

**Animal Shelters**

Cheboygan County Humane Society..

..... (231) 238-8221  
 Cheboygan, MI  
 Northern Michigan Animal Rescue  
 Network ..... (231) 238-7297  
 Topinabee, MI

**DISABILITY RESOURCES**

Michigan Commission for the Blind. (800) 292-4200  
 Vocational Rehabilitation  
 Michigan Division on Deaf, Deafblind and  
 Hard of Hearing..... (313) 437-7035  
 North Country Community Mental  
 Health..... (877) 470-7130  
 Straits Area Services..... (231) 627-4319  
 Community rehabilitation organization providing  
 services to adults with developmental disabilities  
 and mental illness in Cheboygan County.

**EDUCATION & TRAINING**

Education Service District ..... (231) 238-9394  
 Cheboygan, Otsego, Presque Isle Counties

**Adult Programs**

Cheboygan Public Library Literacy  
 Program..... (231) 627-9139  
 Contact Mark Bronson  
 Inverness School Programs..... (989) 358-5180  
 IOSCO Regional Education Service  
 Agency..... (989) 305-8063  
 Adult Education Distance Learning  
 Michigan Works Northeast Consortium  
 ..... (231) 627-4303  
 Cheboygan, MI

**Childcare Centers & Preschools**

Bishop Baraga Preschool..... (231) 627-5608  
 Cheboygan  
 Cheboygan 2 Head Start ..... (231) 597-9378  
 Cheboygan  
 Cheboygan 3 Head Start ..... (231) 597-8184  
 Cheboygan  
 Cheboygan 4 Head Start ..... (231) 627-1108  
 Cheboygan

Cheboygan 1 Head Start ..... (231) 627-6582  
 Cheboygan

Cornerstone Christian Preschool ..... (231) 627-2160  
 Cheboygan

Indian River Head Start ..... (231) 238-6868  
 Indian River

Mackinaw City Public School Pre K.. (231) 436-8211  
 Mackinaw City

Cheboygan High School ..... (231) 627-7191

Wolverine Head Start..... (231) 525-6466

**Community Education**

Advanced Drug Testing ..... (231) 680-0278  
 CPR, OSHA, Child & Babysitting

Cheboygan Public Library..... (231) 627-2381  
 Sewing, Clay (adult & children), Drawing classes

CPR Training Services of Northern  
 Michigan..... (231) 203-3197

DNR- Hunters Safety ..... (989) 275-5151  
 Cheboygan, MI

Troubled Youth Programs ..... (231) 627-4139

Snowmobile Safety Classes #8 ..... (231) 627-3155

Street Smart Drivers Training..... (231) 597-8556  
 Cheboygan County

**Libraries**

Cheboygan Area Public Library ..... (231) 627-2381

Indian River Area Library..... (231) 238-8581

Mackinaw Area Public Library..... (231) 436-5451

Topinabee Public Library..... (231) 238-7514

Wolverine Community Library..... (231) 525-8800

**Schools**

Bishop Baraga Catholic School..... (231) 627-5608  
 Cheboygan

Cheboygan Area Public Schools ..... (231) 627-4436  
 Board of Education Office

Cheboygan High School ..... (231) 627-7191

Cheboygan Inverness Academy ..... (231) 627-5613  
 Alternative Education

Cheboygan, Otsego, Presque Isle Esd  
 ..... (231) 238-9394

East Elementary School..... (231) 627-5211  
 Cheboygan

Cheboygan Intermediate School..... (231) 627-7103

Cheboygan Middle School..... (231) 627-7103

Cornerstone Christian School ..... (231) 627-2160  
 Cheboygan

Inland Lakes Elementary ..... (231) 238-6868  
 Indian River

Inland Lakes Secondary..... (231) 238-6868  
 Indian River

Northern Michigan Christian Academy  
 ..... (231) 548-2216  
 Burt Lake, MI

Wolverine Community Schools..... (231) 525-8201  
 Middle/High School, Elementary School

**Colleges/Career Centers**

Michigan Works ..... (231) 627-4303  
 Cheboygan

MSU Extension ..... (231) 627-8815  
 Cheboygan

North Central Michigan College..... (231) 597-0322  
 Cheboygan

North Central Michigan College..... (888) 298-6605  
 Petoskey

Women’s Resource Center ..... (231) 627-2380  
 Employment and Education Service  
 Cheboygan

**Youth Programs**

Cheboygan Youth Center ..... (231) 597-0185  
 After school and summer program

Compass Academy..... (231) 627-4139  
 Day prevention program for adjudicated  
 delinquents ages 13-18

**EMERGENCY & DISASTER SERVICES**

**Ambulance, Fire and Police.....911**

American Red Cross of  
 Northern MI ..... (231) 947-7286

Center for Disease Control and  
 Prevention..... (800) 232-4636

Poison Control..... (800) 222-1222

Suicide Prevention ..... (800) 273-8255

Salvation Army Social Services..... (231) 627-9003  
 Cheboygan

## Law Enforcement

Cheboygan City Police..... (231) 627-4321  
Cheboygan County Sherriff Department  
..... (231) 627-3155  
Mackinaw City Police..... (231) 436-7861  
Michigan State Police Dispatch Center  
..... (989) 705-3800  
Tuscarora Twp Police Department .. (231) 238-9481

## EMPLOYMENT ASSISTANCE

MI Indian Employment & Training Services  
..... (800) 591-8820  
Michigan Works ..... (231) 627-4303  
Cheboygan  
Unemployment Agency ..... (866) 500-0017  
Customer Service Hotline  
Women’s Resource Center ..... (231) 627-2380  
Employment and Education Service  
Cheboygan

## FINANCIAL ASSISTANCE

Cheboygan County Department of  
Veterans Services..... (231) 627-8833  
MSHDA: Step Forward ..... (866) 946-7432  
NEMSCA ..... (989) 356-3474  
Department of Human Services..... (231) 627-8500

## Tax Assistance

NEMCSA ..... (989) 358-4700  
Income Tax Preparation  
VITA..... (231) 333-9089  
Income Tax Preparation  
Cheboygan County United Way

## FITNESS, RECREATION & REHABILITATION

McLaren Northern Michigan  
Physical Therapy ..... (231) 487-7486  
Cheboygan  
Northern Michigan Sports Medicine  
Cheboygan ..... (231) 627-7201  
OrthoSport & Physical Therapy ..... (231) 238-4090

Indian River  
Indian River Physical Therapy and Sports Medicine  
..... (231) 238-4880  
Main Street Fitness ..... (616) 634-1566  
Cheboygan  
Spirit of the North Yoga ..... (231) 420-9923  
Cheboygan  
Straits Area Tae Kwon Do Academy  
And Mutt MMA..... (906) 298-0213  
Cheboygan

## Parks & Recreation

Cheboygan Recreation Center ..... (231) 627-2151  
Department of Natural Resources  
Cheboygan..... (231) 627-9011  
Indian River..... (231) 238-9313  
Tuscarora Twp. Parks and Recreation  
..... (231) 238-0970

## FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Habitat for Humanity ..... (231) 597-4663  
Cheboygan  
Salvation Army Social Services..... (231) 627-9003  
Cheboygan  
St. Thomas Lutheran Church..... (231) 627-3167  
Goodwill ..... (231) 445-9300  
Cheboygan  
Department of Human Services..... (231) 627-8500  
Food and Personal Needs Assistance

## HEALTHCARE SERVICES

McLaren Northern Hospital..... (800) 248-6777  
Rehabilitation and Therapy  
Cheboygan.....(231) 627-1368  
Gaylord.....(231) 487-5080  
Petoskey .....(231) 487-7486

Centers for Disease Control ..... (800) 232-4636  
Northern Michigan Diabetes Initiative  
-Otsego Memorial Hospital..... (989) 731-7718  
Healthy Lifestyles Education



## Clinics & Hospitals

McLaren Northern Michigan..... (800) 248-6777  
Cheboygan & Petoskey Campus  
McLaren Northern Michigan-Cheboygan  
Community Medical Center..... (231) 627-4364  
McLaren Northern Michigan Cheboygan  
Family & Internal Medicine..... (231) 627-1282  
Alcona Health Center ..... (231) 627-7118  
Cheboygan  
District Health Department #4..... (231) 627-8850  
Cheboygan  
Alcona Health Center Indian River ... (231) 238-8908  
Indian River  
Little Traverse Primary Care ..... (231) 627-5400  
Cheboygan  
Northern Care Clinic..... (231) 333-3019  
Free Clinic  
Cheboygan  
OMH Medical Group-Indian River ... (231) 238-0581  
Indian River  
Rivertown Medical Clinic ..... (231) 597-8192  
Cheboygan

## Dental Resources

Dental Clinics North ..... (231) 627-8960  
Cheboygan, MI  
MyDental Plan offers dental services at reduced  
fees to patients without dental insurance  
Alcona Health Center ..... (231) 627-7118  
Dental Navigator

## Hearing Assistance

District Health Department #4..... (231) 627-8850  
Free Hearing Screenings  
Michigan Department of Health and  
Human Services..... (231) 627-8500  
Cheboygan, MI  
Northern Care Center ..... (231) 333-3019  
Free Clinic-Cheboygan, MI  
Relay Center for Deaf/Hard of Hearing  
..... (800) 649-3777

## Medical Equipment & Loan Closets

ALS of Michigan..... (800) 882-5764

Equipment loan program for ALS and PLS patients  
only  
Cheboygan County Council on Aging  
Sand Road Center..... (231) 627-7234  
Walkers, wheelchairs, canes, etc.  
Cheboygan County Council on Aging  
Wolverine Center ..... (231) 525-8969  
Walkers, wheelchairs, canes, etc.  
Cheboygan Volunteer Fire Dept. .... (231) 627-4321  
Wheelchairs, walkers, crutches, shower seats  
Community Home and Health Services  
..... (866) 483-0712  
Wheelchairs, shower chairs, walkers, cpap  
Machines,etc.  
Muscular Dystrophy Association ..... (800) 572-1717  
Medical equipment loan closets in Michigan  
Muscular Dystrophy Association ..... (517) 706-0348  
Patients with Neuromuscular Disease  
All Michigan Counties  
Northern Michigan Veteran's  
Coalition ..... (989) 732-3886  
Ext 4234  
Lift Chairs for Veterans  
Paralyzed Veterans of America- MI . (800) 638-6782  
Wheelchairs, power chairs, adaptive sports  
equipment, hoists, lifts, etc.  
The National Federation of the Blind  
..... (410) 659-9314  
Michigan CPAP Bank ..... (734) 232-3964  
CPAP, BiPAP, Auto CPAP/BiPAP, ASV, AVAPS  
All Michigan Counties  
United Cerebral Palsy Michigan..... (800) 828-2714  
Michigan Assistive Technology Loan Fund and  
Michigan Employment Loan Fund

## Mental Health & Counseling Services

Catholic Human Services..... (231) 627-9917  
Cheboygan  
Harbor Hall ..... (231) 347-5511  
Substance Abuse, Alcohol, Gambling  
Cheboygan  
Hidden Brook Counseling..... (231) 487-1885  
Substance Abuse, Behavioral Health, Child and  
Adolescent, Men's Group  
Cheboygan  
North Country Community Mental Health



..... (800) 834-3393  
 Patient Access Line  
 North Country Community Mental Health-  
 Cheboygan ..... (231) 627-5627  
 Third Level Crisis Line ..... (800) 442-7315  
 Problem Gambling Help-Line ..... (800) 270-7117  
 24-hours, 7-days  
 Women’s Resource Center ..... (800) 275-1995  
 24 Hour Help Line

**Pharmacies & Prescription Assistance**

Partnership for Prescription Assistance  
 ..... [www.pparx.org](http://www.pparx.org)  
 RxAssist ..... [www.rxassist.org](http://www.rxassist.org)  
 Database of medication assistance programs  
 NeedyMeds ..... (800) 503-6897  
 Resource for medication assistance programs  
 Senior Prescription Drug Assistance  
 MMAP ..... (800) 803-7174  
 Michigan Medicare/Medicaid Assistance Program  
 MiRx Discount Card ..... (866) 755-6479  
 For patients without drug coverage  
 Northern Care Clinic ..... (231) 333-3019  
 Free Clinic  
 Family Fare Pharmacy ..... (231) 627-5371  
 Cheboygan, MI  
 Modern Pharmacy ..... (231) 627-9949  
 Cheboygan, MI  
 Modern RX ..... (231) 238-2499  
 Indian River, MI  
 Walgreens Pharmacy ..... (231) 627-1080  
 Cheboygan, MI  
 Walmart Pharmacy ..... (231) 627-4337  
 Cheboygan, MI

**RETAIL DISCOUNT DRUG PROGRAMS**

Wal-Mart ask pharmacist  
 (\$4/\$10 prescription program)  
 Walgreens ask pharmacist

**Substance Abuse**

Alcoholics Anonymous District 15 Meetings  
<http://www.aadistrict15mi.com/meetings>  
 CDC Hotline ..... (800) 232-4636  
 Narcotics Anonymous (NA) Hotline. (877) 338-1188  
 Harbor Hall Outpatient ..... (888) 880-5511

Cheboygan, MI  
 Northern MI Regional Entity ..... (800) 834-3393  
 24-hours, 7-days- referral to treatment  
 Substance Abuse Hotline ..... (800) 662-4357  
 Substance Use Treatment Services.. (800) 834-3393  
 24-hours, 7-days- referral to treatment

**Vision Assistance**

Eye Care of America ..... (877) 887-6327  
 Foundation of the American Academy of  
 Ophthalmologists.  
 Michigan Department of Health and  
 Human Services ..... (231) 627-8500  
 Cheboygan, MI  
 Northern Care Center ..... (231) 333-3019  
 Free Clinic-Cheboygan, MI

**HOUSING ASSISTANCE**

Cheboygan Housing Commission..... (231) 627-7189  
 Cheboygan  
 Department of Human Services..... (231) 627-8500  
 Cheboygan  
 Habitat for Humanity ..... (231) 597-4663  
 Cheboygan  
 Housing Choice Voucher Program ... (989) 275-7265  
 NEMSCA Housing Programs ..... (866) 484-7077  
 Women’s Resource Center ..... (231) 627-2380  
 Cheboygan, MI

**Emergency Shelters & Warming Centers**

Nehemiah House ..... (231) 347-0363  
 Shelter for Men  
 Petoskey  
 Salvation Army Service Center ..... (231) 627-9003  
 Social Services Cheboygan  
 Women’s Resource Center ..... (800) 275-1995  
 Shelter for Women, Petoskey

**Heating/Utility Assistance & Home  
 Repairs/Weatherization**

Department of Human Services..... (231) 627-8500  
 Cheboygan

NEMCSA ..... (866) 270-0686  
Salvation Army Service Center ..... (231) 627-9003  
Social Services Cheboygan  
The Heat and Warmth Fund ..... (800) 866-8429

### Low Income Housing

Action Agency ..... (800) 443-5518  
USDA Rural Development ..... (989) 345-5470  
Onaway  
Cheboygan Housing Commission..... (231) 627-7189  
Cheboygan  
Cheboygan Shores Senior Housing .. (231) 627-4090  
Cheboygan  
Lighthouse Village Apartments ..... (231) 597-9419  
Cheboygan  
Mackinaw Apartments ..... (231) 627-7835  
Cheboygan  
NEMSCA ..... (989) 358-4678  
Rental Assistance Program  
Newport Village Senior Housing ..... (231) 627-5001  
Cheboygan  
South Pointe Apartments ..... (989) 732-6237  
Indian River, MI

### LEGAL ASSISTANCE

Cheboygan County Department  
Of Veterans Services ..... (231)627-8833  
Cheboygan

Cheboygan County Friend of  
The Court ..... (231) 627-8825  
Elder Law of Michigan..... (866) 400-9164  
Lakeshore Legal Aid ..... (888) 783-8190  
Legal Services of Northern Michigan  
..... (888) 645-9993  
Michigan Indian Legal Services ..... (231) 947-0122

### PARENTING/PREGNANCY RESOURCES

AA Crisis Pregnancy Center ..... (231) 627-2626  
Cheboygan  
Active Parenting Program ..... (231) 627-8825  
Cheboygan  
National Parent Helpline..... (855) 427-2736  
24-hour parent support

Women's Resource Center  
24-Hour Crisis Line ..... (800) 275-1995  
Cheboygan, MI  
Women's Resource Center ..... (231) 627-2380  
Cheboygan, MI

### TRANSPORTATION

Cheboygan Council on Aging ..... (231) 627-7234  
Cheboygan County United Way ..... (231) 627-2288  
Harbor Care Associates ..... (877) 439-9141  
Wheelchair Transport  
Straits Regional Ride ..... (231) 597-9262

### TRIBAL SERVICES

Department of Civil Rights ..... (517) 335-3165  
Grand Traverse Bay Band of Ottawa & Chippewa  
Indians ..... (866) 534-7750  
Little Traverse Bay Band of Odawa  
Miskiki Gumik..... (231) 242-1700  
Michigan Indian Legal Services ..... (231) 947-0122  
Sault Tribal Health & Human Services  
..... (906) 643-8689  
Tribal Health, St. Ignace  
Sault Saint Marie Tribe of Chippewa Indians  
..... (800) 793-0660

### VETERANS AFFAIRS

Saginaw County VA Clinic..... (800) 406-5143  
Mackinaw City..... (231)436-5176  
Cheboygan County Veterans  
Services ..... (231) 627-8833  
CHAMPVA..... (800) 733-8387  
CHAMPVA Meds by Mail..... (888) 385-0235  
Michigan Veterans Affairs..... (800) 642-4838  
Veterans Administration..... (800) 827-1000  
Veteran's Crisis Line ..... (800) 273-8255  
Wounded Warrior Resource Center (888) 997-2586

### VOLUNTEER OPPORTUNITIES

Cheboygan County Habitat for Humanity  
..... (231) 597-4663

Cheboygan  
Cheboygan County History Center... (231) 627-9597  
Cheboygan  
Cheboygan County Humane Society..  
..... (231) 238-8221  
Cheboygan  
Cheboygan County United Way..... 2 -1 -1  
Cheboygan

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

<b>Non-Urgent:</b>	<b>Telehealth</b>	<b>Semi-Urgent:</b>	<b>Urgent:</b>
<p>You should make an appointment with your <b>Primary Care Physician</b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul>	<p><u>(Virtual Visits)</u> <b>Primary Care via Telehealth</b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b>McLaren Now App</b> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <b>Primary Care Physician</b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul>	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul>

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.