Clare County

Community Resource Guide



Resources Assembled by:



2021

Available at http://www.mclaren.org/mclaren-physician-partners/resources.aspx

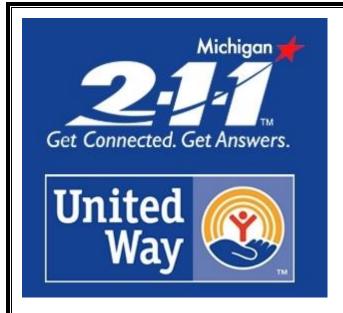
2021

Clare County Community Resource Guide

[A guide to services in your community]

[TABLE OF CONTENTS]

Abuse & Protective Services	[1]
Adult Aging Services	[1]
Animal Support	[1]
County & City Resources	[1-2]
Disability & Special Needs Resources	[2]
Education & Training	[2-3]
Emergency & Disaster Services	[3]
Employment Assistance	[3]
Financial Assistance	[3]
Fitness, Recreation & Rehabilitation	[3]
Food Pantries, Clothing & Household Assistance	[3-4]
Healthcare Services	[4-5]
Housing Assistance	[5-6]
Legal Assistance	[6]
Parenting/Pregnancy Resources	[6]
Support Groups	[6]
Transportation	[6]
Tribal Services	[6]
Veterans Affairs	[7]
Volunteer Opportunities	[7]



ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL 911
Children & Adult Protective Services
(855) 444-3911
Common Ground Crisis Line(800) 231-1127
Equality Michigan(313) 537-7000
Faith Trust Institute(206) 634-1903
HAVEN Crisis Line(877) 922-1274
Love Is Respect Hotline (866) 331-9474
Michigan Coalition to End Domestic & Sexual
Violence (MCEDSV)(517) 347-7000
Michigan Dept of Health & Human Services – Adult
& Children Protective Services (855) 444-3911
National Domestic Violence Helpline
(800) 799-7233
National Human Trafficking Hotline
(888) 373-7888
RAINN (Rape & Incest National Network)
(800) 656-4673
R.I.S.E Advocacy, Inc(844) 349-6177
Stop It Now! Hotline(888) 773-8368
Victim Connect (stalking hotline) (855) 484-2846
Women's Aid Service— Mt Pleasant.
Women's Aid Service- Mt Pleasant. (989) 772-9168
Women's Aid Service- Mt Pleasant(989) 772-9168 Crisis Hotlinehttps://13reasonswhy.info
Women's Aid Service- Mt Pleasant. (989) 772-9168

ADULT AGING SERVICES

Area on Aging	(800) 858-1637
Clare County Meals on Whee	els (989) 539-8870

Clare County Senior Community	Center – Farwell
	(989) 588-4669
Clare County Senior Services	(989) 539-8870
Clare County Veterans Affairs	(989) 539-3273
Disability Network	(800) 782-4160
HAP Senior Plus	(800) 868-3153
McLaren Home Care	(866) 323-5974
Clare Co Dept of Health & Hu	
Harrison	
Medicare	` '
Medicare/Medicaid Assistance P	, ,
	_
Senior Dining Centers	(000) 003 717 1
Clare	(989) 539-6515
Harrison	, ,
Lake George	
Social Security Administration	(800) //2-1213
Adult Day Servi	ices
Strouse Center Respite Care	
Isabella County Medical Care Fac	
	•
	(303) 773 3300
Adult Foster Ca	are
McBride Adult Foster Care Home	(989) 386-7230
Rainbow Point	(989) 386-6072
	(303) 300 0072
Al-haimar/s & Damant	
Alzheimer's & Dement	<u>ia Support</u>
Alzheimer's Association & Helplin	ia Support ne
Alzheimer's Association & Helplin	ia Support ne (800) 272-3900
Alzheimer's Association & Helplin	ia Support ne (800) 272-3900
Alzheimer's Association & Helplin	ia Support ne (800) 272-3900(800) 677-1116
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin	cia Support ne (800) 272-3900(800) 677-1116
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare	ia Support ne (800) 272-3900 (800) 677-1116 BE (989) 386-4900
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin	ia Support ne (800) 272-3900 (800) 677-1116 BE (989) 386-4900
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare	ia Support ne (800) 272-3900 (800) 677-1116 BE (989) 386-4900 (989) 386-7524
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare	ia Support ne (800) 272-3900 (800) 677-1116 BE (989) 386-4900 (989) 386-7524
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP	ia Support ne (800) 272-3900 (800) 677-1116 g (989) 386-4900 (989) 386-7524 ORT
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte	cia Support ne (800) 272-3900 (800) 677-1116 08 (989) 386-4900 (989) 386-7524 ORT
Alzheimer's Association & Helplin Eldercare Locator	ia Support ne (800) 272-3900 (800) 677-1116 BE (989) 386-4900 (989) 386-7524 ORT ers elter
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte	ia Support ne (800) 272-3900 (800) 677-1116 BE (989) 386-4900 (989) 386-7524 ORT ers elter
Alzheimer's Association & Helplin Eldercare Locator	ia Support ne (800) 272-3900 (800) 677-1116 BE (989) 386-4900 (989) 386-7524 ORT ers elter
Alzheimer's Association & Helplin Eldercare Locator	ia Support ne (800) 272-3900 (800) 677-1116 ig (989) 386-4900 (989) 386-7524 ORT irs (989) 539-3221
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte Clare County Animal Control/She	ia Support ine (800) 272-3900 (800) 677-1116 ig (989) 386-4900 (989) 386-7524 ORT irs elter (989) 539-3221
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte Clare County Animal Control/She COUNTY & CITY RES 55th Circuit Court	Cia Support The (800) 272-3900 (800) 677-1116 OR (989) 386-4900 (989) 386-7524 ORT ORT ORS OURCES (989) 539-3221
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte Clare County Animal Control/She	Cia Support The (800) 272-3900 (800) 677-1116 OR (989) 386-4900 (989) 386-7524 ORT ORT ORS OURCES (989) 539-3221
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte Clare County Animal Control/She COUNTY & CITY RES 55th Circuit Court	Cia Support The (800) 272-3900 (800) 677-1116 OR (989) 386-4900 (989) 386-7524 ORT ORT ORS OURCES (989) 539-3221
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte Clare County Animal Control/She COUNTY & CITY RES 55th Circuit Court 80th District Court	Cia Support The (800) 272-3900 (800) 677-1116 OR (989) 386-4900 (989) 386-7524 ORT ORT ORS ORT ORS ORT ORS ORT ORS ORS ORS ORS ORS ORS ORS ORS ORS OR
Alzheimer's Association & Helplin Eldercare Locator Assisted Livin Horizon Senior Living – Clare Prestige Place – Clare ANIMAL SUPP Animal Shelte Clare County Animal Control/She COUNTY & CITY RES 55th Circuit Court	Cia Support The . (800) 272-3900 (800) 677-1116 DE (989) 386-4900 (989) 386-7524 ORT DIST DIST SOURCES (989) 539-3221 SOURCES (989) 539-7131 (989) 539-7173

Harrison	Michigan Council for Rehabilitation Services
Central MI Health Department (989) 539-6731	EDUCATION & TRAINING
Townships	
Arthur(989) 386-5305	American Red Cross (800) 733-2767
Franklin(989) 429-9786	Adult Programs
Freeman(989) 588-2752	Farwell Timberland Alternative High School
Frost(989) 539-3804	(989) 588-7219
Garfield(989) 544-2445	Michigan Workforce Development Agency – GED
Grant(989) 424-6331	(517) 335-5858
Greenwood(989) 539-6881	Michigan Works! – Harrison (989) 539-2173
Hamilton(989) 539-7943	Pioneer High School – Clare(989) 386-3067
Hatton(989) 386-8123	Colleges & Career Centers
Hayes(989) 539-7128	Central Michigan University(989) 774-4000
Lincoln (989) 588-9841	Clare-Gladwin RESD Career and Technical
Sheridan	Education (CTE)(989) 386-3851
Summerfield(989) 539-2501	Mid-Michigan Community College – Harrison
Surrey(989) 588-6691	(989) 386-6622
Winterfield(231) 743-2218	
	CHILDCARE CENTERS & PRESCHOOLS
DISABILITY & SPECIAL NEEDS	Clare Primary School Sparks (989)386-3438
RESOURCES	Clare United Methodist Child Care Center(989) 386-4815
Children's Special Healthcare Services	Gathering Place Child Care(989) 386-4029
(800) 359-3722	Harrison Head Start – Harrison (989) 539-0825
Clare Co Dept of Health & Human Services	Wee Care Child Care(989) 386-4404
(989) 539-4260	·
Disability Network of MI(800) 782-4160	<u>Libraries</u>
Family Center for Children and Youth with Special	Harrison District Library (989)539-6711
Health Care Needs(800) 359-3722	Pere Marquette District Library (989)386-7576
Medicare/Medicaid Assistance Program	Surrey Township Public Library (989)588-9782
(800) 803-7174	School Districts
Michigan Commission for the Blind	Clare Gladwin Regional Education Service District
(800) 292-4200	(989) 386-3851
Michigan Dept of Civil Rights(800) 482-3604	Clare Public Schools(989) 386-9945
	Farwell Area Schools(989) 588-9917

Youth Programs Big Brothers/Big Sisters – Clare	Tax Assistance H & R Block – Harrison
	FITNESS, RECREATION &
EMERGENCY & DISASTER SERVICES	<u>REHABILITATION</u>
Ambulance, Fire and Police	Camp Withii – Harrison
Clare City Fire Department	
R.I.S.E Advocacy, Inc	Farwell Chamber of Commerce (989) 588-0580 Hidden Hill Family Campground – Harrison
EMPLOYMENT ASSISTANCE	Lions Club Rental & Community Building – Harrison(989) 539-1010 Michigan State Parks DNR(800) 447-2757 Rocks and Valleys Off-Road Park – Harrison(989) 539-1448
Clare Co Dept of Health & Human Services(989) 539-4260 Michigan Works! – Harrison(989) 539-2173 Michigan Indian Employment and Training Services(800) 591-8820 Unemployment Office Hotline(866) 500-0017	Sandy Shores Resort – Lake (989) 588-3101 State of Michigan Tourism Office (800) 644-2489 Wilson State Park – Harrison (989) 539-3021
	FOOD, CLOTHING & HOUSEHOLD
FINANCIAL ASSISTANCE Clare Co Dept of Health & Human Services(989) 539-4260 MidMichigan Community Action Agency – Clare County residents(989) 386-3805 MSHDA: Step Forward(984) 984-4663 Salvation Army – Mt. Pleasant	ASSISTANCE American Red Cross

Mid-Michigan Food Bank (989) 386-3805 Mid-Michigan Food Bank (987) 348-3805 Mid-Michigan Food Bank (989) 733-4663 Mid-Michigan Health Park – Harrison (989) 539-6731 Mid-Michigan Health Park – Harrison (989) 778-5004 Mid-Michigan Health Park – Harrison (989) 802-8811 Mid-Michigan Urgent Care – Clare (989) 386-911 VA Medical Center – Clare (989) 386-	Community Nutrition Network - The Gathering United Methodist Church – Harrison(989) 539-1445 Food Bank Council of Michigan	Farwell Family Dentistry – Farwell (989) 588-4121 Healthy Kids Dental Hotline (800) 482-8915 Harrison Dental Office (989) 630-0760 James J. Haines, DDS, PLLC – Clare (989) 386-3211
Mid-Michigan Food Bank	www.fbmich.org/resources/find-a-food-bank	Kimberly DeWitt, DDS – Clare(989) 386-9570
Mid-Michigan Hood Bank (.517) 702-3355	Mid-Michigan Community Action Agency – Clare	Maureen Gierucki, DDS – Harrison (989) 539-2146
Mid-Michigan Hood Bank (.517) 702-3355	(989) 386-3805	MI Child Hotline (888) 988-6300
Salvation Army - Mt. Pleasant		
Wic. (800) 942-1636 Wic. Clare County (989) 539-6731 Beltone Hearing Aids (866) 521-7164 Central Michigan University Audiology Clinic (989) 474-3904 Lions Club (989) 465-6482 Relay Center for Deaf/Hard of Hearing (800) 649-3777 State of Michigan Dept. of Civil Rights (877) 492-6232 Weteran Affairs (844) 698-2311 Clinics & Hospitals (877) 342-2437 Alpha Chiropractic Clinic (989) 386-3838 Benchley Chiropractic Clinic (989) 386-3834 Infusion Center @ Mid-Michigan Medical Center (989) 802-8801 Karmanos Cancer Institute (800) 527-6266 McLaren Central Hospital (989) 772-6700 McLaren Central Outpatient Rehab (989) 779-5604 McLaren Central Outpatient Rehab (989) 779-5604 McLaren Home Care (989) 802-5000 Mid-Michigan Medical Center (989) 802-8811 Mid-Michigan Health Park Harrison (989) 802-8811 Mid-Michigan Urgent Care (989) 802-8811 Mid-Michigan Urgent Care (989) 886-7021 Dental Resources (989) 386-7021 Dental Resources (989) 386-2774 Narcotics Anonymous 24/7 (800) 230-4085 National Domestic & Sexual Violence Helpline	_	Hearing Possuress
Wilc-Clare County		
### HEALTHCARE SERVICES Center for Disease Control and Prevention		
## LEALTHCARE SERVICES Center for Disease Control and Prevention	, , ,	
Relay Center for Deaf/Hard of Hearing		
### Center for Disease Control and Prevention		• • •
Center for Disease Control and Prevention	HEALTHCADE SEDVICES	_
(877) 499-6232 Children's Special Healthcare Services (800) 359-3722 Veteran Affairs (844) 698-2311 Clinics & Hospitals AIDS Program Hotline (877) 342-2437 Alpha Chiropractic Clinic – Clare (989) 386-3838 Benchley Chiropractic Clinic — (989) 386-2384 Infusion Center @ Mid-Michigan Medical Center – Clare (989) 802-8805 Karmanos Cancer Institute (800) 527-6266 McLaren Central – Clare Family Practice (989) 386-8170 McLaren Central Hospital (989) 779-6700 McLaren Central Hospital (989) 779-6700 McLaren Home Care (989) 802-8974 Mid-Michigan Health Park – Harrison (989) 539-4434 Mid-Michigan Physicians Group – Clare (989) 802-8011 Mid-Michigan Physicians Group – Clare (989) 802-8811 Mid-Michigan Urgent Care – Clare (989) 386-8113 Dental Resources Austin & Austin DDS – Clare (989) 386-7021 Dental Hygiene Health Services (989) 385-5174 Dental Hygiene Health Services (989) 385-5174 Dental Hygiene Health Services (989) 385-8178 Dental Emergency Hotline (800) 336-8478		• • •
Telecommunications Relay Service (TRS)		
Medical Equipment & Loan Closets		
Veteran Affairs	Children's Special Healthcare Services	Telecommunications Relay Service (TRS) 711
ALS of Michigan (800) 882-5764	(800) 359-3722	Medical Equipment & Loan Closets
Home Health: Mid-Michigan Home Care - Clare	Veteran Affairs(844) 698-2311	
AIDS Program Hotline	Clinics & Hospitals	
Alpha Chiropractic Clinic — Clare		
Benchley Chiropractic Clinic	-	
Infusion Center @ Mid-Michigan Medical Center – Clare		
Clare		
Karmanos Cancer Institute	_	
McLaren Central – Clare Family Practice (989) 386-8170 Medical equipment loan closets in Michigan McLaren Central Hospital (989) 772-6700 Supplies(http://onedrop.today) McLaren Central Outpatient Rehab (989) 779-5604 Supplies(http://onedrop.today) McLaren Home Care (866) 323-5974 Mid-Michigan Health Park – Harrison (800) 638-6782 Mid-Michigan Medical Center-Clare (989) 539-4434 United Cerebral Palsy Michigan (800) 828-2714 Mid-Michigan Physicians Group – Clare (989) 802-8811 Mental Health & Counseling Services Mid-Michigan Urgent Care – Clare (989) 386-9911 Crisis Hotline (800) 317-0708 VA Medical Center – Clare (989) 386-9911 Crisis Hotline (800) 317-0708 VA Medical Center – Clare (989) 386-8113 Fachting Counseling Services – Harrison (989) 386-8166 Listening Ear Crisis Line (989) 386-2774 Narcotics Anonymous 24/7 National Domestic & Sexual Violence Helpline		
	, ,	
McLaren Central Hospital (989) 772-6700 McLaren Central Outpatient Rehab (800) 437-1474 McLaren Home Care (866) 323-5974 Mid-Michigan Health Park – Harrison (800) 638-6782 Mid-Michigan Medical Center-Clare (989) 802-5000 Mid-Michigan Physicians Group – Clare (989) 802-8811 Mid-Michigan Urgent Care – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-8113 VA Medical Center – Clare (989) 386-8113 Dental Resources (989) 386-7021 Austin & Austin DDS – Clare (989) 385-5174 Dental Emergency Hotline (800) 336-8478 Supplies(http://onedrop.today (800) 437-1474 Paralyzed Veterans of America- MI (800) 638-6782 The National Federation of the Blind (410) 659-9314 United Cerebral Palsy Michigan(800) 828-2714 Mental Health & Counseling Services Common Ground Crisis Line	-	
McLaren Central Outpatient Rehab (989) 779-5604 McLaren Home Care (866) 323-5974 Mid-Michigan Health Park – Harrison (800) 638-6782 Mid-Michigan Medical Center-Clare (989) 539-4434 Mid-Michigan Physicians Group – Clare (989) 802-5000 Mid-Michigan Urgent Care – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-8113 Dental Resources (989) 386-7021 Austin & Austin DDS – Clare (989) 386-7021 Dental Hygiene Health Services (989) 385-5174 Dental Emergency Hotline (800) 336-8478 (980) 638-6782 The National Federation of the Blind (410) 659-9314 United Cerebral Palsy Michigan Mental Health & Counseling Services Common Ground Crisis Line (800) 231-1127 Community Mental Health – Harrison (989) 539-2141 Crisis Hotline (800) 317-0708 Fachting Counseling Services – Harrison (989) 386-2774 Narcotics Anonymous 24/7 Narcotics Anonymous 24/7 National Domestic & Sexual Violence Helpline		
McLaren Home Care	McLaren Central Hospital(989) //2-6/00	
McLaren Home Care (866) 323-5974 Mid-Michigan Health Park – Harrison (989) 539-4434 Mid-Michigan Medical Center-Clare (989) 802-5000 Mid-Michigan Physicians Group – Clare (989) 802-8811 Mid-Michigan Urgent Care – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-8113 Dental Resources (989) 386-7021 Austin & Austin DDS – Clare (989) 385-5174 Dental Emergency Hotline (989) 386-8478 (800) 638-6782 The National Federation of the Blind (410) 659-9314 United Cerebral Palsy Michigan	McLaren Central Outpatient Rehab	
Mid-Michigan Health Park – Harrison (989) 539-4434 Mid-Michigan Medical Center-Clare (989) 802-5000 Mid-Michigan Physicians Group – Clare (989) 802-8811 Mid-Michigan Urgent Care – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-8113 Dental Resources (989) 386-7021 Austin & Austin DDS – Clare (989) 386-7021 Dental Hygiene Health Services (989) 385-5174 Dental Emergency Hotline (800) 336-8478 The National Federation of the Blind	(989) 779-5604	·
(989) 539-4434 Mid-Michigan Medical Center-Clare	McLaren Home Care(866) 323-5974	• • • • • • • • • • • • • • • • • • • •
Mid-Michigan Medical Center-Clare (989) 802-5000 Mid-Michigan Physicians Group – Clare (989) 802-8811 Mid-Michigan Urgent Care – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-8113 Dental Resources (989) 386-7021 Austin & Austin DDS – Clare (989) 386-7021 Dental Hygiene Health Services (989) 385-5174 Dental Emergency Hotline (800) 336-8478 United Cerebral Palsy Michigan Mental Health & Counseling Services Common Ground Crisis Line (989) 539-2141 Crisis Hotline (989) 386-8166 Listening Ear Crisis Line (989) 386-8166 Listening Ear Crisis Line National Domestic & Sexual Violence Helpline National Domestic & Sexual Violence Helpline	Mid-Michigan Health Park – Harrison	
Mid-Michigan Physicians Group – Clare	(989) 539-4434	·
Mid-Michigan Physicians Group – Clare (989) 802-8811 Mid-Michigan Urgent Care – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-8113 Dental Resources (989) 386-7021 Dental Hygiene Health Services (989) 386-7021 Dental Emergency Hotline (989) 385-5174 Dental Emergency Hotline (800) 336-8478 Common Ground Crisis Line (989) 539-2141 Crisis Hotline (989) 386-8113 Listening Ear Crisis Line (989) 386-2774 Narcotics Anonymous 24/7 National Domestic & Sexual Violence Helpline Austin & Austin DDS – Clare (989) 385-5174 Dental Emergency Hotline (800) 336-8478	Mid-Michigan Medical Center-Clare	United Cerebral Palsy Michigan (800) 828-2714
Mid-Michigan Physicians Group - Clare (989) 802-8811 Mid-Michigan Urgent Care - Clare (989) 386-9911 VA Medical Center - Clare (989) 386-8113 Dental Resources (989) 386-7021 Austin & Austin DDS - Clare (989) 386-7021 Dental Hygiene Health Services (989) 385-5174 Dental Emergency Hotline (800) 336-8478 Common Ground Crisis Line (989) 539-2141 Crisis Hotline (989) 386-8166 Listening Ear Crisis Line Marcotics Anonymous 24/7 National Domestic & Sexual Violence Helpline National Domestic & Sexual Violence Helpline Common Ground Crisis Line (989) 539-2141 Crisis Hotline (989) 386-8166 Listening Ear Crisis Line (989) 386-2774 National Domestic & Sexual Violence Helpline	(989) 802-5000	Mental Health & Counseling Services
Mid-Michigan Urgent Care – Clare	Mid-Michigan Physicians Group – Clare	
Mid-Michigan Urgent Care – Clare (989) 386-9911 VA Medical Center – Clare (989) 386-8113 Dental Resources (989) 386-8166 Austin & Austin DDS – Clare (989) 386-7021 Dental Hygiene Health Services (989) 385-5174 Dental Emergency Hotline (800) 336-8478 Crisis Hotline (989) 386-8166 Listening Ear Crisis Line Narcotics Anonymous 24/7 National Domestic & Sexual Violence Helpline	(989) 802-8811	·
Dental Resources Austin & Austin DDS – Clare (989) 386-7021 Dental Hygiene Health Services (989) 386-7021 Dental Emergency Hotline (989) 386-8113 Crisis Hotline (800) 317-0708 Fachting Counseling Services – Harrison (989) 386-8166 Listening Ear Crisis Line (989) 386-2774 Narcotics Anonymous 24/7 (800) 230-4085 National Domestic & Sexual Violence Helpline	Mid-Michigan Urgent Care – Clare	-
Dental Resources Fachting Counseling Services – Harrison Austin & Austin DDS – Clare	(989) 386-9911	
Dental Resources (989) 386-8166 Austin & Austin DDS – Clare	VA Medical Center – Clare (989) 386-8113	• • •
Austin & Austin DDS – Clare	Dontol Passuress	
Dental Hygiene Health Services (989) 385-5174 Dental Emergency Hotline		
Dental Emergency Hotline		
Defical Efficiency Floriffic(800) 550-8478		
	Dental Emergency Hotline(800) 336-8478	·

(800) 799-7233	SAMHSA Hotline(800) 662-4357
National Human Trafficking Resource Center	SEMCA(800) 686-6543
(888) 373-7888	Watershed Addiction Treatment Programs
National Council on Alcoholism and Drug	(800) 292-1634
Dependence(800) 622-2255	Urgent Care
North Haven Counseling Services (989) 386-4899	
Problem Gambling Help-Line 24/7 (800) 270-7117	Urgent Care and Occupational Health:
RAINN (Rape & Incest National Network)	MidMichigan Urgent(989) 386-9911
(800) 656-4673 SEMCA(800) 686-6543	Vision Resources
Substance Abuse Hotline(800) 662-4357	Alan Scott, OD & Sarah M. Trommater, OD – Clare
Suicide Prevention(800) 273-8255	(989) 386-2111
Ten Sixteen Recovery Network (989) 802-0742	Harrison Eye Care, PLC – Harrison (989) 539-2020
	John A. Finn, OD – Clare(989) 386-3401
Pharmacies & Prescription Assistance	Lions Club District (989) 465-6482
Eagle Pharmacy – Farwell (989) 588-2900	Michigan Commission for the Blind (800) 292-4200
Family Fare Pharmacy(989) 539-0584	Thomas V. Claringbold II, DO – Clare
Gateway Pharmacy – Clare(989) 386-2900 LifeSource Direct(866) 340-4748	(989) 802-8811
Michigan's Prescription Drug Discount Card- miRx	
(866) 755-6479	
NeedyMeds(800) 503-6897	HOUSING ASSISTANCE
Partnership for Prescription Assistance	
www.pparx.org	American Red Cross(800) 733-2767
Rite Aid Pharmacy – Farwell(989) 588-2599	MSHDA: Step Forward(866) 946-7432 Veterans TOLL Free numbers
Rite Aid Pharmacy – Harrison (989) 539-4380	www.iris.custhelp.va.gov
Rx Assist <u>www.rxassist.org</u>	
Walgreen's – Clare(989) 386-6197	Emergency Shelters & Warming Centers
Retail Discount Drug Programs	Listening Ear Transitional Living (989) 386-2774
Kroger ask pharmacist	Mid-Michigan Community Action Agency
Meijer ask pharmacist	(989) 386-3805
(select free prescriptions)	United Way(989) 386-6015 Women's Aid Service of Mt Pleasant (counseling &
Target ask pharmacist (\$4/ \$10 generics program)	emergency shelter) (844) 349-6177
Sam's Club ask pharmacist	
(\$4/\$10 prescription program)	Heating/Utility Assistance & Home
Wal-Mart ask pharmacist	Repairs/Weatherization
(\$4/\$10 prescription program)	American Red Cross(800) 733-2767
Walgreens ask pharmacist	Area on Aging(800) 858-1637
Substance Abuse	Habitat for Humanity(989) 539-2481
CDC Hotline(800) 232-4636	Heat and Warmth Fund(800) 866-8429
NMSAS Recovery Center – Gaylord	Low Income Home Energy Assistance Program (LIHEAP)(855) 275-6424
(989) 732-1791	Mid-Michigan Community Action Agency
Narcotics Anonymous (NA) Hotline	(989) 386-3805
(800) 230-4085	Salvation Army – Mt. Pleasant (989) 773-4663
National Council on Alcoholism and Drug	USDA Rural Development (800) 944-8119
Dependence(800) 622-2255	

Low Income Housing	National Council o
Habitat for Humanity – Clare (989) 539-2481	Dependence
Home Stretch (rental & purchase)	National Domestic
(231) 947-6001	
HUD Rental Assistance	National Human T
(800) 569-4287	Parkinson's
Mid-Michigan Community Action Agency	
(989) 386-3805	Problem Gambling
USDA Rural Development (800) 944-8119	RAINN (Rape & Inc
LEGAL ASSSITANCE	SEMCA
	Stop It Now! Hotli
Center For Civil Justice(800) 724-7441	Substance Abuse I
Legal Services of Eastern Michigan (800) 322-4512	Suicide Preventior
Legal Hotline for Michigan Seniors (800) 347-5297	WIC
Michigan Department of Civil Rights	Women's Health F
(517) 335-3165	
Michigan Indian Legal Services(231) 947-0122	
Social Security Administration(800) 772-1213	
Veterans TOLL Free numbers	TRA
www.iris.custhelp.va.gov	INA
	American Cancer S
PARENTING/PREGNANCY RESOURCES	
	Clare County Airpo
24-Hour Crisis Line(800) 275-1995	Clare Municipal Ai
Child Safety Seat Inspection (866) Seat-Check	Clare County Tran
Family Center for Children and Youth with Special	Greyhound(989) 3
Health Care Needs(800) 359-3722	Holt Transportation
Hope Pregnancy Center – Clare(989) 289-4901	Michigan Transpo
LA LECHE(800) 525-3243	Myride 2
Parent Help Line 24/7(800) 942-4357	S & L Transportati
WIC(800) 942-1636	·
Women's Health Resource Line (800) 994-9662	
Women's Resource Center(231) 347-0082	TD
	<u>TR</u>
STIDDODT CDOLIDS	Department of Civ
SUPPORT GROUPS	Michigan Indian Em
ALS of Michigan(800) 882-5764	
Alzheimer's Association and Helpline	Michigan Indian L
(800) 272-3900	_
(800) 272-3900 Area on Aging(800) 858-1637	Michigan Indian Tui
(800) 272-3900	Michigan Indian Tui Native American <i>I</i>
(800) 272-3900 Area on Aging(800) 858-1637	Michigan Indian Tui Native American A Saginaw Chippewa
	Michigan Indian Tui Native American A Saginaw Chippewa
	Michigan Indian Tui Native American A Saginaw Chippewa
	Michigan Indian Tui Native American A Saginaw Chippewa
	Michigan Indian Le Michigan Indian Tui Native American A Saginaw Chippewa U.S. Office of Indian
	Michigan Indian Tui Native American A Saginaw Chippewa

National Council on Alcoholism and Drug
Dependence(800) 622-2255
National Domestic & Sexual Violence Helpline
(800) 799-7233
National Human Trafficking Resource Center
(888) 373-7888
Parkinson's(800) 852-9781
Problem Gambling Help Line(800) 270-7117
RAINN (Rape & Incest National Network)
(800) 656-4673
SEMCA(800) 686-6543
Stop It Now! Hotline(888) 773-8368
Substance Abuse Hotline(800) 662-4357
Suicide Prevention(800) 273-8255
WIC(800) 942-1636
Women's Health Resource Line(800) 994-9662

TRANSPORTATION

American Cancer Society Road to Recovery	
	(800) 227-2345
Clare County Airport	(989) 539-2510
Clare Municipal Airport	(989) 386-0445
Clare County Transit Corp	(989) 539-1473
Greyhound(989) 386-2276	
Holt Transportation – Saginaw	(989) 860-1004
Michigan Transportation Services.	(877) 777-7900
Myride 2	(855) 697-4332
S & L Transportation	(800) 823-9044

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
Michigan Indian Employment and Tra	ining Services
	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Wavier	(517) 241-7748
Native American Affairs	(517) 335-7782
Saginaw Chippewa Indian Tribe	(989) 775-4000
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

American Legion(313) 964-6640	
Area on Aging(800) 858-1637	,
Veterans Administration(800) 827-1000	
Clare County Veterans Affairs(989) 539-3273	
Disabled American Veterans(877) 426-2838	
Michigan Veterans Affairs(800) 642-4838	
Michigan Veterans Trust Fund (517) 284-5299	
Paralyzed Veterans of America (800) 795-3608	
Veterans of Foreign Wars (313) 964-6510	
Veterans TOLL Free numbers	
www.iris.custhelp.va.gov	/
Veteran Affairs(844) 698-2311	-
Vietnam Veterans of America (800) 882-1316	

VOLUNTEER OPPORTUNITIES

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Big Brothers/Big Sisters - Clare	(989) 386-9304
Food Bank Council of Michigan	
<u>www.fbmich.org/resource</u>	es/find-a-food-bank
Habitat for Humanity – Harrison	
	(989) 539-6203

IS IT AN EMERGENCY?

Clinic Name:	Office Phone:
AFTER HOURS Phone Number:	
Our Preferred Urgent Care:	

Non-Urgent:

You should make an appointment with your <u>Primary Care</u> Physician

- Cold/Flu Symptoms
- Earaches
- Mild Backaches
- Mild Sprains
- Rashes
- Sore Throat/Cough
- Toothaches

<u>TeleHealth</u>

(Virtual Visits) Primary Care via Telehealth

- Allergies
- Bronchitis
- Colds and Flus
- COVID Symptoms
- Earache
- Headache
- Hives
- Insect Bites
- Pink Eye
- Rashes
- Sinusitis

Semi-Urgent:

Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care</u> <u>Physician</u> and/or go to Urgent Care Facility for

Accidents and Falls

treatment

- Moderate Sprains
- Moderate Backaches
- Mild Breathing Difficulty (i.e. Asthma)
- Minor Cuts with Controlled Bleeding
- Eve
- Irritation/Redness
- Cold/Flu Symptoms WITH fever
- Vomiting/Diarrhea with Dehydration
- Severe Sore Throat or Cough
- Minor Broken Bones or Fractures (fingers/toes)
- Skin Rashes and Infections
- Urinary Tract Infections
- Minor Injuries
- Minor Burns

Urgent:

You should go to your nearest Hospital Emergency Department

- Severe Chest Pain or Difficulty Breathing
- Compound Fracture (bone protrudes through skin)
- Convulsions/Seizures
- Loss of Consciousness
- Fever in Newborn (less than 3 months old)
- Heavy, Uncontrollable Bleeding
- Deep Knife or Gunshot Wounds
- Moderate to Severe Burns
- Poisoning
- Serious Head/Neck or Back Injury
- Pregnancy-Related Problems
- Severe Abdominal Pain
- Signs of Heart Attack (chest pain lasting longer than 2 minutes)
- Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)
- Suicidal or Homicidal Thoughts/Feelings
- Vomiting up Blood

If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.