

Genesee County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

Genesee
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

- Children & Adult Protective Services (CPS)
..... (855) 444-3911 / (810) 760-2222
- Equality Michigan..... (313) 537-7000
- Elder Abuse Hotline (810) 257-3422
- Free Lead Testing(810) 257-3833
- Human Trafficking Hotline (888)-373-7888
..... Help@humantraffickinghotline.org
- LGBT Hotline (212) 714-1141
- Michigan Coalition to End Domestic & Sexual
Violence (517) 347-7000
- National Council on Alcoholism and Drug
Dependence (NCADD)..... (800) 622-2255
- National Domestic and Sexual Violence Helpline
..... (800) 799-7233
- National Suicide Prevention (800) 273-8255
- Crisis Hotline <https://13reasonswhy.info/>
- Crisis Hotline TEXT Reason to 741741
- RAINN (Rape & Incest National Network)
..... (800) 656-4673
- Suicide Prevention Hotline..... (800)-273-8255
- Victim Connect (stalking hotline)..... (855) 484-2846

ADULT AGING SERVICES

- McLaren Home Care (866) 323-5974
- Area on Aging (800) 858-1637
- Burton Senior Center (810) 744-0960
- Clio Senior Center (810) 687-7260
- Davison Senior Center..... (810) 658-1566
- Department of Human Services..... (231) 533-8664
- Disability Network (800) 232-6040

- www.dnmichigan.org
- East Side Senior Citizens Center (810) 250-5000
- Flushing Senior Center (810) 659-4735
- Genesee County..... (810) 760-7300
- Genesee Gardens..... (810) 479-5248
- Grand Blanc Area Senior Center (810) 695-3202
- HAP Senior Plus (800) 868-3153
- Huntington’s Disease Society of America - Michigan
Chapter (800) 909-0073
- Kindred Health Hospice.....(810)733-7250
- Lockwood of Fenton (810) 714-3340
- Meals on Wheels-Valley Area Agency on Aging
..... (810) 239-7671
- Medicare (800) 633-4227
- Medicare/Medicaid Assistance Program (MMAP)
..... (800) 803-7174
- Social Security Administration (800) 772-1213
- Swartz Creek Area Senior Center (810) 635-4122
- Valley Area Agency on Aging(810) 239-7671
- Veterans Affairs (231) 533-8499

Adult Foster Care

- Cornerstone Adult Foster Care(810) 733-3186
- Place for Mom(866) 333-2174
- Senior Advisor (888) 305-1171

Alzheimer’s & Dementia Care

- Alzheimer’s Association & Helpline . (800) 272-3900
- Cottage of Davison..... (810) 653-7343
- Swartz Creek Senior Center(810) 635-4122

Assisted Living

- American House..... (810) 936-4581
- Courtyard Manor of Fenton (810) 629-0385
- Hyde Park Assisted Living (810) 659-3000
- Landings of Genesee Valley (810) 720-5184
- Pines of Burton.....(810) 228-3520
- Woodhaven Senior Community..... (810) 230-1070

ANIMAL SUPPORT

- Animal Control (810) 732-1660
- Dog Licenses..... (810) 257-3054

Animal Shelters

- Allstate Animal Control (wildlife) (888) 488-7720
- Animal Control (810) 732-1660
- Humane Society of Genesee County(810) 744-0511

COUNTY RESOURCES

Administrative Offices..... (810) 257-3224
Election Division..... 810) 257-3283
Floyd J. McCree Courts and Human Services Center
(Lead Testing)..... (810) 257-3833
Friend of the Court..... (810) 257-3300
Health Department..... (810) 257-3612
Legal Division..... (810) 257-3220
Register of Deeds (810) 257-3060
Vital Record Division (810)257-3225

DISABILITY & SPECIAL NEEDS RESOURCES

Children’s Special Healthcare Services
..... (800) 359-3722
Dental Lifeline Network (303) 534-5360
Disability Network..... (800) 232-6040
Home of Mercy (810) 820-9146
Michigan Commission for the Blind. (800) 292-4200
Michigan Commission for the Deaf . (877) 499-6232
Michigan Protection& Advocacy.....(800) 288-5923
Special Education Services Center- GISD
..... (810) 591-4494

EDUCATION & TRAINING

Adult Programs

Michigan Department of Career Development,
Adult Education..... (517) 373-8800

Childcare Centers & Preschools

Bright Beginnings Learning Center .. (810) 789-8848
Country Mouse Child Care (517) 548-7066
Creative Learning Academy (810) 234-8448
DHS- Child Care licensing division ... (866) 685-0006

Early Childhood Programs & Services

Davison KinderCare..... (810) 653-1206
Fenton Owen KinderCare..... (810) 629-2233
Grand Blanc KinderCare..... (810) 603-2500
Happy Elephant Childcare..... (810) 230-7600
Hurley Children’s Center(810) 262-9773
Little People’s Playhouse (810) 733-5998
Rainbow Child Care Center (810) 714-6070

Community Education

Crim Fitness Foundation (810) 235-3396
Focus on Flint (810) 237-4888

Libraries

Genesee District library (810) 732-5570

Genesee County Community Resources Updated 2021

..... thegdl.org
Burton Memorial (810) 742-0674
Clio Area (810) 686-7130
Davison Area (810) 653-2022
Fenton – Winegarden (810) 629-7612
Flint Public Library (810) 232-7111
Flint Township – McCarty (810) 732-9150
Flushing Area (810) 732-0878
Genesee Valley Center (810) 732-1822
Goodrich (810) 639-2489
Grand Blanc – McFarlen (810) 694-5310
Linden (810) 735-7700
Mt. Morris (810) 686-6120
Swartz Creek – Perkins (810) 635-3900

Schools

Atherton(810) 591-0400
Bendle(810) 591-2501
Beecher (810) 591-9200
Bentley (810) 591-9100
Carman-Ainsworth (810) 591-3700
Clio (810) 591-0500
Davison (810) 591-0801
Erwin L. Davis Education Center (810) 591-4400
Fenton (810) 591-4700
First Flint Seventh-Day Adventist Christian School
..... (810) 732-0230
Flint Community Schools (810) 760-1000
Flushing (810) 591-0656
Genesee (810) 591-1650
GISD (810) 591-4400
Goodrich (810) 591-2250
Grand Blanc (810) 591-6000
International Academy of Flint (810) 600-5000
Kersley (810) 591-8000
Lake Fenton (810) 591-4141
Lakeville (810) 591-3980
Linden (810) 591-0980
Montrose (810) 591-8800
Mt. Morris (810) 591-8760
Perry Education Center (810) 591-6088
Swartz Creek (810) 591-2300

Colleges/Career Centers

Baker College (855) 487-7888
Central Michigan University (810) 235-7530
Ferris State University..... (810) 762-0461
Genesee Early College..... (810) 591-5115
GISD Career and Technical Education Programs

..... (810) 591-4446
 Kettering University (810) 762-9500
 Michigan State University College of Human
 Medicine- Flint Campus (810) 600-5600
 Mott Community College..... (810) 762-0200
 Northwood University (810) 720-9250
 Spring Arbor University (810) 733-7740
 University of Michigan- Flint..... (810) 762-3300

Youth Programs

Big Brother Big Sister (810) 235-0617
 Crossroads Village (810) 249-3859
 Flint & Genesee Chamber (810) 600-1404

- YouthQuest
- TeenQuest
- Summer Youth Initiative

Genesee County Youth Corp (810) 233-8700
 Salvation Army Youth program(810) 232-2199
 STEM Academy (810) 922-1044
 YMCA..... (810) 238-7621

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police.....911
 American Red Cross (800) 733-2767
 Center for Disease Control and Prevention (CDC)
 (800) 232-4636
 Genesee County Emergency Management
 (810) 257-3064
 Hazardous Substance Spill (810) 257-3064
 National Suicide Prevention (800) 273-8255
 Crisis Hotline<https://13reasonswhy.info/>
 Crisis Hotline.....TEXT Reason to 741741
 Poison Control..... (800) 222-1222
 Suicide Prevention (800) 834-3393

Law Enforcement

Genesee County Sheriff (810) 257-3422
 Administration (810) 257-3406
 Inmate information..... (810) 257-3426
 Michigan State Police..... (810) 732-1111
 Argentine Township (810) 735-5050
 City of Burton (810) 742-2542
 City of Clio (810) 686-5010
 City of Davison (810) 653-4136
 City of Fenton..... (810) 629-5311
 City of Flint (810) 237-6800
 City of Flushing..... (810) 659-3119
 City of Grand Blanc (810) 694-1111
 City of Linden (810) 735-5454

City of Montrose (810) 639-5400
 City of Mt. Morris..... (810) 686-4400
 City of Swartz Creek (810) 635-4401
 Clayton Township..... (810) 635-3230
 Davison Township (810) 653-5656
 Flint Township..... (810) 600-3250
 Flushing Township (810) 659-0809
 Genesee Township..... (810) 640-2000
 Grand Blanc Township (810) 424-2600
 Mt. Morris Township (810) 785-0817
 Mundy Township (810) 655-4631
 Richfield Township..... (810) 653-3565
 Thetford Township..... (810) 686-5200
 Village of Gaines..... (989) 271-8386
 Village of Otisville..... (810) 631-6310

EMPLOYMENT ASSISTANCE

Employee Assistance Program HELPNET
 (800) 969-6162
 Goodwill Industries(810) 732-5040
 Job Corp(810) 232-0001
 Michigan Works!..... (810) 233-5974
 Unemployment Office Hotline (866) 500-0017

FINANCIAL ASSISTANCE

MSHDA: Step Forward (866) 946-7432
 Pierson Road DHS (810) 760-7300

Tax Assistance

Genesee County Treasurer’s Office . (810) 257-3054
 H & R Block

- Fenton (810) 629-0707
- Flint (810) 230-2848
- Flushing (810) 659-4301
- Grand Blanc, (810) 694-2700

Liberty Tax Service

- Bristol Rd. Flint (810) 768-3612
- Dort Hwy, Flint (810) 744-1040
- Pierson Rd, Flint (810) 230-1052
- Clio (810) 687-4335
- Fenton (810) 750-7507

My Free Taxes www.myfreetaxes.com
 Volunteer Income Tax Assistance (800) 906-9887

FITNESS, RECREATION & REHABILITATION

Commit to Fit <https://www.commit2fit.com>

Flint Children’s Museum (810) 767-5437
 Grand Blanc Gymnastics Company .. (810) 694-3222
 Huckleberry Railroad (810) 736-7100

Parks & Recreation

City of Flint Parks & Rec (810) 766-7463
 For-Mar Nature Preserve(810) 736-7100
ext.892
 Genesee County Parks & Rec..... (810) 736-7100
 Seven Lakes Parks & Rec..... (248) 634-7271

Rehabilitation

McLaren Physical Therapy

- Davison..... (810) 658-5631
- Flint.....(810) 342-2356
- Flushing (810) 342-5550

FOOD, CLOTHING & HOUSEHOLD ASSISTANCE

Asbury United Methodist Church.....(810) 235-0016
 Carriage Town Ministries (810) 238-6847
 Carriage Town Mission (810)233-8787
 Center For Gerontology(810) 762-4550
 Christ The King Catholic Church (810) 233-6047
 Catholic Charities Christ Enrichment Center
 (810) 239-9425
 Community Closet of Catholic Charities of
 Shiawassee & Genesee Counties..... (810) 265-7025
 Community Clothes Closet Consumer Services Inc.
(810) 233-3995
 CMH - Homeless Outreach(810) 257-3662
 Church Without Walls (810) 238-7000
 Christian Love Faith Center (810) 235-8401
 Christ Enrichment Center (810) 239-9425
 Central Assembly PCOG (810) 238-5261
 Central Baptist Church (810) 742-7060
 Champions In Christ(810) 789-0203
 Davison Free Methodist Church (810) 653-5272
 Department of Human Services (231) 533-8664
 DHS Genesee Cty (810) 760-2343
 Emmanuel Baptist Church (810) 736-6111
 Elsona Foster Care (810) 234-8072
 Faith Baptist Temple (810) 787-9136
 Faith United Methodist (810) 785-6761
 First Flint Seventh-Day Adventist Church
 Community Service Center (810) 732-0655
 Flint Beecher Corps- Salvation Army
 (810) 789-4003

Flint Strive (810) 232-5661
 Flushing Christian Outreach Center (810) 487-2223
 Food Bank- 7am to 10am
 Food Bank Council of Michigan
www.fbcmich.org/resources/find-a-food-bank
 Food Bank of Eastern Michigan (810) 239-4441
 Foss Avenue Baptist Church (810) 787-0096
 GCCAA Senior Food (810) 232 6891
 Greater Flint Outreach Center (810) 767-4064
 Holy Rosary Catholic Church (810) 736-4040
 Last two Tuesdays and Thursdays of every month: must
 call by 9:30am
 North End Soup Kitchen (810) 785-6911
 Open Tuesday 9:30am-2:30pm. Food & Cloth
 Outreach East 810) 653-7711
 Swartz Creek Community Food Basket
 (810) 635-4555
 The Salvation Army Family Store & Donation Center
 (810) 600-0020
 United Way 2-1-1
 WIC Program (800) 942-1636
 Pregnant and Breastfeeding Women, Infants,
 children

HEALTHCARE SERVICES

McLaren Advanced Care Planning ... (810) 342-2546
 McLaren Dialysis Services (810) 342-2175
 McLaren Stroke Support Coordinator
 (810) 342-2964
 McLaren Flint - Diabetes Education & Nutrition
 (810) 342-5506
 AIDS programs and management.... (810) 257-3131
 Genesys Diabetes Learning Academy
 (810) 606-7720
 STI Counseling & Testing.....(810) 232-0888
 Sexually Transmitted Disease Testing & Treatment
 (810) 232-0888
 Wound Care Center/Hyperbaric Oxygen Therapy
 (810) 342-5500

Clinics & Hospitals

Karmanos Cancer Institute (800) 527-6266
 Karmanos Cancer Institute-Flint (810) 342-3800
 McLaren Flint – Grand Blanc Occupational Health &
 Convenient Care Center (810) 496-0900
 McLaren Flint Hospital (810) 342-2000
 McLaren Home Care (866) 323-5974
 McLaren Physical Therapy
 • Davison..... (810) 658-5631

- Flint.....(810) 342-2356
- Flushing (810) 342-5550
- Autism Society hotline..... (800) 328-8476
- Crestmont Nursing Care Center..... (810) 629-4105
- Fenton Extended Care Center..... (810) 714-4480
- Genesee Health System (810) 257-3740
- Immunization Clinic (810) 237-4540
- Mott Children’s Health Center(810) 767-5750
- Muslim Outreach Free Clinic..... (810) 762-1012
- Oakland Psychological Clinic..... (810) 695-0055
- Optimum Healthcare (810) 750-1947

Dental Resources

- ABC Family Dental..... (810) 230-9091
- Dental Specialty Center..... (810) 695-3330
- Flushing Family Dental Care..... (810) 659-7800
- Grossi Dental & Wellness..... (810) 235-7300
- Hamilton Community Health(810) 406-4246
- MiChild Dental(888) 988-6300
- Mott Community College Dental Hygiene Clinic
..... (810) 762-0493

Hearing Aids

- Hearing Screening GCHD (810) 257-3193
- Michigan School for the Deaf (810)257-1467
- Relay Center for Deaf/Hard of Hearing
..... 7-1-1 / (800) 649-3777

Laboratories

- McLaren Laboratory - Davison (810) 658-6529
- McLaren Laboratory - Grand Blanc (810) 953-6460
- McLaren Laboratory - Fenton (810) 496-2502
- McLaren Laboratory - Clio (810) 687-2567
- McLaren Laboratory - Flushing (810) 487-3505
- Quest Diagnostics (866) 697-8378
..... QuestDiagnostics.com

Medical Equipment & Loan Closets

- Hart Medical Equipment (810) 406-4502
- The ALS of Michigan..... (800) 882-5764
- Equipment loan program for ALS and PLS patients
- Muscular Dystrophy Association (800) 572-1717
- Paralyzed Veterans of America- MI (800) 638-6782
- The National Federation of the Blind
..... (410) 659-9314
- United Cerebral Palsy Michigan..... (800) 828-2714
- Wright & Filippis..... (810) 234-6608

Mental Health & Counseling Services

- McLaren Regional Behavioral Health Center
- Outpatient & Mental Therapy ... (810) 342-5333
- Inpatient Counseling (810) 342-2076

- Auburn Counseling..... (810) 744-3300
- Genesee Health System-Crisis (810) 257-3740
- GHS Crisis HotlineTEXT Flint to 741741
- Hope Network (810) 600-5001
- Insight Recovery..... (810) 744-3600
- Involuntary Hospitalization for Mental Illness
- Probate Court(810) 257-3528
- New Paths (810) 233-5340
- Oakland Psychological Clinic..... (810) 695-0055
- Problem Gambling Helpline (800) 270-7117

Pharmacies & Prescription Assistance

- Ballenger Pharmacy Center (810) 239-0100
- Benzer Pharmacy (810) 230-9900
- East Michigan Pharmacy..... (810) 422-9098
- Kroger
- Burton (810) 239-9941
- Flushing (810) 659-8057
- Grand Blanc..... (810) 953-9156
- Swartz Creek (810) 630-0585
- LifeSource Direct..... (866) 340-4748
- Luea Pharmacy(810) 635-3355
- Meijer - Select free prescriptions
- Flint (810) 235-2711
- Swartz Creek (810) 635-1400
- Michigan’s Prescription Drug Discount Card- miRx
..... (866) 755-6479
- Individuals with no prescription drug coverage
- NeedyMeds (800) 503-6897
- RX Outreach.....(800) 769-3880
- RxAssist www.rxassist.org

Pharmaceutical company assistance programs.

- Sam’s Club \$4/\$10 prescription program
- Flint (810) 733-0741
- Grand Blanc (810) 603-9702
- Town Center Pharmacy(810) 232-9100
- Wal-Mart\$4/\$10 prescription program
- Burton (810) 744-2984
- Clio (810) 564-4278
- Fenton (810) 750-3735
- Flint (810) 733-5055
- Grand Blanc (810) 603-9765

Walgreens

- Davison..... (810) 653-4020
- Fenton (810) 629-3134
- Flint (810) 234-0317

- Flushing (810) 659-1062
- Grand Blanc (810) 695-4623

RETAIL DISCOUNT DRUG PROGRAMS

Prescription Drop-Off

- Borden’s Pharmacy(810) 686-4550
- Davison City Police Department.....(810) 653-4196
- Diplomat Specialty Pharmacy(810) 732-8720
- Fenton City Police Department..... (810) 629-5311
- Flint Township Police Department...(810) 600-3250
- Flushing City Police Department.....(810) 659-3119
- Genesee County Free Medical Clinic (810) 235-4211
- Grand Blanc Township Police Department
.....(810) 424-2611
- Linden Pharmacy(810) 230-8300
- Mott Community College Public Safety
.....(810) 762-0222
- Town Center Pharmacy.....(810) 232-9100
- Union Prescription Center(810) 686-2900

Substance Abuse

- 24-hour addiction helpline(800) 838-1752
- Alcoholics Anonymous (810) 234-0815
- Community Recovery Services..... (810) 744-2530
- Hope Network(810) 600-5001
- JAMS (Drug Testing)..... (810) 695-9224
- Michigan Substance Use referral..... (888)995-3120
- Narcotics Anonymous (NA) Hotline..(877) 338-1188
- New Paths(810) 233-5340
- Office of Indian Alcohol and Substance Abuse
..... (240) 276-2400
- Sacred Heart Rehabilitation (810) 732-1652
- SAMHSA’s National Helpline (800) 662-HELP
- SEMCA (Substance Abuse) (800) 686-6543
- Substance Abuse Hotline (800) 662-4357
- Substance Use Treatment Services (800) 834-3393
- 24-hours, 7-days- referral to treatment

Vision Providers

- East Michigan Eye Center (810) 238-3603
- Michigan Eye Institute
 - Flint, MI (810) 733-7111
 - Fenton, MI..... (810) 629-7900
 - Grand Blanc, MI (810) 694-8400
- Michigan Vision Institute (810) 750-1975
- Valley Eye Consultants (810) 733-5535
- Vision Screening..... (810) 257-3193

HOUSING ASSISTANCE

Emergency Shelters & Warming Centers

- Building Strong Women (810) 234-7933
- Carriage Town Ministries- Family Center
..... (810) 238-6847
- Flint Adult Rehabilitation Center- Salvation Army
..... (810) 234-2678
- Flint Odyssey House (810) 235-9555
- My Brother’s Keeper (810) 234-1163

**Heating/Utility Assistance & Home
Repairs/Weatherization**

- Home Improvement Program..... (810) 257-3010
- Home Maintenance/ Weatherization
..... (810) 787-9747
- Metro Planning Commission..... (810) 257-3010
- Environmental Health Services - Lead Protection
(Removal, Public Education of Control Measures)
..... (810) 257-3603
- The Heat and Warmth Fund (800) 866-8429
- USDA Rural Development (202) 720-2791

Low Income Housing

- Action Agency (800) 443-5518
- Arc Group Living Facilities..... (810) 234-9461
- Burton Place..... (810) 742-2030
- Cambridge Square of Flint (810) 733-1270
- Cranbrook Village Cooperative (810) 785-2661
- Dauner Haus..... (810) 629-7140
- Home Stretch Nonprofit Housing ... (231) 947-6001
- Kings Lane Apartments (810) 341-1740
- Miller Farms (810) 635-2922
- Riverbend Apartments..... (810) 695-0089
- River Park (810) 736-3088
- Rental & Purchase
HUD Rental Assistance..... (800) 569-4287
- Metro Community Development..... (810) 767-4622
- Mission of Peace Community Development
..... (810) 232-0104
- USDA Rural Development (800) 944-8119

LEGAL ASSISTANCE

- Genesee County Clerk’s Office-Legal Division
..... (810) 257-3220
- FOIA (Freedom of Information Act) Requests
..... (517) 241-1934

PARENTING/PREGNANCY RESOURCES

- 24-Hour Crisis Line (800) 275-1995
- Breast Feeding Hotline (800) 994-9662

Childcare Assistance (585) 344-2580
 Ext. 6423
 Child Safety Seat Inspection(866) Seat-Check
 Family Planning (810) 237-4538
 Foster Care (810) 257-3518
 Healthy Kids/MiChild Insurance (810) 257-3039
 Healthy Start (810) 237-6166
 LA Leche League (800) 525-3243
 Parent Help Line..... (800) 942-4357
 24-hour parent support
 The Family Center for Children and Youth with
 Special Health Care Needs (800) 359-3722
 YWCA (Women’s support) (810) 238-7621

SUPPORT GROUPS

McLaren Grief Support (810) 496-8625
 McLaren Hospice Bereavement Support Group
 (810) 496-8625
 McLaren Weight Loss Surgical Support Group
 (888) 342-5470
 McLaren Adult Diabetes Education . (810) 342-5506
 Alzheimer’s Support Group(800) 228-1484
 American Cancer Society (800) 925-2271
 www.cancer.org
 • Macomb County 810) 263-8000
 • Oakland County (248) 557-5355
 • Wayne County (734) 425-6845
 Cancer Support Group (810) 235-8568
 Community Stroke Support (810) 606-6520
 Ele’s Place (810) 232-3040
 Epilepsy Foundation of Michigan (800) 377-6226
 Genesys Hurley Cancer Institute
 (888) 762-8675
 Hospice Bereavement Support Group
 (810) 234-8673
 Huntington’s Disease Society of America
 (800) 909-0073
 Leukemia Foundation of Michigan...(800) 825-2536
 Leukemia Lymphoma Society (800) 456-5413
 Leukemia Society of America ... www.leukemia.org
 Michigan HIV/AIDS Hotline(800) 872-2437
 National Cancer Institute www.cancer.gov
 Parkinson’s Support Group(800) 852-9781
 Stop Smoking Support Group (800) 784-8669
 Support Services – Beaumont
 • Loss of child or pregnancy quietrefuge.com

- Pregnancy loss, stillbirth, or neonatal death
 babyloss.com
- Pregnancy and newborn loss
 marchofdimes.com

TRANSPORTATION

Auto Safety Hotline..... (888) 327-4236
 Disability & Elderly Services (810) 767-0100
 Hope Network (medical appt.)(810) 600-5001
 Mass Transportation Authority (MTA)
 (810) 767-6950
 Disabled American Veterans, Chapter #3
 (810) 742-9220

TRIBAL SERVICES

Department of Civil Rights (800) 482-3604
 Michigan Indian Legal Services (231) 947-0122
 Office of Indian Alcohol and Substance Abuse
 (240) 276-2400

VETERANS AFFAIRS

American Legion
 • Grand Blanc, MI (810) 579-1592
 • Flint, MI (810) 732-7660
 Disabled American Veterans..... (989) 348-5645
 Michigan Veterans Affairs..... (800) 642-4838
 Disabled American Veterans, Chapter #3
 (810) 742-9220
 Genesee County Department of Veterans Services
 (810) 257-3068
 Paralyzed Veterans of America (800) 638-6782
 Veterans Affairs Ann Arbor (800) 361-8387
 Veterans Outpatient Clinic (Flint) ... (810) 720-2913
 Veterans Administration..... (800) 827-1000
 Veterans of Foreign Wars
 • Fenton, MI..... (810) 629-3700
 • Flint, MI (810) 230-8410
 VA Benefits (800) 827-1000
 Veteran’s Transport Service..... (810) 239-7600
 Veterans Affairs (844) 698-2311
 VETERANS Toll Free numbers ... iris.custhelp.va.gov
 Vietnam Veterans of America..... (810) 232-7773

VOLUNTEER OPPORTUNITIES

Big Brother Big Sister (810) 235-0617

Food Bank of Eastern Michigan (810) 239-4441
Habitat for Humanity (810) 766-9089
Love Inc. (810) 235-4990
Meals on Wheels..... (800) 632-7334
• Local (810) 235-5267
Make-A-Wish Foundation (800) 622-9474
.....ext. 121
North End Soup Kitchen..... (810) 785-6911

Outreach East..... (810) 653-7711
Paws Animal Rescue (810) 635-9649
Red Cross..... (810) 257-0747
Salvation Army Flint Citadel Corps Community
Center..... (810) 232-2199
St. Luke N.E.W. Life Center (810) 239-8710
Wellness Aids Services (810) 232-0888
YWCA (810)238-7621

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.