

Ionia County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

March 2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

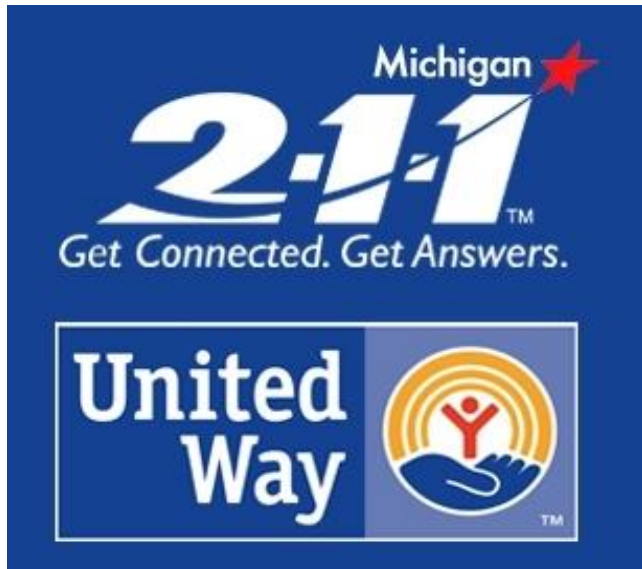
2021

Ionia
County
Community
Resource
Guide

[A guide to services in your Community]

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ABUSE & PROTECTIVE SERVICES

- Children & Adult Protective Services (CPS).....(855) 444-3911
- Common Ground Crisis Line (800) 231-1127
- Equality Michigan..... (313) 537-7000
- Faith Trust Institute..... (206) 634-1903
- HAVEN Crisis Line (877) 922-1274
- Love Is Respect Hotline (866) 331-9474
- Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)..... (517) 347-7000
- Narcotics Anonymous 24/7 (800) 230-4085
- National Domestic Violence Helpline (800) 799-7233
- RAINN (Rape & Incest National Network) (800) 656-4673
- Stop It Now! Hotline (888) 773-8368
- Victim Connect (stalking hotline)..... (855) 484-2846
- Human Trafficking Hotline (888)-373-7888
– Help@humantraffickinghotline.org
- Suicide Prevention Hotline (800)-273-8255
- National Suicide Prevention Lifeline..... (800) 273-8255
- Crisis Hotline<https://13reasonswhy.info/>
- Crisis Hotline TEXT Reason to 741741
- Relief After Violent Encounters (800) 720-7233
- Ionia County

ADULT AGING SERVICES

- Alzheimer’s Association & Helpline . (800) 272-3900
- DHS..... (616) 527-5200
- Ionia, MI 48846
- Ionia Senior Center (888) 527-5365

- Commission on Aging..... (616) 527-5365
- Ionia, MI 48846
- Area Agency on Aging..... (616) 456-5664
- Grand Rapids, MI 49525
- Adult Home Help/Chore Services (800) 292-2550
- Elder Care Services..... (800) 677-1116
- HAP Senior Plus (800) 868-3153
- McLaren Home Care (866) 323-5974
- Medicare (800) 633-4227
- Social Security (800) 325-0778

ALZHEIMER’S & DEMENTIA SUPPORT

- Alzheimer’s Association and Helpline (800) 272-3900

ANIMAL SUPPORT

Animal Shelters

- Animal Control & Shelter (616) 527-9040

COUNTY/CITY RESOURCES

- District Court (616) 527-5346
- City of Belding (616) 794-1900
- Belding, MI 48809
- City of Ionia (616) 527-4170
- Ionia, MI 48846
- Ionia Township..... (616) 527-5300
- Ionia, MI 48846
- City of Portland (616) 647-7531
- Ionia, MI 48875
- Portland Township (616) 647-6643
- Portland, MI 48875
- Village of Clarksville (616) 693-2711
- Clarksville, MI 48815
- Village of Lake Odessa (616) 374-7110
- Lake Odessa, MI 48849
- Village of Lyons (989) 855-2125
- Lyons, MI 48851
- Lyons Township..... (989) 855-2016
- Lyons, MI 48851
- Village of Muir..... (989) 855-2144
- Muir, MI 48860
- Village of Pewamo (989) 593-2553
- Village of Saranac..... (616) 642-6324
- Saranac, MI 48881
- Orleans Township (616) 761-3111
- Orleans, MI 48865
- Ionia Theatre..... (616) 527-3350
- Ionia, MI 48846

DISABILITY RESOURCES

Bureau of Services for the Blind Persons
..... (800) 292-4200
Vocational Rehabilitation
Michigan Rehabilitation Services- DHS
..... (616) 527-5200
Ionia, MI 48846
City of Ionia (616) 527-4170
Ionia, MI 48846
Disability Network of MI (800) 782-4160
..... www.dnmichigan.org/cil-directory
Disability Network..... (616) 949-1100
Grand Rapids, MI 49546
EightCAP Inc. (616) 527-2337
Ionia, MI 48846
Paralyzed Veterans of America (800) 638-6782

Children with Special Needs

Bridges4Kids.....info@bridges4kids.org
Ionia County
Children's Special Health Care Services
..... (800) 359-3722
Ionia County
Ionia Public Schools-Special Education
..... (616) 527-9280
Ionia, MI 48846
EightCAP Inc. (616) 545-2093
Orleans, MI 48865
Ionia County Community Mental Health
..... (616) 527-1790
Ionia, MI 48846
Family Center for Children & Youth with
Special Needs..... (800) 359-3722

EDUCATION & TRAINING

Adult Programs

Belding Adult and Community Education High
School..... (616) 794-4646
Belding, MI 48809
Adult Education..... (517) 647-2987
Portland, MI 48875

Childcare Centers & Preschools

DHS..... (616) 527-5200
Ionia County
Belding Head Start (616) 794-9687
Belding, MI 48809
Horizons Daycare (269) 838-2786
Ionia, MI 48846

Levalley Christian Child Care..... (616) 527-4890
Ionia, MI 48846
Eightcap Inc..... (616) 527-2337
Ionia, MI 48846
Sunny Bunch Christian Day Care..... (517) 647-6088
Portland, MI 48875
Kid's World Learning Center (616) 794-2922
Belding, MI 48809
Little Angels Daycare..... (989) 587-6780
Portland, MI 48875
Beginnings Roots Child Development Center LLC
..... (616) 374-7030
Lake Odessa, MI 48849

Libraries

Belding Memorial Library..... (616) 794-1450
Belding, MI 48809
Clarksville Area Library..... (616) 693-1001
Clarksville, MI 48815
Lake Odessa Community Library..... (616) 374-4591
Lake Odessa, MI 48849
Lyons Village Library (989) 855-3414
Lyons, MI 48851
Palo Community School District Public Library
..... (989) 637-4359
Palo, MI 48870
Portland District Library (517) 647-6981
Portland, MI 48875
Saranac Public Library (616) 642-9146
Saranac, MI 48881

Elementary Schools

A.A. Rather School (616) 517-1720
Ionia, MI 48846
Clarksville School..... (616) 693-2175
Clarksville, MI 48815
Coon School (616) 527-2569
Ionia, MI 48846
Ellis Elementary..... (616) 794-4100
Belding, MI 48809
Emerson School..... (616) 527-8018
Ionia, MI 48846
Haynor School (616) 527-0089
Ionia, MI 48846
Jefferson School (616) 527-2740
Ionia, MI 48846
North LeValley Elementary School .. (616) 527-0787
Ionia, MI 48846
Oakwood Elementary School..... (517) 647-2991
Portland, MI 48875

Pewamo Elementary School (989) 593-3488
 Pewamo, MI 48873
 R.B. Boyce Elementary School (616) 527-0571
 Ionia, MI 48846
 Saranac Elementary School..... (616) 642-1200
 Saranac, MI 48881
 Twin Rivers Elementary School..... (989) 855-3333
 Muir, MI 48860
 Westwood Elementary (517) 647-2989
 Portland, MI 48875
 Woodview Elementary..... (616) 794-4750
 Belding, MI 48809

Middle Schools

Belding Middle School (616) 794-4400
 Belding, MI 48809
 Ionia Middle School (616) 527-0040
 Ionia, MI 48846
 Portland Middle School..... (517) 647-2985
 Portland, MI 48875
 Saranac Jr. /Sr. High School..... (616) 642-1100
 Saranac, MI 48881

High Schools

Belding High School (616) 794-4900
 Belding, MI 48809
 Douglas R. Welch High School (616) 527-3530
 Ionia, MI 48846
 Ionia High School (616) 527-0600
 Ionia, MI 48846
 Lakewood High School..... (616) 374-8868
 Lake Odessa, MI 48849
 Portland High School..... (517) 647-2981
 Portland, MI 48875

Charter Schools

Threshold Academy (616) 761-2296
 Orleans, MI 48865
 Grattan Academy (616) 691-8999
 Belding, MI 48809

Special Education

Freedom Acres School (616) 527-2921
 Ionia, MI 48846
 Independent Living Center..... (616) 527-0542
 Ionia, MI 48846
 Michigan Reformatory High School
 (616) 527-2500
 Ionia, MI 48846
 Belding Bible Church (616) 244-3499
 Belding, MI 48809

Colleges/Career Centers

Tuition Incentive Program (TIP) (888) 447-2687
 Montcalm Community College (616) 527-3319
 Ionia, MI 48846
 Benz Aviation (616) 527-9070
 Ionia, MI 48846

Youth Programs

DHS..... (616) 527-5200
 Ionia County
 Ionia County Youth Service Bureau
 (616) 527-5332
 Ionia, MI 48846
 YMCA..... (616) 527-5760
 Ionia, MI 48846

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police911
 United Way (616) 794-9840
 Ionia, MI 48846
 American Red Cross (800) 733-2767

Law Enforcement

Police and Fire Departments:
 Sheriff's Office..... (616) 527-5737
 Ionia, MI 48846
 Michigan State Police..... (616) 527-3600
 Ionia, MI 48846
 Ionia Police (616) 527-4431
 Fire (616) 527-0400
 Portland Police (517) 647-2934
 Fire (517) 647-4111
 Lake Odessa Police..... (616) 374-8845
 Belding Police..... (616) 794-1900
 Fire (616) 794-1900
 Lyons Fire (989) 855-2814
 Pewamo Fire (989) 593-3322
 Saranac Fire..... (616) 642-6000

EMPLOYMENT ASSISTANCE

Unemployment Office Hotline..... (866) 500-0017
 Michigan Works (616) 389-8525
 Ionia, MI 48846
 Ionia County Community Mental Health
 (616) 527-1790
 Ionia, MI 48846
 Ionia Public Schools Virtual Career Center
 (616) 523-4500
 Ionia, MI 48846
 Manpower..... (616) 527-6688
 Ionia, MI 48846

Michigan Department of Career Development
..... (616) 522-0481
Ionia, MI 48846

FINANCIAL ASSISTANCE

MSHDA: Step Forward (866) 946-7432

Tax Assistance

H & R Block
Ionia, MI 48845..... (616) 527-1040
Portland, MI 48845..... (517) 647-7697
Income Tax Services..... (616) 794-4017
Belding, MI 48809
Mid-Michigan Tax Services (616) 527-1070
Ionia, MI 48846
My Free Taxes www.myfreetaxes.com

FITNESS, RECREATION & REHABILITATION

Parks & Recreation

Ionia County Parks and Recreation.. (616) 522-7275
Ionia, MI 48846
Bertha Brock Park Perry Park
Balice Park Hale Park
Fun Forest/McConnell Park Harper Park
McCann Park Robinson Park
Shattuck Park Skate Park
Green View Point Park
Campgrounds..... (616) 527-3750
Equestrian-Rustic Modern
Group Use Area Camper Cabins
Trails..... (616) 527-3750
Chief Cob-Moo Sa Trail Hiking
Country Ski Trails Equestrian Trails

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Food Assistance (855) 275-6424
Food Bank Council of Michigan (Pantries)
..... www.fbmic.org/resources/find-a-food-bank
DHS..... (616) 527-5200
Ionia County
EightCAP..... (616) 527-2337
Ionia, MI48846
Goodwill Stores..... (616) 527-4439
Ionia, MI 48846
American Legion Auxiliary (616) 522-0663

Ionia, MI 48846
Muir Christian Food Pantry (989) 855-2064
Lutheran Child and Family Services . (616) 522-0145
Ionia, MI 48846
Habitat for Humanity (616) 523-6899
Ionia, MI 48846
YMCA..... (616) 527-5760
Ionia, MI 48846
American Legion (616) 642-9674
Saranac, MI 48881
St. Joseph Catholic Church..... (616) 794-2145
Belding, MI 48809
Salvation Army(989) 463-2864
Ionia County
Ionia Area Council Church Women United
..... (616) 642-9197
Ionia, MI 48846
Zion United Methodist Church (616) 527-1910
Ionia, MI 48846
Shiloh Church Food Pantry..... (616) 761-3584
Orleans, MI 48865
Saranac Community Church Food Pantry
..... (616) 642-6322
Saranac, MI 48881
First Congregational Church of Portland Food
Pantry (616) 647-6441
Portland, MI 48875
Epic Community Church..... (517) 647-7750
Portland, MI 48875
Belding Bible Church..... (616) 761-9217
Belding, MI 48809
Crossroads Community Church (616) 522-4663
Encountering Lives (616) 794-5080
Belding, MI 48809
First United Methodist Church (616) 527-1860
Ionia, MI 48846
Lincoln Ave. Baptist Church (616) 5274-0970
Manna's Market..... (269) 838-5887
Lake Odessa, MI 48849
WIC (800) 942-1636
Zion Community Food Pantry (616) 527-1910

HEALTHCARE SERVICES

Centers for Disease Control (800) 232-4636
Ionia Health Dept..... (616) 527-5341
Veteran Affairs (844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute (800) 527-6266
McLaren Greater Lansing (517) 975-6000
McLaren Home Care (866) 323-5974
Ionia County Memorial Hospital (616) 527-4200
Ionia, MI 48846
Sparrow Ionia Hospital..... (616) 523-1400
Ionia, MI 48846
Helen Devos Children's Hospital (866) 989-7999
Clinics:
Davita Dialysis Center (616) 522-0265
Ionia, MI 48846
Ambulatory Care Clinic (616) 522-9110
Ionia, MI 48846
Sparrow Ionia Walk-in Care Clinic.... (616) 523-1644
Ionia, MI 48846
Inner Access Therapy Center (616) 527-2619
Ionia, MI 48846
Pennock Ionia Center (616) 775-7500
Ionia, MI 48846
Family Health Center-Portland (517) 647-6722
Portland, MI 48875
Lyons Clinic of Family Medicine (989) 855-3345
Ionia, MI 48846
Lake Odessa Diagnostic Center (616) 374-1684
Lake Odessa, MI 48849
Family Medical Center (989) 855-3700
Muir, MI 48860
Total Health Center..... (616) 374-0099
Lake Odessa, MI 48849
Family Medical Center (616) 374-8881
Lake Odessa, MI 48849
Patient Care Center-Belding (616) 794-0800
Belding, MI 48809
Saranac Chiropractic Center (616) 642-9455
Sparrow Medical Group Muir (989) 855-2755
Muir, MI 48846

Dental Resources

Dental Lifeline Network(303) 534-5360
.....<http://dentallifeline.org/michigan>
Donated Dental services for people with physical
and mental disabilities.
Denver, CO
Ionia Family Dentistry (616) 527-4930
Ionia, MI 48846
119 Bridge Dental Care (517) 647-4511
Portland, MI 48875

Super Smiles Dental (517) 647-6205
Portland, MI 48875
Saranac Dental Care..... (616) 642-9478
Saranac, MI 48881
Flat River Dentistry (616) 794-0490
Belding, MI 48809
Ionia Oral Surgery (616) 523-9000
Ionia, MI 48846
Medicaid Dentists (LCC)..... (517) 483-1458

Medical Equipment & Loan Closets

ALS of Michigan..... (800) 882-5764
Equipment loan program for ALS and PLS patients
only
United Cerebral Palsy Michigan..... (800) 828-2714
Michigan Assistive Technology Loan Fund and
Michigan Employment Loan Fund
Muscular Dystrophy Association (800) 572-1717
Medical equipment loan closets in Michigan
Muscular Dystrophy Association (517) 706-0348
Patients with Neuromuscular Disease
All Michigan Counties
CPAP, BiPAP, Auto CPAP/BiPAP, ASV, AVAPS
All Michigan Counties
Project Freedom (734) 240-2565
Overhead Home Lifts
All Michigan Counties
Sparrow Medical Supply (616) 522-0515
Ionia, MI 48846
Rite Aid
Ionia, MI 48846 (616) 527-4300
Belding, MI 48809 (616) 794-2200
Portland, MI 48875 (517) 647-4704
Walgreens Pharmacy (616) 522-9175
Ionia, MI 48846

Mental Health & Counseling Services

Problem Gambling Help-Line (800) 270-7117
24-hours, 7-days
DHS..... (616) 527-5200
Ionia County
Ionia County Mental Health..... (616) 527-1790
Ionia, MI 48846
Inner Access Therapy Center (616) 527-2619
Ionia, MI 48846
Ionia County Community Mental Health
Orleans, MI 48865..... (616) 761-3151
MSHN-Mid State Health Network .. (844) 405-3094
Portland, MI 48875 (517) 647-2128
Ionia, MI 48846

National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 The Right Door (888)527-1790
 Viewpointe Counseling (616) 523-6537
 Ionia, MI 48846
 Northpoint Counseling..... (616) 523-6677
 Ionia, MI 48846
 Catholic Charities (616) 522-0836
 Ionia, MI 48846
 Personal Counseling Services..... (616) 527-0326
 Ionia, MI 48846
 Four Health Family Resources (616) 642-6466
 Saranac, MI 48881
 SEMCA (800) 686-6543

Pharmacies & Prescription Assistance

Partnership for Prescription Assistance
www.pparx.org
 RxAssistwww.rxassist.org
 Database of medication assistance programs
 RX Outreach (800) 769-3880
 LifeSource Direct..... (866) 340-4748
 Uninsured and Underinsured
 NeedyMeds..... (800) 503-6897
 Resource for medication assistance programs
 Elder Prescription Insurance Program
 (866) 747-5844
 Senior Prescription Drug Assistance
 MMAP (800) 803-7174
 Michigan Medicare/Medicaid Assistance Program
 Rite Aid Pharmacy
 Ionia, MI 48846..... (616) 527-4300
 Belding, MI 48809..... (616) 794-2200
 Portland, MI 48875..... (517) 647-4704
 Meijer Pharmacy..... (616) 527-5110
 Ionia, MI 48846
 Walker Pharmacy..... (616) 374-3190
 Lake Odessa, MI 48849
 Tom’s Pharmacy..... (517) 647-7373
 Portland, MI 48875
 Walgreens Pharmacy (616) 522-9175
 Ionia, MI 48846
 Wal-Mart Pharmacy..... (616) 527-3904
 Ionia, MI 48846

(\$4/\$10 prescription program)

Belding, MI 48809

Ask pharmacist about programs offered:

Meijer Walgreens Wal-Mart
 Kroger Sam’s Club Rite-Aid

Ionia County Community Resources Updated March 2021

Substance Abuse

CDC Hotline..... (800) 232-4636
 Comp. Recovery Services (Ionia) (616) 522-0687
 MSHN-Mid State Health Network.. (844) 405-3094
 Narcotics Anonymous (NA) Hotline
 (877) 338-1188
 Substance Abuse Hotline (800) 662-4357
 ICSAI (616) 527-5341
 Ionia, MI 48846
 Social Service Department..... (616) 527-5200
 Ionia, MI 48846
 Ionia County Memorial Hospital..... (616) 527-4200
 Ionia, MI 48846
 Alcoholics Anonymous..... (616) 913-9149
 Michigan Substance Abuse (866) 520-2708
 Helpline 24/7

Vision Assistance

Vision USA (800) 766-4466
 Assistance with eye exams
 Mission Commission for the Blind .. (800) 292-4200
 Wal-Mart Vision Center (616) 527-5894
 Ionia, MI 48846
 Advanced Eye Care Professionals (616) 522-1000
 Ionia, MI 48846
 Grand Rapids Ophthalmology..... (616) 949-2600
 Ionia, MI 48846
 Rx Optical (616) 527-9279
 Ionia, MI 48846
 Pearle Vision (616) 527-3640
 Ionia, MI 48846
 Dr. Randy Riemer (517) 647-2020
 Portland, MI 48875
 Belding Family Eye Care (616) 794-9088
 Belding, MI 48809
 Suzanne R. Maystead OD..... (517) 647-7515
 Portland, MI 48875
 LO Eye Care (616) 374-3284
 Lake Odessa, MI 48849
 Lansing Ophthalmology-Lakewood . (616) 374-3284
 Lake Odessa, MI 48849
 Meijer Optical (616) 522-0130
 Ionia, MI 48846

Hearing Assistance

Relay Center for Deaf and Hard of Hearing
 (800) 649-3777

HOUSING ASSISTANCE

Ionia County Housing Commission . (616) 527-9060

EightCap, Inc (866) 754-9315
 Orleans, MI 48865
 USDA Rural Development (800) 944-8119
 Onaway, MI 49765
 American Red Cross (800) 733-2767
 Veterans TOLL Free Numbers ... iris.custhelp.va.gov
 HUD Rental Assistance (800) 569-4287

**Heating/Utility Assistance & Home
 Repairs/Weatherization**

The Heat and Warmth Fund (800) 866-8429
 DHS..... (616) 527-5200
 Ionia, MI 48846
 EightCAP (616) 527-2337
 Ionia, MI 48846
 Salvation Army (989) 463-2864
 Ionia, MI 48846
 Tri-County Electric..... (800) 562-8232
 Energy Assistance..... (855) 275-6424

Apartments

Valley View Apartment (844) 644-2027
 Ionia, MI 48846
 Constantine law ionia mi
 Pine Vista Apartments (616) 527-9060
 Ionia, MI 48846
 Belleview Place Apartments (616) 522-9719
 Ionia, MI 48846
 Oak Hill Apartments..... (616) 527-8900
 Ionia, MI 48846
 Crosswinds Apartments (616) 527-9543
 Ionia, MI 48846
 Wooded View Apartments (616) 527-6266
 Ionia, MI 48846
 Green Acres Retirement Living (616) 527-3300
 Ionia, MI 48846
 Lakewood Apartments..... (616) 642-6830
 Saranac, MI 48881
 Muir Apartments..... (989) 855-3140
 Muir, MI 48860
 West Meadows (616) 527-9060
 Ionia, MI 48846
 Valley View Senior Housing (616) 527-8929
 Ionia, MI 48846
 Flats on the River LLC..... (616) 794-0370
 Belding, MI 48809
 Golden Bridge Manor..... (517) 647-0707
 Portland, MI 48875
 Jacklyn Apartments..... (616) 794-2405

Belding, MI 48809
 Emerson Manor Apartments (616) 374-4160
 Lake Odessa, MI 48849
 Portland Apartments (517) 647-4910
 Portland, MI 48875
 Brentwood Apartments (616) 794-1050
 Belding, MI 48809
 Lake Manor Apartments (616) 374-7380
 Lake Odessa, MI 48849
 Crosswinds Manor (616) 794-1588
 Belding, MI 48809
 Bear Creek Villa (616) 693-2271
 Clarksville, MI 48815
 Countryside Apartments (844) 239-6091
 Pewamo, MI 48873
 Carriage House Apartments..... (517) 647-4910
 Portland, MI 48875

LEGAL ASSISTANCE

Legal Aid Legal Service (517) 394-2985
 Legal Hotline for Michigan Seniors .. (800) 347-5297
 Constantine Law..... (616) 527-7570
 Ionia, MI 48846
 USDCO (616) 527-3584
 Ionia, MI 48846
 Lincoln's Law Office (616) 374-8816
 Lake Odessa, MI 48849
 Social Security Administration (800) 772-1213

PARENTING/PREGNANCY RESOURCES

Child Safety Seat Inspection (866) Seat-Check
 LA LECHE (800) 525-3243
 Women's Health Resource (800) 994-9662
 Parent Help Line (800) 359-3722
 24-hour parent support
 Planned Parenthood (616) 527-3340
 Ionia, MI 48846
 Sparrow Ionia Hospital..... (616) 523-1400
 Ionia, MI 48846
 Pregnancy Services (616) 527-4626
 Ionia, MI 48846
 Catholic Charities (616) 522-0836
 Ionia, MI 48846

SUPPORT GROUPS

Area on Aging (800) 858-1637
 Common Ground Crisis Line (800) 231-1127

Disability Network of MI (800) 782-4160
 www.dnMichigan.org/cil-directory
 Equality Michigan (313) 537-7000
 Epilepsy Foundation of Michigan..... (800) 377-6226
 National Human Trafficking Resource Center
 (888) 373-7888
 Relief After Violent Encounters (800) 720-7233
 Ionia, MI 48846
 Parkinson's (800) 852-9781
 Parkinson Support Group (616) 693-2121
 Ionia, MI 48846
 RAINN (Rape & Incest National Network)
 (800) 656-4673
 GRASP (616) 523-6141
 Ionia, MI 48846
 Ryan's Friends (616) 523-6141
 Ionia, MI 48846
 Alcoholics Anonymous (800) 913-9149
 Families' Anonymous, Narcotics Anonymous and
 SMART (616) 527-5341
 Ionia, MI 48846
 The Compassionate Friends (616) 430-0905
 Grand Rapids, MI 49503
 National Alliance for Grieving Children
 (866) 432-1542
 Women's Health Resource Line..... (800) 994-9662

TRANSPORTATION

Michigan Education Transportation Services
 (517) 647-7684
 Portland, MI 48875
 Auto Safety Hotline (888) 327-4236
 Karmonos Cancer Institute (800) 527-6266
 Dial-a-Ride
 Ionia, MI 48846 (616) 527-4000
 Belding, MI 48809 (616) 794-3278

TRIBAL SERVICES

Department of Civil Rights (517) 335-3165
 Michigan Indian Legal Services (231) 947-0122
 MDHHS Native American Affairs Office
 (517) 335-7782
 Michigan Indian Employment and
 Training Services (800) 591-8820
 Michigan Indian Tuition Wavier (517) 241-7748
 U.S. Office of Indian Education (202) 260-3774

VETERANS AFFAIRS

Michigan Veterans Affairs (800) 642-4838
 Veterans Administration (800) 827-1000
 Veteran Affairs (844) 698-2311
 CHAMPVA (866) 229-7389
 Veterans Crisis Line (800) 273-8255
 Wounded Warrior Resource Center (888) 997-2586
 Veterans Trust Fund Agent (800) 642-4838
 Ionia, MI 48846
 Veterans Employment Rep (616) 527-1360
 Michigan Works, Ionia, MI 48846
 Veterans of Foreign Wars
 Lyons, MI 48851 (989) 855-2608
 Portland, MI 48875 (517) 647-4980
 Lake Odessa, MI 48849 (616) 374-8149
 Belding, MI 48809 (616) 794-9624
 American Legion
 Saranac, MI 48881 (616) 642-9674
 Belding, MI 48809 (616) 794-2841
 Hubbardston, MI 48845 (989) 981-6527

Self-Management

PATH Workshops (616) 632-7881
 Email demitzch@msu.edu

VOLUNTEER OPPORTUNITIES

Ionia County Literacy Council (616) 389-8529
 Ionia, MI 48846
 Ionia Area Hospice (616) 527-0681
 Ionia, MI 48846
 Pewamo Fire Department (989) 593-3322
 Pewamo, MI 48873
 Sparrow Ionia Hospital (616) 523-1400
 Ionia, MI 48846
 Faith Community Christian School .. (616) 794-3451
 Belding, MI 4880
 Belding Fire Department (616) 794-1900
 Belding, MI 48809
 Commission on Aging (616) 527-5365

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits)</u> <u>Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to <u>Urgent Care Facility for treatment</u></p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest <u>Hospital Emergency Department</u></p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.

