

Midland County

Community Resource Guide



Resources assembled by

:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

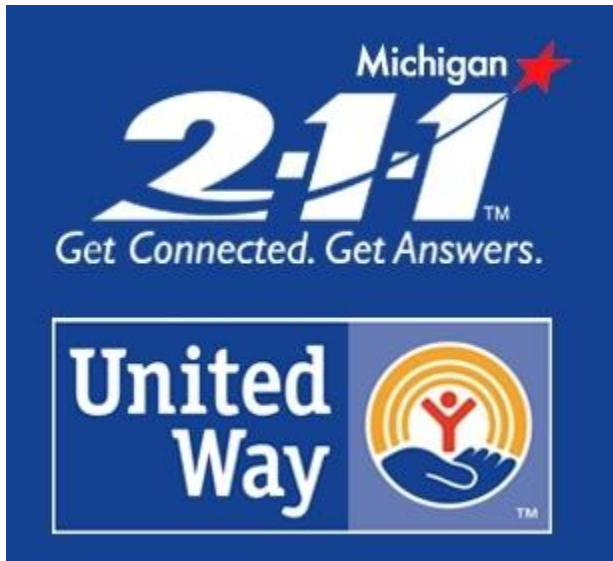
Midland
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

- Common Ground Crisis Line (800) 231-1127
- Equality Michigan..... (313) 537-7000
- Love Is Respect Hotline (866) 331-9474
- Michigan Coalition to End Domestic & Sexual
Violence (MCEDSV) (517) 347-7000
- Children & Adult Protective Services(CPS)
..... (855) 444-3911
- LGBT Hotline.....(212) 714-1141
- National Council on Alcoholism & Drug Dependence
.....(800) 622-2255
- National Domestic & Sexual Violence Helpline
..... (800) 799-7233
- National Human Trafficking Resource Center
.....(888) 373-7888
- RAINN (Rape & Incest National Network)
..... (800) 656-4673
- Safe & Sound Child Advocacy Center - Midland
..... (989) 835-9922
- Shelterhouse
Crisis Line.....(877) 216-6383
Midland.....(989) 835-6771
- Stop It Now! Hotline (888) 773-8368
- Suicide Prevention.....(800) 273-8255
- Victim Connect (stalking hotline).....(855) 484-2846

ADULT AGING SERVICES

- Area on Aging.....(800) 858-1637
- Eldercare Locator.....(800) 677-1116
Website.....eldercare.acl.gov

- HAP Senior Plus.....(800) 868-3153
- Midland County Dept of Health & Human Services
.....(989) 835-7040
- Midland County Senior Services.....(989) 633-3700
Meals on Wheels
- Medicare(800) 633-4227
- Medicare/Medicaid Assistance Program (MMAP)
.....(800) 803-7174
- McLaren Home Care.....(866) 323-5974
- Mid-Michigan Community Action Agency
.....(989) 832-7377
- Social Security Administration(800) 772-1213

Adult Day Services

- Midland County Council on Aging(989) 633-3700
- Coleman(Coleman).....(989) 465-6216
- Greendale(Shepard).....(989) 832-8683
- Mills(Midland).....(989) 633-3788
- Sanford(Sanford).....(989) 687-7888
- Trailside(Midland).....(989) 633-3790
- The Caring Place.....(989) 837-8773
Midland

Adult Foster Care

- Brooks Road AFC Home..... (989) 832-8285
- Freeland
- Cook’s AFC #2 (989) 695-9877
- Hemlock
- Jefferson St. AFC(989) 486-8333
Midland
- Rhonda’s House..... (989) 832-9748
Freeland

Alzheimer and Dementia Care

- Alzheimer’s Association Helpline(800) 272-3900

Assisted Living

- Applewood Assisted Living..... (989) 772-1866
- Mt. Pleasant
- Cascade Senior Living..... (989) 832-3700
Midland
- Coleman Fields Assisted Living.....(989) 450-8323
Coleman
- Marshal Manor Assisted Living(989) 631-1266
Midland
- Mt. Forest Senior Living.....(989) 488-9135
Midland

Animal Support

Animal Shelters

Humane Society of Midland County..(989) 835-1877
Midland County Animal Control.....(989) 832-6856
River Rock Animal Hospital.....(989) 750-7222
M-20 Animal Hospital.....(989) 631-7170

COUNTY RESOURCES

COUNTY OFFICES

Administrative Offices..... (989) 832-6797
Clerk (989) 832-6739
Environmental Health Division .. (989) 832-6679
Health Dept..... (989) 832-6380
Treasurer..... (989) 832-6850

CITIES/VILLAGES

Coleman (989) 465-6961
Midland (989) 837-3300
Sanford..... (989) 488-4578

TOWNSHIPS

Edenville..... (989) 689-3655
Geneva (989) 465-0723
Greendale..... (989) 317-3337
Homer (989) 631-4399
Hope..... (989) 689-3056
Ingersoll..... (989) 695-5200
Jasper (989) 681-5570
Jerome..... (989) 488-4578
Larkin..... (989) 835-6399
Lee..... (989) 832-2874
Lincoln..... (989) 374-2220
Midland (989) 835-8866
Mills..... (989) 689-4668
Mount Haley (989) 839-0123
Porter (989) 842-5695
Warren (989) 465-9811

COURTS

42nd Circuit Court (989) 832-6735
75th District Court..... (989) 832-6700
Juvenile Court (989) 832-6886
Probate Court..... (989) 832-6880
Friend of the Court..... (989) 832-6801
Detention/Corrections
 Adult..... (989) 832-6646
 Juvenile (989) 837-6080

DISABILITY RESOURCES

Arnold Center – Midland.....(989) 631-9570
The ARC of Midland.....(989) 631-4439
Children’s Special Healthcare Services
 (800) 359-3722
Disability Network of MI.....(800) 782-4160
Medicare/Medicaid Assistance Program (MMAP)
 (800) 803-7174
Michigan Commission for the Blind .(800) 292-4200
Relay Center for Deaf/Hard of Hearing.....7-1-1
 Toll Free.....(800) 833-7833
Social Security Administration(800) 772-1213
State of Michigan Division on Deaf, Blind, & Hard of
 Hearing.....Toll Free/TTY.....(313) 437-7035
United Cerebral Palsy Michigan(800) 828-2714

EDUCATION & TRAINING

Adult Programs

Education & Training Connection(989) 631-5202
Great Lakes Bay Michigan Works!....(989) 631-3073
Legacy Center for Community Success
 (989) 496-1425

College & Career Centers

Central Michigan University(989) 774-4000
Davenport University (Midland).....(989) 835-5588
Delta College(989) 686-9000
 Midland Center/Downtown.....(989) 495-4010
Northwood University (Midland)(800) 622-9000

Childcare Centers & Preschools

Black Creek Childcare.....(989) 859-5413
Campfire USA (989) 832-2295 ext 301
Coleman Family Center(989) 465-2079
Early Explorers Child Care Learning Center
 (989) 259-7579
MI Child Care Center(Kinder Kare)...(989) 965-2151
Longview Early Childhood Center....(989) 492-7700
Midland Community Center Preschool & Childcare
 (989) 832-7937
Midland County ESA.....(989) 631-5890
Midland Montessori School(989) 835-3921
Stepping Stones Day Care.....(989) 832-8588
West Midland Family Center.....(989) 832-3256

Libraries

Grace A Dow Memorial Library.....(989) 837-3430
Midland
Midland City Library(989) 837-3474
Midland
Coleman Area Library.....(989) 465-6398
Coleman

School Districts

PUBLIC

Bullock Creek Schools (989) 631-9022
Coleman Community School.....(989) 465-6060
Midland County Educational Service Agency
..... (989) 631-5890
Meridian Public Schools..... (989) 687-3200
Midland Public Schools (989) 923-5001

PRIVATE

Calvary Baptist Academy (989) 832-3341
Good Shepherd Evangelical Lutheran School
.....(989) 835-4181
Midland Montessori School.....(989) 835-3921
St. Brigid Catholic School (Roman Catholic)
..... (989) 835-9481
St. John's Lutheran School (989) 835-7041

Youth Programs

Big Brothers/Big Sisters of Midland . (989) 631-5360
Boy Scouts of America.....BeAScout.org
Coleman Family Center (989) 465-2079
Girl Scouts Heart of Michigangshom.org
Grace A. Dow Memorial Library..... (989) 837-3430
Greater Midland Community Center
..... (989) 832-7937
Junior Achievement of North
Central Michigan (989) 631-0162
Midland Area Youth Football (989) 860-7692
Midland Civic Arena (989) 837-5780
Midland County 4H (989) 832-6648
Midland Soccer Club (989) 832-0895
The Rock Youth Center - Midland (989) 835-2542
West Midland Family Center (989) 832-3256

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police..... 911

American Red Cross.....(800) 733-2767
Center for Disease Control and Prevention
..... (800) 232-4636
Emergency Management.....(989) 832-6750
Midland County Community Resources Updated 2021

Health Department.....(989) 832-6380
Poison Control(800) 222-1222
Suicide Prevention.....(800) 273-8255

Law Enforcement (Non-Emergency Numbers)

Coleman Police Department.....(989) 465-1711
Midland City Police.....(989) 631-5716
Midland County Sheriff's Office(989) 839-4600
Michigan State Police Tri-City Post...(989) 495-5555

EMPLOYMENT ASSISTANCE

Education & Training Connection(989) 631-5202
Family & Children's Services of Mid-Michigan
.....(989) 631-5390
Great Lakes Bay Michigan Works!....(989) 631-3073
Midland County Educational Service Agency
Substitute Teaching(989) 631-5890
MI Indian Employment and Training Services
.....(800) 591-8820
Mid-Michigan Community Action Agency
.....(989) 832-7377
Michigan Senior Legal Hotline.....(866) 400-9164
Unemployment Office Hotline(866) 500-0017

FINANCIAL ASSISTANCE

Mid-Michigan Community Action Agency
.....(989) 832-7377

Legal Assistance

Center for Civil Justice.....(800) 724-7441
Disability Network of MI.....(800) 782-4160
Elder Law of Michigan.....(517) 485-9164
Lakeshore Legal Aid.....(888) 783-8190
Legal Services of Eastern MI.....(800) 322-4512
Michigan Dept of Civil Rights.....(517) 335-3165
Michigan Indian Legal Services.....(231) 947-0122
Michigan Senior Legal Hotline(866) 400-9164
Social Security Administration.....(800) 772-1213
Veterans Toll Free Numbers.....iris.csthelph.va.gov

Tax Assistance

H&R Block(989) 837-0301
Jackson Hewitt Tax Service.....(989) 839-9570
Mid-Michigan Community Action Agency
.....(989) 832-7377

Taxes.....www.myfreetaxes.com

FOOD, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross – Midland (989) 631-3262
Toll Free.....(800) 733-2767
Area on Aging.....(800) 858-1637
Caregiving Network.....(989) 837-9757
Food Bank Council of Michigan (Pantries)
.....www.fbmic.org/resources/find-a-food-bank
Midland Housing Assistance Center (989) 496-9550
Midland County Dept of Health & Human Services
..... (989) 835-7040
Midland County Emergency Food Pantry
..... (989) 486-9393
Midland County Habitat for Humanity
..... (989) 496-0900
Mid-Michigan Community Action Agency
..... (989) 832-7377
Salvation Army Church..... (989) 496-2787
Sams Pantry.....(989) 631-2260
Mid MI Community Action Agency.. (989) 832-7310
WIC
WIC.....(800) 942-1636

FITNESS, RECREATION & REHABILITATION

City of Midland Parks & Recreation
..... (989) 837-6930
Coleman Family Center..... (989) 465-2079
County of Midland Parks & Recreation
.....(989) 832-6876
Dow Gardens.....(800) 362-4874
Four Seasons RV Park, Campground & Health Club
..... (989) 496-0100
Greater Midland Community Ctr (989) 832-7937
Larkin Township Park.....(989) 835-6399
Midland Civic Arena (989) 837-5780
Midland Community Tennis Center . (989) 631-6151
Pere Marquette Rail Trail.....(989) 832-6876
Pine Haven Recreational Area.....(989) 832-6874
West Midland Family Center (989) 832-3256

HEALTHCARE SERVICES

Cancer Services (989) 835-4841

Center for Disease Control and Prevention
.....(800) 232-4636
Children’s Special Healthcare Services
.....(800) 359-3722
Karmanos Cancer Institute.....(800) 527-6266
McLaren Home Care.....(866) 323-5974
Medicaid Hotline.....(800) 642-3195
Medicare/Medicaid Assistance Program
(MMAP)(800) 803-7174
Midland County Health Dept(989) 832-6380
Veteran Affairs.....(844) 698-2311

Clinics & Hospitals

McLaren Bay Region - Bay City.....(989) 894-3000
McLaren Occ. Health and Convenient Care Center
Midland.....(989) 794-4025
McLaren Bay Physical Therapy
.....(989) 794-4035
McLaren Bay Region-Midland Internal Medicine
.....(989) 486-9090
Hope Urgent Care – Midland(989) 631-9900
Midland County Health Dept(989) 832-6380
MidMichigan Medical Center - Midland
.....(989) 839-3000
MidMichigan Medical Offices at the Center for
Womens Health.....(989) 837-9060
MidMichigan Medical Offices Campus Ridge 2
.....(989) 839-6200
MidMichigan Stratford Village.....(989) 633-5350
MidMichigan Urgent Care.....(989) 633-1350
Radiation Oncology: MidMichigan Medical Center
.....(989) 839-3450
RediMed – Midland.....(989) 631-7110

Dental Resources

Aspen Dental(989) 495-2784
Delta College Dental Clinic(989) 686-9469
Dental Lifeline Network.....(517) 347-6994
Dominic Verderese, DDS.....(989) 671-3777
Homebound and persons confined to assisted
living and hospitals
Helping Hands Dental Center – Adult Medicaid
.....(989) 837-9740

Hearing Aids

Miracle Ear - Midland(989) 465-8464
Toll Free.....(888) 917-6624
Relay Center for Deaf/Hard of Hearing.....7-1-1
Toll Free.....(800) 833-7833

Medical Equipment & Loan Closets

- ALS of Michigan..... (800) 882-5764
Equipment loan program for ALS and PLS patients only
- American Legion.....(989) 832-7202
- Michigan CPAP Bank.....(734) 232-3964
- Muscular Dystrophy Association (800) 572-1717
Medical equipment loan closets in Michigan
- One-Drop Diabetes Support & Supplies
(http://onedrop.today)..... (800) 437-1474
- Paralyzed Veterans of America.....(800) 638-6782
Wheelchairs, power chairs, adaptive sports equipment, hoists, lifts, etc.
- Strive Medical – Catheters & Wound Care
..... (888) 771-9229

Mental Health & Counseling Services

- Community Mental Health for Central Michigan
..... (800) 317-0708
- Common Ground Crisis Line (800) 231-1127
- Crisis Center Inc.-Listening Ear..... (989) 772-2918
- Family & Children’s Services of Mid-Michigan
..... (989) 631-5390
- National Council on Alcoholism & Drug Dependence
.....(800) 622-2255
- National Domestic & Sexual Violence Helpline
..... (800) 799-7233
- National Human Trafficking Resource Center
.....(888) 373-7888
- Problem Gambling Help-Line 24/7 .. (800) 270-7117
- RAINN (Rape & Incest National Network)
..... (800) 656-4673
- Stop It Now! Hotline (888) 773-8368
- Suicide Prevention.....(800) 273-8255

Pharmacies & Prescription Assistance

- Inquire in person/by phone at these pharmacies:
- | | | |
|------------|----------|-----------|
| | Kroger | Meijer |
| Sam’s Club | Wal-Mart | Walgreens |
- Kroger Pharmacy – Midland (989) 835-3959
 - Meijer Pharmacy – Midland..... (989) 839-5900
 - miRx.....(866) 755-6479
 - NeedyMeds (Pharmaceutical company assistance programs)..... (800) 503-6897
 - Partnership for Prescription Assistance
.....www.pparx.org
 - Rite Aid – Midland..... (989) 631-0700
 - RxAssist)www.rxassist.org

- Pharmaceutical company assistance programs
- RX Outreach.....(800) 769-3880
- Walgreens Pharmacy
931 S Saginaw(989) 631-0910
- 1615 N Saginaw.....(989) 832-2491
- Wal-Mart Pharmacy(989) 835-6364

Substance Abuse

- Community Mental Health for Central Michigan
.....(800) 317-0708
- Family Hope Center - Bay Area Consultants
.....(989) 893-1165
- Narcotics Anonymous (NA) Hotline..(800) 230-4085
- SAMHSA Hotline(800) 662-4357
- Ten16 Recovery Network
Residential Program(800) 835-5611
- Counseling Services(989) 631-0241

Vision Providers

- Bay Eye Care Center(989) 631-9140
- Midland Eye Care(989) 636-7200
- Mid-Michigan Eye Care Center(989) 634-1670
- SVS Vision Optical Center(989) 488-1866

HOUSING ASSISTANCE

Emergency Shelters & Warming Centers

- House of Mercy.....(989) 631-2346
Women’s Shelter
- Midland’s Open Door(989) 835-2291
Men’s Shelter
- MSHDA: Step Forward.....(866) 946-7432
- Samaritas House at West Wackerly..(989) 835-7322
- Shelterhouse(877) 216-6383

Heating/Utility Assistance & Home Repairs/Weatherization

- American Red Cross.....(800) 733-2767
- Area on Aging.....(800) 858-1637
- The Heat and Warmth Fund.....(800) 866-8429
- Midland County Dept of Health & Human Services
.....(989) 835-7040
- Midland County Habitat for Humanity
.....(989) 496-0900
- Midland Housing Assistance Center.(989) 496-9550
- Mid-Michigan Community Action Agency
.....(989) 832-7377
- USDA Rural Development(517) 324-5190

Low Income Housing

Affordable Housing Alliance (989) 633-9910
HUD Rental Assistance..... (800) 569-4287
Midland County Habitat for Humanity
..... (989) 496-0900
Mid-Michigan Community Action Agency
..... (989) 832-7377
MSHDA (855) 646-7432
USDA Rural Development..... (517) 324-5190

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line (800) 275-1995
Child Safety Seat Inspection.....(866) Seat-Check
Family & Children’s Services of Mid-Michigan
..... (989) 631-5390
LA Leche.....(800) 525-3243
Life Clinic Community Resources..... (989) 835-1500
Mid-Michigan Community Action Agency
..... (989) 832-7377
National Parent Help Line 24/7 (855) 427-2736
WIC.....(800) 942-1636
Women’s Health Resource Line.....(800) 994-9662

Support Groups

ALS of Michigan..... (800) 882-5764
Alzheimer’s Association & Helpline..(800) 272-3900
Autism Society of MI.....(800) 328-8476
Common Ground Crisis Line (800) 231-1127
Disability Network of MI.....(800) 782-4160
Epilepsy Foundation of Michigan.....(800) 377-6226
Equality Michigan.....(313) 537-7000
Family & Children’s Services of Mid-Michigan
..... (989) 631-5390
HIV AIDS Hotline.....(800)872-2437
Huntington’s Disease.....(800) 909-0073
Leukemia.....(800) 456-5413
Love is Respect Hotline.....(866) 331-9474
Michigan HIV AIDS Hotline.....(800) 872-2437
Muscular Dystrophy Association.....(800) 572-1717
Narcotics Anonymous 24/7.....(800) 230-4085
National Alliance on Mental Illness (NAMI) Helpline
.....(800) 950-6264
National Council on Alcoholism Drug Dependence
.....(800) 622-2255
Parkinson’s..... (800) 852-9781
Problem Gambling Help Line.....(800) 270-7117

United Cerebral Palsy of MI.....(800) 828-2714

TRANSPORTATION

American Cancer Society Road to Recovery
.....(800) 227-2345
AAA Transport & Limo.....(989) 893-8294
Special Needs Transportation
Auto Safety Hotline.....(888) 327-4236
Caregiving Network.....(989) 837-9757
Dial-A-Ride (Midland city limit)(989) 837-6940
Midland County Senior Services.....(989) 633-3700

TRIBAL SERVICES

Department of Civil Rights(517) 335-3165
MDHHS Native American Affairs Office
.....(517) 335-7785
MI Indian Employment and Training Services
.....(800) 591-8820
Michigan Indian Legal Services.....(231) 947-0122
Saginaw Chippewa Indian Tribe.....(989) 775-4000
U.S. Office of Indian Education.....(202) 260-3774

VETERANS AFFAIRS

American Legion.....(989) 832-7202
Disabled American Veterans(877) 426-2838
Michigan Veterans Affairs(800) 642-4838
Michigan Veterans Trust Fund(517) 284-5299
Midland Chapter Disabled American Veterans
.....(586) 415-8610
Midland County Veterans Services ..(989) 832-6843
Paralyzed Veterans of America(800) 638-6782
Veterans Administration(800) 827-1000
Veteran Affairs.....(844) 698-2311
Veterans of Foreign Wars.....(989) 496-3410
Veterans Toll Free Numbers.....iris.custhelp.va.gov

VOLUNTEER OPPORTUNITIES

American Red Cross.....(800) 733-2767
Arnold Center – Midland(989) 631-9570
Midland County Senior Services.....(989) 633-3700
MidMichigan Community Action.....(989) 832-7377
Mid Michigan Medical Center – Midland
.....(989) 839-3000
Midland County Habitat for Humanity
.....(989) 496-0900
Re Store Habitat for Humanity.....(989) 835-6265

United Way of Midland County (989) 631-3670

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

| <u>Non-Urgent:</u> | <u>TeleHealth</u> | <u>Semi-Urgent:</u> | <u>Urgent:</u> |
|---|---|--|---|
| <p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches | <p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p> | <p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns | <p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood |

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.