

Instructions to Patients Undergoing Cardiac Procedures

- ♥ You are scheduled for a cardiac procedure: [] Heart Catheterization [] Coronary Intervention on ____/____/____. The Patient Service Specialist will notify you with your procedure time and when to report to the Mat Gaberty Heart Center the day before your procedure between 2-4pm.

Before the Procedure

- ♥ If not already discussed with your Cardiologist, please notify their office if you are allergic to shellfish, Iodine, or contrast media (X-ray dye).
- ♥ All patients must bring a current list of medications, the dose, and how often they are taken. If you are unsure of the name of the medication or any other detail specific to your medications, please bring the container with you to the hospital.
- ♥ No food or drink after midnight the night before your procedure unless instructed otherwise by your Cardiologist or a member of the hospital nursing staff. This includes water, coffee, juice and chewing gum. Sips of water are permitted with medications.
- ♥ No smoking after midnight the night before your procedure.
- ♥ No alcohol 24 hours before your procedure.
- ♥ No street drugs or marijuana 72 hours before your procedure.
- ♥ Take your medications (this includes Aspirin or Ecotrin) as prescribed unless otherwise instructed by your Cardiologist.
- ♥ If you take the medication **Coumadin** – you must receive additional instructions from your Cardiologist.
- ♥ **Instructions for diabetic patients:**
 - If you are on Insulin**, the Cardiac Cath Lab will call you with instructions the day before.
 - If you are on oral hypoglycemic medications, do not take your usual morning dose.
- ♥ Shower the evening before and the morning of your procedure with an antibacterial soap such as *Dial* or *Safeguard*.

Morning of the Procedure

- ♥ Brush your teeth, and shower as instructed above.
- ♥ Leave all jewelry and valuables at home.
- ♥ May wear hearing aid and/or dentures. Bring case for glasses or contact lenses.
- ♥ Wear loose clothing to the hospital.
- ♥ You must have a responsible adult present at the hospital before, during, and following the procedure.

Additional Comments

- ♥ If you are discharged home the same day as your procedure, you must have an adult drive you home and possibly stay with you the night following your procedure.
- ♥ If you have further questions, please contact the Service Specialist at (586)-493-3015 or the Cardiac Cath Lab at (586)-493-8048 [Monday – Friday, 7:00 a.m. - 5:00 p.m.].