



Dear Patient:

You have been scheduled for a Cardiac CT Angiography at McLaren Northern Michigan, located at 416 Connable Avenue in Petoskey. Please plan to arrive at Patient Registration at the main entrance of the Hospital 1 hour before your scheduled procedure.

Please take nothing by mouth 4 hours before your procedure. No caffeine 12 hours before your Cardiac CT Angiography. You may take your scheduled medications with sips of water. Be sure to drink plenty of fluids the day before your exam.

**Medication Instructions:** If your physician has provided you with a beta-blocker, please take it 2 hours prior to your arrival time. If a beta-blocker was not provided, please call (231) 487-7326 and speak to one of the radiology nurses.

Prior to the scan, you will have an intravenous (IV) catheter inserted. This catheter will be used to inject the contrast necessary for the scan. The scan itself takes approximately 10 minutes. The total time you will spend at the hospital, including registration, monitoring of vital signs, IV start, and scan, is approximately 2 hours.

If you have any questions or need to reschedule your appointment, please call the Cardiac CT Angiography staff at (231) 487-7326.

If you have an intravenous access device such as a medi-port, PICC line, mid-line, etc., an IV will still need to be established for the contrast injection to protect it from damage.



## Patient Instructions

### Prior to Your Procedure

- 48 hours prior to your procedure – No Viagra, Levitra or Cialis
- 24 hours prior to your procedure – No alcohol
- 12 hours prior to your procedure – No caffeine; no coffee, tea, colas, chocolate, decaffeinated coffees or teas, Excedrin, or No-doze
- Drink plenty of fluids the day before.
- Nothing to eat 4 hours prior to scheduled Cardiac CT Angiography (CCTA).
- Nothing to drink 3 hours before your scheduled CCTA.

### Day of Your Procedure

- If you are on an oral diabetic agent that contains Metformin, do not take the day of the procedure. This medication will also be held for 2 days after the procedure unless instructed otherwise by your physician.
- Take your regular morning medications; hold any medications that you were instructed to hold or not take. Take your medications with as little water as possible.
- No fluids 3 hours before your test (except with your medications).
- **Take the Lopressor (Metoprolol) 2 hours prior to your scheduled arrival time.**
- If you are insulin dependent, take half of your usual morning insulin dose.
- Wear loose comfortable clothing. Women should avoid wearing bras with an underwire.

Arrive at McLaren Northern Michigan Main Entrance, which is the lobby level. Take the elevator to level M (main) and follow the green line to outpatient registration. Arrive 1 hour prior to your scheduled time. After you are registered, you will be sent to the waiting room. You will be taken from the waiting room to the holding area where a nurse will need to complete your paperwork and start an IV. This is necessary for injection of contrast needed for the test. A nurse will monitor you during the procedure.

Total time spent at McLaren Northern Michigan will be approximately 2 hours. Results will be available to your primary physician within 48 business hours and he/she will discuss the outcome of the exam with you.

Be sure to drink plenty of fluids after the procedure. This helps to flush your system of the contrast dye.

If you have any questions or concerns, please call the radiology nurses at (231) 487-7326. If no answer, please leave a message and they will return your call.

**If you have an intravenous access port such as a medi-port, PICC line, mid-line, etc., an IV will still be established for the contrast injection.**