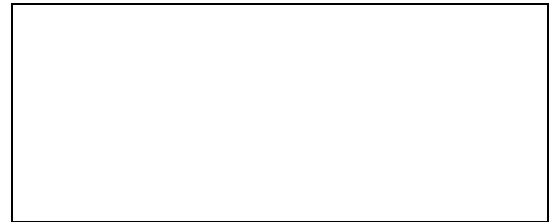




PORT HURON

1221 Pine Grove Ave., Port Huron, MI 48060



**Please call
(810) 989-3192 to
give Health History
to Nurse**

Pre-procedure Instructions
Cardiac Catheterization / Vascular Procedures

1. Please enter the hospital through the main entrance. From there, hospital personnel will direct you.

Day: _____ **Date:** _____

- If scheduled as an outpatient, a reliable adult must accompany you to the hospital, drive you home, and be present with you until the morning after our surgery for your safety and welfare.
 - We will contact you the day before your procedure, between 3:30-5:30 p.m. with your time of arrival. If you are not home or do not have an answering machine, please call (810) 985-2635 between 3:30-5:30 p.m. Monday through Friday.
2. If you develop a cold, flu, sore throat, infection or any illness between now and procedure, contact your surgeon. If you wake up ill the morning of your procedure, call Cardiovascular Short Stay (810) 985-2635.
3. Do not eat, drink, smoke, chew gum or have candy after midnight the day before surgery. Failure to follow these Instructions may result in vomiting and aspiration (breathing in) of stomach contents into the lungs, which could Result in pneumonia or even death. No alcohol, street drugs or marijuana (24) hours before surgery or procedure.

4. MEDICATION INSTRUCTIONS:

- **Please bring** a list of all your medications with you.
- **Take** usual morning medications the morning of procedure with a small sip of water.
- **DO NOT TAKE:**

Or as directed by your physician.

- **If you are a diabetic patient**, do not take any diabetic medications the morning of the procedure.
- **Aspirin and Plavix** can be taken the morning of procedure unless instructed otherwise. Contact your physician if you have any questions.

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Instructed to remove all jewelry and piercings or rings may need to be cut off.

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Reviewed visiting policy for day of procedure

5. DAY OF SURGERY OR PROCEDURE

- No make-up, hair spray, jewelry (or any body piercing).
- Glasses/contact lenses – bring carrying case.
- Dentures – do not use adhesives.
- Leave valuables and jewelry at home.
- Wear loose, comfortable clothing appropriate for the procedure.
- Shower or bathe the night before and morning of your surgery with antibacterial soap or Hibiclens. Please change bed linens before you arrive home.



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- Shower or bathe the night before and morning of your surgery with antibacterial soap or Hibiclens. Please change bed linens before you arrive home.
 - Bring insurance, prescription cards, and photo ID.
 - If you wake up ill, call surgery at **(810) 989-3280**.
 - Female patients may be asked for a urine specimen upon arrival, if within childbearing age.
6. In case of an emergency, your procedure could be delayed. We will inform you upon arrival and /or as soon as emergency occurs if this is the case. We make every effort to keep your scheduled time, but emergencies do happen. Thank you for your patience and understanding.
7. It is important that you make outside arrangements for the care of your children who are not patients. Please do bring them with you to the hospital. There are no baby-sitting facilities, and visiting children will not be allowed in the pre-op or recovery areas.

Special Instructions / Medications / Supplies or as directed by your physician:

Pre-Admission Testing Use Only

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Instructions given via phone to ☐ pt. ☐ spouse ☐ s.o. ☐ other:

Signature: _____ Date / Time: _____



Pre-Procedure (PAT) Instructions

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