



PORT HURON

1221 Pine Grove, Port Huron, MI 48060

Please call (810) 989-3192 to give health history to nurse

Patient Identification

Adult Patient Instruction Checklist - Endoscopy

1. Please enter the hospital through the main entrance. From there, hospital personnel will direct you.

Day \_\_\_\_\_ Date \_\_\_\_\_

We will call you, between 3:30-5:30 p.m. the day before your procedure to verify your arrival time. If you are scheduled for a Monday procedure, we will call you on Friday.

- Please call (810) 989-3281 between 3:30 – 5:30 p.m. to verify your arrival time only if you do not have an answering machine and will not be home during this time.

2. Procedures must have – you should have received instructions and a bowel prep from your physician; if not, please call them immediately for this. You will need to start this prep the day before your procedure. You will be on clear liquids only the day before your procedure.

- A reliable driver for the ride home (Not doing so may result in cancellation of your procedure).
- Please do not bring children with you to the hospital.

3. Do not eat, drink, smoke, chew gum or have candy after midnight the day before your procedure (unless otherwise instructed). Failure to follow these instructions may result in cancellation of surgery due to the possibility of vomiting and/or aspiration (breathing in) of stomach contents into the lungs. This could result in pneumonia or even death. No alcohol, street drugs, or marijuana 24 hours before surgery or procedure.

4. Do not take

DO NOT TAKE Medication Instructions No insulin or oral diabetic medication on the day of procedure unless otherwise instructed. NO Aspirin or Iron (including Multivitamins that have iron) for at least 5 days before procedure – check with your physician. Coumadin, Plavix, Effient, Aggrenox, Trental, or other Blood Thinners.



**Adult Patient Instruction Checklist**

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<b>DO TAKE</b> ▼	<b>DO TAKE</b> ✓
	<ul style="list-style-type: none"><li>• Please take the following medications the morning of your procedure with a small sip of water.</li></ul> <hr/> <hr/>

**5. Day of Procedure:**

- No make-up, hair spray, jewelry (or any body piercing).
- Glasses/contact lenses — bring carrying case.
- Dentures — do not use adhesives.
- Leave valuables and jewelry at home.
- Wear loose, comfortable clothing appropriate for the procedure.
- Shower or bathe the night before and morning of your procedure.
- Bring insurance, prescription cards, and photo ID.
- If you wake up ill, call surgery at **(810) 989-3281**.
- Female patients may be asked for a urine specimen upon arrival, if within childbearing age.
- Instructed to remove all jewelry and piercings or they may need to be cut off.
- Reviewed visiting policy for day of procedure.

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**Pre Admission Testing Use Only**

Instructions given via phone to  pt     spouse     s.o.     other.

Signature \_\_\_\_\_

Date/Time \_\_\_\_\_

