



## ➤ Coping with Weight Loss Struggles

*Facilitator: Amy DeLange, LMSW*

This 6-week therapy group is appropriate for the following individuals:

- Those experiencing significant struggles with weight loss and/or any corresponding medical conditions
- Those considering bariatric surgery
- Those who have begun the process of bariatric surgery
- Those who are post-bariatric surgery

Loved ones and caregivers are also welcome to attend.

**Tuesdays, June 7 - July 12**  
**6 - 7 p.m.**  
**McLaren Port Huron**  
**Outpatient Counseling Clinic**

1209 Richardson Street, Port Huron  
(810) 984-5156

Cost: Varies

*Outpatient Counseling participates with most insurances. Affordable options are offered for patients without insurance. Please contact the office for more information.*



PORT HURON