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MARWOOD MATTERS

February/2018

Brian J. Oberly  
*Administrator*

Kim Koester, RN-BSN  
*Director of Nursing*

Amanda Anderson  
*Editor*



Happy  
Valentine's  
Day

For the Love of Life.

## February Staff Anniversaries

Robin Finch	LPN Manager	29 yrs
Theresa Stevenson	Rest. LPN	27 yrs
Tonja Blair	LPN	6 yrs
Tanya Earl	CNA	6 yrs
Sarah Spranger	HSK	6 yrs
Sherry Vajda	RN—Education	6 yrs
Erica Barnes	LPN	4 yrs
Stacey Barth	CNA	4 yrs
Mercedes Bassett	CNA	4 yrs
Catherine Capadagli	Social Work	4 yrs
Niurka Rodriguez	CNA	4 yrs
Dawn Barr	CNA	3 yrs
Dominique Horon	Activities	3 yrs
Kassy Dickinson	Activities	2 yrs
Alyssa Morgan	CNA	2 yrs
Elizabeth Olinger	CNA	2 yrs



February 19th

Ashley DiBona	LPN	1 yr
Jennifer Freigruber	RSA	1 yr
Nicole Rock	HSK Supervisor	1 yr
Payton Schwartz	CNA	1 yr
Rebecca Sikora	CNA	1 yr
Ashley Somerville	LPN	1 yr
Kadeidra Woods	CNA	1 yr



# Administrator's Corner

## EASTSIDE NURSE MANAGER

Please join me in welcoming Melissa (Missy) Reno, RN, BSN, to our nursing leadership. Missy is working as our RN Manager overseeing the Eastside Neighborhoods (Elderberry Cottage, Hummingbird House, Dockside Landing, Serenity Circle, Evergreen, Edison Place, and Draper's Lane).



Missy brings to a vast array of knowledge and experiences to Marwood. Since becoming a BSN in 2011 she has worked as an Adjunct Nursing Instructor at SC4, Staff Education, Infection Control, and Director of Nursing in a long term care facility. She is knowledgeable of the nursing home regulatory environment and has many ideas for continuing our improvement projects to serve the residents.

When asked what she liked best about coming to work at Marwood, Missy said, "I am excited to be here; working in Port Huron. I can't wait to get to know the residents and staff and be part of the family."

Missy can be reached at (810) 966-5431 or by email at [mreno@marwoodmanor.org](mailto:mreno@marwoodmanor.org).



Brian J. Oberly  
Administrator

## BRIDGEPORT REMODELING PROJECT

The remodeling of Bridgeport has been coming along nicely. Resident rooms are nearly complete. The areas kitchen is still awaiting millwork and counters. The infrastructure is progressing but we are still awaiting delivery of some items. We are in hopes that the project will be complete in March.

Thank you for your patience as we continue to work toward making improvements. Should you have additional questions or need more information about our current updates, please feel free to call me at 982-9500.

## WE CARE WHAT YOU THINK

At Marwood, we strive for excellence and are committed to providing the highest quality of care for our residents. As part of our continued effort to improve quality and customer satisfaction, I would like to offer you and your loved one an easy and convenient way to ask questions or share comments about the services or programs offered at Marwood.

To ask a question, visit [Mclaren.org/marwood](http://Mclaren.org/marwood). At the bottom of the home page, select "Contact Us" located under the "Quick Links" header. When you reach the Contact Us page, select the "General Comment" option to submit your comment or question.

If you would like to be contacted in regards to your comment or question, please note that in the comment section and don't forget to include your name and email address or phone number so we can reach you. All submissions will then be forwarded to the department or individual they were intended for. Thank you for your time and consideration. We appreciate your feedback.



# Resident Profile...Doris Sovereign



Doris grew up one of four children and was very close to her sister. In fact, Doris met her husband Alvin, who happened to be her sister's husband's best friend. Alvin served in the Army and worked in a factory. Both he and Doris, who was a homemaker, made sure the everyday doings of the family with their two daughters ran smoothly. Doris and her sister would often get together to play cards. Alvin and Doris belonged to a euchre club, and she was also an avid reader. Her daughter Lois says, that it wasn't unusual for her to read 10 books in a week and head to the library to get 10 more; reading a wide range of topics. You will often see Doris and her daughter strolling through the halls, reminiscing at the country pictures that remind them of their home. They also enjoy watching the birds and the fish. Doris stated her favorite holiday is Christmas and she just loves all the decorations and the gifts. Her words of advice are "keep reading!" If you find yourself on Hummingbird please stop in to say hello...

# February Employee of the Month

Jenna Dungerow,  
Resident Support Aide



- Jenna works on Dove Lane and Bridgeport as a Resident Support Aide. She started at Marwood in July 2014. Jenna was nominated by a coworker because of the extra things she does to make things nice for our residents, like when she recently was helping to serve ice cream sundaes to residents, she told her coworkers to wait "we need sprinkles, it's not a sundae without sprinkles." Other comments from her coworkers were: "She is always smiling. She is sweet with the residents. Great RSA! Jenna is always trying to help with our residents in the dining room. She does more than her job details. She is a team player and works well with all of us."

Congratulations Jenna, and thank you for all you do to make Marwood a great place to live and work.



## Little Store

The Little Store on Wheels is available on Fridays from 12:30 p.m. – 2:00 p.m.

On the third Thursday of every month, the Little Store will set up shop in the Main Lounge from 1:00 p.m. - 3:00 p.m.

*Please note, the cart will not be available the Friday following the Main Lounge sale.*

## Sunday Church Services

9:00 - Main Lounge  
9:40 - Bridgeport Dining Room  
10:25 - Serenity Circle Dining Room

## Alzheimer's Caregiver Support Group

McLaren Port Huron hosts an Alzheimer's Caregiver support group the fourth Tuesday of every month from 1-2:30 p.m. at McLaren Port Huron, Jefferson Building, 1320 Washington Avenue.

The support group is sponsored by McLaren Port Huron, 55 Plus and the Alzheimer's Association of Greater Michigan. For more information or to register, call 55 Plus at (810) 989-3121.

## Catholic Mass Schedule

Catholic Mass will be held on the fourth Wednesday of the month.  
Services are held in the Main Lounge at 1:30pm.

## February Birthdays

Vicky S.	2/3
Roy S.	2/8
Vincent J.	2/8
Elizabeth V.	2/9
Maria H.	2/9
Geraldine S.	2/12
Beulah L.	2/13
Marlene G.	2/16
Nathalie B.	2/17
Lorraine W.	2/18
Gloria Z.	2/19
Joanne M.	2/19
Antonio O.	2/20
Kay W.	2/27



## NEW Pet Visits Policy

We know pets are an important part of our lives. Our goal at Marwood is to keep our residents safe while still being able to enjoy our pets. We have updated our policy to follow the Michigan Department of Health guidelines for pets in nursing homes. Animals in our building will be limited to the ones that live here and visiting cats and dogs. If you have questions about any other animal visits besides cats and dogs, please call our Activity Director, Suzanne Jackson at 810-966-5452. In order for your cats and dogs to visit they must be at least one year of age, visit only their loved ones, and have filled out a pet visit agreement form. These forms can be located at our main reception. Marwood also has a volunteer program where pets come in and visit our residents during activity programs. If you wish your pet to visit more than your loved one, please fill out a volunteer application online or at reception and turn it into the Activity Department.



*The Marwood Choir Presents...*



*Sunday, February 25<sup>th</sup>, 2018*

*2:30 pm in the Main Lounge*

If the Main Lounge becomes too full, spectators will be able to view the concert on any TV in the building on **channel 20**.

*We'd love to have you there!*

Please call Holly Semrow, MT-BC at x8948 with questions.

## Music Therapy Intern

Please welcome our newest music therapy intern, Natsumi Yamada. Natsumi completed her music therapy education at University of Evansville and will be an intern working with our music therapist, Holly Semrow, for 6 months. Please make her feel welcome! If you have any questions about Marwood's music therapy program or about music therapy interns, please contact Holly Semrow at (810) 479-8948.



## What You Need to Know About Antibiotics

### **What is antibiotic stewardship?**

Antibiotic stewardship refers to a set of commitments and actions designed to make sure patients receive the right dose, of the right antibiotic, for the right amount of time; and only when truly necessary. Improving antibiotic use will ensure these life-saving medications are effective and available when we need them. Antibiotics are drugs used to treat infections caused by bacteria. They do not work for illnesses caused by viruses, like flu and most cases of bronchitis.

### **Can taking antibiotics be harmful?**

Antibiotics, like any medications, can have minor side effects like upset stomach or a rash, as well as serious allergic reactions or dangerous interactions with other medications a person is taking. In particular, antibiotics put people at risk for a deadly type of diarrhea caused by *C. difficile*. Frequent or excessive use of antibiotics leads to developing bacteria that are resistant to those antibiotics. Antibiotic-resistant bacteria are harder to kill, and can cause untreatable infections. A person also can carry resistant bacteria without feeling sick (this is called "colonization"), but if that bacteria causes an infection, it can require more complex treatments and transfer to the hospital.

### **When are antibiotics necessary?**

There are times when antibiotics are urgently needed; for example, to treat sepsis (e.g., when bacteria cause a severe infection of the bloodstream), pneumonia caused by bacteria, and meningitis caused by bacteria. Using antibiotics when they are not necessary increases the risk they will not work when needed most.

Val Lane RN, IP-BC, RAC-CT  
Infection Control Coordinator

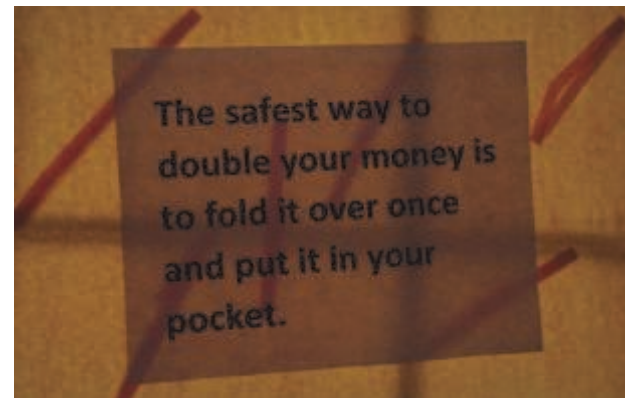
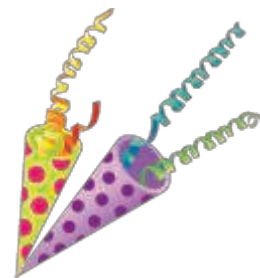
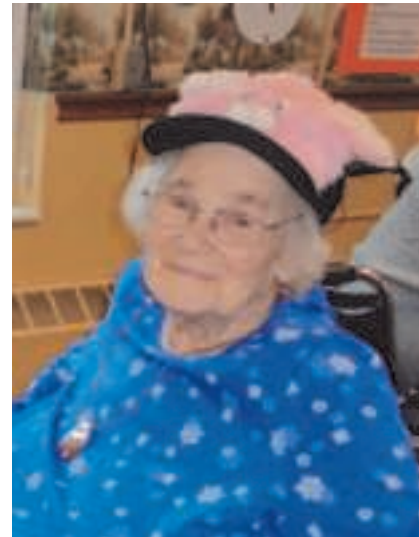
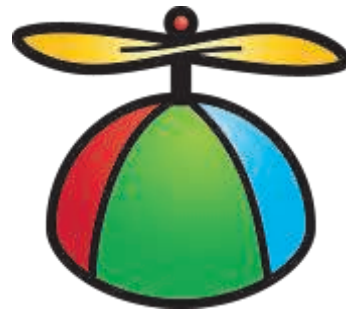




# Activities Corner

## No Reason Party

Sang Songs, Gave Awards and Wore Crazy Hats...for NO REASON at all!



## **Come and Join Us!!!! Art Therapy Scrambling**

**A way for those who Crochet and Knit  
to create art together!**

Starting Monday, February 5<sup>th</sup> at 3:15pm in  
The Blue Water Lounge on Independence Pointe  
Anyone is welcome to join!!!



If you have any donations, scraps, would be interested in helping, or starting a few rows of crochet, please talk to Sara Sharp, Art Therapist- 810-479-8948.

Art Therapy Scrambling will be taking the place of regular art therapy at this time in the Blue Water Lounge. Residents on rehab are encouraged to join traditional art therapy sessions: Mondays, on Dockside at 1:30pm or Wednesdays, on Edison at 1:30pm.

**\*\*New art work is now on display in the Resident Art Gallery, so please stop by the Main Lounge and check it out!\*\***