

# Gift Bags Promote Healthy Start for New Moms and Babies

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The Family BirthPlace at McLaren Flint has something extra to send home with new parents. Each mother who delivers her baby at McLaren Flint receives a handy tote bag with items specially selected to support national health and safety initiatives including:



- > A water bottle to support breastfeeding as the best nutrition for baby
- > A SleepSack™ Swaddle to encourage a safe sleep environment for babies
- > An Indestructables® chew proof, washable book to promote reading to babies
- > A handmade bib provided by the McLaren Auxiliary Comfort Sewers
- > The 'Going Home Book' by the McLaren LDRP staff filled with helpful information regarding postpartum recovery and caring for baby during his/her first year.

An assortment of toiletries and coupons are also included.