

A MONTHLY PUBLICATION OF McLAREN REGIONAL MEDICAL CENTER

***"If it makes
a difference to
one person, then
it's worth it."***

— Kathy Wolowiec, RN

McLaren Nurse Takes it Upon Herself to Change Lives

"If it makes a difference to one person, then it's worth it." Kathy Wolowiec, RN, has adapted her entire lifestyle to this motto. The dedicated Emergency Department staff nurse began working at McLaren nearly 12 years ago. Within those years, she has taken it upon herself to become a Certified Emergency Nurse (CEN) and to get involved in several volunteer efforts outside of the hospital.

Most recently, the dedicated community servant was named Volunteer of the Year by the Emergency Nurses Association (ENA) of Michigan. She was subsequently named chairperson of EN CARE, the ENA's Injury Prevention Institute.

When asked about her community involvement, Kathy humbly rattles off a multitude of commitments. She primarily participates in educational programs for safety, alcohol prevention, and healthy aging. These programs teach child passenger, bike and helmet, and gun safety, as well as fall prevention for the elderly. Kathy is a newly certified car safety technician, which allows her to perform car seat

checks through the Safe Kids Coalition. She also coordinates the Gunlock Giveaway at MRMC.

Without hesitation, though, the RN identifies her active interest in alcohol awareness as her particular passion within the long list. Since 1998, Kathy has traveled to area high schools to give students a reality check. She presents facts related to drinking and driving with the hope that



When not tending to the needs of patients in McLaren's Emergency Department, Kathy Wolowiec, RN, tends to the needs of the community by promoting injury prevention.

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MRMC Awards Nursing Scholarships to Students



Harriet Kenworthy was on hand at the McLaren Service Awards Dinner to congratulate the 2006 Kenworthy scholars (l to r): Monique Jacque, Amanda Briggs, Nicole McLeod, and Jennifer Crenshaw.

McLaren Regional Medical Center has provided welcome news to four high school seniors from throughout Genesee County who also attend the Genesee Area Skill Center (GASC). Each of the GASC students will be pursuing an associate degree in nursing at Mott Community College with McLaren footing the bill.

This is the third year MRMC has awarded the scholarships. The student scholarship recipients were honored guests at the medical center's annual Service Recognition Dinner that was held during Hospital Week. MRMC's Susan Theakston, Human Resources Manager, Employment and Recruitment, promotes the program at the GASC each year by visiting classrooms and encouraging students to apply.

Recipients of a Harriett B. Kenworthy Humanitarian Scholarship sponsored by MRMC are:

Amanda Briggs
Davison High School

Jennifer Crenshaw
Clio High School

Monique Jacque-Hill
McCloy High School in Montrose

Nicole McLeod
Swartz Creek High School

Each recipient of a Harriett B. Kenworthy Humanitarian Scholarship pledges to work at MRMC for three years following graduation from nursing school and becoming a licensed registered nurse. The McLaren Foundation helps fund the scholarship program. ■

Nurse takes it Upon Herself *continued from page one*

students will become more conscious of their actions.

"I try to show the consequences of alcohol consumption," Kathy said. "I want students to make responsible decisions. Crashes aren't accidents; people make them happen. These things don't have to happen if you make the best choices that you can."

Her presentations consist of video footage and photos, which complement Kathy's intense oratory in her effort to impart a crucial message. She shows a particular video that focuses on the unique experience of a medical examiner. The woman must go to a family's home in the middle of the night with news of a loved one's death due to an alcohol-related crash. Kathy compassionately admits, "I've seen the video a hundred times and it still makes me cry."

At home, Kathy reaps the rewards of her advocacy through her daughter, Cameron. The 12-year-old has awareness beyond her years and will be the first one to point a finger at a parent neglecting car seat safety. She has attended Kathy's presentations, often serving as a spotter for students unable to stomach the harsh reality of her mother's message. Cameron's peers and other junior high school students receive a modified version of Kathy's

speech. The rendition enforces stranger-interaction limits and differentiates "good touch" from "bad touch."

Kathy's personal motto very much reflects the moral of "The Starfish Story", a tale that is at the heart of EN CARE. The story, an adaptation of "The Star Thrower" by Loren Eiseley, is about a girl who throws beached starfish back into the ocean. A passer-by says that the girl will not make a difference because she cannot keep up with the waves. Throwing another starfish back, she tells the man, "I made a difference for that one." It is impossible to know the number of beached starfish that the girl rescued. Similarly, we will never know how many children, teenagers, and elderly Kathy has positively influenced or the magnitude of her impact. We only know that there are people, just like the starfish, who are tossed onto the beach. And there are others, like Kathy, who are there to throw them back into the ocean. ■



Blankies for Alzheimer's Patients

Many children become attached to one particular blanket or stuffed animal. It becomes an ever-present partner in a child's daily routine as it offers companionship and comfort. Jenice Meshraky, enthusiastic transporter for physical therapy and speech at McLaren, confirms that youngsters are not the only ones finding solace in their blankies. Just as blankets serve as pacifying tools for children, they can offer therapeutic relief for agitated Alzheimer's patients.



Transporter, Jenice Meshraky, holds a one-of-a-kind blankie that would be perfect for an Alzheimer's patient with a love of cats.

"The blankies are made with such care, and it's a wonderful way to give back to the community."

– Jenice Meshraky

Two years ago, Jenice was relaxing in her McLaren lawn chair at a campground when Lorraine Suva approached her. The retired seamstress asked Jenice if she would be interested in making and distributing 15 x 19-inch "blankies" for people suffering with Alzheimer's disease and dementia. Lorraine's intention is to give patients a mini-quilt that is visually and physically stimulating, as it is a sewn composition of fabrics varying in texture and color. They are made from donated materials, including anything from silk,

corduroy, and fake fur to zippers and animal prints. Although Jenice admits she is less than an avid sewer, she eagerly got involved. To date, she has distributed 30 blankies within McLaren.

"There are so many things people can do to help with this effort," she said. "If you don't want to sew the fabrics together, you can crochet a flower to attach, or just stitch the border like I do. The blankies are made with such care, and it's a wonderful way to give back to the community."

Alzheimer's patients endure progressive mental degeneration, which occurs in several steps. It begins with slight memory loss and advances to the point of a very limited vocabulary and the inability to walk, stand, and/or smile. Jenice has teamed up with geriatric doctors in the hospital as well as people with familial ties to the disease. Each blankie is unique, due to the medley of donated pieces. Therefore, Jenice takes time to learn each person's interests and selects a blankie to best suit the individual.

She recalled a particular instance in which she gave a blankie to a woman who was in the later stages of Alzheimer's, at the request of Halina Kusz, MD, a geriatric physician at McLaren. Contact with the blankie induced hand actions and inspired an effort to speak, both abilities that

seemed lost to the patient previously.

Jenice, who has connections in Egypt by marriage, is working closely with Lorraine to accomplish the creator's goal of extending the program worldwide. A personal goal of Jenice's is to amass a group of ladies at the hospital that can work together to make the blankies. She would also like to see, within the hospital, the generation of a drop-box for

donated materials and a central distribution location to establish a constant, accessible supply of blankies to whomever is in need. Jenice is also interested in getting high school students involved. Needless to say, she is an avid supporter of the cause and personally believes that "giving back to the community is what it's all about."

For more information on Blankies, contact Lorraine Suva at (810) 668-4283. You can also contact Jenice for information within the hospital. ■

GLCI-McLaren Hosts 12th Annual Cancer Survivor Celebration

Over 200 people gathered at the Holiday Inn Gateway Centre to visit with physicians, GLCI-McLaren staff and fellow cancer survivors.



Rick Varterasian, Director of GLCI-McLaren, welcomed guests to the 12th Annual Cancer Survivor Celebration.



The event's theme, "I Hope You Dance" was carried into the evening's entertainment. Students from Dolores's School of Dance performed for guests. A music video of the song entitled "I Hope You Dance", was also shown to the audience on large projection screens.



Guest Kathy Mosher (right center), mingles with the team of oncologists at the Celebration. (from left to right) Madan Arora, M.D.; Kumud Sharma, M.D.; Sukamal Saha, M.D.; and Hesham Gayar, M.D. all delivered heartfelt and upbeat messages to cancer survivors in attendance.



An assortment of fresh fruit and dippable treats surrounded the chocolate fountain.



For many guests like Mr. and Mrs. Pringle, attending the event has become an annual tradition.



Delynn Ruddy, office manager at GLCI-McLaren visits with guests and volunteers, Mr. and Mrs. Brandon.



Dolores Weeks, Jean Hagan, Geri Bois, and Kathy Lescelius, members of the McLaren Auxiliary, helped put the finishing touches on the 250 roses donated by Buck's florist and given to guests.



Jean Battles, social worker and Tricia Young, registered dietitian, both at GLCI-McLaren, were among the several tables of support services and groups dispensing information and goodies to guests.



Featured guest speaker Nick Mezacapa delivered an uplifting and entertaining message of living life to its fullest.

Genesee County Emergency Management Drill

Ballenger Auditorium was transformed into an incident command center, as well as triage, decontamination, medication distribution, and victim education for the Genesee County Emergency Management Drill.

The Emergency Management Committee held a debriefing after the exercise. Hospital representatives will be in touch with Genesee County officials to see what they learned.

The Emergency Management Committee at McLaren would like to thank everyone who participated in this important educational exercise. The drill is a good reminder to make sure you know where the Emergency Management Binder is located in your department and what your role might be in a real disaster situation. ■



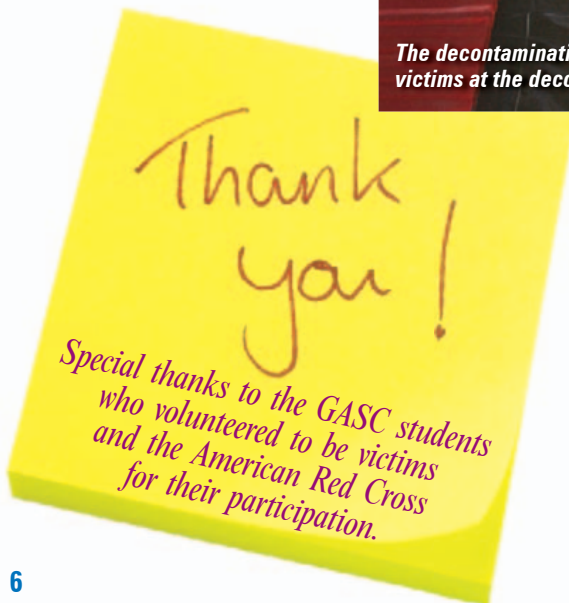
McLaren's Emergency Management Committee and other disaster drill participants go over the drill scenario and assignments are given out.



The decontamination team readies for victims at the decontamination tent.



Victims are given the appropriate medicine for their exposure to Anthrax and educational information before they are able to leave the decontamination area.



A victim is given an identification band and instructions before entering the decontamination tent.

Sun Shines on Breast Cancer Awareness Motorcycle Ride

Susan Wolum has finally found the rainbow at the end of the storm. Woolum, 50, of Swartz Creek has weathered the storm of personal and family illness to emerge with her health restored and a greater strength of spirit. Woolum is a breast cancer survivor. Her personal experience has led her to become an advocate for breast cancer awareness and prevention. This past weekend, she put her advocacy into action by riding in the 3rd Annual Full Circle Breast Cancer Motorcycle Ride hosted by the Flint Motorcycle Club.

In 2001, Woolum, an insurance verification clerk at McLaren Regional Medical Center, found herself on the other side of health care, as the patient. Her diagnosis of breast cancer came at a time when she was overwhelmed with family

concerns. She had spent a great deal of time caring for her terminally-ill mother. At the same time, her 29 year-old daughter was diagnosed with breast cancer and underwent a double mastectomy. The stress and fatigue of her personal life took its toll.

"I was angry with all that I was given and simply wore out, both mentally and physically," said Woolum. "I had so many other things on my mind, I let my own health suffer."

She delayed her annual mammogram for two months beyond her usual appointment. By the time she went in October of 2004, she had a tumor that measured nine centimeters across in her breast.

"I believe stress played some role in my illness,"



said Woolum. "I underwent chemotherapy, surgery and radiation and tests show no cancer at this time in my body."

After completing her therapy in 2005, she read an advertisement for the Full Circle Breast Cancer Ride in the newspaper and signed up to be a volunteer at the event.

"I thought this would be something fun that could help

a cause that was meaningful to me," recalled Woolum. "I met a great group of people who are caring, and I have also met many cancer survivors like myself."

At this year's Full Circle Motorcycle Ride, Woolum's influence was far reaching. Earlier this spring, she had spotted an ad for specialty breast cancer t-shirts and ordered over 100 shirts. Many of these shirts were worn with pride and a smile at Saturday's event. All proceeds from the shirts benefited the event.

The Full Circle Breast Cancer Motorcycle Ride



Susan Wolum celebrates being a breast cancer survivor at the annual Full Circle Motorcycle Ride, which raises money to help local cancer patients.

"I met a great group of people who are caring, and I have also met many cancer survivors like myself."

– Susan Wolum

Continued on page twelve...

Welcome SNT Nursing Students

The Student Nurse Tech (SNT) program at MRMC uses a hands-on approach to teaching patient care. This summer, 20 students from local nursing programs are gaining such real world experience on the floors of McLaren.

During the six-week Student Nurse Tech program, 20 students are employed as casual employees, temporarily scheduled for full-time hours. Each student nurse has completed two clinical rotations prior to entering the SNT program.

Through their SNT work experience, the nursing students are able to expand on their classroom and clinical experiences. Each student works under the supervision of a MRMC registered nurse. Their duties include IV starts, insertion of urinary catheters, EKG monitoring, wound management, assessment, diagnosis, prioritization, outcome identification and the evaluation and implementation of patient care.

As you see the newest faces of the SNT program at MRMC, be sure to welcome them as members of the McLaren team ■



Wendy Neubecker



Chelsea Lamrock



Erin Jones



Janet Johnson



Joseph Kalejaye



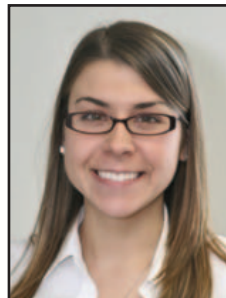
Julie Kurzer



Rebecca Rogers



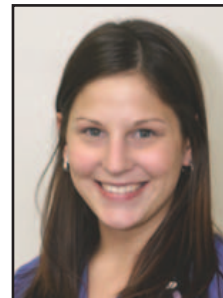
Gina Baran



Emily Klump



Yashica Warren



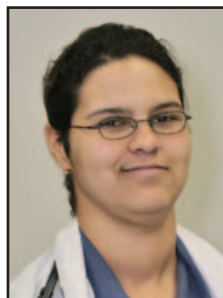
Becky McDermaid



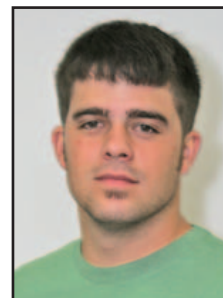
Thomas Braun



Michelle Anzures



Oriana Restrepo



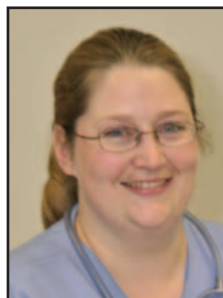
Andrew Green



Nicholas Loynes



Steven McCabe



Julia Briggs



Elizabeth Joseph



Dan Gagnon



Home Medical Kit



Although you cannot control when you will need to administer first-aid, you can control your preparedness.

Having the proper tools, medicine and information will greatly improve the quality of care you are able to provide. The following is a list of the basic tools and medicines for your home medicine chest. It is a good idea to store everything together. Often, an inexpensive small tackle or tool box is a good storage bin. A small investment of time and money can help you properly treat minor illnesses and scrapes, as well as emergencies, that undoubtedly will occur.

- First aid chart and emergency manual, so you don't have to rely on your memory.
- List of important phone numbers (911, the poison control number, your local hospital emergency room, your doctor's office, and the Sparrow NurseLine).
- Bottle of eyewash with eyecup, to remove foreign particles from the eye.
- Bottle of liquid disinfectant soap, to wash your hands before treating someone and to clean wounds.

- Box of Band-Aids and Sterile Gauze Pads.
- Battery-powered flashlight and candles with matches. Emergencies can happen any time, which means you may need to administer care in the dark.
- Ice bag or cold pack, for bumps, bruises, and sprains.
- Oral or rectal thermometer. Get one with easy-to-read markings.
- Roll of plastic hypo-allergenic tape and a pair of round-tipped scissors.
- Tube of analgaclo orcam, for minor muscle aches and pains.
- Analgesic tablets, for pain relief and reduction of fever and/or inflammation. For adults: buffered or coated aspirin, acetaminophen (Tylenol), or Ibuprofen. For children, a liquid acetaminophen. Avoid giving aspirin to children younger than 15.
- Antacid for upset stomach and diarrhea, i.e., Mylanta or Maalox.
- Antibiotic ointment, for general wound care.
- Antihistamine capsules (like Benadryl), for relief from allergic reactions.
- Burn ointment, for minor burns from cooking, ironing and hot liquids.
- Chloroseptic, for sore throats.
- Decongestant tablets, to ease stuffy nose and head colds. These are not safe for children under one year old unless prescribed by a physician.
- Tube of 1% hydrocortisone cream, for minor skin irritations and itching due to insect bites.
- Hydrogen peroxide for disinfecting (if it doesn't bubble, it's not good).
- Tweezers, to remove splinters.
- Povidone-Iodine solution. Apply disinfectant after cleaning minor cuts and abrasions.
- Bottle of syrup of ipecac for most cases of swallowed poison. When using this product, be sure to follow the directions on the bottle. Always call the poison control center or your doctor first before causing the victim to vomit. If the victim has swallowed something caustic such as a cleaning solution, you don't want to induce vomiting. Examples of poisons in which you should not induce vomiting include dishwasher detergent, gasoline or kerosene, oven cleaner, oil-based paints, furniture polish and cleaning solutions.

- Other specific medications: if you or someone in your household is diabetic, asthmatic or has some other medical condition, you will want to include specific modification. Make sure everyone in the household knows how to find and administer the medicine.
- You may also want to store the following items near your first aid box: A cool mist vaporizer/humidifier, can soothe a scratchy throat, help a cough, and make it easier to breathe; fire extinguisher; CPR training.

It is impossible to be prepared for every incident that may arise; nonetheless, a home medical kit with these contents will leave you feeling much more capable.

Burns

Burns are the fourth leading cause of unintentional death and injury in the United States. A burn occurs when the skin and surrounding structures absorb more heat than their bodies can dispel. Many burn injuries are preventable with the use common sense and caution around hot substances. Various burns are classified by degree of thickness involved:

Superficial or first degree

These burns involve the exterior layers of skin. Although they can be painful they do not result in permanent injury. Simple wound care is all that is required to treat a superficial burn. Examples

Continued on page ten...

Congratulations to the Graduated Residents of 2006!

Family Practice

Suzanne Dickson (Gilligan)
Hicham el-Horr
Nicole Franklin
Sant Hundal
Jim Leung
Alexander Malayev
Susan Martin
Susan Moore
Eugene Soroka
Mary Ann Tancuan

Internal Medicine

Shagufta Ali
Ra'ed al-Suyyagh
Ricardo Brizuela
Jane Frances Chukwu
Vijay Kamineni

Lakshmi Kocharla
Renata Osadnik
Loan Pham
Ajithkumar Puthillath
Rajesh Seghal
Alexei Seenikov
Obriora Udezo

Surgery

Bret Autrey
Shaun Khoo
Gevorg Mutafyan
Kelley Wear-Maggitti

Orthopedic Surgery

Rajeev Jain
Brian Rill

Welcome to the New Residents!

Internal Medicine

Sarah Ali
Shivani Bhutani
Anton Chivu
Cristian Hutanu
Vijay Karia
Mark Lopez
Nagaraj Madugonde
Lokesh Marigowda
Shady Megala
Tarek Rashid
Ravi Sankaran
Ramandeep Sidhu
Saad Sirop
Huma Sohail
Armine Zakharian

Jared Skillings
Anca Voinov
Adrienne Williams

Surgery

Noam Belkind
Maher Ghanem
Amanda Kravetz
Brendan Marr
Magrette Moore
Catherine Nelson

Radiology

Robert Burgess
Eugene Kim
Venkat Tummala

Family Practice

Rashad Bakari
Sachin Chandrasenan
Rhea Crisostomo
Hossam Hafez
Lubna Johar
Jessica Koran
Visalakshi Kunapuli
Vandana Seeram

Orthopedic Surgery

John Papakonstantinou
Allison Tenfelde ■

Home Medical Kit

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include sunburn and flash flame. The skin looks pink and dry and does not blister.

Partial thickness or second degree

These burns are painful. Then skin is reddened, moist, and blisters form. If these burns become infected skin grafting may be required.

Full thickness or third degree

This type of burn is the most severe and do tremendous damage to the skin. The burns destroy the skin and underlying tissue. The skin is leathery, waxy-appearing, or charred. They are typically not associated with a lot of pain because the nerve endings have also been destroyed. These burns demand immediate medical attention. Skin grafting is necessary.

Scald burns

These burns occur when a hot liquid burns the individual, most commonly in the bathroom. Those under the age of two and over age 65 are particularly prone to scald burns by virtue of their thinner skin. Many households maintain their water heaters at 140-160°. A child can suffer severe burns if exposed to water greater than 140° for just three seconds. Scald burns can be minimized by adjusting the hot water thermostat to the "low" position, or to 120°. Anti-scald devices that shut off water flow when the temperature reaches a pre-set limit are now available.

What to do when a person is burned

1. Immediately stop the burning process. Remove the source of heat.
2. Remove all burned clothing.
3. Pour cool water over the burn. Do NOT use ice as it may cause further skin damage by causing hypothermia.



4. Remove all jewelry and constricting items.
5. Do not apply butter or ointments. These may trap heat causing more injury and may promote infection.
6. Keep the individual warm.
7. Seek immediate medical attention for any burn greater than superficial (or 1st degree). ■

FUNdraising...

A day of fun and, more importantly, fundraising in store on August 21, 2006 when McLaren Regional Medical Center sponsors its Fifteenth Annual Golf Classic. The McLaren Golf Classic is held at two prestigious area course: Flint Golf Club and Warwick Hills Golf and Country Club.

The McLaren Golf Classic features a four-person golf scramble and other amenities that are associated with a day of fun and fundraising on behalf of McLaren Regional Medical Center.

Thanks to the generosity of all past participants, more than \$1,500,000 has been raised to fund vital technology and services to support advanced



McLAREN

GOLF CLASSIC

15th

Annual

patient care at MRMC. This year's proceeds will fund the purchase of a new Nucletron Treatment Planning and Delivery System for McLaren's cancer program at the GLCI-McLaren. The Nucletron system supports the delivery of brachytherapy treatment options to patients with breast, lung, gynecological, esophageal or bile duct cancer.

With this system, the following key advantages will be realized:

- Allows planning from CT and MR images
- Allows development of a

new prostate High Dose Rate Brachytherapy program. HDR is the more precise way to deliver radiation to the prostate.

- Supports participation in RTOG clinical trials (prostate and breast)
- Reduces time spent in planning for treatment

Any additional monies earned would go toward the purchase of wireless computer carts for the patient care units.

A variety of golf sponsorship packages are available, patron sponsorships are also

available, and there is a raffle for cash prizes and a pre-paid auto lease. For more information on tournament tickets, sponsorships, or raffle tickets, please call McLaren Marketing/Communications Department at (810) 342-4475 or visit www.mclaren.org. ■

Welcome to the Medical Staff



Shagufta Ali, M.D., internal medicine specialist, has joined the medical staff at McLaren Regional Medical Center. Dr. Ali is seeing patients at McLaren as night duty faculty on behalf of the McLaren Internal Medicine Residency Program. Dr. completed her internal medicine residency at McLaren Regional Medical Center in Flint. She received her medical degree from Fatima Jinnah Medical College in Pakistan.



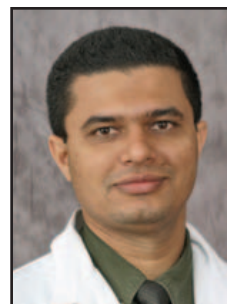
Noel V. Gutierrez, M.D., a board certified cardiologist, has joined the medical staff at McLaren Regional Medical Center. He is seeing patients at Mid-Michigan Cardiology Associates, 2329 Stonebridge, Flint. Dr. Gutierrez completed a fellowship in interventional cardiology at East Carolina University Brody School of Medicine in Greenville, N.C. He completed a fellowship in cardiology at Lutheran General Hospital in Park Ridge, Illinois.

He completed is residency in cardiology at Henry Ford Hospital in Detroit. Dr. Gutierrez received his medical degree from University of Santo Tomas in Manila, Philippines.



Rachael Kasperowicz, M.D., a family practice specialist, has joined the medical staff at McLaren Regional Medical Center. She is seeing patients at the McLaren Community Medical Center of Flushing.

Dr. Kasperowicz completed family practice residencies at Marquette General Hospital in Marquette, Michigan and Concord Hospital in Concord, New Hampshire. She received her medical degree from Saba University School of Medicine in Saba, Netherlands-Antilles.



Rubinder Ruby, M.D., a board certified internal medicine specialist, has joined the

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Welcome to the Medical Staff *continued from page eleven*

medical staff at McLaren Regional Medical Center. He is seeing patients at McLaren Internal Medicine Group Practice. Dr. Ruby completed his residency at McLaren Regional Medical Center. He received his medical degree from Medical College in Amritsar, India.



Paul Dake, M.D., a board certified family practice specialist, has joined McLaren Family Practice Residency, G-3245 Beecher Rd., Flint. Dr. Dake completed his residency at Saginaw Cooperative Hospitals, Inc., in Saginaw. He received his medical degree from Michigan State University College of Human Medicine.



Paul Entler, M.D., a board certified internal medicine specialist, has joined McLaren Internal Medicine Residency Group Practice, G-3499 S. Linden Rd., Flint. Dr. Entler completed a fellowship in primary care faculty development at Michigan State University. He completed his residency at The Western Pennsylvania Hospital in Pittsburgh, Pennsylvania. He received his medical degree from Ohio University in Athens, Ohio.



Diana C. Hodarnau, M.D., a board certified internal medicine specialist, has joined the medical staff at McLaren Regional Medical Center. Dr. Hodarnau has also joined

Hospital Consultants, P.C. She is caring for inpatients at McLaren. Dr. Hodarnau completed her residency at St. Joseph Mercy Oakland Hospital in Pontiac. She completed her medical degree at Carol Davila University of Medicine and Pharmacy, Bucharest, Romania.



Jane Johnson, M.D., a board certified internist and pediatrician, has joined the medical staff of Hospital Consultants, P.C. She is seeing inpatients at McLaren as a hospitalist. Dr. Johnson completed her residencies in internal medicine and pediatrics at William Beaumont Hospital in Royal Oak. She received her medical degree from Wayne State University School of Medicine in Detroit. ■

Sun Shines on Breast Cancer

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was conceived in 2004 by brothers Darrin and Mark Cassiday along with fellow Flint Motorcycle Club members Pat Shuart, Dave Woods, Andrea Upton, and Stephanie Muma. The Cassidays lost their mother to breast cancer and noted they are proud to honor her memory. This year's event boasted over 1200 participants and approximately 900 bikes. In the first two years of the event the Club has raised \$18,000. Proceeds have been distributed to Flint-area cancer treatment centers and the local chapter of the American Cancer Society. Funds assist in the prevention and treatment of breast cancer. McLaren Regional Medical Center is a sponsor of this grass roots event along with several other local organizations. ■

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McLAREN
REGIONAL MEDICAL CENTER

MISSION: McLaren Health Care
Corporation, through its affiliates, will be
Michigan's best value in healthcare as
defined by quality outcomes and cost.

VISION: McLaren Regional Medical
Center will be the recognized leader
and preferred provider of primary and
specialty healthcare services to the
communities of mid-Michigan.

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