

CONNECTING TO CARE

Resources for your journey with cancer

AUGUST 2023

The newsletter for patients, employees, and friends of Karmanos Cancer Institute at McLaren Flint

WHAT'S NEW FOR AUGUST?

All workshops and materials are provided free of charge.
See page 2 for additional information.

Page 2 **Emotional Support Programs**

Page 3 **Karmanos Cancer Institute's All Cancer Symposium 2023**

Page 4 **Resources**

QUOTE OF THE MONTH

"Kindness is one thing you can't give away. It always comes back."

– George Skolsky



CANCER INSTITUTE

Wayne State University



FLINT

SUPPORT GROUPS

CANCER EDUCATION AND WELLNESS GROUP

ONLINE – First and third Wednesday of each month from 1:00 - 2:00 pm

This group is open to any person who has been touched by cancer. To RSVP or for more information, please contact Anna Glasstetter, BSN, RN, nurse navigator, at anna.glasstetter@mclaren.org.

MULTIPLE MYELOMA SUPPORT GROUP

IN-PERSON and ONLINE

Third Thursday of each month at 6:00 pm

For more information, call (810) 820-1592 or email Flintsgl@IMFSupport.org.
Website: flint.support.myeloma.org

NEW TOMORROWS GRIEF SUPPORT GROUP

Free ongoing grief education and support for anyone who has experienced the loss of a loved one. For information, call (810) 496-8625.

BIBLE STUDY

Second and fourth Wednesday of each month at 1:00 pm

McLaren Hospitality House

To RSVP or for more information, please contact the McLaren Hospitality House at (810) 820-9800.



Please join us for our free art therapy program for families touched by cancer. This includes all cancer fighters, survivors, previvors, caregivers, and their friends/family (ages 18+). Expect to meet individuals within our community who are seeking emotional support, creativity, and education.

Art Therapy is a visual form of expression used to help individuals process emotions, reduce stress, and find meaning after cancer. Group and one-on-one art therapy sessions are offered each week, both online and in-person. Expect to use basic art materials in each session to enhance the therapeutic experience. No prior art experience is needed to participate.

If you are interested in joining, you can view our calendar and register at:

calendly.com/healing-through-art

To learn more about Healing Through Art, go to karmanos.org/flintarttherapy, or contact:

Erin Simonetti, M.Ed., ATR

Registered Art Therapist and Health Coach

erin.simonetti@mclaren.org | (810) 342-4206

Healing Through Art is supported by Genesee Health System, Stella & Frederick Loeb Charitable Trust, Diagnostic Radiology Associates of Flint, P.C., The Gayar Foundation, Flint Institute of Arts, and generous donations from the community.

KARMANOS CANCER INSTITUTE
13TH ANNUAL

All Cancer SYMPOSIUM 2023



SATURDAY, SEPTEMBER 9, 2023
8:00 a.m. – 2:00 p.m.

In-person and online in Detroit, Flint and Lansing

DONT DELAY! REGISTER FOR FREE BY AUGUST 31, 2023



Featuring Keynote Speaker:

Kathy Smolinski, MSW, JD

*Director of Legal Advocacy for People with Cancer Clinic,
Wayne State University Law School*

Topics include:

- The role of Imaging Technology
- The role of Genetic/genomic Testing
- Panel Discussion "Optimizing the Cancer Care Experience"
- and more!

BARBARA ANN
 **Karmanos**

CANCER INSTITUTE

Wayne State University

Scan the QR code or visit:
www.karmanos.org/CancerSymposium



For questions, please contact:
allcancersymposium@karmanos.org



CONNECTING ANY CANCER ANY STAGE ANY AGE ANYWHERE IN THE WORLD

HOW WE HELP CANCER FIGHTERS, SURVIVORS, AND PREVIOUSORS

Through our personalized matching process, people diagnosed with cancer are connected with someone who has faced a similar cancer situation (a Mentor Angel). While each cancer experience is unique, Mentor Angels are matched by similar age, gender, and diagnosis, providing cancer fighters the opportunity to ask personal questions and receive support from a peer familiar with the situation who can offer empathy in a way others cannot.

HOW WE HELP CANCER CAREGIVERS AND LOVED ONES

Imerman Angels connects those caring for – or grieving – the loss of a loved one with Caregiver Mentor Angels who can help provide support and comfort throughout their journeys. A loved one may be a family member (such as a child, parent, spouse, sibling, or grandparent) or a friend who has survived or currently has cancer.

OUR SERVICE IS FREE FOR EVERYONE

Visit imermanangels.org

Click the “Request Support” link on our website and fill out the registration form. You can also call us at **1-866-IMERMAN** (463-7626).

LOOKING FOR HELP?

Let us introduce you to...

Erin Simonetti, MEd, ATR

Registered Art Therapist
(810) 342-4206

- Individual art therapy in office and online
- Group art therapy sessions offered online
- Continuing support after treatment ends

Christine LaMay

Patient Accounts Coordinator for Radiation Therapy
(810) 342-3803

- Help with questions regarding financial options and medical costs
- Insurance verification
- Help with insurance education

Dawn Renee Kleinschrodt

Patient Accounts Coordinator for Proton Therapy
(810) 342-3837

Drita Nukulovic, RN

Proton Research Nurse Navigator
(810) 342-5674

- Clarification of medical concerns and information
- Referral to community resources
- Liaison between physician offices

- Coordination of medical appointments

Proton Patient Navigator

(810) 342-3875

Jamie Spicko, MS, RD

Registered Dietitian
(810) 342-3823

- Nutritional information specific to each cancer patient
- Supplemental nutritional assistance

Carrie Haneckow, BSN, RN

(810) 342-4848

Anna Glasstetter, BSN, RN

(810) 342-5687

Oncology Nurse Navigators

- Clarification of medical concerns and information
- Referral to community resources
- Liaison between physician offices
- Coordination of medical appointments

Additional Karmanos Cancer Institute at McLaren Flint Resources

Lisa Priestap, PT, MSPT

Robin Doak, OTRL, CLT

Emily Carvill, MA CCC-SLP

Cancer Rehabilitation Specialists
(810) 342-5350

- Physical, occupational, and speech therapy for cancer-specific disability
- Evaluation of physical dysfunction
- Improvement of overall physical disability
- Patient education on the benefits of exercise throughout cancer care
- Evaluation and treatment of speech, cognitive function, and swallowing difficulties

Chris Hurley, LPN

Central Intake Manager
McLaren Homecare Group
(810) 323-5974

- Home health care
- Palliative care
- Hospice services
- Medical supplies and equipment
- Home infusion services

Ashley Cosenza, MS

Karmanos Cancer Genetic Counseling Service
Certified Genetic Counselor
Phone: (810) 342-3854
Fax: (810) 342-3855

Email: genetics@karmanos.org

Website: karmanos.org/genetics



CANCER INSTITUTE

Wayne State University

(810) 342-3800
karmanos.org/flintcancer



FLINT

Follow us on:



If you or someone you know would like to be added or removed from the Cancer Institute Newsletter mailing list, please contact Erin.Simonetti@mclaren.org.

The information needed is the person's first and last name and their full mailing address: street number, street name, city, and zip code.