

Friday, December 6, 2019

7:00 am – 4:00 pm

DoubleTree Hotel

One Wenonah Park Place

Bay City, MI

Hotel Accommodation:

DoubleTree Hotel, 1 Wenonah Park Place, Bay City, MI (989) 891-6000. **Room rate is \$109.** Be sure to let the Hotel Registration Staff know you are attending the “McLaren Bay Region Cardiology Conference”.

Accreditation Statement:

The McLaren Health Care is accredited by the Michigan State Medical Society to provide continuing medical education to physicians.

Credit Designation Statement(s):

The McLaren Health Care designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOA Accreditation:

This live activity is anticipated to offer 7.0 hours of AOA Category 2-A CME Credit, pending the approval of the AOA Council on Continuing Medical Education.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

In the State of Michigan, ACCME is approved by the Board of Nursing as an acceptable provider of Continuing Education for licensure renewal and relicensure, Category 1 Physician Credits.

REGISTRATION FEE: \$40.00 Physicians/Healthcare providers
\$20.00 Residents/Students

Payment Method: Check, Credit Card or Cash
Checks can be made payable to McLaren Bay Region attn: Patti Wesenick

NOTE: PAYROLL DEDUCTION IS NO LONGER ACCEPTED

QUESTIONS: Contact Patti Wesenick, CME Coordinator
McLaren Bay Region
989-894-3783
patti.wesenick@mclaren.org

Online registration:

<https://forms.gle/FL7Z4q5gfaay1NZVA>

Conference Note:

A full refund will be issued if 96 hours (4-days before conference) cancellation notice is given. No refund will be issued if no notice provided. If cancellation is needed call (989) 894-3783.

Please bring a sweater as temperatures in the conference room may fluctuate.



**2019
CARDIOLOGY
CONFERENCE**

“BASICS OF CARDIOLOGY”

Friday, December 6, 2019

7:00am - 4:00pm



DOING WHAT'S BEST.®



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EDUCATIONAL OBJECTIVES:

At the end of this educational activity, participants should be able to: 1) Identify, explain and demonstrate current best practice patient guidelines and apply those guidelines within their patient care practice; 2) Recognize quality tools and resources that are available within McLaren Health Care and implement use of those tools/resources in their patient care practice.

TARGET AUDIENCE:

Interprofessional continuing education including but not limited to: Physicians, Cardiologists, Family Practice, Residents, Mid-Levels, Case Managers, Social Worker, and other HealthCare Professionals

REGISTRATION FEE: \$40.00 Physicians/Healthcare providers
\$20.00 Residents/Students

AGENDA:

7:00 AM - 7:45 AM REGISTRATION/CONTINENTAL BREAKFAST. EXHIBIT AREA OPEN

7:45 AM – 8:00 AM WELCOME & INTRODUCTIONS

- Dr. Daniel Lee, M.D., McLaren Bay Heart & Vascular, Bay City, MI

8:00 AM – 9:00 AM UPDATE HYPERLIPIDEMIA & HODGE PODGE

Daniel Lee, M.D. McLaren Bay Heart & Vascular - *Conflict(s) of Interest*

- Recognize Lipids Physiology
- Discuss the prevalence
- Identify Treatment Options

9:00 AM - 10:00 AM PREOPERATIVE CARDIAC EVALUATION

Yousef Bader, M.D. – McLaren Bay Heart & Vascular - *No Conflict(s) of Interest*

- Explain the Guidelines to Stress Testing
- Recognize the Essentials for Evaluation
- Identify When to Proceed vs When to Hold Off

10:00 AM - 10:15 AM BREAK / EXHIBIT AREA OPEN

10:15 AM - 11:15 AM CONSCIOUS CONNECTION: EXPERIENCING THE HEALING POWERS OF YOUR BODY

Mary Beth Mannino, Certified Holistic Health/Wellness Coach; MA; BA – That Wellthy Life, LLC, Grosse Pointe, MI - *No Conflict(s) of Interest*

- Defining mindfulness and meditation and how an awareness of both impacts our overall health and wellbeing

- Differentiate the connection between breath and how we can bring our entire body the healing process
- Describe how to facilitate medication and breathing techniques to access deeper states of healing in the body

11:15 AM - 12:15 PM DVT AND PE MANAGEMENT PATHWAYS

Nicolas Mouawad, MD, MPH, MBA, RPVI, FRCS, FSVS, FACS, McLaren Bay Heart & Vascular - *Conflict(s) of Interest*

- Identification and management of CVTs
- Identification and management of Pes
- Understand the multi-disciplinary approach of the Pulmonary Embolism Response Team (PERT)

12:15 PM - 1:00 PM LUNCH & EXHIBIT AREA OPEN

1:00 PM - 2:00 PM OPTIMIZING HEART FAILURE PATIENTS

Kalil Masri D.O. FACC, FACOI, FCCP, McLaren Bay Heart & Vascular - *Conflict(s) of Interest*

- Identify CRT and Optimal Medical Therapy
- Discuss Cardiomechs
- Explain LVAD and Transplant

2:00 PM - 3:00 PM ACTIVITY & HEALTHY LIVING

Abeer Bader, MSc, RD, LDN, CSOWM, Massachusetts General Hospital, Boston, MI - *No Conflict(s) of Interest*

- Recognize the complexity of obesity and review lifestyle & medical treatment options
- Recognize nutritional components of a heart-healthy diet
- Discuss practical strategies towards a healthy lifestyle

3:00 PM - 4:00 PM EPIDEMIOLOGY & DISEASES OF THE COMMUNITY

Samuel Hy Hui, M.D., McLaren Bay Heart & Vascular - *No Conflict(s) of Interest*

- Review Population of Bay City Community
- Identify the Cardiovascular Needs of the Community Population
- Survey Physicians to Identify Community Needs

4:00PM QUESTION & ANSWER SESSION. WRAP UP & EVALUATION

DISCLOSURE STATEMENT:

It is the policy of McLaren Health Care and the Department of Continuing Medical Education to ensure balance, independence, objectivity and scientific rigor in all its individually sponsored or jointly sponsored educational programs. All faculty participating in any McLaren Health Care sponsored programs are expected to disclose to the program

audience any real or apparent Conflict(s) of Interest that may have direct bearing on the subject matter of the continuing education program. This pertains to their relationships with pharmaceutical companies, biomedical device manufactures, or other corporations whose products or services are related to the subject matter of a presentation topic. The intention of this policy does not prevent a speaker with a potential conflict of interest from making presentations; it is merely intended that any potential conflict of interest should be identified openly so the listeners may form their own judgments about the presentation with full disclosure of the facts. It remains for the audience to determine whether the speaker's outside interests may reflect a possible bias in either the exposition or conclusions presented.

FACULTY DISCLOSURE:

The following Speaker(s) have indicated that they, nor their spouse or partner, do not have Conflicts of Interest, nor do they have financial relationships with a commercial interest related to their respective presentations:

- Yousef Bader, MD, Interventional Cardiology
- Samuel Hy Hui, MD, Vascular Surgery
- Mary Beth Mannino, Certified Holistic Health/Wellness Coach
- Abeer Bader, MSc, RD, LDN, CSOWM

The following speaker(s) have indicated financial relationships with commercial interests and agree to present programs in an unbiased manner:

- Daniel Lee, MD – Amigen; Jansen – Speaker's Bureau
- Nicolas Mouawad, MD, Vascular Surgery – Eliquis – Speaker's Bureau
- Kalil Masri, DO, Cardiology – Novartis; Baer – Speaker's Bureau

PLANNING COMMITTEE DISCLOSURE:

The following planning committee members have indicated that they, nor their spouse or partner, do not have any Conflicts of Interest related to this event:

- Kathleen Revard, PA
- Brittany Morley, MBA, BSN, RN
- Ashley Oliver, LBSW
- Patti Wesenick, Library/CME Coordinator

The following planning committee member(s) have indicated that they, or their spouse, have financial relationships with a commercial interest related to their respective presentations:

- Daniel Lee, MD – Amigen; Jansen – Speaker's Bureau