BAY COUNTY LIBRARY SYSTEM DONATES BABY BAGS

On August 30th the Bay County Library System donated a three-month supply of Baby Bags to the Family BirthPlace. The goal of Baby Bags is to promote early literacy in our newest population. The bags contain a congratulatory card for the parents, board book, information on the importance of early literacy, library card application for the new baby and reading resources. McLaren Bay Region is proud to sponsor this program!



The weekly newsletter for employees and friends of McLaren Bay Region

September 18, 2018 · Vol. 35, Issue 39

STATLINE

REHABILITATION AWARENESS WEEK

Submitted by: Judy Goik

National Rehabilitation Awareness Week is September 16 - 22, 2018.

Imagine having to learn how to walk again or to tie your shoes. What if you couldn't stand alone or take yourself to the bathroom? These are just a few scenarios facing patients who are going through physical rehabilitation. In an effort to honor patients who encounter situations like these and the clinicians who help them on the road to recovery, the National Rehabilitation Awareness Foundation (NRAF) recognizes the third full week of September as National Rehabilitation Awareness Week. Our goal this week is to educate people about the benefits of rehabilitation and the capabilities of people with disabilities. Nearly fifty million Americans have a disability and rehab professionals are dedicated to helping them live up to their fullest potential by helping individuals overcome obstacles and accomplish the normal tasks of daily living.

Services will be celebrating this week with activities for the patients, staff and community.

- Rehab Services staff are giving back to our community by raising funds to support the Disability Services Resource Center. Disability Services Resource Center (DSRC), formally known as the Bay County Society for Crippled Children and Adults, was founded in 1933 and is dedicated to helping people with disabilities. They provide Camping for Children and Adults, Disability Awareness Training, Ramp Building, Durable Medical Goods Loan Closet and Adaptive Sports and Athletic Events.
- A display highlighting Rehabilitative Services is set up in the main lobby.
- The patients at the Inpatient Rehabilitation Unit will celebrate the week with an Ice Cream Social.
- A staff gathering will be held to celebrate the event.

The Department of Rehabilitative Services team includes Physical

BAY REGION

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5 Foundation Grant Request Deadline

The Department of Rehabilitative

KARMANOS NETWORK CME EVENT: SMOKING CESSATION/RESOURCES - STEREOTACTIC RT UPDATE CRYOABALATION/LUNG RADS – McLAREN BAY REGION ROLLOUT OF LUNG CANCER SCREENING

September 19, 2018 | 6:00 p.m. – 8:00 p.m. Karmanos Cancer Center, 2nd Floor Conference Room 3140 W. Campus Drive • Bay City, MI 48706

Dinner will be served, please RSVP to asburyp@karmanos.org

PURPOSE and TARGETED AUDIENCE:

The conference will focus on one or more clinical issues and how those decisions are related to patient outcomes or relate to patient outcomes. The attendee not only learns the latest techniques and tools to more effectively and efficiently diagnosis and treat a disease, but also techniques and tools that may be either inefficient or result in grave danger to the patient. By presenting the research-based knowledge in conjunction with clinical scenarios the participants will be able to apply the new knowledge into their clinical practices. This program is designed as a Grand Rounds series for MGL hospital based physicians, physicians in training and other interested health care staff.

OBJECTIVE:

Review specific cancer cases for diagnosis and treatment modalities for presentation and discussion to but not limited to surgeons, clinical oncologists, radiation oncologists, diagnostic radiologists and primary care physicians practicing in the MHC system to discuss the management of difficult cases to improve patient care and outcomes.

STATEMENT OF NEED:

Grand Rounds, Speaker Seminar Series and Clinical Case Presentations are an integral component of medical education. They present clinical problems in medicine by focusing on current or interesting cases. They are also used as an instructional method for maintaining and improving clinical skills of practicing physicians. Discussion of published studies of new medical research does change the practice patterns of the clinician. These conferences summarize current treatment practices with the new research across subspecialiaties. Grand Rounds, Speaker Seminar Series and Clinical Case Presentations are used as a showcase for excellence in medical care or recent medical advances. It provides a format for "clinical problem-solving" exercises, giving learners a chance to observe the experts reasoning process.

ACCREDITATION:

The McLaren Greater Lansing, is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians.

AMA DESIGNATION STATEMENT

The McLaren Greater Lansing designates this educational activity for a maximum of 2 MSMS PRA Category 1 Credit(s)^M. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This program is anticipated to offer 2 hours of AOA Category 2-A CME credit, pending the approval of the AOA Council on Continuing Medical Education

KARMANOS CANCER INSTITUTE FACULTY:

Kendra Schwartz, MD James F. Littles, MD Hussein Aoun, MD

PROGRAM DIRECTOR:

Tom Boike, MD, MMM Karmanos Network Medical Director

CONFLICT OF INTEREST:

It is the policy of McLaren Greater Lansing and the Department of Continuing Medical Education to ensure balance, independence, objectivity and scientific rigor in all its individually sponsored or jointly sponsored educational programs. All faculty participating in any McLaren Greater Lansing sponsored program are expected to disclose to the program audience any real or apparent conflict(s) of interest that may have direct bearing on the subject matter of the continuing education program. Any conflicts of interest must be resolved prior to the program.

FACULTY & PROGRAM DIRECTOR:

- Kendra Schwartz, MD -
- James F. Littles, MD No conflicts of interest to disclose
- Hussein Aoun, MD In the past 12 months was a reviewer and received a per case honorarium for BTG
- Tom Boike, MD No conflicts of interest to disclose

EDUCATIONAL OBJECTIVES:

- At the conclusion of this session the learner will be able to:
 - Review specific cancer cases for diagnosis and treatment modalities to improve patient care and outcomes.

Sponsored By: McLaren Greater Lansing

In order to receive CME Credit you must sign in and complete an evaluation form (after the session). The link to the evaluation form is (select MGL Grand Rounds):

https://docs.google.com/forms/d/e/1FAlpQLSe4me99hIQtSe7sjScTQE9wKTzJ7HDk3MwAtWPwtZlLnVPXSg/viewformwarderseteent and the set of th





September is Sepsis Awareness Month!

WHAT CAN YOU DO TO HELP PREVENT SEPSIS?

Sepsis can be caused by any type of infection: bacterial, viral, fungal, or even parasitic. Many infections can be prevented simply by good and consistent hygiene. Others can be prevented through the use of vaccinations.

Get Vaccinated

Vaccinations, also known as immunizations, can help make you immune to viruses, such as the chicken pox, which can lead to sepsis.

Care for Open Wounds

Cuts, scrapes, or breaks in the

skin can allow harmful bacteria to enter your body. For this reason, it's essential to:

- Clean open wounds as quickly as possible and keep them clean.
- Monitor wounds for signs of an infection: such as redness around the wound, skin around the wound is warm to touch, increased pain and/or discharge from wound.
- Consult a doctor if there are signs of infection.

If Prescribed, Take Your Antibiotics Correctly

- Carefully follow the directions for use.
- Take them on time.
- Finish the full course, even if you

feel better sooner.

• Store the antibiotics as directed.

Wash Your Hands

Using running water. Lather your hands well, rub between each finger and under your nails, and dry your hands thoroughly with a clean towel. You can also use waterless cleansers if soap and water are not available. Make sure to wash your hands:

- Before eating or handling food.
- After using the bathroom.
- After blowing your nose or coughing.
- After touching pets or other animals.
- After being outside the home, such going to school or shopping.

BAY MEDICAL FOUNDATION

FOUNDATION IN FOCUS

GRANT REQUEST DEADLINE

The deadline is quickly approaching for those of you who would like to submit a grant request. Deadline is October 1st, if you would like to request a grant, the application can be found online at http://www. mclaren.org/bay-medical-foundation/

foundation-grants-subsite.aspx, click on "McLaren Bay Region & McLaren Bay Special Care Grant Request" at the bottom of the page. Please complete the form and submit the completed application to your Director for approval. Forward all approved grant requests to the Foundation office for processing. Please note: Quotes need to be current in order to be considered. All completed grant submissions will be reviewed.

MCLAFEN

For physicians, employees, volunteers and retirees. To submit a listing, choose one of the following:

- 1. Visit www.mclaren.org/bayregion and click on "For Employees," then "McLaren Marketplace"
- 2. Fax to (989) 891-8185
- 3. Email emma.miller@mclaren.org
- 4. Send by interoffice mail to Emma in marketing

AD DEADLINE

Two weeks before publication date (StatLine is published every Tuesday). Repeated ads are on a space-available basis. Home or cell phone number must be included in ad.

FOR SALE

 Multi-family rummage sale on Thursday, September 20 (5:30 PM - 7:30 PM), Friday, September 21 (8:00 AM - 7:00 PM) and Saturday, September 22 (9:00 AM - 5:00 PM). 320 Renshar Drive, Auburn. Something for everyone with over 2,000 items for sale!

RACE IN TO TAKE THE SURVEY!

McLaren Employee Engagement Survey

September 4 - 25, 2018

WAYS TO COMPLETE THE SURVEY:

- All McLaren Bay computers will have an icon on the desktop to access the survey. If you have a computer available at your work site, you may take the survey online when scheduling permits.
- Log in to your McLaren email account on your work or home computer and look for an email about the employee engagement survey. Follow the instructions to complete the survey.
- Computers will be available in HR (M-F, 7am 4:30pm).
- You can also use the "Survey Cafe" in the main cafeteria, which will be in the vendor sign-in area (next to the small cafe).

Your responses are COMPLETELY CONFIDENTIAL!

To maintain strict confidentiality, an independent group, SMD, has created, will administer, and will process employee responses to the survey. All results will be presented in aggregate, with a minimum threshold of at least five responses required for a work unit to receive results. No individual survey responses will ever be shared. From those survey results we will ask supervisors to develop plans to improve in the areas where the survey shows shortcomings. Major prize drawings will be held: September 10th, 17th and 24th Main Cafeteria at Noon

The following prizes will be up for grabs:

- •
- iPads (2)
- Apple Watch

PTO Days

- EShop \$\$
- Xbox
- Gift Certificates
- Saginaw Spirit Tickets
- McLaren Swag

To enter into the large prize drawings, simply print the "Thank You" page of the survey after you've completed it, write your name and phone number and drop it off in the cafeteria during the Race Game or to the HR Department (M-F, 7am-4:30pm).

PLAY THE RACE GAME AND WIN A PRIZE!

Bring the "Thank You" page of your survey to play for a chance to win fun prizes!

Race Game will be located in the Main Cafeteria and West Campus Cafe September 6th, 13th, and 20th 11:30am - 1pm.

Departments who reach 95% participation will receive a Pizza Party!





(Continued from page 1)

Therapists, Occupational Therapists, Speech Pathologists, Recreational Therapists, Physical Therapist Assistants, Rehab Nurses, Cardiac Rehab Nurses, Social Workers, Case Managers, Exercise Physiologists, Certified Athletic Trainers, Rehab Aides and Clerical staff. Our Medical Director, Dr. Sheshu Etha and Cindy Chapman, NP work closely with the staff.

Acute Care Rehab Services Staff

Inpatient rehabilitative services are provided at the main hospital for acute care, and at the Inpatient Rehabilitation Unit at the West Campus.

Outpatient services are provided at the following locations:

- Center for Rehabilitation (West Campus)
- Medical Mall Physical Therapy



Inpatient Rehab Unit Recreational Therapy

Center (Essexville)

- Westside Medical Mall (Euclid)
- **Pinconning Rehabilitation Center** •
- Auburn Rehabilitation Center
- **Riverview Physical Therapy** (located in the Bay Area Family Y)



Cardiac Rehab Staff



Outpatient Rehab Services Staff



Bay Physical Medicine & Rehab Staff



Inpatient Rehab Staff



Inpatient Rehab Unit Staff

REHAB FACTS

- Nearly 50 million Americans are disabled. Disability does not discriminate - every person is at risk of disability. Therefore, everyone is a potential candidate for rehabilitation.
- Most Americans will require at

least one rehabilitation service at some point in their lives.

- Rehabilitation can lengthen life, improve the quality of life and reduce subsequent illness.
- Independence gained or retained through rehabilitation is priceless.

Thank you to the Rehab **Department for** all you do!