



MEET McLAREN

BAY REGION PHYSICAL MEDICINE AND REHABILITATION

McLAREN BAY REGION PHYSICAL MEDICINE AND REHABILITATION SERVICES

At McLaren, our Physiatrists help to restore functional ability for patients facing physical challenges. Treating and diagnosing a wide range of conditions affecting the musculoskeletal and nervous systems, such as stroke, spinal cord injuries, and chronic pain. With a combination of medical management, physical therapy, and occupational therapy, PM&R practitioners develop individualized treatment plans that empower patients to regain independence and improve their overall well-being. The ultimate goal is to optimize function and promote an active lifestyle, enabling patients to lead fulfilling lives despite their challenges.



WHO CAN BENEFIT?

Physical Medicine and Rehabilitation offers a comprehensive approach to recovery and wellness for various patients.

- Chronic Pain
- Musculoskeletal Injuries
- Neurological Disorders
- Post-Surgical Patients
- Spasticity Management
- Sports Injuries
- Stroke Survivors

MEET YOUR LOCAL PHYSIATRISTS



VENKATA ETHA, MD

Physical Medicine and
Rehabilitation



PAUL McKELLIP, PA

Physical Medicine and
Rehabilitation

*To request a meet and greet
contact our physician liaison
gina.ora@mclaren.org*

SOME OF THE TREATMENTS OUR PHYSIATRISTS PROVIDE

Physiatrists, or rehabilitation physicians, provide a wide range of treatments to help individuals regain function and improve quality of life after injuries or illnesses. A few of the common treatments include:

- **Assistive Devices:** Recommending or fitting devices such as braces, orthotics, or wheelchairs to aid mobility and function.
- **Exercise Programs:** Creating tailored exercise regimens to enhance physical fitness and functional capacity.
- **Neurorehabilitation:** Focusing on recovery for patients with neurological conditions, such as stroke or spinal cord injuries.
- **Occupational Therapy:** Helping patients adapt to daily living activities and regain independence.
- **Pain Management:** Utilizing various techniques, including medication management, injections, and nerve blocks to alleviate pain.
- **Physical Therapy:** Prescribing and coordinating physical therapy to improve strength, flexibility, and mobility.

WE WELCOME YOUR REFERRAL

Fax referrals to (989) 667-6660, or send through Cerner. Please include the following information:

- Office visit notes (pertaining to the reason for referral, including all histories and medications)
- Current advanced imaging (within the last year) of the affected area
- Current patient demographics, including insurance information
- Any prior authorizations needed