Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services
 Coverage Period: Beginning on or after 01/01/2023

 MHP Community: Individual HMO - Bronze Standard Limited Cost Sharing
 I
 Coverage for: Single, Single + Spouse or Family
 I
 Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Customer Service at (888) 327-0671. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call (888) 327-0671 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$9,100/self-only or \$18,200/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.</u>
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	\$9,100/individual or \$18,200/family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Copayments</u> for certain services, premiums, <u>balance-billing charges</u> and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See McLarenHealthPlan.org or call 1-888-327-0671 for a list of <u>network providers</u> .	This plan uses a <u>provider</u> network. You will pay less if you use a provider in the <u>plan's</u> network (a " <u>Participating Provider</u> ". You will pay the most if you use a <u>non-Participating Provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>Provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>Participating Provider</u> might use a <u>non-Participating Provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> . Note, however, that some services require plan <u>Preauthorization</u> in order to be covered.

[* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) Page 1 of 9 (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

			What	You Will Pay			
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	None.	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> visit	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage.	
	Preventive care/screening/ immunization	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge	Not Covered	Plan Preauthorization for some services is required. See Section 8.2.1 of your Certificate of Coverage. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization is required for genetic testing.	
	Imaging (CT/PET scans, MRIs)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization is required.	

[* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

			What `	You Will Pay		
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
	Tier 1 (Preferred Generic drugs)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	
If you need drugs to treat your illness or condition	Tier 2 (Preferred Brand drugs)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u> .	Not Covered	Plan Preauthorization is required for some drugs. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/commun</u> <u>ity-member/marketplace-mhp.aspx</u>
More information about prescription drug coverage is available at www.[insert].com	Tier 3 (Non-Preferred Generic and Non-Preferred Brand drugs)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	
	Specialty drugs	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Only Brand Drugs are Covered. <u>Plan</u> <u>Preauthorization</u> is required. See the Plan Formulary at <u>http://www.mclarenhealthplan.org/commun</u> <u>ity-member/marketplace-mhp.aspx</u>
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization for some services is
	Physician/surgeon fees	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	required. See Section 8.2.1 of your Certificate of Coverage.

			What	You Will Pay		
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
	Emergency room care	No charge <u>Deductible</u> does not apply.		No charge after <u>Deductible</u>	No charge after <u>Deductible</u>	None.
If you need immediate medical attention	Emergency medical transportation	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	No charge after <u>Deductible</u>	Emergency medical transportation from a <u>Non-Participating Provider</u> may result in a <u>balance bill</u> .
	<u>Urgent care</u>	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	No charge after <u>Deductible</u>	Urgent care from a Non-Participating Provider may result in a <u>balance bill</u> .
lf you have a hospital stay	Facility fee (e.g., hospital room)	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	<u>Plan Preauthorization</u> is required for the service to be Covered (with the exception of Maternity Care.)
	Physician/surgeon fees	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization is required for the service to be Covered (with the exception of Maternity Care.)

			What `	You Will Pay			
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information	
lf you need mental health, behavioral	Outpatient services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	None.	
health, or substance abuse services	Inpatient services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Plan Preauthorization is required for the service to be Covered. See Section 8.02.01 of your Certificate of Coverage	
	Office visits	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered		
lf you are pregnant	Childbirth/delivery professional services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive</u> <u>services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
	Childbirth/delivery facility services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered		
If you need help recovering or have other special health needs	Home health care	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	<u>Plan Preauthorization</u> is required for the service to be Covered. Housekeeping services and custodial care are excluded.	

[* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

			What You Will Pay				
	Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
If you need help recovering or have	recovering or have other special health	Rehabilitation services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30. <u>Plan Preauthorization</u> is required for the service to be Covered.
	needs	Habilitation services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Physical and Occupational Therapy Disorder and Speech Therapy Treatment for Treatment other than for Autism Spectrum: 30 visits annual max for each. Chiropractic services are limited to 20 visits of the 30. <u>Plan Preauthorization</u> is required for the service to be Covered.
		Skilled nursing care	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	60 days annual max
		Durable medical equipment	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Durable medical equipment that costs \$3,000 or more requires <u>Plan</u> <u>Preauthorization</u> .
		Hospice services	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Inpatient hospice services require <u>Plan</u> <u>Preauthorization</u> . 45 days annual max for inpatient hospice services.

		What You Will Pay				
Common Medical Event	Services You May Need	In-Network I/T/U Provider	Out-of- Network I/T/U Provider	Other In- Network Providers	Out-of- Network Non-I/T/U Provider	Limitations, Exceptions, & Other Important Information
	Children's eye exam	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after <u>Deductible</u>	Not Covered	Benefit maximum: 1 eye exam per calendar year.
If your child needs dental or eye care	Children's glasses	No charge <u>Deductible</u> does not apply.	Provider <u>Balance</u> <u>Bill</u>	No charge after Deductible	Not Covered	Benefit maximum: 1 pair of glasses per calendar year.
	Children's dental check-up	Not covered	Not Covered	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)								
 Abortion Acupuncture Cosmetic surgery Dental care (Pediatric) Dental care (Adult 	 Hearing aids Long-term care Non-emergency care when traveling outside the U.S. 	 Private-duty nursing Routine eye care (Adult) Routine foot care 						
Other Covered Services (Limitations m	Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)							
Bariatric surgery	Infertility services							
Chiropractic care	 Weight loss programs 							

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: your state insurance department at the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877) 999-6442 or DIFS-HICAP@Michigan.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also

[* For more information about limitations and exceptions, see the plan or policy document at McLarenHealthPlan.org.]

provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Department of Insurance and Financial Services (DIFS) at (877) 999-6442. Additionally, a consumer assistance program can help you file your appeal. Contact the Michigan Health Insurance Consumers Assistance Program (HICAP) at (877-999-664 or <u>DIFS-HICAP@Michigan.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (888) 327-0671.] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (888) 327-0671.] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (888) 327-0671.] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (888) 327-0671.]

–To see examples of how this plan might cover costs for a sample medical situation, see the next section.–

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal ca hospital delivery)		Managing Joe's type 2 Diab (a year of routine in-network care of controlled condition)	Mia's Simple Fracture (in-network emergency room visit and follow up care)		
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist [cost sharing]</u> Hospital (facility) [<u>cost sharing</u>] Other [<u>cost sharing</u>] 	\$9100 0% 0% 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [cost sharing] Hospital (facility) [cost sharing] Other [cost sharing] 	\$9100 0% 0% 0%	 The <u>plan's</u> overall <u>deductible</u> \$91 <u>Specialist [cost sharing]</u> 0% Hospital (facility) [cost sharing] 0% Other [cost sharing] 0% 	
This EXAMPLE event includes service <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood v</i> Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes servicePrimary care physicianPrimary care physicianoffice visits (include)disease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose metical)	ding	This EXAMPLE event includes serv Emergency room care (including med supplies) Diagnostic test (x-ray) Durable medical equipment (crutches Rehabilitation services I(physical the	ical
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$9,100	Deductibles	\$5,400	Deductibles	\$2,800
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
Coinsurance	\$0	Coinsurance \$0		<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$9,160	The total Joe would pay is	\$5,420	The total Mia would pay is	\$2,800