

35th Annual  
Office Medicine  
Update

February 15-17, 2019  
Cedar River  
Bellaire, Michigan

Sponsored By:



TARGETED AUDIENCE & PURPOSE

This conference is designed to provide primary care physicians (family practitioners, general practitioners, internists and pediatricians) with evidence based learning opportunities to increase knowledge, attitude, and skills to enhance practice performance and improve the health status of patient care clinical issues encountered in the medical office setting.

ACCREDITATION

The McLaren Health Care, is accredited by the Michigan State Medical Society Committee on CME Accreditation to provide continuing medical education for physicians.

AMA DESIGNATION STATEMENT

The McLaren Health Care designates this educational activity for a maximum of 12.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AOA ACCREDITATION

This program is anticipated to offer 12.0 hours of AOA Category 1-A CME credit, pending the approval of the AOA Council on Continuing Medical Education.

NEEDS ASSESSMENT

This educational program was developed to meet the primary care physician's needs assessment, past conference attendees identified needs assessment, national guidelines, local state initiatives and the Program Director/Chief Medical Officer.

PROGRAM DIRECTOR

**Robert Flora, MD, MBA, MPH**  
Chief Academic Officer/Designated Institutional Officer  
McLaren Health Care

PROGRAM COORDINATOR

**Peggy Mariucci**  
McLaren Health Care - Continuing Medical Education

PROGRAM LEARNING OBJECTIVES

At the conclusion of this course, the participant will be able to:

1. Demonstrate an understanding of common clinical problems seen in office medicine.
2. Construct evidence-based best practice strategies to diagnose and treat common conditions in practice.

FRIDAY, February 15, 2019

AFTERNOON SESSION

Moderator: Aaron Bohrer, DO

Educational Objectives: At the conclusion of this session, the participant will be able to:

1. Apply mechanisms and techniques for adjunctive treatment of influenza, bronchitis and asthma with OMM;
2. Review outpatient diabetes management;
3. Recognition of common LGBTQIA terminology;
4. Define MSM (men who have sex with men), WSW (women who have sex with women);
5. Review bisexual health screening recommendations as well as health risks;
6. Recognize strategies towards implementing primary care for these populations;
7. Discuss wound care and proper work-up for a referral

2:00p *Registration - Snack*

3:00p Osteopathic Manipulative Medicine  
Wendy Page Echols, DO, William Page Echols, DO

3:45p Managing Diabetes  
Aaron Bohrer, DO

4:30p LGBTQIA Health Training and Recommendations  
Elizabeth (Libby) P. Pionk, DO

5:15p Podiatry Wound Care  
James Toney, DPM

6:00p Afternoon Session Concludes

SATURDAY, February 16, 2019

MORNING SESSION

Moderator: Robert Flora, MD

Educational Objectives: At the conclusion of this session, the participant will be able to:

1. Describe various medications and other treatments for patients presenting with dementia associated with behavioral issues;
2. Discuss new developments in the pathogenesis, diagnosis and management of patients with Obstructive Sleep Apnea;
3. Identify daytime sleepiness or fatigue as an Obstructive Sleep Apnea symptom;
4. Review cardiac consequences associated with Obstructive Sleep Apnea;

5. Outline diagnostic risk factors and subsequent treatment options for Obstructive Sleep Apnea;
6. Provide an overview of the opioid legislation passed in Michigan in late 2017;
7. Review requirements for providers to be in compliance with the new laws and available resources;
8. Summarize recent developments and challenges in nephrology patients;
9. Work with your Nephrologist to construct a primary care office management plan for nephrology patients;
10. Recognize opioid use disorder as a chronic, relapsing, and treatable disease;
11. Describe basic neuroscience of opioid use disorder;
12. Recognize opioid use disorder epidemiology, and the prevalence of co-occurring psychiatric disorders

6:30a *Registration - Breakfast*

7:00a Psychosis & Agitation in Dementia  
J. Blake Casher, DO, MA FACN

7:45a Obstructive Sleep Apnea Update  
Salah E. Aboubakr, MD, FCCP, FAASM

8:30a Michigan Opioid Legislation  
Brittany Bogan, MHSA, FACHE, CPPS

9:15aa Nephrology Update  
Carla Dudash, DO

10:00a Patient Addiction  
Jose Herrera, MD

10:45a Questions and Answers

11:00a Session Concludes

SATURDAY, February 16, 2019

AFTERNOON SESSION

Moderator: Geoffrey Linz, MD

Educational Objectives: At the conclusion of this session, the participant will be able to:

1. Review current literature on UTIs in women;
2. Utilize recommended treatment guidelines for UTIs in women;
3. Review Algorithm for evaluation of cardiac murmurs;
4. Describe management of medical surgical endovascular;
5. Define high value care;
6. Discuss the Physician's role and impact in a high Value Care Program that is evidence-based, patient-centered and data-driven;
7. Recognize the effects of fatigue on performance;
8. Discuss preventive measures that can be made to ameliorate the effects of fatigue

2:00p *Registration - Snack*

3:00p Update on UTIs in Women  
Robert Flora, MD, MBA, MPH

3:45p My Patient Has A Murmur – What Next?  
Divyakant Gandhi, MD

4:30p Reducing Waste Through High Value Care  
Timothy Hannon

5:15p Physician Fatigue  
Gary Roth, DO, MBA, FACOS, FCCM, FACS

6:00p Afternoon Session Concludes

6:00p-8:30p  
Display Tables –Outside Conference Room

SUNDAY, February 17, 2019  
MORNING SESSION

Moderator: Geoffrey Linz, MD  
Educational Objectives: At the conclusion of this session, the participant will be able to:

1. Review chronic venous insufficiency and the importance of early diagnosis;
2. Prove a practical approach to the diagnosis and management of per-menopausal and menopausal symptoms

6:30a Registration-Breakfast

7:00a Chronic Venous Insufficiency  
Peter T. Burke, MD

8:00a Menopause  
Robert Seiler, DO

9:00a Conference Adjourns

FACULTY

**Salah Aboubakr, MD, FCCP, FAASM**  
Medical Director  
McLaren Greater Lansing Sleep Center

**Brittany Bogan**  
Senior Vice President, Safety & Quality  
Michigan Health & Hospital Association

**Aaron M. Bohrer, DO, ABIM**  
Medical Director  
Capital Internal Medicine Associates – Hospitalists Services

**Peter Burke, MD, ABIM, CVD, IVC**  
Interventional Cardiologist  
Cardiovascular Specialist

Associate Clinical Professor

Michigan State University

**J. Blake Casher, DO, MA, FACN**  
Medical Director, Geropsych Program  
McLaren Greater Lansing

**Carla Dudash Mion, DO**  
Nephrologist, Private Practice

**Robert Flora, MD, MBA, MPH**  
Chief Academic Officer/Designated Institutional Officer  
McLaren Health Care

**Divyakant B. Gandhi, MD, FACS, FRCS**  
Chief McLaren Greater Lansing  
Cardiothoracic & Vascular Program

**Timothy Hannon, MD, MBA**  
President and CEO  
Health Care Forward

**Jose Herrera, MD**  
Assistant Professor  
Department of Psychiatry  
Michigan State University

**Wendy E. Page-Echols, DO**  
Associate Professor  
Osteopathic Manipulative Medicine – MSU-COM

**William H. Page-Echols, DO**  
Associate Professor  
Osteopathic Manipulative Medicine – MSU-COM

**Elizabeth Pionk, DO**  
Family Medicine Faculty/Hospitalist  
Family Medicine Program  
McLaren Bay Region

Michigan Association of Osteopathic Family Physicians  
Co-Chair, Public Affairs Committee

Michigan Academy of Family Physicians  
Trustee, Family Medicine Foundation of Michigan

**Gary Roth, DO, FACOS, FCCM, FACS**  
Chief Medical Officer  
Michigan Health and Hospital Association

**Robert Seiler, DO, FACOOG**  
Assistant Clinical Professor, MSU-COM  
OB/GYN Residency Program Director, McLaren Greater Lansing

**James R. Toney, DPM, AACFAS**  
Foremost Podiatry

CONFLICTS of INTEREST

It is the policy of McLaren Health Care and the Department of Continuing Medical Education to ensure balance, independence, objectivity and scientific rigor in all its individually sponsored or jointly sponsored educational programs. All Program Directors, Moderators, activity planners and faculty participating in any McLaren Greater Lansing sponsored program are expected to disclose any

real or apparent conflict(s) of interest that may have direct bearing on the subject matter of the continuing education program. McLaren Greater Lansing will resolve conflicts of interest prior to the program and provide a listing of any disclosures or the absence of any disclosures prior to the beginning of any activity.

Faculty (Continuing Medical Education)

Salah Aboubakr, MD - No conflicts of interest to disclose  
Brittany Bogan - No conflicts of interest to disclose  
Aaron Bohrer, DO – No conflicts of interest to disclose  
Peter Burke, MD – No conflicts of interest to disclose  
J. Blake Casher, DO – No conflicts of interest to disclose  
Carla Dudash, DO - No conflicts of interest to disclose  
Robert Flora, MD - No conflicts of interest to disclose  
Divyakant Gandhi, MD - No conflicts of interest to disclose  
Timothy Hannon, MD – Disclosed he is the CEO/Consultant of Health Care Forward – MHC has a contract with Healthcare Forward – This is not a conflict of interest  
Jose Herrera, MD - No conflicts of interest disclosed  
Wendy Page Echols, DO – No conflicts of interest to disclose  
William Page Echols, DO – No conflicts of interest to disclose  
Elizabeth Pionk, DO – No conflicts of interest to disclose  
Gary Roth, DO – No conflicts of interest disclosed  
Robert Seiler, DO – No conflicts of interest to disclose  
James Toney, DPM - No conflicts of interest to disclose

*All of the above faculty members may receive a small honorarium from MGL for this activity.*

Program Director, Moderators, CME Coordinator

Robert Flora, MD - No conflicts of interest to disclose  
Geoffrey M. Linz, MD – No conflicts of interest to disclose  
Peggy Mariucci – No conflicts of interest to disclose

ACKNOWLEDGEMENTS

McLaren Health Care Continuing Medical Education Department will like to acknowledge the following companies who purchased a display table:

There is no commercial support for this activity.

TO REGISTER FOR THE PROGRAM

Please click on the following link to register -  
<https://goo.gl/forms/M1pfHmwoma3nEiEZ2>

Or –Email to [peggy.mariucci@mcclaren.org](mailto:peggy.mariucci@mcclaren.org)

Or - Register on site at the conference



**CEDAR RIVER VILLAGE**  
SHANTY CREEK RESORTS®

**McLaren Greater Lansing (463318)**  
February 14, 2019 - February 18, 2019

**Reservations Must Be Received By: January 14, 2019**

Reservation requests received after this date will still be accepted provided rooms are available.

**PLEASE RETURN THIS FORM BY MAIL (OR) FAX TO:**

Reservations Department • Shanty Creek Resorts  
5780 Shanty Creek Road • Bellaire, MI 49615  
Fax: 231.533.7004  
Check-in begins at 5pm, Check-out is 12 Noon.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Business Phone: \_\_\_\_\_

Confirmation Email: \_\_\_\_\_ Fax: \_\_\_\_\_

You are welcome to arrive early or extend your stay following this scheduled event. At times, specified accommodations are not available prior to or following your event. If the room type requested is not available, we reserve the right to assign the next available room type and rate.

**\*\*Shanty Creek Resorts will extend complimentary skiing to conference guests lodging at SCR on Thursday, February 14th and Friday, February 15th from 9am-5pm. This offer cannot be offered to guests staying in properties that are not owned or managed by Shanty Creek Resorts. \*\***

Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_ # Adults: \_\_\_\_\_ # Children: \_\_\_\_\_

Quantity	Room Type	1 Adult	2 Adults	3 Adults	4 Adults
	1 Bedroom Suite (Cedar River Village)	\$227	\$227	\$227	\$227

Children under 18 may stay free in their parents' room using existing bedding.  
The above rates are per room, per day, plus 6% state tax, 9% resort fee and 5% TCCVB fee.

**IF YOUR ORGANIZATION IS STATE TAX EXEMPT, YOU MUST FURNISH A COPY OF THE STATE TAX EXEMPTION CERTIFICATE (IRS Form 3372) WHEN MAKING YOUR RESERVATIONS.**

**THIS FORM MUST BE MAILED, EMAILED TO [SCRRESERVATIONS@SHANTYCREEK.COM](mailto:SCRRESERVATIONS@SHANTYCREEK.COM) OR FAXED TO RECEIVE THE GROUP DISCOUNTED RATES.**

**Do you have any special lodging requests?**

Barrier Free: \_\_\_\_\_ Other (Please Indicate): \_\_\_\_\_

We do our best to honor special requests, however we cannot guarantee them.

**Deposit Policy:** Reservations must be guaranteed by credit card deposit or a check in the amount of the 1<sup>st</sup> nights lodging. A Reservations Agent will call within 24 hours of receiving your form to obtain the credit card number. Reservations not guaranteed with a credit card may be subject to cancellation. If mailing a check, your reservation will be held for 10 days pending receipt of the check. If credit card deposit is made and organization pays in full by check, refunds of credit card are subject to a \$10.00 handling fee.

**Cancellation Policy:** Refund of your deposit will be made if cancellation occurs at least 5 days prior to arrival, less a \$10 handling fee.

Use of Debit cards at the resort for lodging or deposits may cause your financial institution to put a hold on your account for the total amount of the stay plus a \$50.00 per night incidental charge. The resort is not responsible for returned check fees resulting from this practice by your financial institution.

**FOR QUESTIONS OR FOR MORE INFORMATION, PLEASE CALL 866.695.5012**