



THYROID CLINIC

The Thyroid Clinic is a virtual clinic under the umbrella of the Karmanos Cancer Institute. The clinic is led by five board-certified otolaryngologists, who are trained in the diagnosis and treatment of thyroid disease, and a thyroid nurse navigator. It is designed to reduce a patient's time for treatment and deliver the highest-quality care dedicated to the evaluation and management of patients with abnormal ultrasound findings and thyroid nodules and those who are at a high risk of thyroid cancer. If the ultrasound findings are suspicious or have a high TI-RAD score, then a referral will be made for an ultrasound-guided biopsy. Any abnormal biopsy or any patient with compressive symptoms should be referred to the Thyroid Clinic for discussion and further treatment.

GENERAL SCREENING GUIDELINES (BASED ON TI-RAD SCORING):

Scoring is determined from five categories of ultrasound findings. The higher the cumulative score, the higher the TI-RADs (TR) level and likelihood of malignancy. TR3, TR4 and TR5 may require a biopsy.

- TR1: No FNA required
- TR2: No FNA required
- TR3: ≥ 1.5 cm—follow up
 ≥ 2.5 cm—FNA
 Follow up in 1, 3, and 5 years
- TR4: ≥ 1.0 cm—follow up
 ≥ 1.5 cm—FNA
 Follow up in 1, 3, and 5 years
- TR5: ≥ 0.5 cm—follow up
 ≥ 1.0 cm—FNA
 Annual follow ups for up to 5 years.



CONTACT US

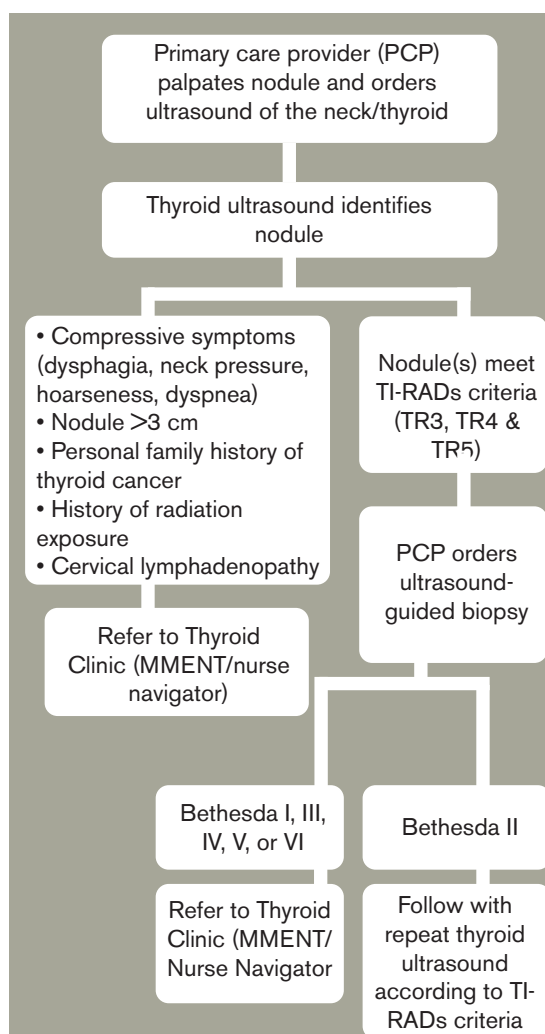


Kaytee Iverson
 RN, BSN
 Thyroid Nurse Navigator

Karmanos Cancer Institute
Thyroid Multidisciplinary Clinic
 3520 Forest Road
 Lansing, MI 48910
 Phone: (517) 975-7808
 Fax: (517) 975-7810

Monday-Friday: 8 am - 5 pm

To refer a patient to the Thyroid Clinic, please refer in Cerner/consult with Nurse Navigator or visit mclaren.org/careconnect and fill out a referral form.



THYROID CLINIC SERVICES

MID-MICHIGAN EAR, NOSE, AND THROAT PARTNERS



**Jason
Chesney, DO**



**Danielle
Gainor, MD**



**Eric
Goebel, MD**



**Ahmed
Sufyan, MD**

NURSE NAVIGATOR

The nurse navigator provides assistance and support to the patient and family by removing barriers to care. Patient education, physician-patient communication, and taking the time to listen to the patient and family's concerns are just some of what a nurse navigator offers.

Kaytee Ivison, RN, BSN

Phone: (517) 975-7808 Fax: (517) 975-7810

TUMOR BOARD TEAM

The tumor board team is made up of a group of specialists that includes medical and radiation oncologists, urologists, radiologists, pathologists, and oncology nurse navigators. This team meets during each MDC to discuss and develop a personal plan of care for each patient. This plan of care is then discussed with the patient and the family the same day.

GENETIC TESTING

Cancer genetic counseling services help the patient and their family learn about the impact their personal and family history has on their chance of developing cancer, and the risk other family members may have in getting cancer. Genetic testing also helps the patient understand prevention, early detection, and treatment options.

THYROID CANCER SUPPORT GROUP

A monthly support group is offered for current thyroid cancer patients, survivors, and caregivers.

FINANCIAL NAVIGATOR

Financial burden can add stress and distraction from treatment for the patient and family. McLaren Greater Lansing offers assistance with the help of a financial navigator. If a patient has questions or concerns about their insurance or ability to pay your medical bill, our financial navigator can meet with them and help to answer their questions and concerns.

Ashley Gregory

Phone: (517) 975-1579 Fax: (517) 975-1592

Eric Christensen

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