

SLEEP AND ALERTNESS CENTER

Meet McLaren

The Sleep and Alertness Center has been fully accredited by the American Academy of Sleep Medicine for more than 20 years.

Our staff consists of board-certified sleep physicians and registered polysomnographic technologists with more than 85 collective years of knowledge in the sleep field. Many staff members regularly participate in national and international conferences and projects.

HOW TO REFER:

Find LN23 - MGL Sleep Center in Cerner, and choose "Sleep Study Evaluation." You can also fill out a referral form at mclaren.org/careconnect, or call (517) 975-3386.

Services focus on identifying many common sleep disorders including, but not limited to:

- Obstructive sleep apnea
- Narcolepsy
- Periodic limb movements
- Restless leg syndrome
- Insomnia
- Pediatric sleep disorders

CONTACT:

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Fax: (517) 975-3390



Salah
Aboubakr, MD,
FCCP, FAASM

Consultative services:

Our physicians can conduct a comprehensive clinic interview and review of the patient's sleep and medical history, symptoms, and sleep patterns prior to any sleep study to determine which diagnostic sleep testing would be beneficial.

At your request, our physicians will do a one-time follow-up appointment or continuous follow-up appointments to support your patient regarding any treatment recommendation the patient has elected to utilize.