Welcome Certified Nurse Midwife,
Sameerah Shareef

Sameerah Shareef, CNM, provides nurse midwifery services at McLaren Greater Lansing Women’s Health Okemos and North locations. Sameerah received her bachelor’s of science degree from Michigan State University and her masters degree in nursing from Case Western Reserve University. She studied midwifery at Frontier School of Midwifery and Family Nursing.
GYNECOLOGIC ONCOLOGY

The Gynecologic Oncology Multidisciplinary Team (MDT) at the Karmanos Cancer Institute is committed to providing outstanding and innovative care for patients with cervical, fallopian tube, ovarian, uterine (endometrial), vaginal and vulvar cancer, as well as gestational trophoblastic disease. Our team collaborates with referring physicians to quickly and accurately confirm a cancer diagnosis and identify the type and severity of the disease.

• Gynecologic cancer diagnosis needing surgery, radiation, and/or chemotherapy
• Symptoms suspicious for a gynecologic malignancy such as a complex pelvic mass, malignant ascites, and/or elevated CA-125
• Vulvar, vaginal, or cervical lesions suspicious for malignancy on pelvic exam
• Early cervical cancer interested in fertility-sparing surgery
• Pelvic masses and endometrial cancer
• Complicated pre-invasive disease of the lower genital tract
• A personal and/or family history suggestive of hereditary gynecologic cancer
• Patients interested in clinical trials

Karmanos Cancer Institute at McLaren Greater Lansing
3520 Forest Road
Lansing, MI 48910
Phone: (517) 975-9500
Fax: (517) 975-9520

You can refer patients to Dr. Field in Cerner or call (517) 975-9500.

Specialized Gynecologic Surgery

• Laser surgery
• Vaginal surgery
• Minimally invasive laparoscopy procedures
• Minimally invasive robotic-assisted hysterectomy
• Hysteroscopic endometrial ablation
• Vaginal rejuvenation

HPV Vaccine

According to the CDC, every year in the United States, 36,500 people (including women and men) are estimated to be diagnosed with a cancer caused by HPV infection. Although cervical cancer is the most well-known of the cancers caused by HPV, there are other types of cancer caused by HPV. HPV vaccination could prevent more than 90% of cancers caused by HPV from ever developing, which is an estimated 33,700 cases in the United States every year.

• Vaccination can begin at age 9
• Two-dose schedule for ages 9-14
• Three-dose schedule for ages 15+
• Approximately 85% of people will get an HPV infection in their lifetime
• HPV vaccine is most effective when given before someone is exposed to HPV
The Breast Services Clinic is a detailed and thorough breast evaluation clinic. All of our physicians, clinicians, and staff are attuned to women’s needs. With their clinical expertise and understanding of your health concerns, they provide superior care.

Our clinic includes surgeons and breast imaging radiologists on-site and offers consultation, treatment planning, and surgery options.

Every woman is unique. Our providers know this and treat each woman individually.

Overall Health Maintenance
- Annual exams (pap/pelvic/breast)
- Breast exams and preventative screenings
- Management of abnormal pap smears
- Birth control/family planning
- Treatment of sexually transmitted diseases
- Treatment of vaginal infection, chronic pelvic pain, endometriosis, and fibroids

Adolescents
- Treatment of irregular menstrual cycles
- Gardasil vaccine for HPV/cervical cancer prevention
- Adolescent gynecology and counseling

Menopause and beyond
- Traditional or alternative hormone replacement therapies
- Pessary insertion/removal for pelvic wall support
- Urinary incontinence treatments

Family Planning
- Pregnancy
- Prenatal care
- Obstetrical care
- Vaginal deliveries
- Caesarean deliveries
- VBAC deliveries
- 24-hour hospital anesthesia and pediatric care
- High-risk pregnancies
- Multiple gestations
- Ultrasound imaging
- Infertility counseling and treatment
- Doula support
- Midwifery

Contact
Located at the MSU Health Care at McLaren Greater Lansing Breast Imaging Center
3520 Forest Road, 3rd Floor
Lansing, MI 48910
Phone: (800) 625-2736
Fax: (517) 975-6423
McLAREN NOW OFFERING BIRTHING CLASSES

Expectant parents now have the unique opportunity to participate in McLaren Greater Lansing’s labor support class, held at The Birthplace, our labor and delivery unit at the hospital. This one-day course is led by our experienced nurse educator, Allison Claeys, RN-C, C-EFM, and gives an exclusive perspective where patients learn more about the birthing process at McLaren along with receiving a tour of the facility to better prepare them for the big day.

The class includes a full range of preparation and techniques of laboring and post-labor care including:

• The labor process
• Hospital admission process, labor positioning, and comfort and pain control techniques
• Delivery and postpartum care

The class is currently being offered to those who will be delivering at McLaren Greater Lansing’s Birthplace and are in their third trimester (after 32 weeks) and their partners. Your patients can register online at mcclaren.org/lansingbirthclass.

OUTPATIENT LACTATION SERVICES

McLaren Greater Lansing’s Birthplace offers a comprehensive inpatient and outpatient lactation service, led by Tammy Ashley, NP, IBCLC. Our lactation services help new moms and babies who require breastfeeding assistance. Tammy is here to assist any mom or baby who is struggling with latching, milk supply, or other breastfeeding complications.

Outpatient referred moms and babies will be seen in the Birthplace at scheduled appointment times. Once a referral is received, families can usually be seen in one to three days.

Most appointments are covered through insurance. Your patient would need to contact their insurance company for questions about coverage.

HOW TO REFER:
Visit mcclaren.org/careconnect to fill out referral form.

To schedule: (517) 975-7330