



MEET McLAREN

# WOMEN'S HEALTH SERVICES

## McLAREN GREATER LANSING WOMEN'S HEALTH SERVICES

Every woman is unique. Our skilled and caring medical providers understand this and are here to provide a range of services specific to a woman's health needs. McLaren is ready to provide women in our communities with the best in specialty services and diagnostics.



## TREATMENTS AND PROCEDURES

At McLaren we provide a vast range of services, treatments, and procedures. Some may include:

### OVERALL HEALTH MAINTENANCE

- Annual exams (pap/pelvic/breast)
- Breast exams and preventative screenings
- Management of abnormal pap smears
- Birth control/family planning
- Treatment of sexually transmitted diseases
- Treatment of vaginal infection, chronic pelvic pain, endometriosis, and fibroids

### ADOLESCENTS

- Treatment of irregular menstrual cycles
- Gardasil vaccine for HPV/cervical cancer prevention

### MENOPAUSE AND BEYOND

- Traditional or alternative hormone replacement therapies
- Pessary insertion/removal for pelvic wall support
- Urinary incontinence treatments

# FAMILY

## PLANNING:

- Pregnancy
- Prenatal care
- Obstetrical care
- Vaginal deliveries
- Caesarean deliveries
- VBAC deliveries
- 24-hour hospital anesthesia and pediatric care
- High-risk pregnancies
- Multiple gestations
- Ultrasound imaging
- Infertility counseling and treatment
- Doula support
- Midwifery

## LOCATIONS



### **McLaren Greater Lansing Women's Health - DeWitt**

12805 Escanaba Dr., Ste. 2

DeWitt, MI 48820

p: (517) 975-9750

f: (517) 975-9777



### **McLaren Greater Lansing Women's Health - Grand Ledge**

1035 Charlevoix Dr., Ste. 200

Grand Ledge, MI 48837

p: (517) 626-3100

f: (517) 626-3110



### **McLaren Greater Lansing Women's Health - North**

1540 Lake Lansing Rd., Ste. 205

Lansing, MI 48912

p: (517) 913-3840

f: (517) 913-3842



### **McLaren Greater Lansing Women's Health - Okemos**

2104 Jolly Rd. Ste. 220

Okemos, MI 48864

p: (517) 975-1400

f: (517) 975-1405

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## WE WELCOME YOUR REFERRAL

Fax referrals to (517) 975-1405, or send through Cerner.

Please include the following information:

- Office visit notes (pertaining to the reason for referral, including all histories and medications).
- Current advanced imaging (within the last year) of to the affected area.
- Current patient demographics.
- Any prior authorizations needed.

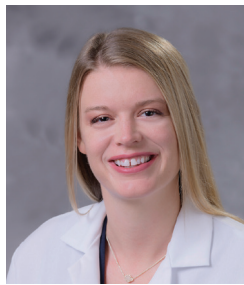
# MEET OUR WOMEN'S HEALTH TEAM



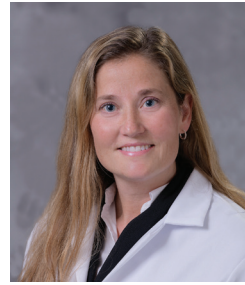
**GIANINA  
CAZAN-LONDON**  
Fetal/Maternal  
Medicine



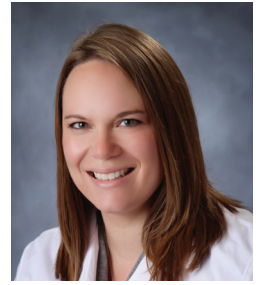
**ELIZABETH  
FERIK, DO**  
OBGYN



**CHERYL  
FOUCHER, DO**  
OBGYN



**JESSICA  
KILEY, MD**  
OBGYN



**ELIZABETH  
LINDSEY, DO**  
OBGYN



**LAURA  
KOTA, MD**  
OBGYN



**BETTY  
DAWSON, NP**



**ELIZABETH  
ROOT, CNP**

## MIDWIFERY PROGRAM SAMEERAH SHAREEF, CNM

Sameerah Shareef, CNM, provides nurse midwifery services at McLaren Greater Lansing Women's Health Okemos and North locations. Sameerah received her bachelors of science degree from Michigan State University and her masters degree in nursing from Case Western Reserve University. She studied midwifery at Frontier School of Midwifery and Family Nursing.



**SAMEERAH  
SHAREEF, CNM**  
Midwife

*Would you like to request a meet and greet?  
Contact our provider liaison [mark.wehner@mclaren.org](mailto:mark.wehner@mclaren.org)*



## McLAREN BIRTHING CLASSES

Expectant parents have the unique opportunity to participate in McLaren Greater Lansing's labor support class, held at The Birthplace, our labor and delivery unit at the hospital. This one-day course is led by our nurses from the The Birthplace and gives an exclusive perspective where patients learn more about the birthing process at McLaren along with receiving a tour of the facility to better prepare them for the big day.

The class includes a full range of preparation and techniques of laboring and post-labor care including:

- The labor process
- Hospital admission process, labor positioning, and comfort and pain control techniques
- Delivery and postpartum care

The class is currently being offered to those who will be delivering at McLaren Greater Lansing's Birthplace and are in their third trimester (after 32 weeks) and their partners. Your patients can register online at [mclaren.org/lansingbirthclass](https://mclaren.org/lansingbirthclass)



## AWARD WINNING CARE

The Birthplace at McLaren Greater Lansing is the proud recipient of the 2023 Michigan Alliance for Innovation on Maternal Health (MI AIM) quality improvement silver designation in recognition of Michigan birthing hospitals improving care for mothers and babies.