



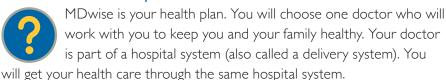
# A Wise Choice For You and Your Family

Your Guide to MDwise Health Plans



MDwise is an Indiana-based health coverage company. We provide Indiana families access to high quality health care. MDwise works with the state of Indiana to provide medical, dental, vision and behavioral health benefits through the Healthy Indiana Plan (HIP) and Hoosier Healthwise.

#### How does the MDwise plan work?



## The following information is available in the member handbook on MDwise.org:



- Prior Authorization (PA).
- Utilization Management (UM) procedures.
- Non-covered services and network.
- Service or benefit restrictions.
- Appeals and how to file an appeal.
- Information on how to access your medical records.
- Pharmacy benefits and information.



MDwise has a large network of doctors, specialists and hospitals throughout Indiana. We can help you make wise choices about your health, the health of your family and choosing a medical home. MDwise takes pride in providing Indiana families with quality and affordable health coverage for the whole family.

MDwise is accredited by a national organization that measures the quality of health care. It is called the National Committee for Quality Assurance (NCQA). MDwise Hoosier Healthwise and Healthy Indiana Plan have earned Health Plan Accreditation. This means MDwise passed reviews on quality standards and performance measures.







### Healthy Indiana Plan (HIP)

#### What is the Healthy Indiana Plan?

The Healthy Indiana Plan (HIP) is an affordable health insurance plan that serves Hoosier adults between the ages of 19–64 who are not eligible for other Indiana Health Coverage Programs or Medicare. This plan also includes pregnant women.

#### You could qualify for HIP if you meet all of the following requirements:

- You are a non-disabled adult between the ages of 19-64.
- You are not eligible for other Indiana Health Coverage Programs or Medicare.
- You have a household income equal to or less than 0 to 138 percent of the FPL (Federal Poverty Level).
- You are a legal U.S. resident.

#### You could also qualify if you meet all of the above requirements and:

- You are a parent or caretaker relative eligible under Transitional Medical Assistance.
- You qualify for Temporary Assistance for Needy Families (TANF).

#### There are two HIP plans. Each plan has different benefits.

#### HIP Plus Benefits

- Includes dental, vision and chiropractic services.
- Low monthly contributions.
- No costs for medical services.

#### **HIP Basic Benefits**

- Minimum essential coverage.
- Costs for medical services.
- May be more expensive.

#### How can I apply?

- To get a list of enrollment centers where you can apply in person, go to MDwise.org/EnrollmentCenters.
- To apply online, go to MDwise.org/ApplyHIP.
- To apply over the phone call I-800-403-0864.

To ask questions about HIP, call I-877-Get-HIP-9 (I-877-438-4479).

#### What is a POWER Account?



All MDwise HIP members have a Personal Wellness and Responsibility Account or "POWER Account." Members use the account to pay for their first \$2,500 of covered medical

services. Preventive services are free and unlimited. They are not taken out of your POWER Account.

Your POWER Account is made up of your monthly contribution and the state's contribution. Your monthly contribution is calculated by your family size and income. Once you pay your first monthly contribution you are enrolled. An employer or other third party organization can assist with some or all of your monthly POWER Account contribution. Go to MDwise.org/employer-thirdparty for details about employer or third party contribution.

## MDwise Healthy Indiana Plan members can get many health services including:

- Doctor check-ups.
- Behavioral and mental health care.
- Dental and eye care (depending on your health plan).
- Maternity services for mothers during pregnancy.
- Free rides to doctor visits (depending on your health plan).
- Prescription drug coverage.
- Surgeries, inpatient, outpatient and emergency services.
- Web-based health and disease information.

#### What's not covered?

There are some health services that are not covered by the HIP program. For a complete list of these services, see page 19 of the Healthy Indiana Plan member handbook. The member handbook is available on the MDwise website at MDwise.org/hip/handbook.

#### **Contact Us:**

Customer Service I-800-356-1204 8 a.m.–8 p.m., Monday–Friday, other languages available MDwise Healthy Indiana Plan P.O. Box 44236 Indianapolis, IN 46244-0236 MDwise.org/HIP

To find a doctor go to MDwise.org/findadoctor



#### Hoosier Healthwise

#### What is Hoosier Healthwise?

Hoosier Healthwise is a Medicaid health care program that serves Hoosier children under the age of 19. The state determines if you are eligible by household size and income.

#### You could qualify for Hoosier Healthwise if:

- You are under the age of 19 living in a low-income household.
- You qualify for food stamps.
- You are a pregnant woman not already enrolled in or eligible for the Healthy Indiana Plan.

## MDwise Hoosier Healthwise members can get many health services including:

- Doctor check-ups.
- Behavioral and mental health care.
- Free rides to doctor visits (except Package C members).
- School-based health services.
- Dental and eye care.

- Prescription drug coverage (Co-pays from \$3–10).
- Surgeries, inpatient, outpatient and emergency services.
- Web-based health and disease information.

#### What's not covered?

There are some health services that are not covered by the Hoosier Healthwise program. For a complete list of these services, see page 3 of the Hoosier Healthwise member handbook. The member handbook is available on the MDwise website at

MDwise.org/hoosierhealthwise/handbook.

#### How can I apply?

- To get a list of enrollment centers where you can apply in person go to MDwise.org/EnrollmentCenters.
- To apply online go to MDwise.org/ApplyHHW.
- To apply over the phone call I-800-403-0864.



#### **Contact Us:**

Customer Service I-800-356-1204 8 a.m.–8 p.m., Monday–Friday, other languages available MDwise Hoosier Healthwise P.O. Box 441423 Indianapolis, IN 46244-1423 MDwise.org/hoosierhealthwise

To find a doctor go to MDwise.org/findadoctor

## *myMDwise*

myMDwise is available 24 hours a day, 7 days a week at **MDwise.org**. When you use myMDwise, you can:

- View your general eligibility information, including the name of your current doctor.
- Print or access your member ID card.
- Answer questions about your health (Health Needs Screening).
- View and redeem MDwiseRFWARDS.
- View your POWER Account balance (HIP members only).
- · View your pharmacy claims.
- See if your claim qualifies as a preventive service (HIP members only).

To sign up for myMDwise, go to MDwise.org/myMDwise and click "Create New Account." You will be guided through this process.





#### **MDwise Special Programs**

MDwise offers other special programs to help you and your family stay healthy. Below are some of the programs we offer to all of our members. Go to MDwise.org for additional information.



Sometimes you have questions about your health. You can call our 24-hour phone line and speak with a nurse.



WEIGHTwise is a tool that provides current information on weight control. WEIGHTwise provides many resources on staying healthy.



Some MDwise members can get free transportation to doctor and dentist visits.



SMOKE-free is for members who want to learn how to stop using tobacco.



MDwise has a special program for members with certain health conditions like asthma, ADHD or depression. Our disease management program can help.



BLUEBELLEbeginnings is a program just for MDwise members who are pregnant. MDwise holds Bluebelle's community baby showers and provides many resources.



HELPlink is a MDwise program that links members with community organizations. These organizations can help with housing, utilities, job placement and more.



MDwise has a rewards program for Hoosier Healthwise and Healthy Indiana Plan members. You can earn points to get FREE gift cards. The following activities are some of the ways you can earn points:

- Sign up for myMDwise and give us your email address.
- Answer questions about your health (Health Needs Screening).
- Get your yearly physical exam or check-up.
- Get all required well-child exams.
- Get your annual mammogram.
- Go to all of your prenatal appointments.

- Go to your postpartum exam.
- Complete HbAlc annual screening if you have diabetes (special blood sugar test).
- Get a Lead test for all one and two year olds.
- Complete a tobacco cessation program.
- · Get a flu shot.
- Get a follow-up appointment within 7 days of a mental health inpatient hospital stay.

You don't have to sign up for MDwiseREWARDS to earn points. Members are automatically enrolled. You can go to MDwise.org/MDwiseREWARDS for more information. If you don't have Internet access, you can call MDwise customer service.



What gift cards can I receive?

\$10: Subway, iTunes, AMC movie passes

\$25: Kroger, Walgreens, Target, Amazon

\$50: Kohl's, Target, Speedway

Or you can apply your points to your HIP POWER Account for the HIP Plus plan.

## Getting information in other languages and formats

If you need this brochure or other MDwise information in other ways let us know. For example, if you need the information in another language, larger print, Braille or in audio format, call MDwise customer service at 1-800-356-1204.

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MDwise complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. MDwise does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de MDwise, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-800-356-1204.





Large Network of Doctors. MDwise has a doctor and hospital near you that offers the highest quality of care.



MDwiseREWARDS. Earn points for a variety of activities. Then shop for FREE gift cards with your points.



**Special Programs.** MDwise offers many extra programs to help you and your family stay healthy.



**Indiana-Based.** MDwise only takes care of families in Indiana.



Nonprofit Company. MDwise's resources are only used to provide quality health care for our members.