

Alcona County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

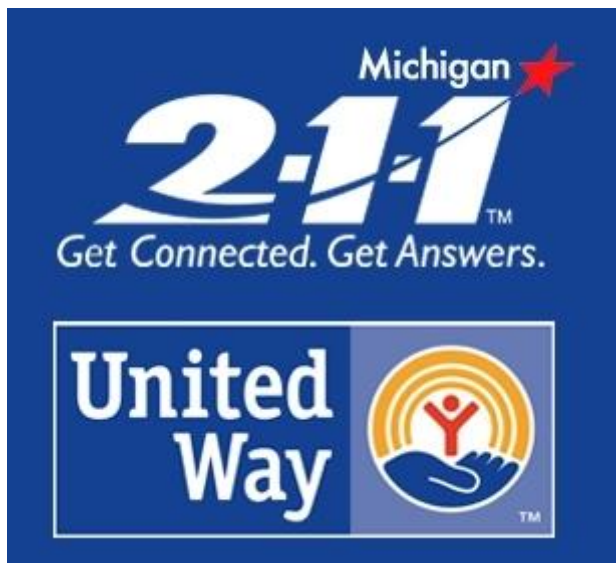
2022

Alcona
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES 911 CALL

Alcona County Office	(989) 724-9000
Protective/ Services (CPS)	(855) 444-3911
Alpena - Hope Shores Alliance	(989) 356-6265
Common Ground Crisis Line	(800) 231-1127
Crisis	(800) 396-9129
	(989) 356-9650
Crisis Hotline	TEXT Reason to
https://13reasonswhy.info/	741741
Child advocacy Center	(989) 358-3564
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
Human Trafficking Hotline	(888) 373-788
Help@humantraffickinghotlin e.org	
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic Violence Helpline	(800) 799-7233
RAINN (Rape & Incest National Network)	(800) 656-4673
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention Hotline	(800) 273-8255
Victim Connect (stalking hotline)	(855) 484-2846
Third Level Crisis Line	(800) 442-7315

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
Alcona County Commission on aging	(989) 736-8879
Area on Aging	(800) 858-1637
Crisis Services for the Elderly	(517) 483-7205
Department of Human Services	(989) 724-9000
Disability Network Mid MI	(989) 835-4041
Food stamps	(989) 724-9515
HAP Senior Plus	(800) 868-3153
Meals on Wheels	(989) 736-8879
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program	(800) 803-7174
Social Security Administration	(800) 772-1213
Veterans Affairs	(989) 724-3242

Adult Day Services

Adult Day Care	(855) 863-8283
Commission on Aging in Home Services	(989) 736-8879

Adult Foster Care

McLaren Homecare & Hospice	(989) 358-1156
Bake AFC	(989) 736-6534
Holy Family Adult Foster Care	(989) 340-1360
Krueger AFC	(855) 243-3078
Justus AFC	(855) 240-2530
Lutheran Home Care	(989) 340-1313
Maple Grove AFC	(989) 736-0828

Alzheimer's & Dementia Support

Alzheimer's Association & Helpline	(800) 272-3900
Maple Grove AFC	(989) 736-0828
Mill Creek AIS Residence	(989) 724-9941
Jamieson Nursing Home	(989) 724-6889

Assisted Living

Dewar Road Home	(855) 233-7205
Lincoln Nursing Home & Rehab	(989) 736-8481
Jamieson Nursing Home	(989) 724-6889
Mill Creek AIS Residence	(989) 724-9941

ANIMAL SUPPORT

Alcona Animal Clinic	(989) 736-8890
Alcona Humane Society Lincoln	(989) 736-7387

Animal Shelters

Huron Humane Society – (989) 356-4794
Alpena
Safe Haven Rescue Rehab (989) 340-2064

COUNTY & CITY RESOURCES

Chamber of Commerce (989) 724-5107
County Clerk (989) 724-9410
County Road Commissioners (989) 736-8168
County Treasurer - Harrisville (989) 724-9420
Emergency Management (989) 736-8185
Friend of the Court (989) 724-9480
Harrisville Post Office (800) 275-8777
Michigan Public Service (800) 292-9555
Commission
Miss Dig 811 (800) 482-7171

DISABILITY RESOURCES

Alcona Citizens for Health Free (989) 736-8157
Dental Care
Alcona County Veterans (989) 724-3242
Affairs
Autism Society of MI (800) 328-8476
Children's Special Healthcare (800) 359-3722
Services
DHD (989) 826-3970
Disability Network – Mid MI (989) 835-4041
Disability Services Resource (989) 895-5444
Center (DSRC)
Michigan Commission for the (800) 292-4200
Blind
Medicare/Medicaid Assistance (800) 803-7173
Program
Muscular Dystrophy (800) 572-1717
Association
Paralyzed Veterans of America (800) 638-6782
Rehabilitation Services: (989) 739-0200
Oscoda MI
Relay Center for Deaf/Hard of 7-1-1
Hearing (TTY)
Social Security Administration (800) 772-1213
United Cerebral Palsy of MI (800) 828-2714
The Family Center for Children (800) 359-3722
and Youth with Special Health
Care Needs

Vocational Rehab Michigan (800) 257-4850
Commission for the Deaf

EDUCATION & TRAINING

American Red Cross (800) 733-2767
Special Education and Early (888) 320-8384
Intervention Services

Adult Programs

American Red Cross (800) 733-2767
Northeast County Michigan (989) 736-6082
Works -Lincoln MI

Childcare Centers & Preschools

Alcona Cooperative Nursery (989) 724-6031
Alcona Head Start (989) 736-6735
Alcona Tiny Tigers (989) 736-8146
Children's Advocacy Center (989) 358-3564
Great Start Readiness Program (989) 354-3101
(AMA Educational Service
District) Alpena

Colleges/Career Centers

Alpena Community College (989) 356-9021
Northwood University Alpena (989) 358-7302
Program Center

Community Education/ Schools

Alcona Community (989) 736-8534
Middle/High School
Alcona Elementary School (989) 736-6413
Alcona Schools (989) 736-8685
Superintendent

Libraries

Alcona County Library:
Caledonia in Hubbard Lake (989) 727-3105
Curtis Township Library (989) 735-2601
Harrisville Branch (989) 724-6796
Lincoln (989) 569-8178
Mikado Branch Library (989) 736-8389

Youth Program

4-H Youth – Alpena MSU ext. (989) 354-9870
MDHHS – Alcona County (989) 724-9000
NEMCSA – Alcona (989) 358-4600
YMCA Camp Nissokone – (989) 739-2801
Oscoda

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police

911

Alcona Township Fire Station #2 (989) 727-2539
 American Red Cross of Northwest (231) 947-7286
 Center for Disease Control and Prevention (CDC) (800) 232-4636
 Curtis Township Fire Department (989) 735-3402
 Hubbard Lake Fire Department (989) 727-3188
 Poison Control (800) 222-1222
 Suicide Prevention TTY (800) 273-8255
 TTY (888) 232-6348

Law Enforcement

Alcona County Sheriff's Depart (989) 724-6271
 Michigan State Police Department:
 Alpena (989) 354-4101
 Hale (989) 728-4980

EMPLOYMENT ASSISTANCE

Alcona Chamber of Commerce (989) 724-5107
 Michigan Indian Employment and Training Services (800) 591-8820
 Michigan Works - Northeast (989) 736-6082
 (800) 285-9675
 Michigan Veterans Affairs Agency (800) 642-4838
 Unemployment Office Hotline (866) 500-0017

FINANCIAL ASSISTANCE

Alcona County Office - Harrisville (989) 724-9000
 MSHDA: Step Forward (866) 946-7432

Tax Assistance

Alcona County Commission on Aging (989) 736-8879
 Alcona county Economic Dev (989) 724-9515
 Alcona County Treasure (989)724-9420
 Glennie Senior Citizens Center (989)735-5191
 Musselman Tax and Bookkeeping. (989)724-3277
 My Free Taxes Helpline (866) 698-9435
www.myfreetaxes.com

FITNESS, RECREATION & REHABILITATION

Alcona Health Center - Harrisville (989) 724-5655
 Alcona Health Center - Lincoln (989) 736-8157
 Harrisville Yoga (989) 335-1777
 MI Rehab Service (877) 901-7398
 Rehab Services Lincoln (989) 739-0200
 Rehab Institute of MI (313) 745-1203

Parks & Recreation

Alcona Park – Campgrounds (989) 735-3881
 Alcona Township Recreation-Community Recreation, Activities and Fitness (989) 471-5004
 Harrisville State Park (989) 724-5126

FOOD, CLOTHING & HOUSEHOLD ASSISTANCE

Alcona County Commission on Aging Senior Center (989) 736-8879
 Alcona County Economic Dev Housing Commission (989) 724-9515
 Alcona WIC Program (989) 724-6757
 American Red Cross Area on Aging (800) 733-2767
 (800) 858-1637
 District Health Department (989) 724-6757
 Emergency Food Assistance West Branch (989) 345-8312
 Lott Baptist Church - Glennie (989) 735-3771
 Meals on Wheels (888) 370-7184
 New Life Lutheran Church (989) 736-7816
 NEMCSA (866) 484-7077
 St. Vincent DePaul (989) 736-6271
 United Methodist Church – Food Pantry - Harrisville (989) 724-5450

HEALTHCARE SERVICES

AIDS Program Hotline (877) 342-2437
 Michigan HIV/STD Hotline (800) 872-2437
 CDC & Prevention (800) 232-4636
 Children's Special Healthcare Services (800) 359-3722
 Veteran Affairs (989) 724-3242

Clinics & Hospitals

McLaren Home Care (866) 323-5974
 Karmanos Cancer Institute (800) 527-6266
 Alcona Health Center - Lincoln (989) 736-8157

Alcona Health Center - Harrisville (989) 724-5655
 Alpena Express Care and Family Practice (989) 356-2400
 District Health Department - Harrisville (989) 724-6757
 Michigan HIV/STD Hotline (800)872-2437
 MyMichigan Medical Center – Alpena (989) 356-7000

Dental Resources

Alcona Health Center Dental - Alpena (989) 358-3946
 Alcona Health Center Dental - Oscoda (989) 739-7927
 Dental Lifeline Network (305) 534-5360
 Michigan Donated Dental Services Program (800) 589-2632
 Mobile Care Group Dental care for homebound/nursing & assisted care facilities (248) 809-6398
 Sunrise Side Dental Center (989) 736-8422

Hearing Assistance

Alcona Health Center (989) 736-8157
 Michigan Relay Service 711
 Relay Center for Deaf/Hard of Hearing (800) 833-7833

Medical Equipment & Loan Closets

Adaptive Environments – Home lifting system (800) 355-5438
 ALS of Michigan- Equipment loan program for ALS and PLS patients (800) 882-5764
 Disability Network – Mid-Michigan (989) 835-4041
 GIGI’s Playhouse (847) 885-6149
 Michigan CPAP Bank, BIPAP, ASV, AVAPS & Supplies (734) 232-3964
 Muscular Dystrophy Association-Medical Equipment loan closets in Michigan (800) 572-1717
 One-Drop Diabetes Support & Supplies (800) 437-1474
 Paralyzed Veterans of America-Wheelchairs, power chairs, adaptive sports equipment, hoists, lifts, etc. (989) 736-8879

The National Federation of the Blind (517) 394-4548
 United Cerebral Palsy Michigan (800) 828-2714

Mental Health & Counseling Services

Alcona Health Center – (989) 724-5655
 Behavioral Health -Harrisville Alcona Health Center – (989) 736-8157
 Behavioral Health - Lincoln Charis Counseling - Alpena (989) 340-1466
 Common Ground Crisis Line (800) 231-1127
 Depression/Bipolar - Alpena (989) 354-4470
 Light of Hope Alpena Club house (989) 340-0558
 Narcotics Anonymous 24/7 (800) 230-4085
 National Domestic & Sexual Violence Helpline (800) 799-7233
 National Human Trafficking Resource Center (888) 373-7888
 NCADD – Alcoholism and Drug Dependence (800)622-2255
 Northeast Michigan Community Mental Health (989) 356-2161
 Problem Gambling Helpline (800) 270-7117
 RAINN (Rape & Incest National Network) (800) 656-4673
 SEMCA (800) 686-6543
 Stop It Now! Hotline (888) 773-8368
 Substance Abuse Hotline (800) 662-4357
 Suicide Prevention (800) 273-8255

Substance Abuse

Access Alliance (800) 448-5498
 Boys Town National Hotline (800) 448-3000
 CDC Hotline (800) 232-4636
 Central Michigan Counseling Is Addiction Controlling Your Life? (989) 435-3309
 (877) 881-0901
 Narcotics Anonymous (NA) Hotline (877) 338-1188
 National Alliance on Mental Health (800) 950-6264
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 RAINN (Rape & Incest Nation Network) (800) 656-4673
 SEMCA (800) 686-6543

Stop It Now! Hotline (888)773-8368
 Substance Abuse Hotline (800) 662-4357
 Substance Use Treatment (800) 834-3393
 Services-24-hours, 7-days-
 referral to treatment

Urgent Care

Alcona Health Center (989) 724-5655
 Harrisville
 Alcona Health Center Oscoda (989) 739-2550
 Alcona Health Center Lincoln (989) 736-8157
 After Hours Care (989) 356-7390
 MyMI Urgent Care Alpena (989) 354-4406
 MyMI Urgent Care West (989) 345-8130
 Branch

Vision Resources

Harrisville Eye Care (989) 724-7440
 Michigan Commission for the (800) 292-4200
 Blind
 National Eye Institute (301) 496-5248
 Wal-Mart Vision Center (989) 354-7431

HOUSING ASSISTANCE

American Red Cross (800) 733-2767
 MSHDA: Step Forward (866) 946-7432
 Veterans TOLL Free iris.custhelp.va.gov
 Numbers

Emergency Shelters & Warming Centers

Alcona County Housing (989) 724-9515
 Commission - Harrisville
 Homeless Assistance Programs (989) 345-8312
 Northeast Michigan (989) 358-4600
 Community Service Agency -
 Alpena

Heating/Utility Assistance & Home Repairs/Weatherization

American Red Cross (800) 733-2767
 Area on Aging (800) 858-1637
 Heat and Utility Assistance (989) 358-4600
 Program -NEMCSA - Alpena
 The Heat and Warmth Fund (800) 866-8429
 USDA Rural Development (800) 414-1226

Low Income Housing

Alcona County Commission on (989) 736-8879
 Aging

Alcona County Housing (989) 724-9515
 Commission
 Con Inc. Social Services - (231) 377-7155
 Bellaire
 Habitat for Humanity (989) 354-5555
 HUD Rental Assistance (800) 569-4287
 USDA Rural Development (800) 944-8119

LEGAL ASSISTANCE

Center for Civil Justice (800) 724-7441
 Disability Network of MI (800) 782-4160
 Elder Law of Michigan – East (989) 362-1364
 Tawas
 Lakeshore Legal Aid (888) 783-8190
 Michigan Dept of Civil Rights (517) 335-3165
 Michigan Indian Legal (231) 947-0122
 Services
 211 Northeast Michigan (888) 636-4211
 Legal Help
 Michigan Senior Legal (866) 400-9164
 Hotline
 Social Security (800) 772-1213
 Administration
 Veterans Toll Free Numbers iris.csthelpp.va.gov

PARENTING/PREGNANCY RESOURCES

AMA Great Start Collaborative (989) 354-3101
 Child Safety Seat Inspection (866) Seat-Check
 HIV AIDS Hotline (800) 872-2437
 Huntington’s Disease (800) 909-0073
 LA Leche (800) 525-3243
 Leukemia (800) 456-5413
 MDHHS - Alcona (989) 724-9000
 Michigan HIV AIDS Hotline (800) 872-2437
 National Parent Help Line 24/7 (855) 427-2736
 The Family Center for Children (800) 359-3722
 and Youth with Special Health
 Care Needs
 WIC (800) 942-1636
 Women’s Health Resource (800) 994-9662
 Line
 Woman’s Resource Center of (800) 275-1995
 Northern Michigan 24-Hour
 Crisis Line

PRESCRIPTION ASSISTANCE

Pharmacies

Alcona Health Center Pharmacy	(989) 358-3950
Meijer – Alpena	(989) 884-6110
Rite Aid Pharmacy	(989) 354-4630
Snyder’s Lincoln Pharmacy- Uninsured and Underinsured	(989) 736-8138
Wal-Mart-\$4/\$10 prescription program	(989) 354-0731
Walgreens	(989) 354-8784

Prescription Assistance Programs

Elder Prescription Insurance Program	(866) 755-6479
Michigan’s Prescription Drug Discount Card- miRx- Individuals with no prescription drug coverage	(866) 755-6479
MiRx Discount Card	(866) 755-6479
MMAP	(800) 803-7174
NeedyMeds	(800) 503-6897
Partnership for Prescription Assistance	www.pparx.org
RxAssist	www.rxassist.org
RX Outreach	(800) 769-3880

Support Groups

Alcona County Commission on Aging	(989) 736-8879
Alcona County Equalization – Harrisville	(989)724-9430
ALS of Michigan	(800) 882-5764
Alzheimer’s Association & Helpline	(800) 272-3900
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Disability Network of MI	(800) 782-4160
Epilepsy Foundation of Michigan	(800) 377-6226
HIV AIDS Hotline	(800) 872-2437
Huntington’s Disease	(800) 909-0073
Leukemia	(800) 456-5413
Love is Respect Hotline	(866) 331-9474
Michigan HIV AIDS Hotline	(800) 872-2437
Muscular Dystrophy Association	(800) 572-1717

Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness (NAMI) Helpline	(800) 950-6264
National Council on Alcoholism Drug Dependence	(800) 622-2255
Parkinson’s	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Suicide Prevention	(800) 273-8255
Substance Abuse Hotline	(800) 662-4357
United Cerebral Palsy of MI	(800) 828-2714
Women’s Health Resource Line	(800) 994-9662

TRANSPORTATION

Alpena Cab Co	(989) 354-4601
Thunder Bay Transportation Authority	(989) 356-4596
Thunder Bay Transportation Alpena	(989) 354-2487

TRIBAL SERVICES

Department of Civil Rights	(800) 482-3604
Little Traverse Bay Band of Odawa Indians	(231) 242-1400
MDHHS Native American Affairs Office	(517) 241-3740
MI Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(800) 968-6877
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

Alcona County Veterans Affairs	(989) 724-3242
Disabled American Veterans	(877) 426-2838
Michigan Veterans Affairs	(800) 642-4838
Paralyzed Veterans of America	(800) 638-6782
VA Medical Center	(844) 698-2311
Veterans Administration	(800) 827-1000
Veterans of Foreign Wars	(989) 496-3410
Veterans Toll Free Numbers	(800) 698-2411
iris.custhelp.va.gov	

VOLUNTEER OPPORTUNITIES

American Red Cross	(800) 691-6059
Alcona County Commission on Aging	(989) 736-8879
Alcona Humane Society	(989) 736-7387
Michigan Works! Northeast Consortium	(989) 736-6082

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.