

Antrim County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2022

Antrim
County
Community
Resource
Guide

[A guide to services in your community]

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ADULT AGING SERVICES

- McLaren Home Care (866) 323-5974
- Area on Aging (800) 858-1637
- Crisis Services for the Elderly (517) 483-7205
- Department of Human Services (231) 533-8664
- Eldercare Locator (800) 677-1116
- eldercare.acl.gov
- HAP Senior Plus (800) 868-3153
- Health Department of Northwest MI (800) 432-4121
- Meals on Wheels (800) 632-7334
- Medicare (800) 633-4227
- Medicare/Medicaid Assistance Program (MMAP) (800) 803-7174
- Social Security Administration (800) 772-1213

Adult Day Services

- Antrim County Commission on Aging & Senior Center (231) 533-8703
- Elk Rapids Senior Center (231) 264-6490
- Mancelona Twp Senior Center (231) 587-9131
- PACE North (833) 410-2086

Adult Foster Care

- Cherry Suite (231) 534-5055
- Eastport Village Care Home (231) 631-1836
- Heritage Haus (231) 533-6869
- Simonson AFC (231) 544-9832
- Walts AFC Home (231) 533-4625

Alzheimer's & Dementia Support

- Alzheimer Association & Helpline (800) 272-3900
- Alzheimer's Association of NW MI (231) 929-3804

Assisted Living

- Eastport Village Care Home (231) 631-1836
- Kalkaska Memorial Assisted Living (231) 258-3033
- Meadow View Senior Apartments (231) 533-8661

ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL 911

- Children & Adult Protective Services (855) 444-3911
- Common Ground Crisis Line (800) 231-1127
- Equality Michigan (313) 537-7000
- HAVEN Crisis Line (877) 922-1274
- LGBT Hotline (212) 714-1141
- Love is Respect Hotline (866) 331-9474
- Michigan Coalition to End Domestic & Sexual Violence (MCEDSV) (517) 347-7000
- LGBT Hotline (212) 714-1141
- Narcotics Anonymous 24/7 (800) 230-4085
- National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
- National Domestic & Sexual Violence Helpline (800) 799-7233
- National Human Trafficking Resource Center (888) 373-7888
- RAINN (Rape and Incest National Network) (800) 656-4673
- Safe Center Crisis Hotline (877) 952-7283
- Shelterhouse Crisis Line (877) 216-6383
- Stop It Now! Hotline (888) 773-8368
- Suicide Prevention (800) 273-8255
- Victim Connect (stalking hotline) (855) 484-2846

ANIMAL SUPPORT

Antrim County Animal Control (231) 533-6421
With a Little Help from MY (231) 533-4070
Friends' Pet Crisis Center

Animal Shelters

animalshelter.net
AC Paw-Rescue, Foster, (231) 587-0738
Placement
Antrim County Animal Shelter (231) 533-6421

COUNTY & CITY RESOURCES

Antrim County Jail (231) 533-8627
Central Lake Twp Waste (231) 544-3911
Recycle
County Clerk's Office (231) 533-6353
Detective Unit (231) 533-8627
Road Commission (231) 587-8521
Courts:
13th Circuit Court (231) 533-6935
86th District Court (231) 922-4580
Antrim County Probate and (231) 533-6681
Circuit Court Family Division
Prosecuting Attorney (231) 533-6860
Townships:
Central Lake Twp (231) 544-6687
Chestonia Twp (231) 584-3222
Custer Twp (231) 587-5118
Echo Twp (231) 544-8118
Forest Home Twp (231) 533-8003
Kearney Twp (231) 533-5719
Hudson Twp (231) 549-2646
Milton Twp (231) 264-6612
Rapid River Twp (231) 258-2943
Star Twp (231) 584-3308
Warner Twp (231) 546-3568

DISABILITY & SPECIAL NEEDS

RESOURCES

Autism Society of Mi (800) 328-8476
Children's Special Healthcare (800) 359-3722
Services
Disability Network of Michigan (800) 782-4160
GiGi's Playhouse (Down (847) 885-6149
Syndrome Resources)

Medicare/Medicaid Assistance (800) 803-7174
Program
Michigan Alliance for Families (800) 552-4821
Michigan Commission for (800) 292-4200
Blind
Michigan Commission for the (517) 507-5223
Deaf
Michigan Dept of Education- (888) 320-8384
Office of Special Education
Muscular Dystrophy (800) 572-1717
Association
Paralyzed Veterans of America (800) 638-6872
Relay Center for Deaf/Hard of 7-1-1
Hearing
Social Security Administration (800) 772-1213
The Family Center for Children (800) 359-3722
and Youth with Special Health
Care Needs
United Cerebral Palsy of MI (800) 828-2714
Vocational Rehabilitation (800) 257-4850

EDUCATION & TRAINING

American Red Cross (800) 733-2767
Special Education and Early (888) 320-8384
Intervention Services
Tuition Incentive Program (888) 447-2687

Adult Programs

Area on Aging (800) 858-1637
Michigan Works Service (231) 922-3700
Center

Childcare Centers & Preschools

Alba Public School Preschool (231) 584-2000
Bellaire Preschool (231) 533-8916
Ebenezer Christian Preschool (231) 588-6018
Ellsworth Community School- (231) 588-2544
Tuition free Preschool
Lakeland Child Care (231) 264-8289
Mancelona Early Childhood (231) 587-9021
NMCAA Preschool-Central (800) 632-7334
Lake
NMCAA Preschool-Mancelona (231) 587-0417
Sprigs and Sprouts (231) 331-4300

Colleges/Career Centers

North Central Michigan College (888) 298-6605
Northwestern Michigan College (800) 748-0566

Libraries

Alden District Library (231) 331-4318
Bellaire Public Library (231) 533-8814
Central Lake District Library (231) 544-2517
Elk Rapids District Library (231) 264-9979
Mancelona Township Library (231) 587-9451

Schools Districts

Alba Public School (231) 584-2000
Bellaire Public Schools (231) 533-8015
Central Lake Schools (231) 544-3141
Elk Rapids Schools (231) 264-8692
Sunrise Academy (231) 264-5890
Ellsworth Community School (231) 588-2544
Mancelona Public Schools (231) 587-9764
North Country Academy (231) 584-2080

Youth Programs

Community Foundation (231) 935-4066
Courtesy Driving School (800) 256-9559
MSU Extension-4-H & Youth (231) 533-8818
Road Rules Driving School LLC (231) 590-0699
YMCA- CPR/First Aid (231) 544-5915

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police 911
American Red Cross (800) 733-2767
Center for Disease Control and Prevention (800) 232-4636
Poison Control (800) 222-1222
Suicide Prevention Lifeline (800) 273-8255

Law Enforcement

Antrim County Sheriff's Office (231) 533-8627
Bellaire Police Department (231) 533-5678
East Jordan City Police (231) 536-2273
Elk Rapids City Police Department (231) 264-6592
Mancelona Police Department (231) 587-8462
Michigan State Police Post #79 (231) 258-4112

EMPLOYMENT ASSISTANCE

Employment Assistance for Individuals with Disabilities Network Northwest (800) 692-7774
Local Traverse City, MI (231) 929-5000
Michigan Indian Employment & Training (800) 591-8820
Michigan Rehabilitation Services (231) 922-5260
Michigan Senior Legal Hotline (866) 400-9164
Michigan Veterans Affairs Agency (800) 642-4838
Northwest Michigan Works Service Centers: Cadillac, (231) 775-3408
Northwest Michigan Works Service Centers: Kalkaska, MI (231) 258-8889
Northwest Michigan Works Service Centers: Petoskey, M (231) 347-5150
Northwest Michigan Works Service Centers: Traverse City, (231) 922-3700
Unemployment Office Hotline (866) 500-0017
Women's Resource Center (231) 348-6699

FINANCIAL ASSISTANCE

MSHDA: Step Forward (866) 946-7432
Northwest Michigan Community Action Agency (800) 632-7334 (NMCAA)

Tax Assistance

My Free Taxes www.myfreetaxes.com
Volunteer Income Tax Assistance (866) 561-2500

FITNESS, RECREATION & REHABILITATION

AfterEffect Restorative Body Therapy (231) 709-3489
Elk Rapids Chiropractic Center (231) 264-5310
Kalkaska Memorial Health Center (231) 258-7500

Mi Rehab Service	(877) 901-7398
North Shore Physical Therapy	(231) 533-6113
North Shore Physical Therapy	(231) 544-8145
Yoga North	(231) 544-6713

Parks & Recreation

A-GA-MING Golf Resort	(231) 498-3338
Barnes Park Campground	(231) 599-2712
Department of Natural Resources	(231) 533-8341
Honcho Rest Campground	(231) 264-8548
Shanty Creek Resort-Cedar River Golf Course	(231) 533-2020
Starlight Campground and RV Park	(231) 535-0461

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Central Lake Bible Baptist Food Pantry	(231) 544-6699
Community Lighthouse	(231) 587-9967
First Congregational Church	(231) 544-6878
Food Bank Council of Michigan	
www.fbcmich.org/resources/find-a-food-bank	
Good Samaritan	(231) 588-2208
Mancelona Community Meal	(231) 587-9606
Meals on Wheels	(888) 370-7184
Michigan Department of Health & Human Services	(231) 533-8664
St Anthony Baby Pantry	(231) 587-8401
WIC (Women, Infant, Children)	(800) 942-1636

HEALTHCARE SERVICES

Karmanos Cancer Institute	(800) 527-6266
McLaren Home Care	(866) 323-5974
AdvisaCare Home Health & Hospic	(231) 547-6092
Centers for Disease Control and Prevention	(800) 232-4636

Children's Special Healthcare Services	(800) 359-3722
Huntington's Disease Society of America	(800) 909-0073
Mancelona Family Resource Center	(231) 587-5044
Medicaid Hotline	(800) 642-3195
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Munson Hospice & Palliative Care	(800) 252-2065
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute	(800) 527-6266
McLaren Home Care	(866) 232-5974
McLaren Northern Hospital	(800) 248-6777
Health Department of Northwest Michigan Family Health Clinic	(800) 432-4121
Boyer Valley Walk-In Clinic and Primary Care Facility	(989) 731-7700
East Jordan Family Health Centers:	
Bellaire	(231) 533-8649
Central Lake	(231) 544-3700
East Jordan	(231) 536-2206
Elk Rapids Primary Care	(231) 264-0399
Elk Rapids Skin & Laser Clinic	(231) 264-0700
Ironmen Health Center	(231) 587-9840
Munson Medical Center	(231) 935-5000
Munson Urgent Care	(231) 935-8686
Munson Outpatient Services:	
Lab	(231) 264-0024
X-ray	(231) 264-0025

Dental Resources

Dental Clinics North	(877) 321-7070
Michigan Donated Dental Services Program	(800) 589-2632

Hearing Resources

Help America Hear Program-Financial Assistance Program	(888) 580-8886
Relay Center for Deaf/Hard of Hearing	711

Medical Equipment & Loan Closets

Adaptive Environments Home Lifting System	(800) 355-5438
Airway Oxygen	(231) 932-0399
ALS of Michigan	(800) 882-5764
Antrim County Commission on Aging- Wheelchairs, scooters, hospital beds, canes, bedside commodes, bath benches, walkers, etc.	(231) 533-8703
Michigan Assistive Technology Loan Fund and Michigan Employment Loan Fund	(800) 828-2714
Michigan CPAP Bank	(734) 232-3964
Munson Home Medical Equipment	(800) 252-2065
Muscular Dystrophy Association	(800) 572-1717
One-Drop Diabetes Support & Supplies(http://onedrop.today)	(800) 437-1474
Paralyzed Veterans of America MI	(800) 638-6782
Project Freedom	(734) 240-2565
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 828-2714

Mental Health & Counseling Services

Access Alliance	(800) 448-5498
Boys Town National Hotline	(800) 448-3000
Catholic Human Services	(231) 947-8110
Child & Family Services of NW Michigan	(800) 442-7315
Common Ground Crisis Line	(800) 231-1127
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic and Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
North Country Community Mental Health	(800) 834-3393

Northern Michigan Regional Entity	(800) 834-3393
Problem Gambling Help-Line	(800) 270-7117
RAINN (Rape and Incest National Network)	(800) 656-4673
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255

Substance Abuse

Addictions & Drug Abuse Referral Hotline	(800) 662-4357
Alcoholics Anonymous	(800) 356-9996
CDC Hotline	(800) 232-4636
Child & Family Services of NW Michigan Third Level	(231) 922-4800
Narcotics Anonymous Hotline	(877) 338-1188
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
North Country Community Mental Health	(231) 533-8619
SEMCA	(800) 686-6543
Substance Abuse Hotline	(800) 662-4357
Substance Use Treatment Services	(800) 834-3393

Urgent Care

Charlevoix Area Hospital and Urgent Care	(231) 547- 4024
Foster Family Community Health Center Urgent Care	(231) 935-8686

Vision Assistance

Michigan Commission for the Blind	(800) 292-4200
National Eye institute	(301) 496-5248
Sight for Students- Free eye exams and glasses to low income or uninsured children	(888) 290-4964

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
Antrim County Housing Dept.	(231) 533-8727
HUD Rental Assistance	(800) 569-4287

Mancelona Habitat for Humanity	(231) 916-2122
MSHDA: Step Forward	(866) 946-7432
Veterans TOLL Free numbers	iris.custhelp.va.gov

Emergency Shelters & Warming Centers

Heat and Warmth Fund	(800) 866-8429
Third Level Programs Outreach-Teens	(231) 922-4800
Women’s Resource Center	(231) 587-8891

Heating/Utility Assistance & Home

Repairs/Weatherization

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Father Fred Emergency Assistance	(231) 947-2055
Heat and Warmth Fund	(800) 866-8429
Northwest Michigan Community Action Agency Weatherization Department	(231) 947-3780
The Salvation Army of Petoskey	(231) 347-3531
United Way of Northwest MI	(231) 947-3200

Low Income Housing

Action Agency	(800) 443-5518
Central Lake Town Houses	(231) 258-4250
HUD Rental Assistance	(800) 569-4287
Maple Village	(231) 347-3755
MSHDA	(855) 646-7432
USDA Rural Development	(517) 324-5190
Village Apartments	(231) 533-6775

LEGAL ASSISTANCE

Catholic Human Services	(231) 947-8110
Center for Civil Justice	(800) 724-7441
Legal Aid Legal Service	(866) 531-6309
Legal Services of Eastern Michigan	(800) 322-4512
Legal Services of Northern Michigan	(888) 645-9993
Michigan Department of Civil Rights	(517) 335-3165

Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Social Security Administration	(800) 772-1213
Veterans TOLL Free numbers	iris.custhelp.va.gov

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line	(800) 275-1995
Child Safety Seat Inspection	(866) Seat-Check
Health Dept. of NW Michigan Moms & Tots Center	(231) 588-2200
LA LECHE League	(800) 525-3243
Michigan Alliance for Families	https://www.michiganallianceforfamilies.org/mf-offices/
Munson Medical Center-Childbirth Preparation, baby care, breastfeeding classes	(231) 935-8219
Parent Help Line	(855) 427-2736
The family center for Children and Youth with Special Health Care Needs	(800) 359-3722
WIC	(800) 942-1636
Women’s Health Resource Line	(800) 994-9662
Women’s Resource Center	(231) 587-8891

PRESCRIPTION ASSISTANCE

Pharmacies

Bellaire Pharmacy	(231) 533-8014
Central Lake Pharmacy	(231) 544-2929
Corner Drug Pharmacy	(231) 264-8033
Family Fare Pharmacy-Mancelona	(231) 587-8491
River Pharmacy	(231) 264-8165

Prescription Assistance Programs

Elder Prescription	(866) 747-5844
Goodrx	www.goodrx.com

LifeSource Direct- Uninsured and Underinsured Michigan Medicare/Medicaid Assistance Program MiRx	(866) 340-4748
MMAP	(866) 755-6479
Needymeds	(800) 803-7174
Partnership for Prescription Assistance	(800) 503-6897
RxAssist	www.pparx.org
RX Outreach	www.rxassist.org
	(800) 769-3880

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association	(800) 272-3900
Area on Aging	(800) 858-1637
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI	(800) 782-4160
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
HIV Aids Hotline	(800) 872-2437
Huntington's Disease	(800) 989-0073
LGBT Hotline	(212) 714-1142
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape and Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357

Suicide Prevention	(800) 273-8255
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

TRANSPORTATION

Karmanos Cancer Institute	(800) 527-6266
American Cancer Society	(800) 227-2345
Road to Recovery	
Antrim County Dial-a-ride	(231) 533-8644
Area on Aging	(800) 858-1637
Auto Safety Hotline	(888) 327-4236
Child Safety Seat Inspection	(866) Seat-Check
Veterans TOLL Free numbers	iris.custhelp.va.gov

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
Little Traverse Bay Bands of Ottawa	(231) 242-1400
MDHHS Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Wavier	(517) 241-7748
The Grand Traverse Band of Ottawa And Chippewa Indians	(231) 534-7136
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

Area on Aging	(800) 858-1637
CHAMPVA	(800) 733-8387
Disabled American Veterans	(877) 426-2838
Michigan Veterans Affairs	(800) 642-4838
Paralyzed Veterans of America	(800) 638-6782
Veterans Administration	(800) 827-1000
Veteran's Affairs	(844) 698-2311
Veteran's Crisis Line	(800) 273-8255

Veterans TOLL Free Numbers iris.custhelp.va.gov

VOLUNTEER OPPORTUNITIES

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Antrim County 4-H	(231) 533-8818
Commission on Aging	(231) 533-8703
Food Bank Council of Michigan (Pantries)	
www.fbmic.org/resources/find-a-food-bank	
The Manna Food Project	(231) 347-8852
United Way of Northwest MI	(231) 947-3200

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the McLaren Now App mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.