

# Arenac County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

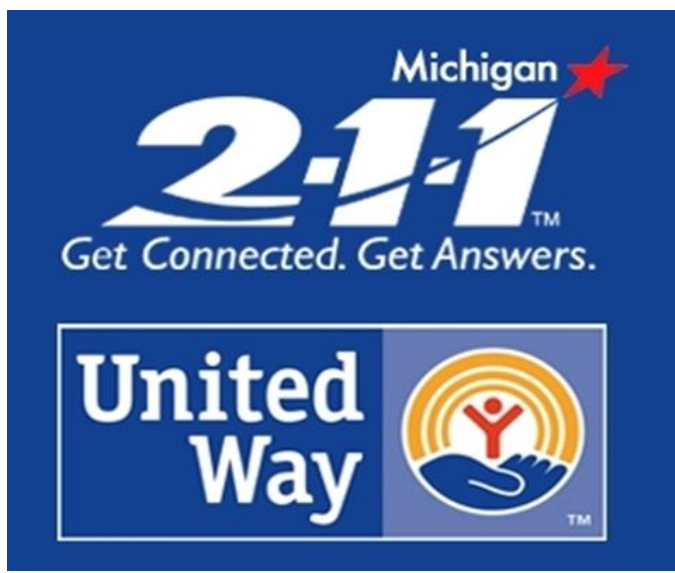
2022

Arenac  
County  
Community  
Resource  
Guide

[ A guide to services in your community]

# [TABLE OF CONTENTS]

<b>Abuse &amp; Protective Services</b>	<b>[1]</b>
<b>Adult Aging Services</b>	<b>[1-2]</b>
<b>Animal Support</b>	<b>[2]</b>
<b>County &amp; City Resources</b>	<b>[2]</b>
<b>Disability &amp; Special Needs Resources</b>	<b>[2]</b>
<b>Education &amp; Training</b>	<b>[3]</b>
<b>Emergency &amp; Disaster Services</b>	<b>[3]</b>
<b>Employment Assistance</b>	<b>[3]</b>
<b>Financial Assistance</b>	<b>[3-4]</b>
<b>Fitness, Recreation &amp; Rehabilitation</b>	<b>[4]</b>
<b>Food Pantries, Clothing &amp; Household Assistance</b>	<b>[4]</b>
<b>Healthcare Services</b>	<b>[4-6]</b>
<b>Housing Assistance</b>	<b>[6-7]</b>
<b>Legal Assistance</b>	<b>[7]</b>
<b>Parenting &amp; Pregnancy Resources</b>	<b>[7]</b>
<b>Prescription Assistance</b>	<b>[7]</b>
<b>Support Groups</b>	<b>[7-8]</b>
<b>Transportation</b>	<b>[8]</b>
<b>Tribal Services</b>	<b>[8]</b>
<b>Veterans Affairs</b>	<b>[8]</b>
<b>Volunteer Opportunities</b>	<b>[9]</b>



## **ABUSE & PROTECTIVE SERVICES**

### **FOR EMERGENCY SERVICES CALL 911**

Child & Adult Protective Services	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Crisis Hotline Text	REASON to 741741
Equality Michigan	(313) 537-7000
Faith Trust Institute	(206) 634-1903
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic and Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
RAINN	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368

Suicide Prevention	(800) 273-8255
Third Level Crisis Line	(800) 442-7315
Victim Connect (Stalking Hotline)	(855) 484-2846

## **ADULT AGING SERVICES**

McLaren Home Care	(866) 323-5974
Area on Aging	(800) 858-1637
Council on Aging & Pleasant Days Adult Caring Center	(989) 653-2692
Crisis Services for the Elderly	(517) 483-7205
Dept of Health & Human Services	(989) 846-5500
Disability Network Northern Michigan	(231) 922-0903
HAP Senior Plus	(800) 868-3153
Legal Services of Eastern Michigan	(800) 322-4512
Long Term Care Ombudsman Program	(866) 485-9393
Meals on Wheels	(800) 632-7334
Meals on Wheels (Arenac County)	(989) 653-2692
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Michigan Veterans Affairs	(800) 642-4838
Region 9 Area Agency on Aging	(989) 356-3474
Social Security Administration	(800) 772-1213

### **Adult Day Services**

Council on Aging & Pleasant Days Adult Caring Center	(989) 653-2692
Golden Horizons	(989) 892-6644
The Horizon Senior Living	(989) 846-0000

### **Adult Foster Care**

Almont AFC	(989) 846-9648
Au Gres Care Center	(989) 876-7811
Elm Home	(989) 846-9700
Grove Street AFC Home	(989) 846-9709
Jenkins Foster Care Home	(989) 836-2504
Orchard Bay AFC	(989) 846-4666
The Horizon Senior Living	(989) 846-0000

## Alzheimer's & Dementia Support

Alzheimer's Association 24/7 Helpline	(800) 272-3900
Alzheimer's Association Central Michigan Offices	(810) 780-4163
Bay/Arenac Behavioral Health	(989) 895-2300
Golden Horizons	(989) 892-6644

## Assisted Living

Eden Fields Memory Care & Assisted Living	(989) 718-3117
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## ANIMAL SUPPORT

Arenac County Animal Control	(989) 846-4421
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## Animal Shelters

Arenac County Animal Shelter	(989) 846-4421
Rea Family Animal Shelter	(989) 343-7387

## COUNTY& CITY RESOURCES

Administrative Offices	(989) 846-6188
Building Permits/Soil Erosion/Sedimentation Control	(989) 846-9791
County Clerk	(989) 846-4626
Emergency Management	(989) 701-5126
Register of Deeds	(989) 846-9201
Saginaw Chippewa Indian Tribe	(989) 775-4000
Treasurer	(989) 846-4106

### **Cities**

AuGres	(989) 876-8811
Omer	(989) 653-2566
Standish	(989) 846-9588

### **Townships**

Arenac	(989) 653-2319
AuGres	(989) 876-7293
Clayton	(989) 654-2414
Deep River	(989) 654-3161
Moffatt	(989) 836-2452
Sims	(989) 876-8631
Turner	(989) 867-4045
Whitney	(989) 362-5528

## **Courts**

23 <sup>rd</sup> Circuit	(989) 846-6200
81 <sup>st</sup> District Arenac Community Corrections/Sheriff	(989) 846-9538
Friend of the Court	(989) 846-3002
Juvenile Court	(989) 846-9190
Probate Court	(989) 846-9045
Probation Dept	(989) 846-6941
Prosecuting Attorney	(989) 846-9538
	(989) 846-4597

## DISABILITY & SPECIAL NEEDS

## RESOURCES

Autism Society of MI	(800) 328-8476
Arenac Opportunities, Inc.	(989) 846-4441
Dept of Health & Human Services	(989) 846-5500
Children's Special Healthcare Services	(800) 359-3722
Disability Network of MI	(800) 782-4160
GiGi's Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Blind Services	(800) 292-4200
Michigan Commission for the Deaf	(517) 507-5223
Michigan Department of Education – Office of Special Education – Lansing, MI	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717
NE MI Community Service Agency	(989) 356-3474
Paralyzed Veterans of American	(800) 638-6782
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
The Family Center for Children and Youth with Special Healthcare Needs	(800) 359-3722
United Cerebral Palsy of MI	(800) 828-2714

Vocational Rehabilitation of Michigan (800) 257-4850

## **EDUCATION & TRAINING**

### **Adult Programs**

American Red Cross (800) 733-2767  
Bay-Arenac ISD Career Center Adult & Continuing Education (989) 667-3275  
Michigan Works! Arenac County Skills Training (989) 846-2111  
Special Education and Early Intervention Services (888) 320-8384  
Tuition Incentive Program (888) 447-2687

### **Childcare Centers & Preschools**

Miss Lindsay's Animal Crackers Daycare (989) 846-6068  
Au Gres Sims School District-GSRP (989) 876-7150  
Li'l Sprouts Child Development Center (989) 846-4120  
Omer Head Start (989) 653-2318  
Sterling Elementary Preschool (989) 654-2367  
Sterling ECC (989) 578-0621

### **College & Career Centers**

Bay-Arenac ISD Career Center Adult & Continuing Education (989) 667-3275  
Delta College (989) 686-9000

### **Libraries**

Au Gres Community Library (989) 876-8818  
Mary Johnston Memorial Library - Standish (989) 846-6611

### **School Districts**

Au-Gres- Sims School District (989) 876-7150  
Standish-Sterling Community Schools (989) 846-3670

### **Youth Programs**

Arenac County 4-H (989) 846-4111  
Arenac Community Center (989) 529-6513

## **EMERGENCY & DISASTER SERVICES**

### **Ambulance, Fire and Police**

**911**

American Red Cross (800) 733-2767  
Arenac County Emergency Management (989) 701-5126  
Bay Arenac Crisis Line (800) 327-4693  
Center for Disease Control and Prevention (800) 232-4636  
Poison Control (800) 222-1222

### **Law Enforcement**

Arenac County Sheriff's Department (989) 846-3002  
Michigan State Police – West Branch Post (989) 345-0956  
Saginaw Chippewa Tribal Police (989) 775-4700  
Standish City Police (989) 846-9588

## **EMPLOYMENT ASSISTANCE**

Arenac Opportunities, Inc (989) 846-4441  
Dept of Health & Human Services (989) 846-5500  
Michigan Indian Employment & Training (800) 591-8820  
Michigan Council of Rehabilitation Services (517) 483-2826  
Michigan Veterans Affairs (800) 642-4838  
Michigan Works! Arenac County Skills Training (989) 846-2111  
Northeast Michigan Community Service Agency (866) 484-7077  
Unemployment Office Hotline (866) 500-0017

## **FINANCIAL ASSISTANCE**

Dept of Health & Human Services (989) 846-5500  
MSHDA: Step Forward (866) 946-7432  
MSHDA Toll-free (517) 335-9953  
Northeast Area of Michigan Salvation Army (989) 358-2769

Northeast Michigan (866) 484-7077  
Community Service Agency

### Tax Assistance

Free Taxes  
www.myfreetaxes.com  
Northeast Michigan (866) 484-7077  
Community Service Agency  
United Way of Bay County (989) 893-7508

### FITNESS, RECREATION & REHABILITATION

McLaren Bay Region Physical (989) 879-5500  
Therapy  
Ascension Standish Physical (989) 846-3515  
Therapy  
Au Gres Physical Therapy (989) 876-8375  
MI Rehab Service (877) 901-7398  
New Beginnings Fitness (989) 718-3220  
Paramount Rehabilitation (989) 718-3171  
Services  
Rehabilitation Institute of MI (313) 745-1203  
Standish Rehab Center (989) 846-0937

### Parks & Recreation

Arenac County Parks & (989) 876-4146  
Recreation  
Au Gres City Campground & (989) 876-8310  
Day-Use Park  
Knollview Golf (989) 876-4653  
Pine River Golf Club (989) 846-6819  
Point Au Gres Marina & (989) 876-7314  
Campground  
Rifle River Campground & (989) 654-2556  
Canoe Livery  
Riverbend Campground & (989) 653-2576  
Canoe Rental  
River View Campground & (989) 654-2447  
Canoe Livery  
Russell Canoe Livery and (989) 653-2644  
Campgrounds  
Whites Canoe Livery (989) 654-2654

### FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross (800) 733-2767  
Area on Aging (800) 858-1637  
Arenac County Housing (989) 846-6651  
Commission  
Bay Area Women's Center (800) 834-2098  
Council on Aging (989) 653-2692  
Dept of Health & Human (989) 846-5500  
Services  
Food Bank Council of MI Pantries  
www.fbmic.org/resources/find-a-food-bank  
GiGi's Playhouse (847) 885-6149  
Good News Ministries (989) 756-2159  
Lutheran Church  
Helping Hands-Sterling (989) 846-9565  
Resurrection of the Lord  
Catholic Church  
Meals on Wheels (888) 370-7184  
NE MI Community Service (866) 484-7077  
Agency  
Pinconning United Methodist (989) 879-3271  
Church  
Life Choices Resources Center (989) 345-3909  
WIC (800) 942-1636

### HEALTHCARE SERVICES

Center for Disease Control & (800) 232-4636  
Prevention (CDC)  
Children's Special Healthcare (800) 359-3722  
Services  
Veteran Affairs (844) 698-2311

### Clinics & Hospitals

McLaren Bay Heart & Vascular (989) 894-3278  
McLaren Bay Region Hospital (989) 894-3000  
McLaren Bay Region- Standish (989) 846-2600  
Family Medicine  
McLaren Home Care (866) 323-5974

McLaren Physical Therapy Pinconning	(989) 879-5500
McLaren Physical Therapy Riverview	(989) 895-4340
McLaren Physical Therapy West Side Medical Mall	(989) 667-3646
McLaren Uptown Occupational & Convenient Care	(989) 393-2850
Karmanos Cancer Institute	(800) 527-6266
Michigan HIV/STD Hotline	(800) 872-2437
Alcona Health Centers	(989) 736-8157
Ascension Standish Hospital- Standish Family Medicine	(989) 846-4888
Ascension St. Joseph Hospital	(989) 362-3411
Ascension St. Mary's of Michigan Standish Community Hospital	(989) 846-4521
Department of Health and Human Services	(989) 846-5500
Great Lakes Bay Health Center Family Medicine	(989) 671-2000
Great Lakes Bay Health Center Women's Care	(989) 667-3377
Helen M. Nickless Volunteer Clinic (free clinic)	(989) 895-4830
Sterling Area Health Center	(989) 654-2491
Women's Health Resource Line	(800) 994-9662

### Dental Resources

Delta College Dental Clinic	(989) 686-9469
Dental Lifeline Network (low income; severe problems only)	(303) 534-5360
Great Lakes Bay Health Center Dental	(989) 922-5650
Michigan Donated Dental Services Program	(800) 589-2632
Mobile Care Group	(248) 809-6398
Standish Family Dental Center	(989) 846-4090
Sterling Area Health Dental Center	(989) 873-5152

### Hearing Resources

Beltone Hearing Aid Center LLC	(866) 521-7164
Central Michigan University Audiology Clinic	(989) 774-3904
Miracle-Ear Service Center (East Tawas, West Branch, Bay City)	(877) 632-6320
Telecommunications Relay Service (TRS)	711

### Medical Equipment & Loan Closets

Adaptive Environments	(800) 355-5438
ALS of Michigan	(800) 882-5764
Council on Aging	(989) 653-2692
Michigan Assistive Technology Loan Fund	(800) 828-2714
Michigan CPAP Bank	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
One-Drop Diabetes Support & Supplies <a href="http://onedrop.today">http://onedrop.today</a>	(800) 437-1474
Paralyzed Veterans of America- MI	(800) 638-6782
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 828-2714

### Mental Health & Counseling Services

Access Alliance	(800) 448-5498
Arenac Center	(989) 846-4573
Alcoholics Anonymous Hotline	(313) 831-5550
AuSable Valley Community Mental Health	(989) 739-1469
Bay Arenac Behavioral Health	(989) 895-2300
Bay Arenac Crisis Line – 24/7	(800) 327-4693
Boys Town National Hotline	(800) 448-3000
Common Ground Crisis Line	(800) 231-1127
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness Helpline	(800) 799-7233
National Domestic & Violence Helpline	(800) 799-7233



National Human Trafficking Resource Center	(888) 373-7888
National Council on Alcoholism & Drug Dependence (NCADD)	(800) 622-2255
Problem Gambling Helpline 24/7	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Sterling Area Health Center- Behavioral Health	(989) 654-3501
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255

### Substance Abuse

Alcoholics Anonymous	(989) 894-1949
Bay Arenac Crisis Line – 24/7	(800) 327-4693
Bay-Arenac Behavioral Health Access Center	(989) 846-4573
CDC Hotline	(800) 232-4636
Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism & Drug Dependence (NCADD)	(800) 622-2255
Recovery Pathways	(989) 928-3566
Sacred Heart Rehabilitation	(989) 894-2991
SEMCA	(800) 686-6543
Sterling Area Health Center	(989) 654-2491
Substance Abuse	
Substance Abuse Hotline	(800) 662-4357

### Urgent Care

Urgent Care and Occupational Health: MyMichigan Urgent Care West Branch	(989) 345-8130
Urgent Care and Occupational Health: MyMichigan Urgent Care Gladwin	(989) 246-9430

### Vision Providers

Central Michigan District Health Dept	(989) 846-6541
EYES	(989) 846-6009

Michigan Commission for the Blind	(800) 292-4200
National Eye Institute	(301) 496-5248
Pinconning Family Eye Care	(989) 879-3937

## HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
MSHDA: Step Forward	(866) 946-7432
Veterans Toll Free Numbers	iris.custhelp.va.gov

### Emergency Shelters & Warming Centers

Bay Area Women’s Center	(800) 834-2098
Emmanuel Mission	(989) 739-5751
Good Samaritan Rescue Mission	(989) 893-5973
Shelterhouse	(877) 216-6383

### Heating/Utility Assistance & Home Repairs/Weatherization

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Dept of Health & Human Services	(989) 846-5500
Northeast Michigan Community Service Agency	(866) 484-7077
The Heat and Warmth Fund	(800) 866-8429
USDA Rural Development	(989) 345-5470

### Low Income Housing

Arenac County Home Improvement Program	(989) 846-6651
Dept of Health & Human Services	(989) 846-5500
Habitat for Humanity	(989) 895-0980
HUD Rental Assistance	(800) 569-4287
Northeast Michigan Community Service Agency	(866) 484-7077
USDA Rural Development	(989) 345-5470
Riverside Manor Apartments	(989) 646-2297
MRD Apartments	(989) 846-6421

Willow Creek I & II Apartments (989) 846-4434

Women’s Health Resource Center (800) 994-9662

### **LEGAL ASSISTANCE**

Center for Civil Justice (800) 724-7441  
Friend of the Court (989) 846-9190  
Legal Services of Eastern Michigan (800) 322-4512  
Michigan Dept of Civil Rights (517) 335-3165  
Michigan Indian Legal Services (231) 947-0122  
Michigan Senior Legal Hotline (866) 400-9164  
Social Security Administration (800) 772-1213  
Veterans Toll Free Numbers iris.custhelp.va.gov

### **PRESCRIPTION ASSISTANCE**

#### **Pharmacies Prescription Assistance**

IGA Pharmacy (989) 876-8899  
Standish Pharmacy Inc (989) 846-0411  
Rite Aid Pharmacy (989) 846-4508

#### **Prescription Assistance**

Partnership for Prescription Assistance [www.pparx.org](http://www.pparx.org)  
RxAssist (Pharmaceutical company assistance programs) [www.rxassist.org](http://www.rxassist.org)  
NeedyMeds (Pharmaceutical company assistance programs) (800) 503-6897  
RX Outreach (800) 769-3880

#### **Retail Discount Drug Programs**

Elder Prescription Insurance Program (866) 755-6479  
LifeSource Direct Rx Discount Card – (866) 340-4748  
Uninsured/Underinsured MMAP (800) 803-7174  
MiRx Discount Card (866) 755-6479  
NeedyMeds (800) 503-6897  
Partnership for Prescription Assistance [www.pparx.org](http://www.pparx.org)  
RxAssist [www.rxassist.org](http://www.rxassist.org)  
RX Outreach (800) 769-3880

### **PARENTING/PREGNANCY RESOURCES**

McLaren Bay Region Childbirth Education (989) 894-3935  
24-Hour Crisis Line (800) 275-1995  
Bay-Arenac Pre-School Partnership (989) 686-4410  
Catholic Family Services – Saginaw (989) 892-2504  
Child Safety Seat Inspection Dept of Health & Human Services (866) SEAT-CHECK (989) 846-5500  
LA LECHE (800) 525-3243  
Life Choices Resource Center (989) 345-3909  
Life Clinic (989) 922-5433  
Michigan Alliance for Families (989) 863-4053  
<https://www.michiganallianceforfamilies.org/maf-offices/>  
MSU Extension – Standish (989) 846-4111  
The Family Center for Children and Youth with Special Health Care Needs (800) 359-3722  
WIC (800) 942-1636

### **SUPPORT GROUPS**

ALS of Michigan (800) 882-5764  
Alzheimer’s Association 24/7 Helpline (800) 272-3900  
Area on Aging (800) 858-1637  
Autism Society of Michigan (800) 328-8476  
Common Ground Crisis Line (800) 231-1127

Compassionate Friends (877) 969-0010  
(Parent's Grief Group)  
Disability Network of MI (800) 782-4160  
www.dnmichigan.org/cil-  
directory  
Epilepsy Foundation of (800) 377-6226  
Michigan  
Equality Michigan (313) 537-7000  
HAVEN Crisis Line (877) 922-1274  
LGBT Hotline (212) 714-1141  
Love Is Respect Hotline (866) 331-9474  
Narcotics Anonymous 24/7 (800) 230-4085  
National Council on (800) 622-2255  
Alcoholism & Drug  
Dependence (NCADD)  
National Domestic & Sexual (800) 799-7233  
Violence Helpline  
National Human Trafficking (888) 373-7888  
Resource Center  
Parkinson's (800) 852-9781  
Problem Gambling Help-Line (800) 270-7117  
RAINN (Rape & Incest (800) 656-4673  
National Network)  
SEMCA (800) 686-6543  
Stop It Now! Hotline (888) 773-8368  
Substance Abuse Hotline (800) 662-4357  
Suicide Prevention (800) 273-8255  
WIC Program (800) 942-1636  
Women's Health Resource (800) 994-9662  
Line

### **TRANSPORTATION**

American Cancer Society (800) 227-2345  
Road to Recovery  
(Transportation for  
medical appointments)  
Area on Aging (800) 858-1637  
Arenac Dial-a-Ride (989) 846-7500  
Arenac County Dept of (989) 846-5500  
Health & Human Services  
(transportation for medical  
appointments)  
Auto Safety Hotline (888) 327-4236

Child Safety Seat (866) SEAT-CHECK  
Inspection  
Karmanos Cancer Institute (800) 527-6266  
Holt Transportation – (989) 860-1004  
Saginaw  
MDOT (989) 754-7443  
Michigan Transportation (877) 777-7900  
Services  
Stargazer Transportation (989) 779-2227  
Veterans Toll Free iris.custhelp.va.gov  
Numbers

### **TRIBAL SERVICES**

Michigan Department of Civil (517) 335-3165  
Rights  
Michigan Dept of Health & (517) 335-7782  
Human Services - Native  
American Affairs Office  
Michigan Indian Employment (800) 591-8820  
and Training Services  
Michigan Indian Legal Services (231) 947-0122  
Michigan Indian Tuition (517) 241-7748  
Waiver  
Saginaw Chippewa Indian (989) 775-4000  
Tribe  
U.S. Office of Indian Education (202) 260-3774

### **VETERANS AFFAIRS**

American Legion (989) 846-4091  
Area on Aging (800) 858-1637  
CHAMPVA (800) 733-8387  
Disabled American (313) 964-6595  
Veterans  
Michigan Veterans Affairs (800) 642-4838  
Paralyzed Veterans of (800) 638-6782  
American  
Veteran Affairs (844) 698-2311  
Veterans Administration (800) 827-1000  
Veterans Crisis Line 24/7 (800) 273-8255  
Veterans Toll Free iris.custhelp.va.gov  
Numbers

## **VOLUNTEER OPPORTUNITIES**

American Red Cross	(800) 733-2767
Animal Shelter	(989) 846-4421
Area on Aging	(800) 858-1637
Food Bank Council of MI Pantries	
<a href="http://www.fbmic.org/resources/find-a-food-bank">www.fbmic.org/resources/find-a-food-bank</a>	
MSU Extension	(989) 846-4111
Northeast Michigan	(866) 484-7077
Community Service Agency	

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

<b><u>Non-Urgent:</u></b>	<b><u>TeleHealth</u></b>	<b><u>Semi-Urgent:</u></b>	<b><u>Urgent:</u></b>
<p>You should make an appointment with your <b><u>Primary Care Physician</u></b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul>	<p><b><u>(Virtual Visits) Primary Care via Telehealth</u></b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b><u>McLaren Now App</u></b>  <a href="http://mclaren.org/mclarennow">mclaren.org/mclarennow</a></p>	<p>Needs Medical Care and can wait a few hours. You should contact your <b><u>Primary Care Physician</u></b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul>	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul>

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.