

# Clinton County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2022

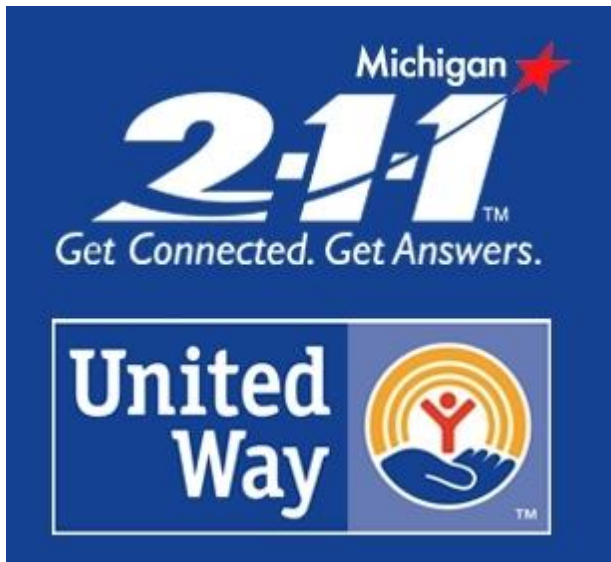
Clinton  
County  
Community  
Resource  
Guide

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[A guide to services in your community]

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**ABUSE & PROTECTIVE SERVICES**

**FOR EMERGENCY SERVICES CALL 911**

- Children & Adult Protective Services (CPS) (855) 444-3911
- Common Ground Crisis Line (800) 231-1127
- Crisis Hotline Text REASON to 741741
- Equality Michigan (313) 537-7000
- HAVEN Crisis Line (877) 922-1274
- LGBT Hotline (212) 714-1141
- Love Is Respect Hotline (866) 331-9474
- Michigan Coalition to End Domestic & Sexual Violence (517) 347-7000
- Narcotics Anonymous 24/7 (800) 230-4085
- National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
- National Domestic & Sexual Violence Helpline (800) 799-7233
- National Human Trafficking Resource Center (888) 373-7888
- National Suicide Prevention Lifeline (800) 273-8255
- RAINN (Rape and Incest National Network) (800) 656-4673
- Safe Center Crisis Hotline (877) 952-7283
- Shelterhouse Crisis Line (877) 216-6383
- Stop It Now! Hotline (888) 773-8368
- Victim Connect (stalking hotline) (855) 484-2846

**ADULT AGING SERVICES**

- McLaren Home Care (866) 323-5974
- Area on Aging (800) 858-1637
- Clinton County Senior Center (989) 224-4257
- Crisis Services for the Elderly (517) 483-7205
- Department of Human Services (989) 224-5100
- Eldercare Locator (800) 677-1116  
eldercare.acl.gov
- HAP Senior Plus (800) 868-3153
- Meals on Wheels (800) 632-7334
- Medicare (800) 633-4227
- Medicare/Medicaid Assistance Program (MMAP) (800) 803-7174
- Right at Home-In Home Healthcare (517) 622-1472
- Social Security Administration (800) 772-1213
- Tri-County Office on Aging (517) 887-1440

**Adult Day Services**

- Addington Place of DeWitt (517) 484-6980
- Great Lakes Home Health (989) 224-4700

**Adult Foster Care**

- Hazel Findlay (989) 224-8936
- The Woodlands of DeWitt (517) 624-2831

**Alzheimer's & Dementia Support**

- Alzheimer's Association 24/7 Helpline (800) 272-3900

**Assisted Living**

- Addington Place of DeWitt (517) 484-6980
- Clinton Commons Senior Retirement Community (989) 224-6808
- Grace Haven Assisted Living (989) 224-1650
- Gunnisonville Meadows (517) 575-6021

**ANIMAL SUPPORT**

- Animal Control (989) 224-5116

**Animal Shelters**

- Capital Area Humane Society (517) 626-6060

**COUNTY & CITY RESOURCES**

- Clerk (989) 224-5140
- Health Department (989) 224-2195
- Treasurer (989) 224-5280
- 65A District Court (989) 224-5155

|                     |                |
|---------------------|----------------|
| Circuit Court       | (989) 224-5140 |
| Friend of the Court | (989) 224-5136 |
| Juvenile Court      | (989) 224-5195 |
| Probate Court       | (989) 224-5190 |
| Cities:             |                |
| DeWitt              | (517) 669-2441 |
| Elsie               | (989) 862-4273 |
| Fowler              | (989) 593-2080 |
| Maple Rapids        | (989) 682-9227 |
| Ovid                | (989) 834-5550 |
| St. Johns           | (989) 224-8944 |
| Westphalia          | (989) 587-4434 |
| Townships:          |                |
| Bath Charter        | (517) 641-6728 |
| Bengal              | (989) 640-4750 |
| Bingham             | (989) 224-8319 |
| Dallas              | (989) 593-2542 |
| DeWitt Charter      | (517) 668-0270 |
| Duplain             | (517) 712-6297 |
| Eagle               | (517) 526-0218 |
| Essex               | (989) 224-3484 |
| Greenbush           | (989) 224-3993 |
| Lebanon             | (989) 593-2193 |
| Olive               | (517) 668-9506 |
| Ovid                | (989) 834-2838 |
| Riley               | (517) 243-5760 |
| Victor              | (517) 651-2094 |
| Watertown           | (517) 626-6593 |
| Westphalia          | (989) 640-2458 |

## **DISABILITY & SPECIAL NEEDS**

### **RESOURCES**

|   |                |
|---|----------------|
| Autism Society of Mi                        | (800) 328-8476 |
| Children's Special Healthcare Services      | (800) 359-3722 |
| Children with Special Needs Fund            | (517) 241-7420 |
| Clinton County RESA- Special Education      | (989) 224-6831 |
| Dental Lifeline Network                     | (303) 534-5360 |
| Disability Network of MI                    | (800) 782-4160 |
| GiGi's Playhouse(Downs Syndrome Resources)  | (847) 885-6149 |
| Medicare/Medicaid Assistance Program (MMAP) | (800) 803-7174 |
| Michigan Alliance for Families              | (800) 552-4821 |
| Michigan Deaf/Blind Services                | (800) 292-4200 |

|   |                |
|---|----------------|
| Michigan Dept. Of Education- Office of Special Education                | (888) 320-8384 |
| Muscular Dystrophy Association  | (800) 572-1717 |
| Paralyzed Veterans of American  | (800) 638-6782 |
| Relay Center for Deaf/Hard of Hearing                                   | 7-1-1          |
| Social Security Administration  | (800) 772-1213 |
| The Family Center for Children and Youth with Special Health Care Needs | (800) 359-3722 |
| United Cerebral Palsy of MI   | (800) 828-2714 |
| Vocational Rehabilitation   | (800) 257-4850 |
| Michigan Commission for the Deaf  |                |

## **EDUCATION & TRAINING**

|   |                |
|---|----------------|
| American Red Cross                                | (800) 733-2767 |
| MSU Extension                                     | (989) 224-5240 |
| Special Education and Early Intervention Services | (888) 320-8384 |
| Tuition Incentive Program                         | (888) 447-2687 |

### **Adult Programs**

|                              |                |
|------------------------------|----------------|
| Area on Aging                | (800) 858-1637 |
| Capital Area Michigan Works! | (989) 224-2000 |

### **Childcare Centers & Preschools**

|                           |                |
|---------------------------|----------------|
| DeWitt Head Start         | (517) 482-1504 |
| Fowler Preschool          | (989) 593-2160 |
| Fuerstenau Kids Dewitt    | (517) 668-3464 |
| Kids Zone Day Care        | (989) 224-3131 |
| Meadowland Nursery School | (989) 224-8647 |
| Prime Time Preschool      | (517) 669-7612 |
| St. Johns Head Start      | (989) 224-0574 |
| The Growing Patch         | (517) 669-2281 |

### **College & Career Centers**

|                           |                |
|---------------------------|----------------|
| Baker College             | (855) 487-7888 |
| Lansing Community College | (517) 483-1200 |
| Michigan State University | (517) 355-8332 |

### **Libraries**

|                              |                |
|------------------------------|----------------|
| Bath Township Public Library | (517) 641-7111 |
| Briggs Public Library        | (989) 224-4702 |
| Dewitt District Library      | (517) 669-3156 |
| Elsie Public Library         | (989) 862-4633 |
| Maple Rapids Public Library  | (517) 682-4464 |
| Ovid Public Library          | (989) 834-5800 |

### **School Districts**

|   |                |
|---|----------------|
| Clinton County RESA                     | (989) 224-6831 |
| Bath Community Schools                  | (517) 641-6958 |
| DeWitt Public Schools                   | (517) 668-3000 |
| Fowler Public School                    | (989) 593-2296 |
| Most Holy Trinity School-<br>Fowler     | (989) 593-2616 |
| Ovid-Elsie Area Schools                 | (989) 834-2271 |
| Pewamo-Westphalia<br>Community Schools  | (989) 587-5100 |
| St. Johns Public Schools                | (989) 227-4050 |
| St. Joseph School- St. Johns            | (989) 224-2421 |
| St. Mary's School-Westphalia            | (989) 587-3702 |
| St. Peter Lutheran School- St.<br>Johns | (989) 224-3178 |

### Youth Programs

|                          |                |
|--------------------------|----------------|
| Big Brothers/Big Sisters | (517) 372-0160 |
| Girl Scouts              | (517) 699-9400 |
| MSU Extension            | (989) 224-5240 |
| YMCA DeWitt              | (517) 827-9660 |

### EMERGENCY & DISASTER SERVICES

**Ambulance, Fire and Police** **911**

|  |                |
|--|----------------|
| American Red Cross                           | (800) 733-2767 |
| Center for Disease Control and<br>Prevention | (800) 232-4636 |
| Poison Control                               | (800) 222-1222 |
| Suicide Prevention                           | (800) 273-8255 |

### Law Enforcement

|                                 |                |
|---------------------------------|----------------|
| Bath Township Police Dept       | (517) 641-6271 |
| Clinton County Sheriff's Office | (989) 224-5100 |
| Dewitt City Police Dept.        | (517) 669-9131 |
| Dewitt Township Police Dept     | (517) 669-6578 |
| Elsie Police Dept.              | (989) 862-4273 |
| Michigan State Police           | (517) 322-1907 |
| Ovid Police Dept                | (989) 834-5335 |
| St Johns Police Dept            | (989) 224-6721 |

### EMPLOYMENT ASSISTANCE

|  |                |
|--|----------------|
| Employment Assistance for<br>Individuals with Disabilities | (800) 692-7774 |
| Goodwill   | (517) 669-2914 |
| Michigan Council of<br>Rehabilitation Services             | (517) 483-2826 |
| Michigan Indian Employment<br>& Training                   | (800) 591-8820 |
| Michigan Works   | (989) 224-2000 |

|  |                |
|--|----------------|
| Michigan Rehabilitation<br>Service     | (800) 605-6722 |
| Michigan Veterans Affairs<br>Agency    | (800) 642-4838 |
| O Connell Recruiting & Staffing<br>LLC | (989) 640-0242 |
| Unemployment Office Hotline            | (866) 500-0017 |

### FINANCIAL ASSISTANCE

|                     |                |
|---------------------|----------------|
| MSHDA: Step Forward | (866) 946-7432 |
|---------------------|----------------|

### Tax Assistance

Free Taxes [www.myfreetaxes.com](http://www.myfreetaxes.com)

|  |                |
|--|----------------|
| H & R Block                            | (989) 224-4051 |
| B & B Tax/Financial Services -<br>Ovid | (989) 834-2270 |
| Hovey's Accounting & Tax               | (517) 668-9055 |
| Riley's Tax Service                    | (517) 668-6474 |
| Simplified Tax                         | (517) 913-4380 |

### FITNESS, RECREATION & REHABILITATION

|                                |                |
|--------------------------------|----------------|
| Chamber of Commerce            | (989) 224-7248 |
| Clinton Area Arts Council      | (989) 224-2429 |
| DeWitt Area Recreation         | (517) 482-5117 |
| DeWitt Charter Township        | (517) 668-0270 |
| MI Rehab Service               | (877) 901-7398 |
| Rehabilitation Institute of Mi | (313) 745-1203 |

### Parks & Recreation

|                           |                |
|---------------------------|----------------|
| Eagle Park                | (517) 627-8230 |
| Elsie Park                | (989) 862-5193 |
| Motz County Park          | (989) 224-5120 |
| Paine-Gillam-Scott Museum | (989) 224-2894 |
| Rotary Club               | (989) 224-1176 |
| Sleepy Hollow State Park  | (517) 651-6217 |
| St. Johns Park            | (989) 224-8944 |

### FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

|  |                |
|--|----------------|
| American Red Cross   | (800) 733-2767 |
| Area on Aging  | (800) 858-1637 |
| Beacon of Hope Family Care<br>Center   | (989) 224-0328 |
| Department of Human<br>Services  | (989) 224-5500 |
| Food Bank Council of MI Pantries<br><a href="http://www.fbmic.org/resources.find-a-food-bank">www.fbmic.org/resources.find-a-food-bank</a> |                |

|   |                |
|---|----------------|
| Meals on Wheels                           | (989) 224-3600 |
| Redeemer United Methodist Church          | (517) 669-3430 |
| St. Johns Seventh Day Adventist Community | (989) 224-7779 |
| The Basic Needs Center                    | (517) 230-4618 |
| WIC Program                               | (800) 942-1636 |

### **HEALTHCARE SERVICES**

|   |                |
|---|----------------|
| McLaren Hospital                              | (517) 975-6000 |
| McLaren Orthopedic Hospital                   | (517) 975-6000 |
| American Cancer Society                       | (517) 332-3300 |
| Center for Disease Control & Prevention (CDC) | (800) 232-4636 |
| Children's Special Healthcare Services        | (800) 359-3722 |
| Huntington's Disease Society of America       | (800) 909-0073 |
| Medicaid Hotline                              | (800) 642-3195 |
| Medicare/Medicaid Assistance Program (MMAAP)  | (800) 803-7174 |
| Michigan Hearing & Vision Screening Programs  | (989) 224-2195 |
| Rehabilitation Services- Jolly Rd             | (517) 975-3520 |
| Veteran Affairs                               | (844) 698-2311 |

### **Clinics & Hospitals**

|   |                |
|---|----------------|
| Karmanos Cancer Institute               | (800) 527-6266 |
| McLaren Home Care                       | (866) 323-5974 |
| Clinton County Medical Center           | (989) 224-3000 |
| Dewitt Family Practice                  | (517) 975-9700 |
| Dr. Michael Liddell                     | (517) 668-0555 |
| Fowler Family Care Center               | (989) 593-2525 |
| Lansing Urgent Care- Dewitt             | (517) 999-2273 |
| Memorial Healthcare Primary Care        | (989) 834-2243 |
| Sparrow Clinton Hospital                | (989) 224-6881 |
| Sparrow Clinton Rehab & Wellness Center | (989) 224-1575 |
| Sparrow Medical Group                   | (517) 669-9109 |
| Dewitt                                  |                |

### **Dental Resources**

|                                    |                |
|------------------------------------|----------------|
| Dental Lifeline Network            | (303) 534-5360 |
| DeWitt Family Dental               | (517) 669-8864 |
| Gentner Family Dentistry St. Johns | (989) 224-7559 |

|  |                |
|--|----------------|
| Great Lakes Family Dental Group          | (517) 669-2415 |
| Koenigsknecht Dentistry                  | (989) 224-2319 |
| St. Johns Oral Surgery                   | (989) 224-8911 |
| Michigan Community Dental                | (989) 224-4939 |
| Michigan Donated Dental Services Program | (800) 589-2632 |
| State St. Family Dental                  | (989) 227-1858 |
| St. Johns Dental Care                    | (989) 224-2379 |
| Steven Charchut DDS                      | (989) 224-2404 |
| Vitek Family Dentistry                   | (517) 277-2000 |

### **Hearing Resources**

|   |                |
|---|----------------|
| Advanced Audiology LLC                                  | (517) 669-8080 |
| Hearing Health Center                                   | (989) 607-9577 |
| Help America Hear Program- Financial Assistance Program | (888) 580-8886 |
| Relay Center for Deaf/Hard of Hearing                   | 7-1-1          |

### **Medical Equipment & Loan Closets**

|   |                |
|---|----------------|
| Adaptive Environments Home Lifting System               | (800) 355-5438 |
| ALS of Michigan   | (800) 882-5764 |
| GiGi's Playhouse  | (847) 885-6149 |
| Michigan Assistive Technology Loan Fund                 | (800) 828-2714 |
| Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and supplies | (734) 232-3964 |
| Mid-Michigan Bio Medical                                | (800) 399-5544 |
| Muscular Dystrophy Association                          | (800) 572-1717 |
| One-Drop Diabetes Support & Supplies                    | (800) 437-1474 |
| Paralyzed Veterans of America- MI                       | (800) 638-6782 |
| Sparrow Medical Supply                                  | (989) 224-6730 |
| The National Federation of the Blind                    | (410) 659-9314 |
| United Cerebral Palsy Michigan                          | (800) 828-2714 |
| Wright & Filippis                                       | (517) 484-2624 |

### **Mental Health & Counseling Services**

|                                  |                |
|----------------------------------|----------------|
| Access Alliance                  | (800) 448-5498 |
| Boys Town National Hotline       | (800) 448-3000 |
| Clinton County Counseling Center | (989) 224-6729 |
| Common Ground Crisis Line        | (800) 231-1127 |
| Narcotics Anonymous 24/7         | (800) 230-4085 |



National Alliance on Mental Illness (800) 950-6264  
 National Council on Alcoholism & Drug Dependence (NCADD) (800) 662-2255  
 National Domestic & Sexual Violence Helpline (800) 799-7233  
 National Human Trafficking Resource Center (888) 373-7888  
 Problem Gambling Help-Line 24/7 (800) 270-7117  
 RAINN (Rape & Incest National Network) (800) 656-4673  
 Stop It Now! Hotline (888) 773-8368  
 Substance Abuse Hotline (800) 662-4357  
 Suicide Prevention (800) 273-8255

### Pharmacies

Kroger Pharmacy (989) 224-7075  
 Meijer Pharmacy (517) 669-4610  
 Ovid Pharmacy (989) 862-4858  
 Rite Aid Pharmacy *St. Johns* (989) 224-2313  
 Rite Aid Pharmacy *Dewitt* (517) 669-2585  
 Sparrow Clinton Pharmacy (989) 224-8155  
 Walgreens Pharmacy -DeWitt (517) 624-5028  
 Walgreens Pharmacy- St. Johns (989) 224-2052  
 Wal-Mart Pharmacy- St. Johns (989) 224-8299

### Prescription Assistance

Elder Prescription (866) 747-5844  
 Goodrx www.goodrx.com  
 LifeSource Direct- Uninsured and Underinsured (866) 340-4748  
 Partnership for Prescription Assistance [www.pparx.org](http://www.pparx.org)  
 Prescription Discount Card-miRx (866) 755-6479  
 RxAssist [www.rxassist.org](http://www.rxassist.org)  
 RX Outreach (800) 769-3880

### Substance Abuse

Addictions & Drug Abuse Referral Hotline (800) 662-4357  
 Alcoholics Anonymous (800) 356-9996  
 CDC Hotline (800) 232-4636  
 Clinton County Medical Center (989) 224-3000  
 Clinton County Counseling Center (989) 224-6729

Cristo Rey Substance Abuse Program Lansing (517) 372-4700  
 Narcotics Anonymous (NA) Hotline (800) 230-4085  
 National Council on Alcoholism & Drug Dependence (NCADD) (800) 622-2255  
 Sparrow Health System Substance Abuse Program-Lansing (517) 364-7740  
 SEMCA (800) 686-6543  
 Substance Abuse Hotline (800) 662-4357  
 Substance Use Treatment Services (800) 834-3393

### Urgent Care

Lansing Urgent Care-DeWitt (517) 999-2273  
 OUCH Urgent Care (989) 224-6897

### Vision Assistance

Avery Eye Care (989) 224-3937  
 Clinton Ophthalmology (989) 224-1452  
 DeWitt Optometry, PC (517) 669-4411  
 Eyecare Associates of DeWitt (517) 669-2945  
 Michigan Commission for the Blind (800) 292-4200  
 National Eye Institute (301) 496-5248  
 Peters Eye Care (989) 224-6651  
 The National Federation of the Blind (410) 659-9314  
 Sight for Students (free eye exams and glasses to low income or uninsured children) (888) 290-4964  
 Wal-Mart Vision Center (989) 224-9737

### HOUSING ASSISTANCE

American Red Cross (800) 733-2767  
 MSHDA: Step Forward (866) 946-7432  
 Veterans Toll Free Numbers [iris.csthelpp.va.gov](http://iris.csthelpp.va.gov)

### Emergency Shelters & Warming Centers

MSHDA: Step Forward (866) 946-7432

### Heating/Utility Assistance & Home

#### Repairs/Weatherization

American Red Cross (800) 733-2767  
 Area on Aging (800) 858-1637  
 Capital Area Community Services (989) 224-6702  
 Consumers Energy (800) 477-5050



Homeless Angels (844) 464-6635  
 Home Works Tri County (877) 466-3957  
 Electric  
 Salvation Army Clinton County (517) 482-9715  
 Society of St. Vincent De Paul (989) 893-5772  
 The Heat and Warmth Fund (800) 866-8429  
 USDA Rural Development (989) 224-3720

### Low Income Housing

Action Agency (800) 443-5518  
 Habitat for Humanity (989) 227-1771  
 HUD Rental Assistance (800) 955-2232  
 USDA Rural Development (989) 224-3720

### LEGAL ASSISTANCE

Center for Civil Justice (800) 724-7441  
 District Court (989) 224-5155  
 Friend of the Court (989) 224-5136  
 Juvenile Court (989) 224-5195  
 Legal Services of Eastern Michigan (800) 322-4512  
 Michigan Dept of Civil Rights (517) 335-3165  
 Michigan Indian Legal Services (231) 947-0122  
 Michigan Senior Legal Hotline (866) 400-9164  
 Probate Court (989) 224-5190  
 Prosecuting Attorney (989) 224-5260  
 Social Security Administration (800) 772-1213  
 Veterans Toll Free Numbers [iris.csthelpp.va.gov](http://iris.csthelpp.va.gov)

<https://www.michiganallianceforfamilies.org/maf-offices/>  
 The Family Center for Children and Youth with Special Health Care Needs (800) 359-3722  
 WIC (800) 942-1636  
 Women's Health Resource Center (800) 994-9662

### SUPPORT GROUPS

ALS of Michigan (800) 882-5764  
 Alzheimer's Association 24/7 Helpline (800) 272-3900  
 Area on Aging (800) 858-1637  
 Autism Society of Mi (800) 328-8476  
 Common Ground Crisis Line (800) 231-1127  
 Compassionate Friends (Parent's Grief Group) (877) 969-0010  
 Disability Network of MI (800) 782-4160  
 Epilepsy Foundation of Michigan (800) 377-6226  
 Equality Michigan (313) 537-7000  
 HIV Aids Hotline (800) 872-2437  
 HAVEN Crisis Line (877) 922-1274  
 LGBT Hotline (212) 714-1142  
 Love Is Respect Hotline (866) 331-9474  
 Narcotics Anonymous 24/7 (800) 230-4085  
 National Council on Alcoholism & Drug Dependence (NCADD) (800) 622-2255  
 National Domestic & Sexual Violence Helpline (800) 799-7233  
 National Human Trafficking Resource Center (888) 373-7888  
 Parkinson's (800) 852-9781  
 Problem Gambling Help-Line (800) 270-7117  
 RAINN (Rape & Incest National Network) (800) 656-4673  
 SEMCA (800) 686-6543  
 Stop It Now! Hotline (888) 773-8368  
 Suboxone Group (989) 252-7229  
 Substance Abuse Hotline (800) 662-4357  
 Suicide Prevention (800) 273-8255  
 WIC Program (800) 942-1636  
 Women's Health Resource Line (800) 994-9662

### PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line (800) 275-1995  
 Beacon of Hope (989) 224-0328  
 Capital Area Salvation Army (517) 482-9715  
 Child Safety Seat Inspection Department of Human Services (866) SEAT CHECK (989) 224-5100  
 Elsie United Methodist Church (989) 862-5239  
 First Baptist Church- St. Johns (989) 224-3110  
 First Congregational Church (989) 224-2636  
 Hannah's House of Lansing (517) 482-5856  
 LA LECHE (800) 525-3243  
 Michigan Alliance for Families

## **TRANSPORTATION**

American Cancer Society (800) 227-2345  
Road to Recovery  
Area on Aging (800) 858-1637  
Auto Safety Hotline (888) 327-4236  
Child Safety Seat Inspection (866) SEAT CHECK  
Clinton Area Transit System- (989) 224-8127  
The Blue Bus  
Dean Transportation (989) 224-0442  
Karmanos Cancer Institute (800) 527-6266  
Veterans Toll Free Numbers iris.csthelpp.va.gov

## **TRIBAL SERVICES**

Department of Civil Rights (517) 335-3165  
MDHHS Native American (517) 335-7782  
Affairs Office  
Michigan Indian Employment (800) 591-8820  
and Training Services  
Michigan Indian Legal Services (231) 947-0122  
Michigan Indian Tuition (517) 241-7748  
Waiver  
U.S. Office of Indian Education (202) 260-3774

## **VETERANS AFFAIRS**

American Legion Post #153 (989) 224-7282  
Area on Aging (800) 858-1637  
CHAMPVA (800) 733-8387  
Disabled American Veterans (313) 964-6595  
Michigan Veterans Affairs (800) 642-4838  
Paralyzed Veterans of (800) 638-6782  
American  
Veterans Administration (800) 827-1000  
Veteran Affairs (844) 698-2311  
Veterans Crisis Line 24/7 (800) 273-8255  
Veterans Toll Free Numbers iris.csthelpp.va.gov

## **VOLUNTEER OPPORTUNITIES**

American Red Cross (800) 733-2767  
Area on Aging (800) 858-1637  
Clinton County 4-H volunteers (989) 224-5240  
Food Bank Council of MI Pantries  
[www.fbmich.org/resources.find-a-food-bank](http://www.fbmich.org/resources.find-a-food-bank)  
Tri-County Office on Aging - (517) 887-1440  
Lansing

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

| <b><u>Non-Urgent:</u></b>   | <b><u>TeleHealth</u></b>  | <b><u>Semi-Urgent:</u></b>   | <b><u>Urgent:</u></b>   |
|---|---|--|---|
| <p>You should make an appointment with your <b><u>Primary Care Physician</u></b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul> | <p><b><u>(Virtual Visits) Primary Care via Telehealth</u></b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b><u>McLaren Now App</u></b><br/> <a href="http://mclaren.org/mclarennow">mclaren.org/mclarennow</a></p> | <p>Needs Medical Care and can wait a few hours. You should contact your <b><u>Primary Care Physician</u></b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul> | <p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul> |

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.