

Gratiot County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

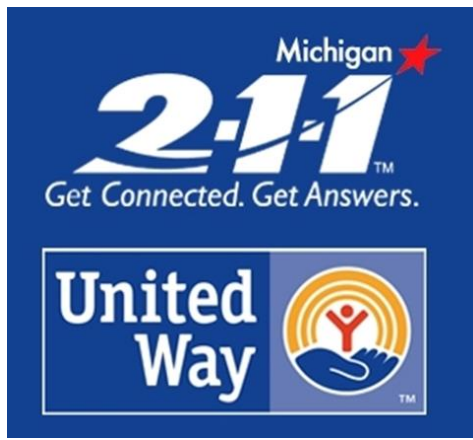
2022

Gratiot
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES 911 CALL

Child Advocacy Association of Alma	(800) 552-4489
Child Help USA Information Center	(989) 463-1422
Child Help USA Information Center	(800) 422-4453
Children & Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
RAINN (Rape & Incest National Network)	(800) 656-4673
RISE- Recovery, Independence, Safety, Empowerment	(844) 349-6177
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop it Now! Hotline	(888) 773-8368
Suicide Prevention Help Line	(800) 273-8255
Third Level Crisis Line	(800) 442-7315
Victim Connect (stalking hotline)	(855) 484-2846

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
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Area on Aging	(800) 858-1637
Children and Adult Protective Services (CPS)	(855) 444-3911
Council on Aging, Gladwin County	(989) 426-5450
Crisis Services for the Elderly	(517) 483-7205
Gratiot County Commission on Aging	(989) 875-5246
Gratiot County Dept of Health & Human Services	(989) 875-5181
HAP Senior Plus Medicare	(800) 868-3153
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program	(800) 803-7174
Region VII Area Agency on Aging	(800) 858-1637
Social Security Administration	(800) 772-1213

Adult Day Services

Breckenridge Area Food with Friends	(989) 842-3338
Senior Activity Building & Food with Friends-Ithaca	(989) 875-2135

Adult Foster Care

Connie's Lakeside Elder Care-Perrinton	(989) 640-2548
Gateway- Alma	(989) 463-2251
Hearts Content- Breckenridge	(989) 842-1818
Ithaca Adult Foster Care-Ithaca	(989) 875-2256
Lumberjack- Riverdale	(989) 239-4749
Mary's Foster Care Home-Wheeler	(989) 708-8711
McKellar's Adult Foster Care-Saint Louis	(989) 681-5188

Alzheimer's & Dementia Support

Alzheimer's Association and Helpline	(800) 272-3900
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Assisted Living

Arbor Grove Assisted Living-Alma	(989) 463-3074
Country Friends Assisted Living, Sumner	(989) 584-6219
Maple View Assisted Living-Ithaca	(989) 875-3259
Michigan Masonic Home-Alma	(989) 463-3141

Wallace Street Assisted Living- (989) 847-2188
Ashley

Office of Community (989) 875-5316
Corrections
Probate Court (989) 875-5231
Prosecuting Attorney (989) 875-5236

ANIMAL SUPPORT

Animal Shelters

Gratiot County Animal Control (989) 875-2221

COUNTY RESOURCES

Administration (989) 875-5282
County Clerk (989) 875-5215
Drain Commissioner (989) 875-5207
Emergency Management (989) 875-5280
Equalization (989) 875-5203
Register of Deeds (989) 875-5217
Treasurer's Office (989) 875-5220

Cities & Villages:

Alma (989) 463-8336
Ashley (989) 847-3050
Breckenridge Village Clerk (989) 842-3109
Ithaca (989) 875-3200
Perrinton (989) 236-5161
St. Louis (989) 681-2137

Townships:

Arcada (989) 620-6272
Bethany (989) 842-1099
Elba (989) 847-2210
Emerson (989) 875-5041
Fulton (989) 236-5102
Hamilton (989) 847-4060
Lafayette (989) 620-4354
New Haven (989) 584-3707
Newark (989) 620-6493
North Shade (989) 584-6000
North Star (989) 875-3352
Pine River (989) 681-5523
Seville (989) 463-6180
Sumner (989) 463-4531
Washington (989) 847-2200
Wheeler (989) 842-3428

Courts

29th Circuit Court (989) 875-5224
65th District Court (989) 875-5240
Friend of the Court (989) 875-5226
Juvenile Court (989) 875-5222

DISABILITY RESOURCES

Autism Society of MI (800) 328-8476
Build Up Learning (888) 320-8384
Support Services for
Preschoolers
Children's Special (800) 359-3722
Healthcare Services
Disability Network of (800) 782-4160
MI [www.dnmichigan.org/cil-
directory](http://www.dnmichigan.org/cil-directory)
GiGi's Playhouse (847) 885-6149
(Downs Syndrome
Resources)
Medicare/Medicaid (800) 803-7174
Assistance Program
Michigan Alliance for (800) 552-4821
Families
Michigan Commission (800) 292-4200
for the Blind
Michigan Commission (517) 507-5223
for the Deaf
Muscular Dystrophy (800) 572-1717
Association
National Federation of (410) 659-9314
the Blind
Paralyzed Veterans of (800) 638-6782
America
Relay Center for 7-1-1
Deaf/Hard of Hearing
Social Security (800) 772-1213
Administration
United Cerebral Palsy (800) 828-2714
of MI
Vocational (800) 257-4850
Rehabilitation Michigan
Commission for the
Deaf

EDUCATION & TRAINING

American Red Cross	(800) 733-2767
Build Up Learning Support Services for Preschoolers Michigan	(888) 320-8384
Reconnects	www.michigan.gov/reconnect
Tuition Incentive Program	(888) 447-2687

Adult Programs

Adult Alternative Ed-Alma	(989) 462-0130
Adult Alternative Ed- Fulton	(989) 236-5404
Adult Alternative Ed- Middleton (main campus)	(989) 236-5130
Michigan Works- Alma	(989) 466-4832

Childcare Centers & Preschools

ABC Daycare- St. Louis	(989) 289-7860
Alma College Development Center- Alma	(616) 754-9315
Alma Head Start- Alma	(616) 754-9315
Ashley Community School, Preschool- Ashley	(989) 847-4000
Building Blocks III- Ithaca	(989) 875-4441
Children's Discovery Academy- St. Louis	(989) 681-4400
Forest Hill Daycare Center- Alma	(989) 576-1430
Fulton Pirate Preschool- Fulton	(989) 236-7234
Gerties Childcare- Riverdale	(989) 331-2626
Huskie Pup Learning Center- Breckenridge	(989) 842-3182
Ithaca Early Childhood Center- Ithaca	(989) 875-4741
Little Lambs Daycare- Breckenridge	(989) 763-8046
Michelle Sitts- Wheeler	(989) 824-0840
Sherry Wilson- Perrinton	(989) 330-8818
Theresa Sisco- Elwell	(989) 854-0028

Colleges/Career Centers

Alma College	(989) 463-7111
Gratiot Technical Education Center-High School Students	(989) 875-5101

Libraries

Alma Public Library	(989) 463-3966
Ashley District Library-Located in Ashley Community School	(989) 847-4000

Howe Memorial Library- Breckenridge	(989) 842-3202
Seville Twp Library- Riverdale	(989) 833-7776
T.A. Cutler Memorial Library- St. Louis	(989) 681-5141
Thompson Home Public Library- Ithaca	(989) 875-4184

School Districts

Alma Public Schools	(989) 463-3111
Ashley Public Schools	(989) 847-4000
Breckenridge Community Schools	(989) 842-3182
Fulton Schools	(989) 236-7300
Ithaca Public Schools	(989) 875-3700
Gratiot-Isabella RESD	(989) 875-5101
St. Louis Public School	(989) 681-2500

Youth Programs

Big Brothers Big Sisters	(989) 463-3434
Boy Scouts of America	www.scouting.org
Central Michigan Youth for Christ	(989) 463-4274
Girl Scouts	www.gshom.org
Gratiot County 4H	(989) 875-5233
Special Olympics Michigan	(989) 774-3911

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767

Law Enforcement

Alma Police Dept	(989) 463-8317
Breckenridge Police Dept	(989) 842-5657
Gratiot County Jail	(989) 875-5211
Gratiot County Sheriff's Office	(989) 875-4128
St. Louis Police Department	(989) 681-5285

EMPLOYMENT ASSISTANCE

EightCap	(989) 463-5693
Michigan Council of Rehabilitation Services	(517) 483-2826
Michigan Indian Employment & Training Services	(800) 591-8820
Michigan Veterans Affairs	(800) 642-4838
Michigan Works	(989) 466-4832

State of Michigan Workforce (517) 335-5858
 Development Agency
 Unemployment Office Hotline (866) 500-0017

FINANCIAL ASSISTANCE

EightCap Inc. (989) 463-5693
 MSHDA: Step Forward (866) 946-7432
 Salvation Army (989) 358-2769

Tax Assistance

EightCap Inc. (989) 463-5693
 My Free Taxes
www.myfreetaxes.com

FITNESS, RECREATION & REHABILITATION

MI Rehab (313) 745-1203
 Service
 Rehabilitation (877) 901-7398
 Institute of MI
 Silver Sneakers <https://tools.silversneakers.com/>

Parks & Recreation

Gratiot County Parks & Recreation (989) 875-5278
 Hubscher Park- Sumner (989) 875-5278
 Just in Time Campground, Ithaca (989) 875-2865
 Leisure Lake Family Campground, Sumner (989) 875-4689
 Luneack County Park- Alma (989) 875-5278
 Pompeii Park- Pompeii (989) 875-5278
 Reed County Park- North Star (989) 875-5278
 River Ridge Campground- Breckenridge (989) 842-5184

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Alma Housing Commission (989) 463-4200
 American Red Cross- Alma (989) 463-3209
 American Red Cross (800) 733-2767
 Area on Aging (800) 858-1637

Bannister United Methodist Church- Bannister, call to make appointment, 3rd Saturday of the month (989) 862-4392
 Linda at: (989) 292-9701
 Breckenridge United Methodist Church- Breckenridge, Tuesday 10:00-1:00 (989) 842-3632
 First Presbyterian Church Food Pantry- Alma, Tuesdays 1:30-3:00 (drive thru and pick up only) (989) 463-2940
 Food Back Council of Michigan (Pantries) www.fbmic.org/resources/find-a-food-bank
 Gratiot Emergency Housing Corporation (989) 466-0709
 Habitat for Humanity (989) 463-2244
 Ithaca Community Food Pantry- Ithaca, Wednesday 9:30-11:30 (989) 875-4437
 Meals on Wheels – call Region VII Area Agency on Aging (800) 858-1637
 Mid-Michigan Food Pantry- Middleton, 2nd and 4th Wednesday 4:00-6:00 (989) 236-5109
 Salvation Army- Alma (989) 463-2864
 St. Louis Housing Commission (989) 681-5100
 WIC (800) 942-1636

HEALTHCARE SERVICES

Centers for Disease Control (800) 232-4636
 Children’s Special Healthcare Services (800) 359-3722
 Michigan HIV/STD Hotline (800) 872-2437
 Veteran Affairs (844) 698-2311

Clinics & Hospitals

McLaren Central Michigan Hospital (989) 772-6700
 McLaren Home Care (866) 323-5974
 Karmanos Cancer Institute (800) 527-6266
 Gratiot County Dept of Health and Human Services (989) 875-5181
 Gratiot County Free Clinic (989) 388-3004
 Mid-Michigan District Health Dept-Gratiot County (989) 875-3681
 MyMichigan Health- Alma (989) 463-1101
 MyMichigan Health (989) 463-9336
 Chemotherapy & Infusion Services

MyMichigan Health Inpatient Behavioral Health (989) 466-7170
 United Way of Gratiot & Isabella County (989) 463-6245

Dental Resources

Dental Lifeline Network (303) 534-5360
 Michigan Donated Dental Services Program (800) 589-2632
 Mid-Michigan District Health Dept -Gratiot County (989) 875-3681
 Mobile Care Group Dental Care for Homebound/Nursing & Assisted Care Facilities (248) 809-6398

Hearing Assistance

HearingLife- Mt. Pleasant (989) 444-5627
 Mid-Michigan District Health Dept- Gratiot County (989) 875-3681
 Relay Center for Deaf/Hard of Hearing 7-1-1

Medical Equipment & Loan Closets

Adaptive Environments- Home Lifting Systems (800) 355-5438
 ALS of Michigan (800) 882-5764
 GiGi's Playhouse (847) 885-6149
 Gratiot County Commission on Aging (989) 875-5246
 Michigan Assistive Technology Loan Fund (800) 828-2714
 Michigan CPAP Bank, BiPAP, ASV, AVAPS & Supplies (734) 232-3964
 Muscular Dystrophy Association (800) 572-1717
 One-Drop Diabetes Support and Supplies (800) 437-1474
 Paralyzed Veterans of America Region VII Area on Aging (800) 638-6782
 The National Federation of the Blind (800) 858-1637
 United Cerebral Palsy MI (410) 659-9314
 United Cerebral Palsy MI (800) 828-2714

Mental Health & Counseling Services

Access Alliance (800) 448-5498
 Boys Town National Hotline (800) 448-3000
 Common Ground Crisis Line (800) 231-1127
 Gratiot Community Mental-Breckenridge (989) 842-5835
 Gratiot County Dept of Health and Human Services (989) 875-5181

Gratiot County Mental Health- Alma (989) 463-1588
 Gratiot Mental Health- Alma (989) 463-5246
 MyMichigan Health Inpatient Behavioral Health (989) 466-7170
 MyMichigan Health Behavioral Health (Outpatient) (989) 466-3253
 Narcotics Anonymous 24/7 (800) 230-4085
 National Alliance on Mental Illness (800) 950-6264
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 National Domestic & Sexual Violence Helpline (800) 799-7233
 National Human Trafficking Resource Center (888) 373-7888
 Problem Gambling Helpline (800) 270-7117
 RAINN (Rape & Incest National Network) (800) 656-4673
 RISE- Recovery, Independence, Safety, Empowerment (844) 349-6177
 SEMCA (800) 686-6543
 Stop it Now! Hotline (888) 773-8368
 Substance Abuse Hotline (800) 662-4357
 Suicide Prevention (800) 273-8255
 Ten16 Recovery Network- Mt. Pleasant (989) 817-7915

Substance Abuse

Advent Care Suboxone Clinic- Breckenridge (989) 203-9054
 Alcoholics Anonymous (800) 356-9996
 Almost There Opioid Rehab- Breckenridge (989) 248-7901
 CDC Hotline (800) 232-4636
 Narcotics Anonymous (NA) Hotline (800) 230-4085
 National Council on Alcoholism and Drug Dependence (800) 622-2255
 SEMCA (800) 686-6543
 Substance Abuse Hotline (800) 662-4357
 Ten16 Recovery Network- Mt. Pleasant (989) 817-7915

Urgent Care

McLaren Care Now in Walgreens- Midland (989) 423-1768

McLaren Central Urgent Care- (989) 773-1166
Midland
MyMichigan Health Urgent (989) 466-3332
Care- Alma

Vision Assistance

EyeCare America (877) 887-6327
Meijer Optical- Alma (989) 463-3186
(Discount)
Michigan Commission for (800) 292-4200
the Blind
Mid-Michigan District (989) 875-3681
Health Dept-Gratiot
County
National Eye Institute (301) 496-5248
VSP Eyes of Hope <https://vspglobal.com/cms/vspglobal-outreach/home.html>
Walmart Vision- Alma (989) 463-6292

HOUSING ASSISTANCE

American Red Cross (800) 733-2767
Gratiot Emergency Housing (989) 466-0709
Corporation
Habitat for Humanity (989) 227-1771
MSHDA: Step Forward (866) 946-7432
Veterans: TOLL Free iris.custhelp.va.gov
Numbers

Emergency Shelters & Warming Centers

Eightcap, Inc. (989) 463-5693
Gratiot County Hope House (989) 681-8486
RISE- Recovery, Independence, (844) 349-6177
Safety, Empowerment
Salvation Army (989) 463-2864

Heating/Utility Assistance & Home Repairs/Weatherization

American Red Cross (800) 733-2767
Area on Aging (800) 858-1637
Eightcap, Inc. (989) 463-5693
Gratiot County Commission on (989) 875-5246
Aging
Gratiot Emergency Housing (989) 466-0709
Corporation
Habitat for Humanity (989) 227-1771
Heat and Warmth Fund (800) 866-8429

USDA Rural Development (517) 324-5210

Low Income Housing

Action Agency (800) 443-5518
Alma Apartments (family) (989) 463-5829
Alma Housing Commission (989) 463-4200
Countryside Apartments (989) 466-5971
HUD Rental Assistance (800) 569-4287
Pine Villa (family) (989) 463-5666
Pinewinds Apartments (989) 463-2586
(Family)
Scottish Pines Senior (989) 466-5126
Apartments
Tartan Terrace (Elderly) (989) 463-4200
United Way of Gratiot & (989) 463-6245
Isabella Counties
USDA Rural Development (517) 324-5210

LEGAL ASSISTANCE

Center for Civil Justice (800) 724-7441
Elder Law of Michigan (866) 400-9164
Legal Hotline for Michigan (800) 347-5297
Seniors
Legal Services of Eastern (800) 322-4512
Michigan
Michigan Department of (517) 335-3165
Civil Rights
Michigan Indian Legal (231) 947-0122
Services
Michigan Migrant Legal (616) 454-5055
Services
Michigan Senior Legal (866) 400-9164
Hotline
RISE- Recovery, (844) 349-6177
Independence, Safety,
Empowerment
Social Security (800) 772-1213
Administration
Veterans TOLL Free iris.custhelp.va.gov
Numbers

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line (800) 275-1995
Arc of Central Michigan (989) 773-8765
Child Safety Seat Inspection (866) Seat-Check

Children's Special Healthcare Services	(800) 359-3722
Eightcap, Inc.	(989) 463-5693
Gratiot-Isabella RESD	(989) 875-5101
LA LECHE	(800) 525-3243
Michigan Alliance for Families	(800) 552-4821
National Parent Helpline	(855) 427-2736
Postpartum Support International	(800) 944-4773
Pregnancy Services of Gratiot County	(989) 466-2295
Safe Delivery of Newborns9	(866) 733-7733
United Way of Gratiot & Isabella County	(989) 463-6245
WIC	(800) 942-1636
Women's Health Resource Line (Breastfeeding Helpline)	(800) 994-9662

PRESCRIPTION ASSISTANCE

Pharmacies

Alma Family Pharmacy- Alma	(989) 968-4003
Ithaca Pharmacy- Mt. Pleasant	(989) 449-4011
Kroger- St. Johns	(989) 224-7075
Meijer- Alma	(989) 576-6010
Rite Aid- Alma	(989) 463-6111
Rite Aid- Ithaca	(989) 875-3380
Sam's Club- Mt Pleasant	(989) 772-0974
Target- Mt. Pleasant	(989) 773-0218
Walgreens- Alma	(989) 463-2704
Walmart- Alma	(989) 463-3220

Prescription Assistance

Elder Prescription Insurance Program	(866) 755-6479
LifeSource Direct Rx Discount Card- Uninsured/Underinsured	(866) 340-4748
MiRx Discount Card	(866) 755-6479
MMAP Michigan	(800) 803-7174
Medicare/Medicaid Assistance Program	
NeedyMeds	(800) 503-6897
Partnership for Prescription Assistance	www.pparx.org
RxAssist	www.rxassist.org

RX Outreach	(800) 769-3880
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SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association and Helpline	(800) 272-3900
Area on Aging	(800) 858-1637
Autism Society of MI	(800) 328-8476
Cancer Support Group	(800) 227-2345
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI	(800) 782-4160
www.dnmichigan.org/cil-directory	
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Mid-Michigan Parkinson Support	(989) 898-8239
Mid-Michigan Stoke Support Group	(517) 364-2521
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism and Drug Dependence	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(989) 893-1503
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
R.I.S.E	(989) 773-0078
SEMCA	(800) 686-6543
Stop it Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

TRANSPORTATION

Alma Transit- Dial a Ride (989) 463-6016
American Cancer Society (800) 227-2345
Road to Recovery
Area on Aging (800) 858-1637
Auto Safety Hotline (888) 327-4236
Child Safety Seat Inspection (866) Seat-Check
Council on Aging, Gladwin (989) 426-5450
County
Dean Transportation (989) 681-2575
Holt Transportation (989) 860-1004
Karmanos Cancer Institute (800) 527-6266
Michigan Transportation (877) 777-7900
Services
Veterans TOLL Free iris.custhelp.va.gov
Numbers

TRIBAL SERVICES

MDHHS Native American (517) 335-7782
Affairs Office
Michigan Department of Civil (517) 335-3165
Rights
Michigan Indian Employment (800) 591-8820
& Training Services
Michigan Indian Legal Services (231) 947-0122
Michigan Indian Tuition (517) 241-7748
Waiver
U.S. Office of Indian Education (202) 260-3774

VETERANS AFFAIRS

Area on Aging (800) 858-1637
CHAMPVA (800) 733-8387
Disabled American (877) 426-2838
Veterans
Gratiot County Veterans (989) 875-5258
Affairs- Ithaca
Michigan Veterans Affairs (800) 642-4838
Michigan Veterans Affairs (517) 284-5299
Agency
Military OneSource (800) 342-9647
Paralyzed Veterans of (800) 638-6782
America
Veterans Administration (800) 827-1000
Veteran Affairs (844) 698-2311
Veterans Crisis Line (800) 273-8255
Veterans of Foreign Wars (989) 466-5454

Veterans of Foreign Wars (989) 681-4706
St. Louis
Veterans TOLL Free Numbers
iris.custhelp.va.gov
Vietnam Veterans of (800) 882-1316
America

VOLUNTEER OPPORTUNITIES

American Red Cross (800) 733-2767
Area on Aging (800) 858-1637
Council on Aging, Gladwin (989) 426-5450
County
Eightcap Inc. (989) 463-5693
Food Bank Council of Michigan
www.fbmic.org/resources/find-a-food-bank
Gratiot County Hope House (989) 681-8486
Meals on Wheels (800) 858-1637
Region VII Area on Aging (800) 858-1637
Special Olympics Michigan (989) 774-3911
United Way of Gratiot & (989) 463-6245
Isabella County

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.

