

Iosco County

Community Resource Guide



Resources assembled by:



2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2022

Iosco
County
Community
Resource
Guide

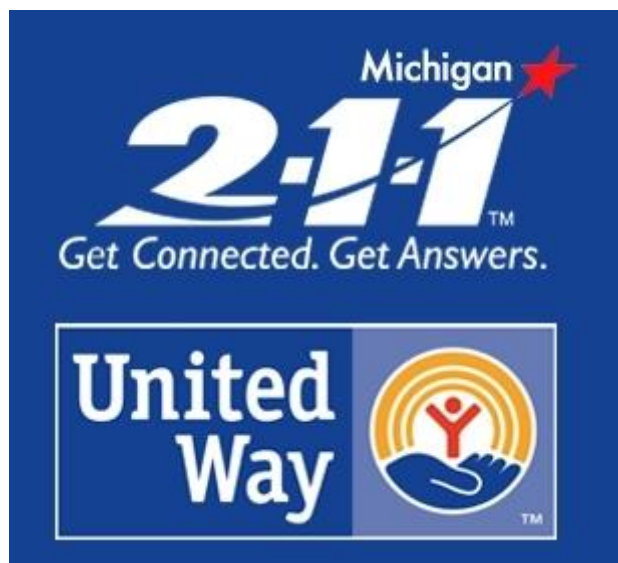
[A guide to services in your community]

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

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ABUSE & PROTECTIVE SERVICES

A Healing Place, LLC	(517) 998-4673
Children & Adult Protective Services	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Crisis Hotline	TEXT Reason to 741741
Department of Health and Human Services	(989) 362-0300
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
Human Trafficking Hotline	(888) 373-7888
LGBT Hotline	(212)-714-1141
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous (24/7)	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Northshores Center	(989) 569-3772
RAINN (Rape & Incest National Network)	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention Hotline	(800) 273-8255
The Trevor Project (Youth LGBTQ crisis and suicide hotline)	(866) 488-7386
Third level Crisis Line	(800) 442-7315
Victim Connect (stalking hotline)	(855) 484-2846

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
Area on Aging	(800) 858-1637
Caring Senior Living and Referral Agency	(855) 863-8283
Crisis Services for the Elderly	(517) 483-7205
Department of Health and Human Services	(989) 362-0300
Disability Network of Mid Michigan	(989) 835-4041
Hale Senior Citizen Center	(989) 728-4251
HAP Senior Plus	(800) 868-3153
Iosco County Commission on Aging	(989) 728-6484
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Social Security Administration	(800) 772-1213
Tawas Senior Center	(989) 362-6892
Veterans Affairs	(844) 698-2311
Visiting Angels Living Assistance Services	(800) 365-4189

Adult Day Services

Caring Senior Living and Referral Agency	(855) 863-8283
Adult Day Care	(800) 385-2527
Hale Senior Citizen Center	(989) 728-4251
Iosco County Commission on Aging	(989) 728-6484

Adult Foster Care

AuSable Valley Community Mental Health System	(989) 739-3823
Cedar Lake Home	(989) 739-1301
Krasinski's AFC	(989) 362-4549
North Shores Center	(989) 569-3772
Rolling Acres AFC	(989) 305-6636

Alzheimer's & Dementia Support

Alzheimer's Association & Helpline	(800) 272-3900
Iosco Medical Care Facility	(989) 362-4424
Oscoda Fields Assisted Living & Memory Care	(989) 252-7532

Assisted Living

Hale Creek Manor	(989) 728-1300
Harbors Assisted Living	(989) 362-4655
Iosco Medical Care Facility	(989) 362-4424

Medilodge of Tawas City (989) 362-8645
 Oscoda Fields Assisted Living (989) 252-7532
 & Memory Care
 Sherman Glen Manor (989) 305-2601
 Veteran Assisted Living (866) 584-7191

ANIMAL SUPPORT

Farm & Pet Veterinary (989) 756-5111
 Services
 Spay Michigan (888) 577-2943
 Sunrise Side Veterinary (989) 362-5711
 Hospital
 Tawas Animal Hospital (989) 362-4601

Animal Shelters

Iosco County Humane Society (989) 362-3170
 The Anti-Cruelty Society (312) 645-8253

COUNTY & CITY RESOURCES

Friend of the Court (989) 362-2573
 Iosco County Clerk (989) 362-3497
 Iosco County Public Safety (989) 362-1423
 Iosco County Road (989) 362-4433
 Commission
 Iosco County Sheriff's Office (989) 362-6164
 Iosco County Treasurer (989) 362-4409
 Miss Dig (800) 482-7171
 Oscoda-AuSable Chamber of (989) 739-7322
 Commerce
 Oscoda Township Hall (989) 739-3211
 Tawas Chamber of Commerce (989) 362-8643
 Whittemore City Hall (989) 756-3011

DISABILITY & SPECIAL NEEDS

RESOURCES

Ascension St. Joseph Rehab (989) 739-6040
 Services Oscoda
 Alcona Health Center (989) 739-7927
 Autism Society of Michigan (800) 328-8467
 Children's Special Healthcare (800) 359-3722
 Services
 Disability Network of MI (800) 782-4160
 Epilepsy Foundation of (800) 377-6226
 Michigan
 GiGi's Playhouse (Downs (847) 885-6149
 Syndrome Resources)
 Huntington's Disease (800) 909-0073

Medicare/Medicaid Assistance (800) 803-7174
 Program
 Michigan Alliance for Families (800) 552-4821
 Michigan Commission for the (800) 292-4200
 Blind
 Michigan Commission for the (517) 507-5223
 Deaf
 Michigan Dept. of Education- (888) 320-8384
 Office of Special Education
 Michigan Department of (989) 362-0300
 Health and Human Services
 Michigan Disability Network Directory

www.dnmichigan.org/cil-directory

Michigan Works! Region 7B (989) 362-6407
 Muscular Dystrophy (800) 572-1717
 Association
 Paralyzed Veterans of America (800) 638-6782
 Relay Center for Deaf/Hard of 7-1-1
 Hearing
 Social Security Administration (800) 772-1213
 The Family Center for Children (800) 359-3722
 & Youth with Special
 Healthcare Needs
 United Cerebral Palsy of MI (800) 828-2714
 Vocational Rehabilitation (800) 257-4850
 Michigan Commission for the
 Deaf

EDUCATION & TRAINING

American Red Cross (800) 733-2767
 Michigan Works! Region 7B (989) 362-6407
 Special Education and Early (888) 320-8384
 Intervention Services

Adult Programs/Continuing Education

Education Reconnect
<https://www.michigan.gov/reconnect>
 Iosco RESA – Adult Education (989) 362-3006
 Tuition Incentive Program (888) 447-2687

College & Career Centers

Alpena Community College- (989) 739-5878
 Oscoda
 Alternative Education Main (989) 362-6180
 Campus-Tawas
 Michigan Works! Region 7B (989) 362-6407

Childcare Centers & Preschools

Emanuel Lutheran Preschool (989) 362-3622
 Funshine Childcare (989) 820-7839

Headstart-Hale	(989) 728-6499
Kid's First Learning Center Contact	(989) 335-1657
Pathway to Learning Child Center	(989) 739-4300
Poohs Place Group Daycare	(989) 873-5738
Stepping Stones Childcare Center	(989) 305-6651
Tawas Head Start	(989) 362-5731
Tiny Rebels Daycare	(989) 282-4458

Libraries

Iosco-Arenac District Library	(989) 362-2651
Oscoda Township Library	(989) 739-9581
Tawas City Library	(989) 362-6557

School Districts

Alternative Education	(989) 362-6180
Emanuel Lutheran School	(989) 362-3622
Hale Area Schools	(989) 728-3551
Alternative Education Main Campus-Tawas	(989) 362-6180
Iosco RESA	(989) 362-3006
Oscoda Area Schools	(989) 739-2325
Tawas Area Schools	(989) 984-2100
Whittemore-Prescott Area Schools	(989) 756-2500

Youth Programs

Community Foundation	(989) 354-6881
Iosco County 4-H	(989) 984-1057
YMCA Camp Nissokone	(989) 739-2801

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767
Center for Disease Control (CDC)	(800) 232-4636
Curtis Township Fire Department	(989) 735-3402
East Tawas Fire Department	(989) 362-3685
Iosco County EMS	(989) 362-5534
Iosco County Sheriff's Office	(989) 362-6164
Grant Township Fire Hall	(989) 469-2441
Mikado Township Volunteer Fire Department	(989) 736-8424
Oscoda Fire Department	(989) 739-9113
Oscoda Police Department	(989) 739-9111
Plainfield Township Fire Department	(989) 728-4325

Poison Control	(800) 222-1222
Richland Logan Fire Department	(989) 873-4394
Suicide Prevention Hotline	(800) 273-8255
Tawas Police Authority	(989) 362-1430

Law Enforcement

Iosco County Sheriff's Office	(989) 362-6164
Oscoda Police Department	(989) 739-9111
Tawas Police Authority	(989) 362-1430

EMPLOYMENT ASSISTANCE

Iosco County Human Services Department	
Michigan Indian Employment & Training Services	(800) 591-8820
Michigan Council of Rehabilitation Services	(517) 483-2826
Michigan Veterans Affairs Agency	(800) 642-4838
Michigan Works! Region 7B	(989) 362-6407
Oscoda-AuSable Chamber of Commerce	(989) 739-7322
Tawas Area Chamber of Commerce	(989) 362-8643
Unemployment Office Hotline	(866) 500-0017

FINANCIAL ASSISTANCE

Department of Health and Human Services	(989) 362-0300
MSHDA: Step Forward	(866) 946-7432

Tax Assistance

Iosco-Arenac District Library	(989) 362-2651
Iosco Commission on Aging	989) 728-6484
My Free Taxes	www.myfreetaxes.com

FITNESS, RECREATION & REHABILITATION

Ascension St. Joseph Rehab Services Oscoda	(989) 739-6040
Michigan Rehabilitation Service	(989) 362-0010
Rehabilitation Institute of MI	(313) 745-1203

Parks and Recreation

Bolen Park	(989) 362-5562
Dewey Durant Park	(989) 362-6693
East Tawas City Parks & Rec.	(989) 362-5562
Loon Lake Park Plainfield Twp.	(989) 728-2811
Old Orchard Park	(989) 739-7814
Pocket Park	(989) 739-7322
Tawas City Shoreline Park	(989) 362-8688
Tawas Point State Park	(989) 362-5041
Veterans Memorial Park	(989) 820-9747

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Alcona County Committee on Aging	(989) 818-7898
American Red Cross	(800) 733-2767
Area On Aging	(800) 858-1637
Community Food Giveaway	(989) 739-5406
District Health Department	(989) 362-6183
East Tawas Church of Nazarene	(989) 362-2955
Hale Area Fish	(989) 728-5139
Harrisville UMC	(989) 724-6266
Food Bank Council of Michigan	
www.fbcmich.org/resources/find-a-food-bank	
Good News Lutheran Church	(989) 756-2159
Iosco County Commission on Aging	(989) 728-6484
Meals on Wheels	(888) 370-7184
Region 9 Area on Aging	(866) 484-7077
St. Vincent De Paul	(989) 736-6271
Tawas Senior Center	(989) 362-6892
WIC	(800) 942-1636

HEALTHCARE SERVICES

Karmanos Cancer Institute	(800) 527-6266
McLaren Homecare and Hospice	(866) 323-5974
Center for Disease Control (CDC)	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
Huntington's Disease	(800) 909-0073
Parkinson's Disease	(800) 852-9781
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute	(800) 527-6266
McLaren Homecare and Hospice	(866) 323-5974
Alcona Health Center	(989) 739-7927
Ascension St. Joseph Hospital	(989) 362-3411
Iosco County Medical Care Facility	(989) 362-4424
District Health Department	(989) 362-6183
Michigan HIV/STD Hotline	(800) 872-2437

Dental Resources

Alcona Health Center Dental	(989) 739-7927
Dental Lifeline Network	(303) 534-5360
Michigan Donated Dental Services Program	(800) 589-2632
Mobile Care Group dental care for homebound / nursing & assisted care facilities	(248) 809-6398
Sunrise Side Dental Center	(989) 736-8422

Hearing Resources

Beltone Hearing	(800) 352-4816
Miracle Ear	(989) 270-0619
Relay Center for Deaf/Hard of Hearing	7-1-1
Schell Hearing Aid Services	(989) 569-7723

Medical Equipment & Loan Closets

Adaptive Environments -Home lifting systems	(800) 355-5438
ALS of Michigan	(800) 882-5764
Beltone Hearing	(800) 352-4816
Disability Network of Mid-Michigan	(989) 835-4041
GiGi's Playhouse	(847) 885-6149
Michigan Assistive Technology Loan Fund	(800) 828-2714
Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS & supplies	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
One-Drop Diabetes Support & Supplies	(800) 437-1474
Paralyzed Veterans of America- MI	(800) 638-6782
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 828-2714

Mental Health & Counseling Services

Access Alliance	(800) 448-5498
AuSable Valley CMH Services	(989) 362-8636
B & I Treatment Center for Teens	(888) 522-1504
Boys Town National Hotline	(800) 448-3000
Common Ground Crisis Line	(800) 231-1127
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Domestic and Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
National Council on Alcoholism and Drug Dependence NCAAD	(800) 622-2255
Problem Gambling Helpline	(800) 270-7117
RAINN Rape and Incest National Network	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255

Pharmacies & Prescription Assistance

Elder Prescription Insurance Program	(866) 755-6479
Gilberts Drug Store	(989) 739-7585
LifeSource Direct Rx Discount Card-Uninsured/underinsured	(866) 340-4748
Meijer Pharmacy	(231) 534-9810
Michigan Medicare/Medicaid Assistance Program	(800) 803-7174
MiRx Discount Card	(866) 755-6479
Partnership for Prescription Assistance	www.pparx.org
Rite Aid Pharmacy, Oscoda	(989) 739-4255
Rite Aid Pharmacy, Tawas	(989) 362-3439
RxAssist	

www.rxassist.org

RX Outreach	(800) 769-3880
Tawas Pharmacy	(989) 362-3311
Walmart Pharmacy	(989) 984-0924

Retail Discount Drug Programs

Kroger	(989) 892-8037
Meijer	(989) 667-9510
NeedyMeds	(800) 503-6897

RX Outreach	(800) 769-3880
Sam's Club	(989) 790-0954
Wal-Mart	(989) 984-0924

Substance Abuse

Alcoholics Anonymous	(800) 356-9996
CDC Hotline	(800) 232-4636
Michigan Counseling Centers	(888) 622-3345
Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
SEMCA Substance Abuse Substance Abuse Hotline	(800) 686-6543 (800) 662-4357
Substance Use Services	(800) 834-3393

Urgent Care

McLaren Woodland Healthcare Evergreen Clinic	(989) 345-7493
Huron Shores Walk In Clinic	(989) 362-6426

Vision Assistance

Michigan Commission for the Blind	(800) 292-4200
National Eye Institute	(301)-496-5248
Tawas Bay Optical	(989) 362-9546
Wal-Mart Vision Center- Alpena	(989) 354-7431
Wal-Mart Vision Center-Tawas	(989) 984-0854

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
East Tawas Housing Commission	(989) 362-4963
Habitat for Humanity NE MI	(989) 354-5555
MSHDA: Step Forward	(866) 946-7432
Veterans TOLL Free Numbers	iris.custhelp.va.gov

Emergency Shelters & Warming Centers

American Red Cross	(800) 733-2767
East Tawas Housing Commission	(989) 362-4963
Homeless Assistance Programs	(989) 358-4678 (866) 484-7077
MSHDA: Step Forward	(866) 946-7432
Northeast Michigan Community Service Agency	(989) 356-3474

Heating/Utility Assistance & Home

Repairs/Weatherization

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Heat and Utility Assistance Program	(989) 358-4713
Heat and Warmth Fund	(800) 866-8429
Region 9 Area on Aging	(866) 484-7077
USDA Rural Development	(517) 324-5190

Low Income Housing

Action Agency	(800) 443-5518
East Tawas County Housing Commission	(989) 362-4963
Habitat for Humanity of NE MI	(989) 354-5555
HUD Rental Assistance	(800) 569-4287
Tip of the Mitt Housing	(231) 377-7155
St. Vincent De Paul	(989) 736-6271
USDA Rural Development	(517) 324-5190

LEGAL ASSISTANCE

81 st District Court	(989) 362-4441
Center for Civil Justice	(800) 724-7441
Iosco Circuit Court Administration	(989) 362-3485
Iosco County Friend of the Court	(989) 362-2573
Legal Services of Eastern Michigan	(800) 322-4512
Legal Services of Northern Michigan	(989) 705-1067
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan 211	(888) 636-4211
Michigan Senior Legal Hotline	(866) 400-9164
Social Security Administration	(800) 722-1213
Veterans TOLL Free numbers	iris.custhelp.va.gov

PARENTING & PREGNANCY

RESOURCES

24-Hour Crisis Line	(800) 275-1995
Child Safety Seat Inspection	(866) SEAT-CHECK

LA LECHE	(800) 525-3243
Michigan Department of Health and Human Services	(989) 362-0300
Michigan Alliance for Families	https://www.michiganallianceforfamilies.org/maf-offices/
The Family Center for Children & Youth with Special Healthcare Needs	(800) 359-3722
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association and Helpline	(800) 272-3900
Area on Aging	(800) 858-1637
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI	(800) 782-4160 www.dnmichigan.org/cil-directory
Epilepsy Foundation of Michigan (Support Group)	(800) 377-6226
Equality Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
Parkinson's	(800) 852-9781
Problem Gambling Help Line (RAINN) Rape and Incest National Network	(800) 270-7117
Region 9 Area on Aging	(866) 484-7077
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255

WIC (800) 942-1636
Women's Health Resource (800) 994-9662
Line

TRANSPORTATION

Karmanos Cancer Institute (800) 527-6266
American Cancer Society (800) 227-2345
Road to Recovery
Area on Aging (800) 858-1637
Auto Safety Hotline (888) 327-4236
Child Safety Seat Inspection (866) SEAT-CHECK
Iosco Transit (989) 362-8108
Region 9 Area on Aging (866) 484-7077
Veterans TOLL Free iris.custhelp.va.gov
numbers

TRIBAL SERVICES

Little Traverse Bay Band of (231) 242-1400
Odawa Indians
MDHHS Native American (517) 335-7782
Affairs Office
Michigan Department of Civil (517) 335-3165
Rights

Michigan Indian Employment (800) 591-8820
& Training
Michigan Indian Legal Services (231) 947-0122
Michigan Indian Tuition (517) 241-7748
Waiver
U.S. Office of Indian Education (202) 260-3774

VETERANS AFFAIRS

Area on Aging (800) 858-1637
CHAMPVA (800) 733-8387
Iosco County Veterans (989) 362-6571
Affairs
Michigan Veterans Affairs (800) 642-4838
Paralyzed Veterans of (800) 638-6782
America
Region 9 Area on Aging (866) 484-7077
Veterans Administration (800) 827-1000
Veterans Affairs (844) 698-2311
Veterans Crisis Line (800) 273-8255
Veterans Toll Free iris.custhelp.va.gov

VOLUNTEER OPPORTUNITIES

American Red Cross (800) 733-2767
Area on Aging (800) 858-1637
East Tawas Community Center (989) 362-3537
Food Bank Council of Michigan (Pantries)
www.fbmic.org/resources/find-a-food-bank
Habitat for Humanity NE MI (989) 354-5555
Iosco County Humane Society (989) 362-3170
United Way 211

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.