

Isabella County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

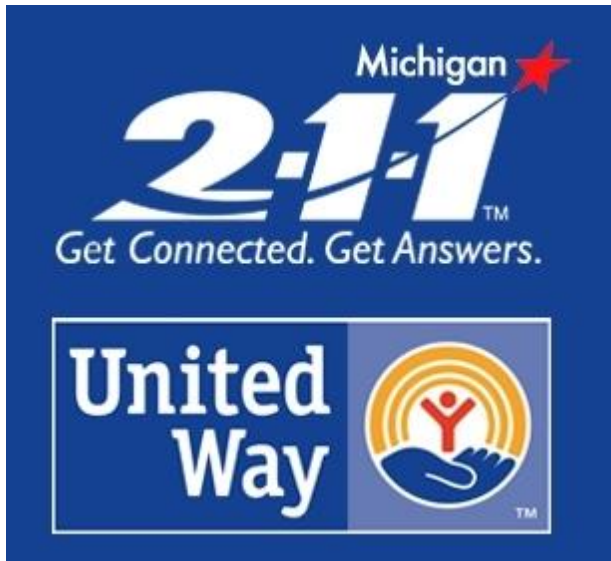
2022

Isabella
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

For emergency Services call	911
Children and Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love Is Respect Hotline	(866) 331-9474
Mental Health Crisis Hotline	(800) 317-0708
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Nami Magizi Nangwiihgan (Abuse Services)	(989) 775-4400
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic Violence Helpline	(800) 799-7233
National Human Trafficking RAINN (Rape & Incest National Network)	(888) 373-8888
National Network	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
Third Level Crisis Line	(800) 442-7315
Veteran's Crisis Line	(800) 273-8255
Victim Connect (stalking hotline)	(885) 484-2846

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
Andahwod Continuing Care	(989) 775-4319
Community & Elder Services Area on Aging	(989) 772-0748
Crisis Services for the Elderly	(517) 483-7205
Greendale Senior Services – Shepherd	(989) 832-8683
HAP Senior Plus	(800) 868-3153
Isabella County Commission on Aging	(989) 772-0748
Isabella County Department of Health & Human Service	(989) 772-8400
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Region 7 Area Agency on Aging	(989) 893-4506
Rosebush Food with Friends	(989) 433-0151
Senior Legal Hotline of Michigan	(866) 400-9164
Social Security Administration	(800) 772-1213
The ARC of Central Michigan	(989) 773-8765
Veterans Affairs	(800) 827-1000

Adult Day Services

Adult Day Program	(989) 779-5560
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Adult Foster Care

Cencare Foster Home	(989) 772-3360
McVey Street Home	(989) 772-3359
Pelcher Adult Foster Care	(989) 433-5446

Alzheimer's & Dementia Support

Alzheimer's Association & Helpline	(800) 272-3900
Country Care Assisted Living	(989) 330-1813
Green Acres	(989) 772-3456
Isabella County Medical Care Facility	(989) 772-2957
Margaret's Meadows	(989) 561-5009
Medilodge of Mt Pleasant	(989) 772-2967
Prestige Centre	(989) 773-9421
Region 7 Area Agency on Aging	(800) 858 1637

Assisted Living

Applewood Assisted Living	(989) 772-1866
County Place Senior Care Center	(989) 773-6320
Crestwood Village Assisted Living	(989) 772-2183
Maplewood of Mt. Pleasant	(989) 773-7001
McBride Quality Care Services Mental Illness/Developmental Disabilities	(989) 772-1261
Medilodge of Mt Pleasant	(989) 772-2967
New Hope Assisted Living	(989) 779-1477
Prestige Center	(989) 773-9421

ANIMAL SUPPORT

Bed and Biscuit Pet Resort	(989) 773-8000
Isabella Cat Clinic	(989) 779-2700
Mt. Pleasant Animal Hospital	(989) 773-7679
Northwoods Animal Rescue	(269) 455-4705
Northwoods Pet Care Center	(989) 775-3900
Pol Veterinary Services	(989) 644-5044
Pretty Paws Grooming	(989) 775-7088
Redwood Pet Grooming	(989) 824-0997

Animal Shelters

Animal Control and Shelter	(989) 773-9721
Humane Animal Treatment Society	(989) 775-0830

COUNTY & CITY RESOURCES

Circuit Division	(989) 317-4097
Civil/Small Claims Court	(989) 317-4211
Community Corrections	(989) 317-4161
Criminal Division	(989) 317-4178
Family Division / Friend of the Court	(989) 317-4186
Isabella County Administrative Offices	(989) 772-0911
Probate/Juvenile Division	(989) 317-4212
Prosecuting Attorney	(989) 317-4085
Trial Court	(989) 317-4163

Cities

Clare	(989) 386-7541
Mt Pleasant	(989) 779-5313

Townships

Broomfield	(989) 967-8839
Chippewa	(989) 773-3600

Coe	(989) 828-5960
Coldwater	(517) 279-9388
Deerfield	(989) 779-7557
Fremont	(989) 866-2512
Gilmore	(989) 588-7052
Isabella	(989) 433-5413
Lincoln	(989) 828-6967
Nottawa	(989) 506-6344
Rolland	(989) 561-2224
Sherman	(989) 644-2666
Union	(989) 772-4600
Vernon	(989) 429-2176
Wise	(989) 386-7244

Villages

Lake Isabella	(989) 644-8654
Rosebush	(989) 433-5837
Shepherd	(989) 828-5278

DISABILITY RESOURCES

Autism Society of MI	(800) 328-8476
Children's Special Healthcare Services	(800) 359-3722
Disability Network of MI	(800) 782-4160
Disability Network of Mid-Michigan	(989) 835-4041
Disability Services Resource Center	(989) 895-5444
Eight Cap, Inc	(989) 772-0110
GiGi's Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(517) 507-5223
Michigan Council for Rehabilitation Services	(517) 483-2826
Michigan Dept. Of Education- Office of Special Education – Lansing, MI	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America	(800) 638-6782
Relay Center for Deaf/Hard of Hearing	7-1-1

Social Security Administration (800) 772-1213
 State of Michigan Division on Deaf, Blind, & Hard of Hearing (313) 437-7035
 The Family Center for Children and Youth with Special Health Care Needs (800) 359-3722
 The National Federation of the Blind of Michigan (517) 394-4548
 United Cerebral Palsy of MI (800) 828-2714

EDUCATION & TRAINING

American Red Cross (800) 733-2767
 Special Education and Early Intervention Services (888) 320-8384

Adult Programs

American Red Cross (800) 828-2714
 Builders License Training Institute (800) 727-7104
 Central Michigan University (989) 774-4000
 Michigan Workforce Development Agency – GED (517) 335-5858
 Mid-Michigan Community College (989) 773-6622
 MJ Murphy Beauty College (989) 772-2339
 Mt. Pleasant Community Education (989) 775-2370
 Naturopathic Institute of Therapies & Education (989) 773-1714
 Protégé Cosmetology School (989) 317-8260
 Saginaw Chippewa Tribal College (989) 317-4760
 Special Education and Early Intervention Services (888) 320-8384
 Tuition Incentive Program (888) 447-2687

Childcare Centers & Preschools

CMU Child Development Learning Lab (989) 774-3760
 Country Kids Daycare (989) 289-1466
 Creative Beginnings Child Dev Ctr Mt Pleasant East (989) 779-5555
 Creative Beginnings Child Dev Ctr Mt Pleasant West (989) 773-2222
 Early Head Start Family Center (989) 773-9186
 Edmore Head Start (989) 427-5913
 Eight Cap Head Start (989) 772-0110

First United Methodist Preschool (989) 772-1580
 Headstart Building Blocks (989) 773-9186
 Hubie’s Day Care (989) 561-5603
 Isabella Child Development Center (989) 772-0508
 Izzy’s Kids Childcare Center (989) 664-8089
 Loving Arms Daycare (989) 330-3614
 Montessori White Pine Children’s Center (989) 775-8272
 Mt Pleasant Public Schools (989) 775-2300
 Renaissance Public School Academy (989) 773-9889
 Shepherd Head Start (989) 828-5453
 The Sandbrook Learning Center of Beal City Schools (989) 644-3901
 Tonya’s Tots (989) 773-0437
 West Midland Family Center Preschool & Early Learning (989) 832-3256
 Zion Lutheran Church Nursery School (989) 772-1516

Colleges/Career Centers

Central Michigan University (989) 774-4000
 Mid-Michigan Community College (989) 773-6622
 MJ Murphy Beauty College (989) 772-2339
 Naturopathic Institute of Therapies & Education (989) 773-1714
 Protégé Cosmetology School (989) 317-8260
 Saginaw Chippewa Tribal College (989) 317-4760

Libraries

Central Michigan University Library (989) 774-1100
 Coleman Area Library (989) 465-6398
 Faith Johnston Memorial Library (989) 433-0006
 Pere Marquette District Library-Clare (989) 386-7576
 Saginaw Chippewa Tribal Libraries (989) 775-4508
 Surrey Township Public Library (989) 588-9782
 Tate Memorial Library (989) 561-2480
 Sherman Twp Library (989) 644-5131
 Veterans Memorial Library (989) 773-3242

Unemployment Office Hotline (866) 500-0017

School Districts

Beal City Public Schools	(989) 644-3901
Chippewa Hills School District	(989) 967-2000
Gratiot-Isabella Technical Education Center	(989) 775-2210
Montabella Community Schools	(989) 427-5148
Mt Pleasant Public Schools	(989) 775-2300
Mt Pleasant Seventh Day Adventist Elementary	(989) 773-3231
Sacred Heart Academy	(989) 772-1457
Shepherd Public Schools	(989) 828-6601
St Joseph School	(989) 644-3970

Youth Programs

Big Brothers/Big Sisters	(989) 772-5232
CMU University Recreation	(989) 774-3686
Girl Scouts Heart of Michigan Council	(800) 497-2688

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767
Center for Disease Control and Prevention (CDC)	(800) 232-4636
Consumers Energy Emergency Line	(800) 477-5050
Mental Health Crisis Hotline	(800) 317-0708
Poison Control	(800) 222-1222
Tri-County Electric Cooperative Emergency Line	(800) 562-8232

Law Enforcement

CMU Police Department	(989) 774-4000
Isabella County Sheriff's Dept	(989) 772-5911
Michigan State Police	(989) 773-5951
Mt Pleasant Police Department	(989) 779-5100
Saginaw Chippewa Tribe Police	(989) 775-4700
Shepherd Police Department	(989) 828-5045
Sherman Township Marshall	(989) 644-8882

EMPLOYMENT ASSISTANCE

Career Ladders Inc. (Job search assistance)	(888) 247-3786
Experience Works	(989) 773-1932
Goodwill Workforce Development Office	(989) 773-4785
Michigan Works	(989) 772-5304

Isabella County Community Resources Updated 2022

FINANCIAL ASSISTANCE

Isabella County Treasurer	(989) 317-4091
MSHDA: Step Forward	(866) 946-7432

Tax Assistance

Blyson & Bailey	(989) 772-4673
Boge Wybenga & Bradley	(989) 772-1730
Cain & Sisung CPAs	(989) 772-3929
H & R Block	(989) 773-8129
Liberty Tax Service	(989) 546-6307

www.myfreetaxes.com

FITNESS, RECREATION AND

REHABILITATION

McLaren Fitness	(989) 779-5601
Planet Fitness	(989) 317-3615
Worthy Health & Fitness	(989) 400-4886

Parks & Recreation

Coldwater Park (seasonal)	(989) 644-2388
Deerfield Nature Park (seasonal)	(989) 722-2879
Isabella County Parks and Recreation	(989) 772-0911
MI Rehab Service	(877) 901-7398
Meridian Park	(989) 317-4083
Mt. Pleasant City Parks and Rec	(989) 779-5331
Rehabilitation Institute of MI	(313) 745-1203

FOOD, CLOTHING & HOUSEHOLD

ASSISTANCE

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Area on Aging Isabella County	(989) 772-0748
Community Compassion Network	(989) 863-4449
Food Pantry	
EightCap, Inc	(989) 772-0110
Food bank Council of Michigan:	
http://www.fbcmich.org/resources/find-a-food-bank	
www.foodpantries.org/st/michigan	
Habitat for Humanity	(989) 773-0043
Isabella Community Soup Kitchen	(989) 772-7392
Isabella County Department of Health & Human Services	(989) 772-8400
Meals on Wheels	(888) 370-7184
WIC Program	(800) 942-1636
WIC Program Isabella County	(989) 773-5921

HEALTHCARE SERVICES

McLaren Home Care	(800) 840-3147
AIDS Program Hotline	(800) 872-2437
Centers for Disease Control	(800) 232-4636
Central Michigan District Health Department	(989) 773-5921
Children's Special Healthcare Services	(800) 359-3722
Veterans Affairs	(844) 698-2311

Clinics & Hospitals

McLaren Central Michigan	(989) 773-1166
McLaren Central Michigan Hospital	(989) 772-6700
McLaren Central Michigan Outpatient Rehabilitation	(989) 779-5604
McLaren Home Care	(866) 323-5974
Children's Health Care, PLLC	(989) 772-7774
CMU Health Services Primary & Specialty Services Clinic	(989) 774-7500
Family Medical Care	(989) 772-1442
Isabella Citizens for Health Pediatrics	(989) 953-5320
Karmanos Cancer Institute	(800) 527-6266
Michigan HIV/STD Hotline	(800) 872-2437
Mid-Michigan Medical Center	(989) 956-9069
Emergency & Outpatient Services	
Nimkee Memorial Wellness Center	(989) 775-4600
Pleasant Pediatrics	(989) 772-1500
Shepherd Medical Office	(989) 828-4614

Dental Resources

Aspen Dental Clinic	(989) 773-0100
Austin & Austin Dentistry	(989) 386-7021
Bryan Dental	(989) 773-9051
Dental Lifeline Network (low income; severe problems only)	(303) 534-5360
Dr. Kimber DeWitt	(989) 772-3939
Elizabeth Winegar, DDS	(989) 386-7021
Keith Bever Jr, DDS	(989) 773-9793
Kenneth Egger, DDS	(989) 773-3560
Michigan Community Dental Clinic	(989) 772-4026
Michigan Donated Dental Services Programs	(800) 589-2632
Midland & Mt Pleasant Oral and Maxillofacial Surgery	(989) 773-8065

Mobile Care Group (dental care for homebound/nursing & assisted care facilities)	(248) 809-6398
Mt Pleasant Family Dental - Mt Pleasant	(989) 773-2133
Nimkee Memorial Wellness Center	(989) 775-4600
Paula Druskins, DDS	(989) 772-3216
Richards and Ribitch Dentistry	(989) 772-1344
Scott Dexter PC	(989) 772-3046

Hearing Assistance

Allied Hearing	(989) 334-4742
Bieri Hearing Specialists	(800) 329-1747
Central Michigan University Audiology Clinic	(989) 774-3904
Children's Special Health Care Services	(800) 359-3722
Michigan Hearing	(989) 546-4439
Miracle Ear	(989) 341-6042
Relay Center for Deaf/Hard of Hearing Voice/TTY	7-1-1
Veterans Affairs	(844) 698-2311

Medical Equipment & Loan Closets

Adaptive Environments – Home lifting systems	(800) 355-5438
Airway Oxygen Inc	(989) 772-9885
ALS of Michigan	(800) 882-5764
American Medical Equipment	(989) 772-4555
BioTel Heart 24/7 Support	(800) 517-6330
Freedom Med Alert	(877) 318-4993
Gigi's Playhouse	(847) 885-6149
Michigan Assistive Technology Loan Fund	(800) 828-2714
Michigan CPAP Bank CPAP, BiPAP ASV, AVAPS & supplies	(734) 232-3964
Mid-Michigan Health Home Medical Equipment	(800) 862-5002
Muscular Dystrophy Association	(800) 572-1717
Oakland Orthopedic	(989) 775-7320
One-Drop Diabetes Support & Supplies (http://onedrop.today)	(800) 437-1474
Paralyzed Veterans of America- M	(800) 638-6782
Sparrow Regional Medical Supply	(989) 772-7244
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(517) 203-1200

Mental Health & Counseling Services

Crisis Hotline	(800) 317-0708
Access Alliance	(800) 448-5498

Addiction Solutions Counseling Center	(989) 779-9449
Boys Town National Hotline	(800) 448-3000
Common Ground Crisis Line	(800) 231-1127
Community Mental Health for Central Michigan	(989) 772-5938
Center for Community Counseling & Development	(989) 774-3532
Listening Ear Crisis Intervention Center	(989) 772-2918
Mt Pleasant Community Counseling Associates	(989) 773-0222
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Problem Gambling Help-Line 24/7	(800) 270-7117
Psychological Training and Consultation Center	(989) 774-3904
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Substance Use Treatment Services 24/7	(800) 834-3393
Suicide Prevention	(800) 273-8255
Veteran's Crisis Line	(800) 273-8255
Women's Aid Service - Mt Pleasant (counseling & emergency shelter)	(844) 349-6177

Substance Abuse

Addiction Solutions Counseling Center	(989) 779-9449
Alcoholics Anonymous	(800) 356-9996
Alcoholics Anonymous Hotline 24/7	(313) 831-5550
CDC Hotline	(800) 232-4636
Families Against Narcotics	(586) 438-8500
Mid-State Health Network of MI	(517) 253-7525

Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
Problem Gambling Helpline 24/7	(800) 270-7117
SAMHSA Hotline	(800) 662-4357

Urgent Care

McLaren Central-ReadyCare Walk-In Clinic	(989) 773-1166
Isabella Urgent Care	(989) 317-0565
Urgent Clinic Express - Mt Pleasant	(989) 773-9669
Women's Medical Center	(989) 773-3411

Vision Assistance

Michigan Commission for the Blind	(800) 292-4200
National Eye Institute	(301) 496-5248

Vision Providers

Clare/Farwell Lions Club	(989) 539-1010
Evans Eye Care	(989) 775-3937
L.O. Eyecare	(989) 772-3339
Mid-Michigan Retina PLC	(517) 574-5850
Pleasant Optics	(989) 773-7747
The Eye Site	(989) 773-2020
Wal-Mart Vision Center	(989) 773-9714

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
MSHDA: Step Forward	(866) 946-7432
Veterans TOLL Free Numbers	iris.custhelp.va.gov

Emergency Shelters & Warming Centers

Women's Aid Service of Mt Pleasant Counseling & emergency shelter	(844) 349-6177
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Heating/Utility Assistance & Home Repairs/Weatherization

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
EightCap, Inc	(989) 772-0110
The Heat and Warmth Fund	(800) 866-8429
USDA Rural Development	(517) 324-5190

Low Income Housing

Action Agency	(800) 443-5518
Area on Aging	(800) 858-1637
EightCap, Inc	(989) 772-0110
Home Stretch	(231) 947-6001
HUD Rental Assistance	(800) 569-4287
MSHDA: Step Forward	(866) 946-7432
USDA Rural Development	(517) 324-5190
Veterans TOLL Free Numbers	iris.custhelp.va.gov

LEGAL ASSISTANCE

Center for Civil Justice	(800) 724-7441
Legal Hotline for Michigan Seniors	(800) 347-5297
Legal Services of Eastern Michigan	(800) 322-4512
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Social Security Administration	(800) 772-1213
Veterans TOLL Free numbers	iris.custhelp.va.gov

PARENTING/PREGNANCY RESOURCES

24-HourCrisis Line	(800) 275-1995
Children's Special Healthcare	(800) 359-3722
CMU Center for Children, Families & Communities	(989) 774-6639
Cystic Fibrosis Foundation	(248) 269-8759
Eating Disorder Hotline	(800) 931-2237
EightCap, Inc	(989) 772-0110
Epilepsy Foundation of Michigan	(800) 337-6226
Girls & Boys Town 24/7 Suicide and Crisis Line	(800) 448-3000
Great Start Collaborative of Gratiot & Isabella Counties	(989) 875-5101
Isabella County Child Advocacy Center	(989) 317-8787
LA LECHE League	(800) 525-3243

Michigan Alliance for families:

<https://www.michiganallianceforfamilies.org/maf-offices/>

National Parent Help Line 24/7	(855) 427-2736
The Family Center for Children and Youth with Special Health Care Needs	(800) 359-3722
WIC	(800) 942-1636
Women's Health Resource Line:	
www.4women.gov/breastfeeding	
Women's Health Resource Line	(800) 994-9662
Women's Resource Center 24/7	(800) 275-1995

PRESCRIPTION ASSISTANCE

Pharmacies

CVS Pharmacy	(989) 772-1945
Downtown Drug	(989) 773-5544
Hansen's Pharmacy and Variety	(989) 427-5275
Meijer Pharmacy	(989) 775-2110
MidMichigan Medical Center	(989) 775-1629
Mission Pharmacy - Mt Pleasant	(989) 773-8200
Rite Aid Pharmacy	(989) 772-7677
Walgreens Pharmacy	(989) 775-8098

Prescription Assistance Programs

Elder Prescription Insurance Program	(866) 755-6479
GoodRx	www.GoodRx.com
LifeSource Direct	(866) 340-4748
MiRx Discount Card	(866) 755-6479
MMAP	(800) 803-7174
NeedyMeds	(800) 503-6897
Partnership for Prescription Assistance	www.pparx.org
RxAssist	www.rxassist.org
RX Outreach	(800) 769-3880
US Med	(877) 840-8218

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association and Helpline	(800) 272-3900
Area on Aging	(800) 858-1637

Autism Society of MI	(800) 328-8476
Bariatric Support	(989) 463-6699
Breast Cancer	(800) 227-2345
CMU Counseling Center	(989) 774-3381
CMU Sexual Aggression Peer Advocates 24/7 Support	(989) 774-2255
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI	(800) 782-4160
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
First Step (Domestic Violence/Sexual Abuse)	(734) 722-6800
Haven Crisis Line	(877) 922-1274
Huntington's Disease	(800) 909-0073
Isabella County Commission on Aging	(989) 772-0748
Leukemia	(800) 456-5413
LGBT Hotline	(212) 714-1141
Listening Ear Crisis Intervention Center	(989) 772-2918
Love is Respect Hotline	(866) 331-9474
Mid-Michigan Health System - Support Groups	(800) 999-3199
Nami Magizi Nangwiihgan (Abuse Services)	(989) 775-4400
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(800) 852-9781
Planned Parenthood	(800) 230-7526
Problem Gambling Help line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
The Family Center for Children and Youth with Special Health Care Needs (Family Center)	(800) 359-3722
WIC	(800) 942-1636

Women's Aid Service of Mt Pleasant - Counseling & emergency shelter	(844) 349-6177
Women's Health Resource Line	(800) 994-9662
Women's Resource Center 24/7	(800) 275-1995

TRANSPORTATION

American Cancer Society Road to Recovery	(800) 227-2345
Area on Aging	(800) 858-1637
Auto Safety Hotline	(888) 327-4236
Child Safety Seat Inspection www.seatcheck.org	(866) Seat-Check
Chippewa Cab Medical Transport	(989) 779-2227
Dean Transportation	(989) 773-0642
Greyhound Bus Lines	(800) 231-2222
Holt Transport Services – Saginaw	(989) 860-1004
Indian Trails	(800) 292-3831
Isabella County Transportation Commission	(989) 772-9441
Joe Cab Limo Service	(989) 944-1862
Karmanos Cancer Institute Michigan Transportation Services	(800) 527-6266 (877) 777-7900
Ride Safe Taxi	(989) 621-0775
U Ride Taxi - Mt Pleasant	(989) 775-8294
Veterans TOLL Free numbers	iris.custhelp.va.gov

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
Michigan Dept of Health & Human Services - Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Waiver	(517) 241-7748
Saginaw Chippewa Indian Tribe	(989) 775-4000

U.S. Office of Indian Education (202) 260-3774

VETERANS AFFAIRS

American Legion Information (800) 433-3318
American Legion-Owen Barrett, Post 110 (989) 772-9709
Area on Aging (800) 858-1637
CHAMPVA (800) 733-8387
CHAMPVA Meds by Mail (800) 385-0235
Disabled American Veterans (877) 426-2838
Michigan Chapter of Paralyzed Veterans of America (800) 638-6782
Michigan Veterans Affairs (800) 642-4838
Paralyzed Veterans of America Headquarters (800) 424-8200
Veterans Administration (800) 827-1000
Veterans Affairs (844) 698-2311
(800) 698-2411
Veterans Affairs of Isabella County (989) 317-4093
Veteran's Crisis Line (800) 273-8255
Veterans TOLL Free numbers iris.custhelp.va.gov
Vietnam Veterans of America (800) 882-1316

VOLUNTEER OPPORTUNITIES

American Red Cross (800) 733-2767
Area on Aging (800) 858-1637
Big Brothers/Big Sisters (989) 772-5232
Commission on Aging (989) 772-0748
Community Cancer Services (989) 772-2524
Food Bank Council of Michigan
www.fbmic.org/resources/fa-food-bank
United Way (989) 463-6245

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.