

Ogemaw County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2022

Ogemaw
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

Children & Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Department of Human Services – West Branch	(989) 345-5135
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(212)-714-1141
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic and Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Northern Michigan Children’s Assessment Center – Roscommon	(989) 275-7145
RAINN (Rape & Incest National Network)	(800) 656-4673
River House Crisis Shelter	(888) 554-3169
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
Third level Crisis Line	(800) 442-7315
Victim Connect Stalking Hotline	(855) 484-2846

ADULT AGING SERVICES

Crisis Services for the Elderly	(517) 483-7205
Department of Human Services – West Branch	(989) 345-5135

Disability Network Mid-Michigan	(989) 835-4041
Elder Law of Michigan	(866) 400-9164
HAP Senior Plus	(800) 868-3153
Meals on Wheels	(800) 632-7334
Medicare Helpline	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAAP)	(800) 803-7174
Ogemaw Commission on Aging – West Branch	(989) 345-3010
Region 9 - Area Agency on Aging (NEMSCA)	(989) 358-4661
Social Security Administration	(800) 772-1213

Adult Day Services

Compassus – West Branch	(989) 343-2470
Dobson Health Care SVC – Bay City	(866) 866-8984
Leelin Home Health Care, Inc. – West Branch	(989) 345-3138
Ogemaw Commission on Aging – West Branch – In Home & Adult Day Services	(989) 345-3010
The Horizon Senior Living – Respite care, adult day & foster care, veterans assistance.	(989) 343-9404

Adult Foster Care

The Horizon Senior Living	(989) 343-9404
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Alzheimer’s & Dementia Support

Alzheimer’s Association Helpline	(800) 272-3900
Villa at West Branch	(989) 345-3600

Assisted Living

Horizon Senior Living – W. Branch	(989) 343-9404
The Brook of West Branch	(989) 343-1400
West Branch Manor – Elder Care	(989) 726-5003

ANIMAL SUPPORT

Animal Control of Ogemaw County	(989) 345-5903
Ark Association to Rescue Kritters – Wildlife rescue & rehab – St. Helen	(989) 389-3305
Ogemaw Veterinary Clinic	(989) 685-3941
Rea Family Animal Shelter	(989) 343-7387
West Branch Veterinary Services	(989) 345-5363

Animal Shelters

Claws & Paws Rescue – W. Branch	(989) 345-2479
Rea Family Animal Shelter	(989) 343-7387

COUNTY & CITY RESOURCES

Department of Human Services – <i>West Branch</i>	(989) 345-5135
Ogemaw County Administration	(989) 516-9020
Ogemaw Commission on Aging	(989) 345-3010
Richland Township Hall	(989) 873-4135

DISABILITY & SPECIAL NEEDS RESOURCES

Autism Society of MI	(800) 328-8476
Children’s Special Health Care Services	(800) 359-3722
Department of Human Services - <i>West Branch</i>	(989) 345-5135
Disability Network of MI www.dnmichigan.org/cil-directory	(800) 782-4160
Do-All, Inc.	(989) 894-2851
Epilepsy Foundation of Michigan	(800) 377-6226
GiGi’s Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Mich. Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(517) 507-5223
Michigan Dept. Of Ed. – Office of Special Education – <i>Lansing</i>	(888) 320-8384
Michigan Rehabilitation Services- Northern Michigan District	(877) 901-9179
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America	(800) 638-6782
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
United Cerebral Palsy of MI	(800) 828-2714

EDUCATION & TRAINING

American Red Cross	(800) 733-2767
Special Education & Early Intervention Services	(888) 320-8384
Tuition Incentive Program	(888) 447-2687

Adult Programs & Continuing Education

Alternative Educational Academy of Ogemaw County	(989) 343-9070
IOSCO Regional Education Service Agency – <i>Tawas City</i>	(989) 362-3006
Michigan Department of Labor & Economic Opportunity	(517) 335-5858

Childcare Centers & Preschools

Forest Friends Daycare - <i>Mio</i>	(989) 826-8090
Li'l Sprouts Child Development Center – <i>Omer</i>	(989) 846-4120
Miss Sue’s Kid Zone Children’s Center – <i>West Branch</i>	(989) 343-0650
NEMCSA W. Branch Head Start (Ages 3-5)	(989) 345-1631
Ogemaw County Early Head Start (Ages 0-3)	(989) 896-0018
Peter Pan Preschool Center, Inc – <i>West Branch</i>	(989) 345-0446
Pooh’s Place Group Day Care – <i>Prescott</i>	(989) 873-5738
Rose City GSRP Preschool	(989) 343-2250
Tina’s Day Care – <i>West Branch</i>	(989) 345-4872
West Branch GSRP Preschool	(989) 343-2190

Colleges & Career Centers

IOSCO RESA Career & Technical Education – <i>Tawas City</i>	(989) 362-3006
Kirtland Community College	(866) 247-6440

Libraries

Ogemaw District Library – <i>Rose City</i>	(989) 685-3300
Ogemaw East Branch – <i>Prescott</i>	(989) 873-5807
Richfield Township Library	(989) 389-7630
Skidway Lake Branch – <i>Prescott</i>	(989) 873-5086
West Branch District Library	(989) 345-2235

School Districts

Alternative Educational Academy of Ogemaw	(989) 343-9070
Hale Area Schools	(989) 728-3551
NEMCSA West Branch Head Start	(989) 345-7503
Ogemaw Heights High School	(989) 343-2020
Pinecrest School – Hale/Virtual	(989) 728-6490
Rose City Middle & Elementary	(989) 343-2250
Surline Elementary School	(989) 343-2190
Surline Middle School – <i>W Branch</i>	(989) 343-2140
Whittemore-Prescott Elementary	(989) 756-2502
Whittemore-Prescott Jr./Sr. High	(989) 756-2501

Youth Programs

Cole Canoe Base – <i>Alger</i>	(989) 873-1516
Ogemaw County 4H (MSU Extension) – <i>West Branch</i>	(989) 345-0692
YMCA Camp Timbers – <i>W. Branch</i>	(989) 345-2630

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767
Center for Disease Control & Prevention (CDC)	(800) 232-4636
Dept. of Natural Resources (Fire) – <i>West Branch</i>	(989) 345-0472
Lupton Fire Dept.	(989) 345-9911
Ogemaw County EMS	(989) 345-4503
Ogemaw Fire Dept. – <i>West Branch</i>	(989) 345-3444
Michigan Poison & Drug Info	(800) 222-1222
Rose City Area Fire Dept. <i>rosecityareafire@gmail.com</i>	(989) 685-2339 (Voice & Fax)
South Branch Fire Dept.	(989) 257-3455
Suicide Prevention	(800) 273-8255

Law Enforcement

Michigan State Police Post #32 - <i>West Branch</i>	(989) 345-0956
Ogemaw County Sheriff's Office - <i>West Branch</i>	(989) 345-9911
Rose City Police Departments	(989) 685-3051
West Branch Police Department	(989) 345-2627

EMPLOYMENT ASSISTANCE

Do-All, Inc – <i>Job Development</i>	(989) 450-0589
Michigan Council of Rehabilitation Services	(517) 335-2400
Michigan Indian Employment & Training Services	(800) 591-8820
Michigan Veterans Affairs Agency	(800) 642-4838
Michigan Works Service Center	(989) 345-1090
Senior Community Service Employment Program	(989) 358-4661
State of MI Unemployment Line	(866) 500-0017
Ticket to Work Program	(866) 968-7842

FINANCIAL ASSISTANCE

DHS - Ogemaw County	(989) 345-5135
MSHDA: Step Forward	(866) 946-7432
NEMCSA Family Self-Sufficiency	(989) 358-4653
United Way of Northeast MI	(989) 354-2221

Tax Assistance

Debbi's Tax Services – <i>Rose City</i>	(989) 685-2441
H & R Block – <i>West Branch</i>	(517) 335-7508
Liberty Tax Service – <i>West Branch</i>	(989) 312-3800
MI Dept. of Treasury	(989) 345-2350
Mid-Michigan Community Action – <i>Gladwin</i>	(989) 426-2801
Ogemaw County Treasurer	(989) 345-0084
SOME CPAS – <i>Rose City</i>	(989) 354-8707
Stephenson & Co., PC – <i>W. Branch</i>	(989) 345-0850
Weinlander Fitzhugh – <i>W. Branch</i>	(989) 345-3404

FITNESS, RECREATION & REHABILITATION

Adapt Physical Therapy – <i>Prescott</i>	(989) 873-2540
Adapt Physical Therapy – <i>Rose City</i>	(989) 685-8821
Adapt Physical Therapy – <i>W. Branch</i>	(989) 343-9755
McLaren Rehabilitation Services – <i>West Branch</i>	(989) 516-5078
MyMichigan Health Rehabilitation – <i>West Branch</i>	(989) 343-3154
Pinnacle Rehabilitation – <i>Rose City</i>	(989) 685-2500
Pinnacle Rehabilitation – <i>W. Branch</i>	(989) 343-3000
Solutions Phys. Therpy – <i>W. Branch</i>	(989) 345-0867
W. Branch Massage Therapy Center	(989) 343-9520
Wright Rehabilitation – <i>W. Branch</i>	(989) 345-7151

Parks & Recreation

Carol Ann's Dance Studio – <i>West Branch</i>	(989) 345-7055
Department of Natural Resources – <i>Roscommon</i>	(989) 275-5151
Hi-Skore Lanes Bowl. – <i>W. Branch</i>	(989) 345-5580
Ogemaw Lanes Bowl – <i>W. Branch</i>	(989) 345-2200
Ogemaw Sport and Trail Center:	(989) 685-2999
Motocross & ATV Camp – <i>Rose City</i>	
Purple Dragon Studio – <i>Hale, MI</i>	(989) 778-8438
Rifle River Recreation Area	(989) 473-2258

Parks & Recreation, continued

Skate Place – <i>West Branch</i>	(989) 345-3024
The Dream Golf – <i>West Branch</i>	(989) 345-6300
Tolfree Wellness Park – <i>W. Branch</i>	(989) 343-3542
Troll Landing Campground & Canoe – <i>W. Branch</i>	(989) 345-7260
West Branch Recreation Center	(989) 345-4450

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross	(800) 733-2767
.....East Central Bay Region	(231) 947-7286
Area on Aging	(800) 858-1637
Department of Human Services - <i>West Branch</i>	(989) 345-5135
First United Methodist – <i>W. Branch</i>	(989) 345-0210
Food Bank Council of Michigan (Pantries) www.fbmic.org/resources/find-a-food-bank	
Meals on Wheels	(888) 370-7184
NEMSCA	(989) 358-4700
Ogemaw Hills Church Side Door Food Pantry – <i>West Branch</i>	(989) 345-2260
Saint Francis Center – <i>Prescott</i>	(989) 873-4462
Strawberry Patch Thrift – <i>Mio</i>	(989) 826-1503
St. Vincent de Paul Thrift Stores: ... <i>Prescott</i>	(989) 873-5797
... <i>West Branch</i>	(989) 345-0779
Trinity Episcopal Church – <i>West Branch</i>	(989) 345-0493
We Care Thrift – <i>Saint Helen</i>	(989) 808-1302
WIC	(800) 942-1636

HEALTHCARE SERVICES

Center for Disease Control & Prevention	(800) 232-4636
Children Special Healthcare Services	(800) 359-3722
District Health Department No. 2	(800) 504-2650
HIV Info	(800) 872-2437
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute	(800) 527-6266
McLaren Bay Region/Hospital	(989) 894-3000
McLaren ER – <i>West Branch</i>	(989) 516-5075
McLaren Home Care	(866) 323-5974
McLaren Primary Care – <i>Alger</i>	(989) 873-5323
McLaren Primary Care – <i>Rose City</i>	(989) 685-2333
McLaren Primry Care – <i>W. Branch</i>	(989) 345-1184
McLaren Woodland Evergreen Clinic – <i>W. Branch</i>	(989) 345-7000
Medical Arts Center - <i>West Branch</i>	(989) 343-3220
MyMichigan ER – <i>W. Branch</i>	(989) 343-3193
MyMichigan Health Park – <i>W. Branch</i>Primary Care	
.....Urgent Care/X-ray	(989) 345-8130
.....Laboratory	(989) 345-8138
MyMichigan Lab – <i>West Branch</i>	(989) 343-3179
MyMichigan Med. Center – <i>W. Branch</i>	(989) 345-3660
MyMichigan Wound Care – <i>W. Branch</i>	(989) 343-3790
Sterling Health Centr – <i>W. Branch</i>	(989) 343-9466
Ogemaw Clinic - <i>Prescott</i>	(989) 873-6200
Ogemaw Hills Free Cli – <i>W. Branch</i>	(989) 345-7880
Options Resource Clinic – <i>W. Branch: Free Pregnancy/STD Tests</i>	(989) 345-7398

Dental Resources

Berns, Jonathan S DDS – <i>W. Branch</i>	(989) 345-0802
Dental Clinics North – <i>Medicaid enrollees, low-income & uninsured West Branch, MI</i>	(989) 343-1496
Dental Lifeline Network – <i>Donated Dental Services – Permanent disability, age 65 & meets income requirements</i>	(517) 347-6994
Rose City Dental	(989) 685-8668
Shortt Dental – <i>West Branch</i>	(989) 345-0185
Smile Programs – <i>The Mobile Dentists - For schools</i>	(888) 833-8441
St. Helen Family Dentistry	(989) 389-4931
Sterling Area Dental Clinic – <i>Alger</i>	(989) 873-5152
West Branch Family Dentistry	(989) 345-7750

Hearing Assistance

Beltone Skoric Hearing – <i>W. Branch</i>	(989) 793-7620
Hear Michigan Center – <i>W. Branch</i>	(989) 726-1540
HearUSA – <i>West Branch</i>	(866) 391-2313
Relay Center for Deaf/Hard of Hearing	7-1-1

Medical Equipment & Loan Closets

ABC Medical Supply – <i>W. Branch</i>	(989) 345-1118
Adaptive Environments – <i>Lifts</i>	(800) 355-5438
ALS of Michigan – <i>Durable medical equipment for patients with ALS</i>	(800) 882-5764
American Homepatient	(989) 345-7813
Carelinc Med. Equipt. – <i>W. Branch</i>	(989) 345-7090
Michigan Assistive Technology Loan Fund	(231) 922-0903
Michigan CPAP Bank - <i>CPAP, BiPAP, ASV, AVAPS & supplies</i>	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
National Federation of the Blind	(410) 659-9314
N. Michigan Veteran's Coalition	(989) 272-3855
Ogemaw Hills Free Clinic – <i>Med. supplies, based on availability</i>	(989) 345-7880
Orthotech Orthopdic – <i>W. Branch</i>	(989) 343-0999
Paralyzed Veterans of America – <i>Mich. Chapter- Mobility supplies</i>	(800) 638-6782
United Cerebral Palsy Michigan – <i>Assistive Technology Fund</i>	(800) 828-2714
Wright Brace & Limb – <i>W. Branch</i>	(989) 343-0300

Mental Health & Counseling Services

ABA Pathways – <i>West Branch</i>	(989) 701-2061
AuSable Valley After Hours Crisis	(844) 865-5569
AuSable Valley Community Mental Health – <i>W. Branch</i>	(989) 345-5571
Blooming Consultants – <i>Hale</i>	(989) 728-2364
Boys Town National Hotline	(800) 448-3000
Catholic Human Service – <i>W. Branch</i>	(231) 947-8110
Common Ground Crisis Line	(800) 231-1127
J.M.T Counseling – <i>West Branch</i>	(810) 479-5074
Mich. Narcotics Anonymous	(800) 230-4085
Mich. Problem Gambling Helpline	(800) 270-7117
National Alliance on Mental Illness	(800) 950-6264
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Hotline	(888) 373-7888
Shanda Berdan Counsel – <i>Rose City</i>	(800) 656-4673
Stop It Now! Helpline	(888) 773-8368
Substance Abuse & Mental Health	(800) 662-4357
Suicide Prevention Lifeline	(800) 273-8255

Substance Abuse

Alcoholics Anon. – <i>Houghton Lake</i>	(866) 227-0015
AuSable Valley CMH Services	(989) 345-5571
CDC Hotline	(800) 232-4636
Mich. Narcotics Anonymous	(800) 230-4085
Northern Mich. Regional Entity	(800) 834-3393
Substance Abuse & Mental Health	(800) 662-4357

Urgent Care

MyMichigan Urgent Care – <i>Gladwin</i>	(989) 246-9430
MyMichigan Urgent Care – <i>Houghton Lake</i>	(989) 422-2181
MyMichigan Urgent Care – <i>West Branch</i>	(989) 345-8130
Sterling Area Health Walk-in Clinic <i>(With Insurance approval)</i>	(989) 654-2491

Vision Assistance

Eye Care America – <i>Seniors Program & Glaucoma Program</i>	(877) 887-6327
Michigan Commission for the Blind – <i>Vocational Rehabilitation</i>	(800) 292-4200
National Eye Institute	(301) 496-5248
Ogemaw Eye Institute – <i>W. Branch</i>	(989) 345-8113
Sight for Students (VSP) – <i>Under age 19 & low income</i>	(888) 290-4964
SVS Vision – <i>West Branch</i>	(989) 345-3680
Walmart Vision Cen. – <i>W. Branch</i>	(989) 343-9766
West Branch Eyecre – <i>W. Branch</i>	(989) 345-2020

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
Department of Human Services	(989) 345-5135
Habitat for Humanity – <i>Gladwin</i>	(989) 426-3078
MSHDA: Step Forward	(866) 946-7432
NEMCSA Rental & Homelessness	(989) 356-3474
Ogemaw Commission on Aging	(989) 345-3010
Ogemaw Home Improvement	(989) 345-5390
Veterans TOLL Free numbers	

<https://www.va.gov/contact-us/#call-us>

Emergency Shelters & Warming Centers

Lydia's Gate - <i>Mio</i>	(989) 826-5588
River House Shelter – <i>Grayling</i>	(989) 348-3169

Heating/Utility Assistance & Home

Repairs/Weatherization

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Consumers Energy	(800) 477-5050
Department of Human Services	(989) 345-5135
DTE Energy	(800) 477-4747
NEMCSA – Northeast Michigan Community Service Agency	(989) 356-3474
The Heat and Warmth Fund	(800) 866-8429
The Salvation Army	(810) 232-2197
USDA Rural Development	(517) 324-5190

Low Income Housing

Griffin Place Apartments	(989) 345-7112
Houghton Creek Apartments	(989) 345-7112
HUD Rental Assistance	(800) 569-4287
Maplewood Manor	(989) 345-0282
Ogemaw Hills Apartments	(989) 701-2393
Ogemaw Housing Dept.	(989) 345-5390
Sleepy Oaks Apartments	(989) 701-2393
Town & Country Apartments	(989) 685-8056
Wilkins Creek Apartments	(989) 685-2478

LEGAL ASSISTANCE

Catholic Human Servs – <i>W. Branch</i>	(231) 947-8110
Center for Civil Justice	(800) 724-7441
Elder Law of Michigan	(866) 400-9164
Legal Services of Northern Mich. – <i>Houghton</i>	(906) 482-3908
Mich. Department of Civil Rights	(800) 482-3604
Michigan Immigrant Rights Center	(734) 239-6863
Michigan Indian Legal Services	(231) 947-0122
Michigan Veterans Affairs Agency	(800) 642-4838
Nawrocki Center for Elder Law	(989) 418-3500
Ogemaw County Office of Veterans Affairs	(989) 345-5170
River House, Inc.	(888) 554-3169
Social Security Administration	(800) 772-1213
Veterans TOLL Free numbers	
https://www.va.gov/contact-us/#call-us	

PARENTING/PREGNANCY RESOURCES

Child & Family Services of Northeast Michigan	(989) 356-4567
Children’s Special Health Care Services	(800) 359-3722
Child Safety Seat Inspection – <i>West Branch</i>	(989) 345-0956
Department of Human Services – <i>West Branch</i>	(989) 345-5135
LA LECHE	(800) 525-3243
Life Choices Resource Center	(989) 345-3909
Michigan Alliance for Families	(231) 715-1503
MSU Extension	(989) 345-0692
National Runaway Safe-line	(800) 786-2929
NEMCSA – Northeast Michigan Community Service Agency	(989) 356-3474
Office of Women’s Health	(800) 994-9662
Options Resource Clinic	(989) 345-7398
WIC	(800) 942-1636
Women’s Resource Center of Northern Michigan	(800) 275-1995

PRESCRIPTION ASSISTANCE

Pharmacies

HomeTown Pharmacy - <i>Hale</i>	(989) 728-9711
Rite-Aid:	
..... <i>St. Helen</i>	(989) 389-4965
..... <i>West Branch</i>	(989) 345-0080
Rose City Drug	(989) 402-0838
Skidway Pharmacy – <i>Prescott</i>	(989) 296-1360
Walgreens – <i>West Branch</i>	(989) 343-6921
Walmart – <i>West Branch</i>	(989) 343-9761

Prescription Assistance Programs

Good Rx	(855) 268-2822
	www.goodrx.com
Michigan’s Drug Prices & MiRx	(866) 755-6479
Needy Meds Helpline –	(800) 503-6897
<i>Information source to locate assistance programs</i>	
Needy Med Discount Card	(888) 602-2978
Partnership for Prescription Assistance	www.pparx.org
RxAssist Pharmacy Assistance	www.rxassist.org
Rx Outreach	(800) 769-3880

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association & Helpline	(800) 272-3900
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends - <i>Parent's Grief Group</i>	(877) 969-0010
Disability Network of MI	(800) 782-4160
<i>www.dnmichigan.org/cil-directory</i>	
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism & Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

TRANSPORTATION

American Cancer Society Road to Recovery	(800) 227-2345
Area on Aging	(800) 858-1637
Auto Safety Hotline	(888) 327-4236
Child Safety Seat Inspection	(866) 732-8243
Karmanos Cancer Institute	(800) 527-6266
Ogemaw County Public Transit	(989) 345-5790

TRIBAL SERVICES

Little Traverse Bay Band of Odawa Indians	(231) 242-1400
MI Department of Civil Rights	(517) 335-3165
MI Indian Employment & Training	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Waiver	(517) 241-7748
MI Native American Affairs Office	(517) 335-7782
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

Area on Aging	(800) 858-1637
CHAMPVA	(800) 733-8387
Disabled American Veterans	(989) 473-3416
Michigan Veterans Affairs	(800) 642-4838
Ogemaw County Vet Affairs	(989) 345-5170
Paralyzed Veterans of America	(800) 638-6782
Vet2Vet Peer Support Group: <i>First United Meth. – W. Branch</i>	(989) 873-6088
Veteran Affairs	(844) 698-2311
Veteran's Crisis Line	(800) 273-8255
Veterans of Foreign War	(833) 839-8387
Veterans Toll Free Numbers	(800) 733-8387

VOLUNTEER OPPORTUNITIES

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
AuSable Valley Community Mental Health	(989) 345-5571
NEMCSA	(989) 358-4600
Ogemaw Humane Soc – <i>W. Branch</i>	(989) 343-7387

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.