

St. Clair County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

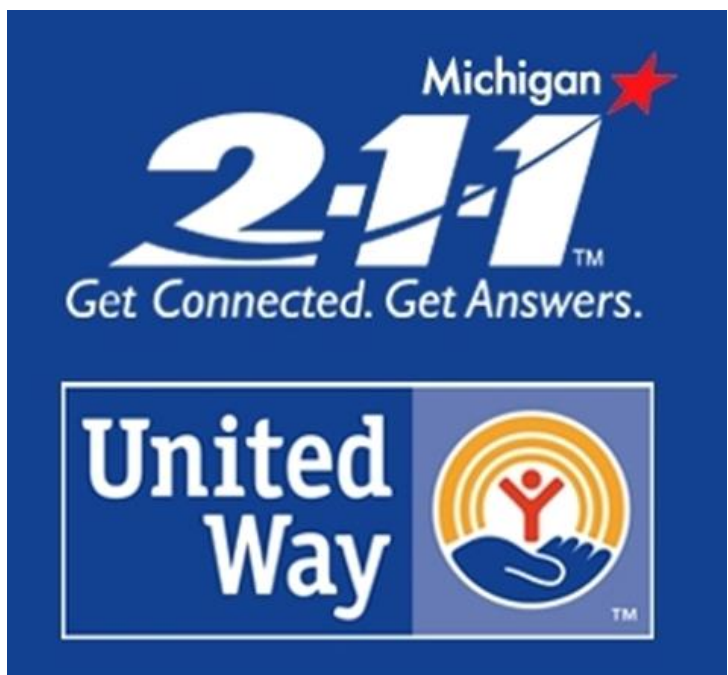
2022

St. Clair
County
Community
Resource
Guide

[A guide to services in your community]

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Region 10 Safe Access	(888) 225-4447
Safe Center Crisis Hotline 24/7	(877) 952-7283
Safe Horizon	(888) 985-5538
Senior Apartments	(810) 794-9369
Social Security Administration	(800) 772-1213
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
Third Level Crisis Line	(800) 442-7315
United Way St Clair County	(810) 985-8169
Victim Connect (stalking hotline)	(855) 484-2846
Visiting Nurse Association	(810) 984-4131

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
Area on Aging	(800) 858-1637
Crisis Services for the Elderly	(517) 483-7205
Medicare/Medicaid Assistance Program	(989) 803-7174

Adult Day Services

HAP Senior Plus	(800) 868-3153
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Social Security Administration	(800) 772-1213
Starpath Senior Day Care	(810) 984-8970

Adult Foster Care

Visions AFC	(810) 326-1688
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Alzheimer's & Dementia Support

Alzheimer's Association & Helpline	(800) 272-3900
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Assisted Living

Lakeshore Woods, A Randall Residence (Memory care & Assisted living facility)	(810) 375-3628
Rivers Edge Assisted Living	(810) 650-5902

ANIMAL SUPPORT

Brooks Animal Clinic	(810) 329-4762
Riverview Veterinary Center	(810) 329-4100
St. Clair Animal Control	(810) 984-3155

Animal Shelter

Humane Society of St. Clair County	(810) 329-7627
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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL 911

Children & Adult Protective Services (CPS)	(855) 444-3911
Commission on Aging	(810) 982-4400
Common Ground Crisis Line	(800) 231-1127
Council on Aging Port Huron	(810) 987-8811
DHS- St. Clair County	(810) 966-2000
Equality Michigan	(313) 537-7000
Faith Trust Institute	(206) 634-1903
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love Is Respect Hotline	(866) 331-9474
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Michigan Coalition to End Domestic & Safe Horizons Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
National Suicide Prevention	(800) 273-8255
RAINN (Rape & Incest National Network)	(800) 656-4673

COUNTY & CITY RESOURCES

31st Circuit Court Port Huron	(810) 985-2031
72 nd District Court Marine City	(810) 765-4057
72 nd District Court Port Huron	(810) 985-2076
Adult Probation Office	(810) 985-2280
Family Division Admin Office	(810) 985-2090
The Center for Human Resources	(810) 985-5437
Non-emergency Central Dispatch Authority	(810) 985-8115
Probate Court Port Huron	(810) 985-2066
St Clair County Friend of the Court	(810) 985-2285
St Clair County Health Department	(810) 987-5300
St. Clair County Human Resource	(810) 989-6910
St Clair County Jury Information	(810) 985-2339
St. Clair County Road Commission	(810) 364-5720
St. Clair County Sheriff's office	(810) 987-1700
United Way of St Clair County	(810) 985-8169

DISABILITY RESOURCES

Autism Society of Michigan	(800) 328-8476
Children's Special Healthcare Services	(800) 359-3722
Dental Lifeline Network	(303) 534-5360
Disability Network of Michigan	(800) 782-4160
The Family Center for Children & Youth with Special Health Care Needs	(800) 359-3722
GiGi's Playhouse (Downs Syndrome Resources) www.dnmichigan.org/cil-directory	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(517) 507-5223
MI Dept of Education-Office of Special Education	(888) 320-8384 (800) 257-4850
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America	(800) 638-6782
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
United Cerebral Palsy of Michigan	(800) 828-2714
Vocational Rehabilitation Michigan Department Division on the Deaf	(800) 257-4850

EDUCATION & TRAINING

Viking Medical Training	(810) 295-1339
St Clair County Regional Educational Services Agency	(810) 364-8990

Adult Programs

American Red Cross	(800) 733-2767
Michigan Department of Career & Education	(517) 335-5224
Special Education & Early Intervention Services	(888) 320-8384
Tuition Incentive Program	(888) 447-2687

Childcare Centers & Preschools

Bright Beginnings Childcare	(810) 982-3191
Lake Shore SACC & Early Childcare Center	(586) 285-8580
Miss Maddie's Daycare	(810) 990-9510
Nu Nu's Nursery & Daycare	(810) 984-4300
We Love Daycare	(586) 296-7102

Colleges/Career Centers

The Culinary Institute of Michigan	(810) 985-7000
Lakewood School of Therapeutic Massage	(810) 987-3959
St Clair County Community College	(810) 984-3881

Libraries

Algonac-Clay Library	(810) 794-4471
Capac Library	(810) 395-7000
G Lynn Campbell Library Kimball	(810) 982-9171
Marine City Library	(810) 765-5233
St Clair County Library System	(810) 987-7323
Yale Public Library	(810) 387-2940

School Districts

Algonac Community Schools	(810) 794-9364
Capac Community Schools	(810) 395-4321
East China School District	(810) 676-1000
Marysville Public Schools	(810) 364-7731
Memphis Community School	(810) 392-2151
Port Huron Area Schools	(810) 984- 3101
St Clair County RESA	(810) 364-8990
Yale Public Schools	(810) 387-3231

Youth Programs

4-H Youth Program	(810) 989-6935
DHS - St Clair County	(810) 966-2000
Kids Connection - St. Clair	(810) 676-1640
Teen Health Center	(810) 987-1311
The Harbor - Port Huron	(810) 982-8584

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767
Center for Disease Control & Prevention (CDC)	(800) 232-4636
St Clair County Drain Office	(810) 364-5369
St Clair County Homeland Security & Emergency Management	(810) 989-6965
Poison Control	(800) 222-1222
Suicide Prevention	(800) 273-8255

Law Enforcement

St Clair Central Dispatch Authority	(810) 985-8115
St Clair County Sheriff	(810) 987-1700
Port Huron Police Department	(810) 984-8415
Marysville Police Department	(810) 364-6300
Algonac Police Department	(810) 794-9772

EMPLOYMENT ASSISTANCE

Kelly Services Fort Gratiot	(810) 385-1424
Michigan Works - Port Huron	(810) 966-3300
Michigan Council of Rehabilitation Services	(517) 483-2826
Michigan Indian Employment & Training Services	(800) 591-8820
Michigan Veterans Affairs Agency	(800) 642-4838
St Clair County-RESA Marysville	(810) 364-8990
Unemployment Office Hotline	(866) 500-0017

FINANCIAL ASSISTANCE

MSHDA: Step Forward	(866) 946-7432
St Clair County, MI Register of Deeds	(810) 989-6930
St Clair County Treasurer's office	(810) 989-6915

Tax Assistance

H & R Block - St Clair	(810) 329-7195
Liberty Tax Service - Fort Gration	(810) 385-3800
Meredith Tax, Financial & Notary Service - St Clair	(810) 329-8818
My Free Taxes: www.myfreetaxes.com	

FITNESS, RECREATION & REHABILITATION

MI Rehab Services	(877) 901-7398
Port Huron Recreation Department	(810) 984-9760
Rehabilitation Institute of MI	(313) 745-1203

Parks & Recreation

Fort Gratiot County Park	(810) 989-6960
Kimball Twps. Park Smith Creek	(810) 987-9797
St Clair County Parks & Recreation	(810) 989-6960

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Blue Water Community Action	(810) 982-8541
Department of Human Services	(231) 533-8664
Community First Health Centers	(586) 270-8055
Meals on Wheels	(888) 370-7184
Mid- City Nutrition	(810) 982-9261
Salvation Army Community Center	(810) 984-2679
United Way of St Clair County	(810) 985-8169
WIC Program - Port Huron	(810) 987 8222
Food Bank Council of MI (Pantries):	
www.fbmic.org/resources/find-a-food-bank	

HEALTHCARE SERVICES

McLaren Health Management Group	(866) 323-5974
Centers for Disease Control & Prevention (CDC)	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
HAP Senior Plus	(800) 868-3153
HIV Info	(800) 448-0440
Hospice of Michigan	(888) 247-5701
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

McLaren Home Care	(866) 323-5974
McLaren Port Huron Hospital	(810) 987-5000
McLaren Port Huron Marysville Community Health Center	(810) 364-1230
Karmanos Cancer Institute	(800) 5276266
Family First Health Center	(810) 395-4840
Lake Huron Medical Center	(810) 985-1500
Michigan HIV/STD	(800) 872-2437
Physician Healthcare Network	(810) 364-4000
St Clair County Health Dept	(810) 987-5300
St Clair County Medical Examiner	(810) 982-4111

Dental Resources

Dental Lifeline Network	(303) 534-5360
Michigan Donated Dental Services Program	(800) 589-2632
Mi Community Dental Centers	(810) 984-5197
Mobile Care Group dental care for homebound/nursing & assisted care facilities	(248) 809-6398
St Clair County Dentist	(800) DENTIST

Hearing Assistance

Michigan Relay Center for Deaf/Hard of Hearing Powered by Hamilton Relay	(800) 833-7833
Relay Center for Deaf/Hard of Hearing	7-1-1

Medical Equipment & Loan Closets

Able Orthopedics Port Huron	(810) 985-8006
Adaptive Environments – Home Lifting Systems	(800) 355-5438
ALS of Michigan	(800) 882-5764
GiGi's Playhouse	(847) 885-6149
Support & resources for children with Down Syndrome	
Michigan Assistive Technology Loan Fund	(800) 828-2714
Michigan CPAP Bank (CPAP, BiPAP, ASV, AVAPS & Supplies)	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
Muscular Dystrophy Association Patients with Neuromuscular Disease-All Michigan Counties	(517) 706-0348
One-Drop Diabetes Support & Supplies	(800) 437-1474
The National Federation of the Blind	(410) 659-9314
Paralyzed Veterans of America - MI	(800) 638-6782
Wheelchairs, power chairs, adaptive sports equipment, hoists, lifts, etc.	
Sheldon Medical Supply	(800) 922-5101
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 828-2714

Mental Health & Counseling Services

Access Alliance	(800) 448-5498
Blue Water Counseling	(810) 985-5125
Boys Town National Hotline	(800) 448-3000
Common Ground Crisis Line	(800) 231-1127
National Alliance on Mental Illness	(800) 950-6264
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Problem Gambling Helpline	(800) 270-7117
Professional Counseling Center	(810) 984-4202
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
St Clair County Community Mental Health	(810) 985-8900
Suicide Prevention	(800) 273-8255
http://www.suicidepreventionlifeline.org	
Veterans Crisis Line	(800) 273-8255
Crisis Text Line	Text REASON to 741741
http://www.crisistextline.org	

Substance Abuse

Alcoholics' Anonymous	(810) 987-8884
Catholic Charities	(810) 987-9100
CDC Hotline	(800) 232-4636
Community First Health Centers	(810) 488-8000
Community Mental Health	(810) 985-8900
Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism & Drug Dependence (NCADD)	(800) 622-2255
Sacred Heart Rehabilitation Center	(810) 392-2167
Substance Abuse Hotline	(800) 662-4357
Substance Use Treatment Services 24-hours, 7-days-referral to treatment	(800) 834-3393

Urgent Care

McLaren Port Huron	(810) 982-8016
McLaren Port Huron Marysville	(810) 364-1230
Blue Water Urgent Care	(810) 882-9373
WellNow Urgent Care	(810) 242-5139

Vision Assistance

Michigan Commission for the Blind	(800) 292-4200
National Eye Institute	(301) 496-5248
Port Huron Eye Care	(810) 982-4440
Riverside Eye Center - East China	(810) 329-9045
St Clair Eye	(810) 326-3937

HOUSING ASSISTANCE

Algonac Housing Commission	(810) 794-9369
Port Huron Housing Commission	(810) 984-3173

Emergency Shelters & Warming Centers

American Red Cross	(800) 733-2767
Blue Water Community Action	(810) 982-8541
Blue Water Safe Horizons	(810) 989-5246
Blue Water Crisis Line	(888) 985-5538
Harbor for Youth Port Huron	(810) 982-8584
MSHDA: Step Forward	(866) 946-7432
Salvation Army Corp Community Center	(810) 984-2679
The Heat and Warmth Fund	(800) 866-8429

Heating/Utility Assistance & Home Repairs/Weatherization

Community Action Agency	(800) 443-5518
American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Heat & Warmth Fund	(800) 866-8429
Innovative Housing Development	(810) 385-4463
St. Clair Housing Commission	(810) 329-9141

Low Income Housing

Action Agency	(800) 443-5518
HUD Rental Assistance	(800) 569-4287
USDA Rural Development	(517) 324-5190

LEGAL ASSISTANCE

Center for Civil Justice	(800) 724-7441
Legal Services of Eastern Michigan	(800) 322-4512
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Social Security Administration	(800) 772-1213

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line	(800) 275-1995
Child Safety Seat Inspection	(586) 412-3394
DHS St Clair	(810) 966-2000
Family Center for Children & Youth with Special Health Care Needs (Family Center)	(800) 359-3722
Friend of Court	(810) 985-2285
LA LECHE	(800) 525-3243
Maternal & Infant Health Program	(810) 987-4903
St Clair County Health Department	(810) 987-5300
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662
Parent Help Line	(855) 427-2736
Counsel & Advocacy Law Line	(888) 783-8190
Michigan Alliance for Families:	
https://www.michiganallianceforfamilies.org/maf-offices/	

PRESCRIPTION ASSISTANCE

Pharmacies

Partnership for Prescription Assistance	www.pparx.org
RxAssist	www.rxassist.org
CVS Database of medication assistance programs St. Clair	(810) 326-1380
Elder Prescription Insurance Program	(866) 755-6479
Kroger Pharmacy Port Huron	(810) 987-9820
Assistance LifeSource Direct	(800) 803-7174
Uninsured & Underinsured MMAP	
MiRx Discount Card	(866) 755-6479
NeedyMeds	(800) 503-6897
Peoples Clinic for Better Health	(810) 985-4747
Rx Outreach	(800) 769-3880
Walgreen's Port Huron	(810) 987-5083

Prescription Assistance Programs

Kroger	ask pharmacist
Meijer (select free prescriptions)	ask pharmacist
Target (\$4/ \$10 generics program)	ask pharmacist
Sam's Club (\$4/ \$10 generics program)	ask pharmacist
Wal-Mart (\$4/ \$10 generics program)	ask pharmacist
Walgreens	ask pharmacist

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association & Helpline	(800) 272-3900
Area on Aging	(800) 858-1637
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI	(800) 782-4160
Epilepsy Foundation of MI	(800) 377-6226
Epilepsy Foundation of MI (Support Group)	(800) 377-6226
Equality of Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
LGBT Hotline	(212) 714-1141
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
National Council on Alcoholism & Drug Dependence (NCADD)	(800) 622-2255
Parkinson's Support Group	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
WIC	(800) 942-1636

TRANSPORTATION

American Cancer Society Road to Recovery	(800) 227-2345
Area on Aging	(800) 858-1637
Auto Safety Hotline	(888) 327-4236
Child Safety Seat Inspection	(586) 412-3394
City Cab	(810) 984-4109
Karmanos Cancer Institute	(800) 527-6266
Tri Hospital EMS-Non-emergency transport	(810) 985-7115

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
MDHHS Native American Affairs Office	(517) 335-7782
Michigan Indian Employment & Training Services	(800) 591-8820
Michigan Indian Tuition Wavier	(517) 241-7748
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

American Legion	(810) 329-2871
CHAMPVA	(800) 733-8387
CHAMPVA Meds by Mail	(800) 385-0235
Disabled American Veterans Memorial Program	(810) 984-1684
Michigan Veterans Affairs	(800) 642-4838
Paralyzed Veterans of America	(800) 638-6782
St Clair County Department of Veterans Affairs	(810) 989-6945
Veterans Administration	(800) 827-1000
Veteran Affairs	(844) 698-2311
Veteran's Crisis Line	(800) 273-8255
Veteran TOLL-FREE numbers: iris.custhelp.va.gov	

VOLUNTEER OPPORTUNITIES

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Blue Water Community Food Depot	(810) 987-7886
Foster Families of St. Clair	(855) 642-4543
Lighthouse Food Pantry – Food Distribution Center	(810) 982-5312
United Way Port Huron	(810) 985-8169
SOS Marysville Food Pantry	(810) 364-6333
St. Clair County Chamber of Commerce	(810) 329-2962

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p>(Virtual Visits) Primary Care via Telehealth</p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the McLaren Now App mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.