

Cheboygan County

Community Resource Guide



Resources assembled by:



2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

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County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL 911

- 24-hour crisis line (800) 275-1995
www.wrcnm.org
- Children & Adult Protective Services (855) 444-3911
- Common Ground Crisis Line (800) 231-1127
(231) 627-8500
- Equality Michigan (313) 537-7000
- HAVEN Crisis Line (877) 922-1274
- LGBT Hotline (888) 243-7243
- Love is respect Hotline (866) 331-9474
www.loveisrespect.org Text LOVEIS to 22522
- Michigan Coalition to End Domestic & Sexual Violence (517) 347-7000
- Narcotics Anonymous 24/7 (800) 230-4085
- National Child Abuse Hotline (800) 422-4453
- National Domestic & Sexual Violence Helpline (800) 799-7233
- National Human Trafficking Resource Center (888) 373-7888
- RAINN (Rape & Incest National Network) (800) 656-4673
www.online.rainn.org
- Safe Center Crisis Hotline 24/7 (877) 952-7283
- Stop It Now! Hotline (888) 773-8368
- Suicide Hotline 9-8-8

- Suicide Prevention (800) 273-8255
- The Trevor Project (Youth LGBTQ Crisis & Suicide Hotline) (866) 488-7386
- Third Level Crisis Line (800) 442-7315
- Victim Connect (stalking hotline) (855) 484-2846
- Women’s Resource Center of Northern MI (231) 347-0082

ADULT AGING SERVICES

- McLaren Adult Day Center (231) 348-0771
- McLaren Home Care (866) 323-5974
- Alzheimer’s Association and Helpline (800) 272-3900
- Area on Aging (989) 356-3474
- Cheboygan County Council on Aging www.3coa.com
- Crisis Services for the Elderly (517) 483-7205
- Department of Health and Services Human (231) 627-8500
- Department of Veterans Services (231) 627-8833
- Disability Network of MI (800) 782-4160
- Disability Network of Northern MI (231) 922-0903
- HAP Senior Plus (800) 868-3153
- Meals on Wheels (800) 632-7334
- Medicare (800) 633-4227
- Medicare/Medicaid Assistance Program (800) 803-7174
- Sand Road Senior Center (231) 627-7234
- Social Security Administration (800) 772-1213
- Visiting Angels Living Assistance (800) 365-4189
- Wolverine Senior Center (231) 525-8969

Assisted Living

- 1 Oak AFC (906) 630-0407
- Carpenters AFC Home (231) 625-9645
- Cleveland Adult Foster Care (231) 627-4405
- Golden Beach Manor (989) 734-3066
- Grebe Village Senior Housing (231) 627-5161
- Hancock Haven Retirement Village (231) 625-8132

Kennedy Farms	(231) 445-7059
Lynn Street Manor	(989) 733-2661
Pinecrest Village at Mackinaw City	(231) 436-5535
The Brook Retirement Community	(231) 268-3400
The Silver Fox AFC	(213) 238-4110
Whispering Pines 2	(231) 238-9715

DISABILITY & SPECIAL NEEDS

RESOURCES

Autism Society	(800) 328-8476
Children’s Special Healthcare Services	(800) 359-3722
Disability Network of MI www.dnmichigan.org	(800) 782-4160
GiGi’s Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(877) 499-6232
Michigan Dept. of Education – Office of Special Education – Lansing, MI	(888) 320-8384
Muscular Dystrophy association	(800) 572-1717
North Country Community Mental Health – Counseling Line	(877) 470-7130
Paralyzed Veterans of America	(800) 424-8200
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
Straits Area Services	(231) 627-4319
United Cerebral Palsy of MI	(800) 872-5827
Vocational Rehabilitation	(800) 605-6722
Michigan Commission for the Deaf	

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police

911

American Red Cross	(800) 733-2767
American Red Cross of Northern MI	(231) 947-7286
CDC Hotline	(800) 232-4636
Michigan Poison and Drug Information Hotline	(800) 222-1222
Salvation Army Service Center	(231) 627-9003
Suicide Crisis Lifeline	(800) 273-8255

FINANCIAL ASSISTANCE

Department of Health and Human Services	(231) 627-8500
Department of Veterans Services	(231) 627-8833
MSHDA: Step Forward	(866) 946-7432

Employment Assistance

MI Indian Employment & Training Service	(800) 591-8820
Michigan Works	(231) 627-4303
Unemployment Office Hotline	(866) 500-0017
Women’s Resource Center	(231) 627-2380

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross	(800) 733-2767
Area on Aging	(989) 356-3474
Department of Health and Human Services	(231) 627-8500
Food Bank Council of Michigan (Pantries)	
www.fbmic.org/resources/food-a-food-bank	
Goodwill Northern	(231) 445-9300
Habitat for Humanity	(231) 597-4663
Meals on Wheels	(800) 733-2767
Salvation Army Service Center	(231) 627-9003
St. Thomas Lutheran Church	(231) 627-3167
WIC	(800) 942-1636

HEALTHCARE SERVICES

McLaren Northern Hospital	(800) 248-6777
Centers for Disease Control and Prevention	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
Otsego Memorial Hospital	(989) 731-2100
Outpatient Therapy Cheboygan	(231) 627-1368
Outpatient Therapy Gaylord	(231) 487-5080
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

McLaren Home Care	(866) 323-5974
McLaren Northern Michigan	(800) 248-6777
McLaren Northern Michigan Cheboygan Family & Internal Medicine	(231) 627-1282
McLaren Northern Michigan - Cheboygan Surgical	(231) 627-4364
Karmanos Cancer Institute	(800) 527-6266
Alcona Health Center	(231) 627-7118
District Health Department #4	(231) 627-8850
Alcona Health Center Indian River Campus	(231) 238-8908
Michigan HIV/STD Hotline	(800) 872-2437
Munson Health Care Indian River Clinic	(231) 238-0581
Northern Care Center	(231) 333-3019
Rivertown Medical Clinic	(231) 597-8192

Dental Resources

Alcona Health Center	(231) 627-7118
Dental Clinics North	(877) 321-7070
Dental Lifeline Network (low income; severe problems only)	(303) 534-5360
Michigan Donated Dental Services Program	(517) 346-9454

Hearing Assistance

Department of Health and Human Services	(231) 627-8500
Northern Care Center	(231) 333-3019

Relay Center for Deaf/Hard of Hearing 7-1-1

Medical Equipment & Loan Closets

Adaptive Environments – Home lifting systems	(800) 355-5438
ALS of Michigan	(800) 882-5764
Cheboygan Senior Center	(231) 627-7234
Cheboygan Volunteer Fire Dept	(231) 627-4321
GiGi's Playhouse	(847) 885-6149
Michigan Assistive Technology Loan Fund	(800) 827-4843
Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and supplies	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
One-Drop Diabetes Support & Supplies	(800) 437-1474
Paralyzed Veterans of America- MI	(800) 424-8200
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 872-5827
Wolverine Senior Center	(231) 525-8969

Mental Health & Counseling Services

Boys Town National Hotline	(800) 448-3000
Catholic Human Services	(231) 627-9917
Common Ground Crisis Line	(800) 231-1127
Harbor Hall	(231) 347-5511
Military One Source www.militaryonesource.mil	(800) 342-9647
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255

North Country Community Mental Health Cheboygan	(231) 627-5627
North Country Community Mental Health	(800) 834-3393
Problem Gambling Help-Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention Hotline	988
Third Level Youth Services	(800) 442-7315
Women's Resource Center	(231) 627-2380

Pharmacies & Prescription Assistance

Family Fare Pharmacy	(231) 627-5371
LifeSource Direct Rx Discount Card - Uninsured/Underinsured	(866) 340-4748
MiRx Discount Card	(866) 755-6479
MMAP	(800) 803-7174
Modern Pharmacy	(231) 627-9949
Modern RX	(231) 238-2499
NeedyMeds	(800) 503-6897
Partnership for Prescription Assistance	www.pparx.org
RX Outreach	(800) 769-3880
RxAssist	www.rxassist.org
Walgreens Pharmacy	(231) 627-1080
Walmart Pharmacy	(231) 627-4337

Rehabilitation

McLaren Northern Michigan Physical Therapy	(231) 487-7486
Northern Michigan Sports Medicine Indian River	(231) 238-4880

Substance Abuse

Alcoholics Anonymous	(800) 356-9996
CDC Hotline	(800) 232-4636
District 15 Alcoholics Anonymous Meetings	http://www.aadistrict15mi.com/meetings
Harbor Hall Outpatient	(888) 880-5511

Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
Northern MI Regional Entity Substance Abuse Hotline	(800) 834-3393 (800) 662-4357

Urgent Care

Alcona Health Center	(231) 627-7118
Rivertown Medical Clinic	(906) 643-8585

Vision Assistance

Department of Health and Human Services	(231) 627-8500
Eye Care of America	(877) 887-6327
Michigan Commission for the Blind	(800) 292-4200
National Eye Institute	(301)-496-5248
Northern Care Center	(231) 333-3019

HOUSING ASSISTANCE

Action Agency – Cheboygan	(989) 358-4600
American Red Cross Area on Aging	(800) 733-2767 (989) 356-3474 (800) 219-2273
Cheboygan Housing Commission	(231) 627-7189
Department of Health and Human Services	(231) 627-8500
Habitat for Humanity	(231) 597-4663
HUD Rental Assistance	(800) 569-4287
Mackinaw Apartments	(231) 627-7835
Military One Source	(800) 342-9647 www.militaryonesource.mil
MSHDA: Step Forward	(855) 646-7432
Salvation Army Service Center	(231) 627-9003
Sheldon Place Apartments	(989) 732-6237
Social Security Administration	(800) 772-1213
The Heat and Warmth Fund	(800) 866-8429
USDA Rural Development	(989) 324-5190
Veterans TOLL Free Numbers	Iris.custhelp.va.gov

Women's Resource Center (231) 627-2380

Emergency Shelters & Warming Centers

Nehemiah House (231) 347-0363

Salvation Army Service Center (231) 627-9003

Women's Resource Center (231) 627-2380

LEGAL ASSISTANCE

Center for Civil Justice (800) 724-7441

Department Of Veterans Services (231) 627-8833

Elder Law of Michigan (866) 400-9164

Friend of The Court - (231) 627-8825

Cheboygan County Legal Services of Eastern Michigan (800) 322-4512

Legal Services of Northern Michigan (888) 645-9993

Michigan Department of Civil Rights (517) 335-3165

Michigan Indian Legal Services (231) 947-0122

Military One Source www.militaryonesource.mil

Michigan Senior Legal Hotline (866) 400-9164

Social Security Administration (800) 772-1213

Veterans TOLL Free Numbers iris.custhelp.va.gov

Libraries

Cheboygan Area Public Library (231) 627-2381

Indian River Area Library (231) 238-8581

Mackinaw Area Public Library (231) 436-5451

Topinabee Public Library (231) 238-7514

Wolverine Community Library (231) 525-8800

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line (800) 275-1995

AA Crisis Pregnancy Center (231) 627-2626

Child Safety Seat Inspection (866) Seat-Check

Children's Special Healthcare Services 800) 359-3722

LA LECHE (800) 525-3243

Michigan Alliance for Families (800) 552-4821

www.michiganalliancefo

Military One Source (800) 342-9647

www.militaryonesource.mil

National Parent Helpline (855) 427-2736

WIC (800) 942-1636

Women's Health Resource Line (800) 994-9662

SUPPORT GROUPS

ALS of Michigan (800) 882-5764

Alzheimer's Association and Helpline (800) 272-3900

Area on Aging (989) 356-3474 (800) 219-2273

Autism Society (800) 328-8476

Common Ground Crisis Line (800) 231-1127

Compassionate Friends (Parent's Grief Group) (877) 969-0010

Disability Network of MI www.dnmichigan.org/cil-directory

Epilepsy Foundation of Michigan (800) 377-6226

Equality Michigan (313) 537-7000

Haven Crisis Line (877) 922-1274

LGBT Hotline (888) 243-7243

Love is Respect Hotline (866) 331-9474

Narcotics Anonymous 24/7 (800) 230-4085

National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255

National Domestic & Sexual Violence Helpline (800) 799-7233

National Human Trafficking Resource Center (888) 373-7888

Parkinson's (800) 852-9781

Problem Gambling Help Line (800) 270-7117

RAINN (Rape & Incest National Network) (800) 656-4673

Stop It Now! Hotline (888) 773-8368

Substance Abuse Hotline (800) 662-4357

Suicide Prevention (800) 273-8255

WIC (800) 942-1636

Women's Resource Center (231) 627-2380

TRANSPORTATION

American Cancer Society (800) 227-2345
Road to Recovery
(Transportation for Medical
Appointments)
Area on Aging (989) 356-3474
Toll-Free (800) 219-2273
Cheboygan Senior Center (231) 627-7234
Child Safety Seat Inspection (866) Seat-Check
Harbor Care Associates (877) 439-9141
Karmano's Cancer Institute (800) 527-6266
Vehicle Safety Hotline (888) 327-4236
Veterans TOLL Free Numbers iris.custhelp.va.gov

www.militaryonesource.mil

Paralyzed Veterans of America (800) 424-8200
Saginaw VA Medical Center (800) 406-5143
Veteran's Crisis Line (800) 273-8255
Veterans Administration (800) 827-1000
Veterans TOLL Free Numbers iris.custhelp.va.gov
Wounded Warrior Project (888) 997-2586

TRIBAL SERVICES

Grand Traverse Bay Band of Ottawa & Chippewa Indians (866) 534-7750
Little Traverse Bay Band Health Department (231) 242-1700
Michigan Department of Civil Rights (517) 335-3165
Michigan Indian Employment and Training Services (800) 591-8820
Michigan Indian Legal Services (231) 947-0122
Michigan Indian Tuition Waiver (517) 241-7748
MDHHS Native American Affairs Office (517) 335-7782
Michigan Sault Tribal Health & Human Services (906) 643-8689
U.S. Office of Indian Education (202) 260-3774

VETERANS AFFAIRS

Area on Aging (989) 356-3474
Toll-Free (800) 219-2273
CHAMPVA (800) 733-8387
CHAMPVA Meds by Mail (888) 385-0235
Department of Veterans Services (231) 627-8833
Michigan Veterans Affairs (800) 642-4838
Military One Source (800) 342-9647