

# Emmet County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

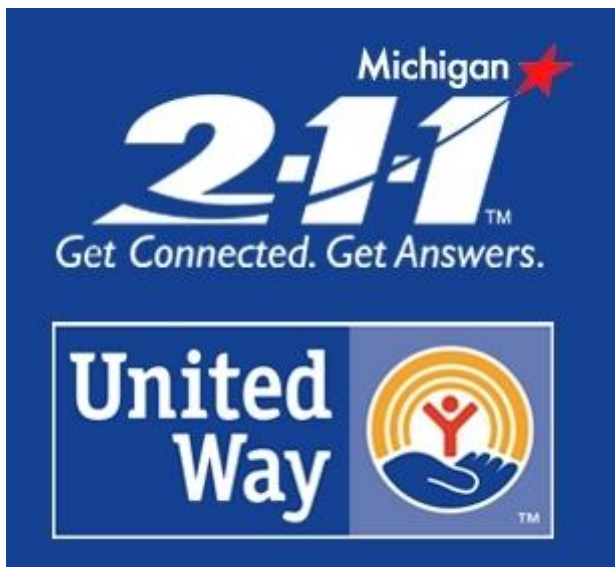
2023

Emmet  
County  
Community  
Resource  
Guide

[ A guide to services in your community ]

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## ADULT AGING SERVICES

Area Agency on Aging of Northwest MI (10)	(231) 947-8920
Crisis Services for the Elderly	(517) 483-7205
Disability Network	(231) 922-0903
Emmet County Veterans Affairs	(231) 348-1780
Friendship Centers of Emmet County	(231) 347-3211
HAP Senior Plus	(800) 868-3153
Hospice Assist of Northwest Michigan	(800) 551-4140
Legal Services of Eastern Michigan	(800) 322-4512
McLaren Home Care	(866) 323-5974
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/ Medicaid Assistance Program (MMAAP)	(800) 803-7174
Michigan Department of Health & Human Services	(231) 348-1600
Northeast Michigan Community Service Agency (NEMSCA)	(989) 356-3474
Social Security Administration	(800) 772-1213
Visiting Angels Living Assistance Services <a href="http://visitingangels.com">visitingangels.com</a>	(800) 365-4189
Angel Heart Home Care	(231) 347-4800
Friendship Centers of Emmet County	(231) 347-3211
Living Room Adult Day Services	(231) 487-5300
Hillside Haven	(231) 539-8281
Mallard Cove Assisted Living	(231) 347-2273
Maveric Manor	(231) 539-8351
Alzheimer's Association & Helpline	(800) 272-3900
Catholic Human Services	(231) 947-8110
Friendship Centers of Emmet County	(231) 347-3211
County Counsel on Aging	

### Assisted Living

American House	(231) 348-2600
Independence Village	(231) 348-8498
Mallard Cove Assisted Living	(231) 347-2273
Perry Farm Village	(231) 526-1500

## ABUSE & PROTECTIVE SERVICES

### **FOR EMERGENCY SERVICES CALL 911**

Children & Adult Protective Services	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Crisis Hotline	TEXT Reason to 741741
<a href="https://13reasonswhy.info/">https://13reasonswhy.info/</a>	
Equality Michigan	(313) 537-7000
LGBT Hotline	(212) 714-1141
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Michigan Department of Health & Human Services	(231) 348-1600
Narcotics Anonymous 24/7	(800) 230-4085
National Child Abuse Hotline	(800) 422-4453
National Domestic Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
RAINN (Rape & Incest National Network)	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Hotline	9-8-8
The Trevor Project (Youth LGBTQ crisis and suicide hotline)	(866) 488-7386
Third Level Crisis Line	(800) 442-7315
Victim Connect (stalking hotline)	(855) 484-2846
Women's Resource Center	(231) 347-0082

## DISABILITY & SPECIAL NEEDS

### RESOURCES

Autism Society of MI	(800) 328-8476
Children with Special Needs Fund	(517) 241-7420
Children's Special Healthcare Services	(800) 359-3722
Disability Network	(231) 922-0903
Disability Network of MI	(800) 782-4160
<a href="http://www.dnmichigan.org/cil-directory">www.dnmichigan.org/cil-directory</a>	
Division on Deaf, Deaf Blind & Hard of hearing	(313) 437-7035
Emmet County Veterans Affairs	(231) 348-1780
GiGi's Playhouse (Downs Syndrome Achievement Center)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Deaf/Interpreter	(517) 507-5223
Michigan Deaf/Blind Services	(800) 292-4200
Michigan Special Education Information Line	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717
North Michigan Regional Entity-Medicaid	(800) 834-3393
Paralyzed Veterans of America	(800) 638-6782
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
United Cerebral Palsy	(800) 828-2714
Vocational Rehabilitation	(800) 257-4850

### EMERGENCY & DISASTER SERVICES

<b>Ambulance, Fire and Police</b>	<b>911</b>
American Red Cross	(800) 733-2767
American Red Cross of Northwest MI	(231) 947-7286
Center for Disease Control	(800) 232-4636
Office of Emergency Management	(855) 515-1624
Poison Control	(800) 222-1222
Salvation Army	(231) 347-3531
Suicide Prevention	(800) 605-6722
Unemployment Office Hotline	(866) 500-0017
Women's Resource Center	(231) 347-0067

## FINANCIAL ASSISTANCE

Michigan Department of Health & Human Services	(231) 348-1600
Northwest Michigan Community Action Agency	(231) 347-9070
Salvation Army Petoskey	(231) 347-3531

### Employment Assistance

Area Agency on Aging Senior Employment Program	(800) 442-1713
Emmet County Veterans Affairs	(231) 348-1780
Michigan Council of Rehabilitation Services	(517) 483-2826
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Veterans Affairs Agency	(800) 642-4838
Unemployment Office Hotline	(866) 500-0017
Women's Resource Center	(231) 347-0067

## FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Alanson Church of the Nazarene	(231) 548-5462
American Red Cross	(800) 733-2767
Area on Aging	(231) 947-8920
Brother Dans-Food Pantry	(231) 347-7423
First Christian Church of Petoskey-Food Distribution Center	(231) 347-6181
First Presbyterian Church	(231) 347-4792
Food Pantry Listings	foodpantries.org
Friendship Center of Emmet	(231) 347-3211
Gold Mine Thrift Store	(231) 347-3970
Goodwill	(231) 348-6947
Habitat for Humanity	(231) 348-6926
Health Department	(231) 347-6014
Jesus is Lord-Bay Shore Pantry	(231) 348-2086
MANNA Food Project	(231) 347-8852
Meals on Wheels	(800) 632-7334
Meals on Wheels	(888) 370-7184
MI Department of Health & Human Services	(231) 348-1600
New Beginnings Thrift Store	(231) 348-2980
NMCAA Food Distribution	(231) 347-9070
Northern Michigan Family Services	(800) 275-1995

Petoskey United Methodist Church (231) 347-2733  
 Salvation Army (231) 347-3531  
 Seventh Day Adventist Church (231) 347-6651  
 United Way (231) 947-3200  
 WIC (800) 942-1636

Petoskey Dental Associates (231) 347-2100  
 Petoskey Family Dental Care (231) 347-6058  
 Straits Area Dental (231) 548-7400

**Hearing Assistance**

Michigan Relay Center for Deaf/Hard of Hearing Powered by Hamilton Relay (800) 833-7833  
 Miracle Ear (231) 638-4594  
 Petoskey Ear Nose & Throat Specialists (231) 487-3277  
 Relay Center for Deaf/Hard of Hearing 7-1-1

**HEALTHCARE SERVICES**

Centers for Disease Control and Prevention (800) 232-4636  
 Children's Special Healthcare Services (800) 359-3722  
 Veteran Affairs (844) 698-2311

**Clinics & Hospitals**

McLaren Home Care (866) 323-5974  
 McLaren Northern Michigan Hospital (231) 487-4000  
 McLaren Northern Michigan Family Practice (231) 487-9355  
 Karmanos Cancer Institute (800) 527-6266  
 Bay View OB/GYN Petoskey (231) 487-2340  
 Charlevoix Family Medicine (231) 547-1308  
 Harborside Spine & Sports Center (231) 348-3283  
 Health Department (231) 347-6014  
 Little Traverse Primary Care (231) 347-5400  
 Mackinaw City Medical Clinic (231) 436-9900  
 Mackinac Straits Health System (906) 643-8585  
 Michigan HIV/STD Hotline (800) 872-2437  
 Northern Michigan MedCenter (231) 487-2000  
 Planned Parenthood (231) 347-9692  
 Quick Care Medical Center (231) 348-2828

**Medical Equipment & Loan Closets**

Adaptive Environments – Home lifting systems (800) 355-5438  
 ALS of Michigan- Equipment (800) 882-5764  
 GiGi's Playhouse (847) 885-6149  
 Friendship Centers of Emmet County (231) 347-3211  
 Michigan Assistive Technology Loan Fund (800) 827-4843  
 Michigan CPAP Bank, BiPAP, ASV, AVAPS and supplies (734) 232-3964  
 Muscular Dystrophy Association (800) 572-1717  
 One Drop Diabetes Support & Supplies (800) 437-1474  
 Paralyzed Veterans of America (800) 638-6782  
 The National Federation of the Blind (410) 659-9314  
 United Cerebral Palsy Michigan (800) 828-2714

**Dental Resources**

Dentistry by the Bay (231) 347-7471  
 Dental Clinics North (231) 348-3970  
 Dental Lifeline Network (517) 347-6994  
<http://dentallifeline.org/michigan>  
 Great Lakes Oral & Maxillofacial Surgery (231) 487-1020  
 Harbor Pointe Dental (231) 646-8005  
 Michigan Donated Dental Services Program (800) 589-2632  
 Mobile Care Group dental care for homebound/nursing & assisted care facilities (248) 809-6398  
 Northern Dental Group (231) 539-8467

**Mental Health & Counseling Services**

Access Alliance (800) 448-5498  
 Access Mental Health 24 hour Crisis (800) 839-9443  
 Boys Town National Hotline (800) 448-3000  
 Common Ground Crisis Line (800) 231-1127  
 Community Mental Health 24-Hr Crisis Line (877) 470-4668  
 Community Mental Health Services of Emmet (231) 347-6701  
 Harbor Hall Substance Abuse Services (231) 347-5511  
 Hiawatha Behavioral Health (906) 643-8616  
 Hidden Brook Counseling Services (231) 487-1885  
 Narcotics Anonymous 24/7 (800) 230-4085

National Alliance on Mental Illness	(800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Problem Gambling Help-Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
Sault Tribe Health & Human Services	(906) 643-8689
Substance Abuse Hotline	(800) 662-4357
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
Third Level Crisis Center- 24 hour	(800) 442-7315

### Pharmacies & Prescription Assistance

Kelbel's Pharmacy	(231) 526-5971
Meijer Pharmacy	(231) 348-6364
Rite Aid	(231) 348-2767
Walgreens Pharmacy	(231) 348-7510
Walmart Pharmacy-Petoskey	(231) 439-0071
Elder Prescription Insurance Program	(866) 747-5844
Friendship Center of Emmet County	(231) 347-3211
LifeSource Direct Rx Discount Card-uninsured/underinsured	(866) 747-5844
Michigan Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
MiRx Discount Card	(866) 755-6479
NeedyMeds	(800) 503-6897
Partnership for Prescription Assistance	<a href="http://www.pparx.org">www.pparx.org</a>
RxAssist- Database of pharmaceutical company assistance programs:	<a href="http://www.rxassist.org">www.rxassist.org</a>
RX Outreach	(800) 769-3880

### Rehabilitation

First Choice Physical Therapy	(231) 536-2168
First Choice Physical Therapy-Petoskey	(231) 439-3750
Harbor Springs Therapy & Wellness	(231) 838-2087
MI Rehab Service	(877) 901-7398
Tim Bondy Physical Therapy	(231) 487-6163

### Substance Abuse

Alcoholics Anonymous	(800) 356-9996
Centers for Disease Control	(800) 232-4636
Harbor Hall Substance Abuse Services	(231) 347-5511
Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
SEMCA	(800) 686-6543
Substance Abuse Hotline	(800) 662-4357
Substance Use Treatment	(800) 834-3393

### Urgent Care

McLaren CareNow at Walgreens	(231) 489-8343
Bay Street Urgent Care & Family Med	(231) 347-5155
Northern Michigan MedCenter	(231) 487-2000

### Vision Resources

Ashley Rossman Eye Care	(231) 487-5315
Grand Traverse Ophthalmology Clinic	(231) 487-2020
Infinity Eye Care	(231) 622-4779
Michigan DeafBlind Services	(800) 292-4200
National Eye Institute	(301) 496-5248
Pleasant View Eye Care	(231) 348-1255
Vision Max PC	(231) 439-3937
Visions of Harbor Springs	(231) 526-7501
Wal-Mart Vision Center	(231) 439-0078

### HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
Northwest Michigan Community	(231) 347-9070
The Heat and Warmth Fund	(800) 866-8429
USDA Rural Development	(231) 941-0951
American Red Cross	(800) 733-2767
Area on Aging	(231) 947-8920
The Heat and Warmth Fund	(800) 866-8429
Crooked River Apartments	(231) 548-5786
HomeStretch Nonprofit Housing	(231) 947-6001
HUD Rental Assistance	(800) 569-4287
Mackinaw Apartments	(231) 627-7835
NW Michigan Action Agency	(800) 443-5518
American Preferred Management	(800) 968-1792
Riverview Terrace	(231) 347-2030
The Village of Hillside	(231) 526-7108



Traverse City Housing (231) 922-4915  
 Traverse Woods Apartments (231) 347-6711  
 USDA Rural Development (517) 324-5190

**Emergency Shelters & Warming Centers**

Nehemiah House (231) 347-0363  
 Women’s Resource Center (231) 347-0067

**LEGAL ASSISTANCE**

Center For Civil Justice (800) 724-7441  
 Civil Rights Department (517) 335-3165  
 Elder Law of Michigan (866) 400-9164  
 Legal Services of Northern Michigan (989) 705-1067  
 Michigan Indian Legal Services (231) 947-0122  
 Social Security Administration (800) 772-1213  
 Veterans TOLL Free Numbers  
[iris.custhelp.va.gov](http://iris.custhelp.va.gov)  
 Women’s Resource Center (231) 347-0067

**LIBRARIES**

Dean C. Burns Heath Sci Library (231) 487-4500  
 Petoskey District Library (231) 758-3100  
 Harbor Springs Library (231) 526-2531

**PARENTING/PREGNANCY RESOURCES**

McLaren Northern Michigan (231) 487-4762  
 Family BirthPlace  
 Child Safety Seat Inspection (866) Seat-Check  
 Children’s Special Health Care Services (800) 359-3722  
 LA LECHE (800) 525-3243  
 Northern Michigan Family Services (800) 275-1995  
 Office on Women’s Health WIC (800) 994-9662  
 WIC (800) 942-1636  
 Women’s Resource Center (231) 347-0067

**SUPPORT GROUPS**

Alcoholics Anonymous (231) 348-5005  
 ALS of Michigan (800) 882-5764  
 Alzheimer’s Association and Helpline (800) 272-3900  
 Area on Aging (231) 947-8920  
 Autism Society of MI (800) 328-8476  
 Common Ground Crisis Line (800) 231-1127

Compassionate Friends (Parent’s Grief Group) (877) 969-0010  
 Disability Network of MI (800) 782-4160  
[www.dnmichigan.org/cil-directory](http://www.dnmichigan.org/cil-directory)  
 Epilepsy Foundation of Michigan (800) 377-6226  
 Equality Michigan (313) 537-7000  
 Love is Respect Hotline (866) 331-9474  
 Narcotics Anonymous 24/7 (800) 230-4085  
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255  
 National Domestic & Sexual Violence Helpline (800) 799-7233  
 National Human Trafficking Resource Center (888) 373-7888  
 Office on Women’s Health (800) 994-9662  
 Parkinson Foundation (800) 852-9781  
 Problem Gambling Help Line (800) 270-7117  
 RAINN (Rape & Incest National Network) (800) 656-4673  
 Stop It Now! Hotline (888) 773-8368  
 Substance Abuse Hotline (800) 662-4357  
 Suicide Prevention (800) 273-8255  
 WIC (800) 942-1636

**TRANSPORTATION**

Karmanos Cancer Institute (800) 527-6266  
 American Cancer Society Road to Recovery (800) 227-2345  
 Area on Aging (231) 947-8920  
 Child Safety Seat Inspection (866) Seat-Check  
 Friendship Centers Transit (231) 348-3425  
 Straits Regional Ride (866) 731-1204  
 Vehicle Safety Hotline (888) 327-4236

**TRIBAL SERVICES**

Civil Rights Department (517) 335-3165  
 Little Traverse Bay Bands of Odawa Indians (231) 242-1400  
 MDHHS Native American Affairs Office (517) 335-7782  
 Michigan Indian Employment and Training Services (800) 591-8820  
 Michigan Indian Legal Services (231) 947-0122  
 Sault Tribe Health & Human Services (906) 643-8689  
 U.S. Office of Indian Education (202) 260-3774



## **VETERANS AFFAIRS**

Area on Aging	(231) 947-8920
CHAMPVA	(800) 733-8387
Cheboygan VA Clinic	(231) 436-5176
Emmet County Veterans Affairs	(231) 348-1780
Michigan Veterans Affairs	(800) 642-4838
National Suicide Prevention	(800) 273-8255
Paralyzed Veterans of America	(800) 638-6782
Veterans Administration	(800) 827-1000

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

<b><u>Non-Urgent:</u></b>	<b><u>TeleHealth</u></b>	<b><u>Semi-Urgent:</u></b>	<b><u>Urgent:</u></b>
<p>You should make an appointment with your <b><u>Primary Care Physician</u></b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul>	<p><b><u>(Virtual Visits) Primary Care via Telehealth</u></b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b><u>McLaren Now App</u></b>  <a href="http://mclaren.org/mclarennow">mclaren.org/mclarennow</a></p>	<p>Needs Medical Care and can wait a few hours. You should contact your <b><u>Primary Care Physician</u></b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul>	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul>

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.