

Ionia County

Community Resource Guide



Resources assembled by:



2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

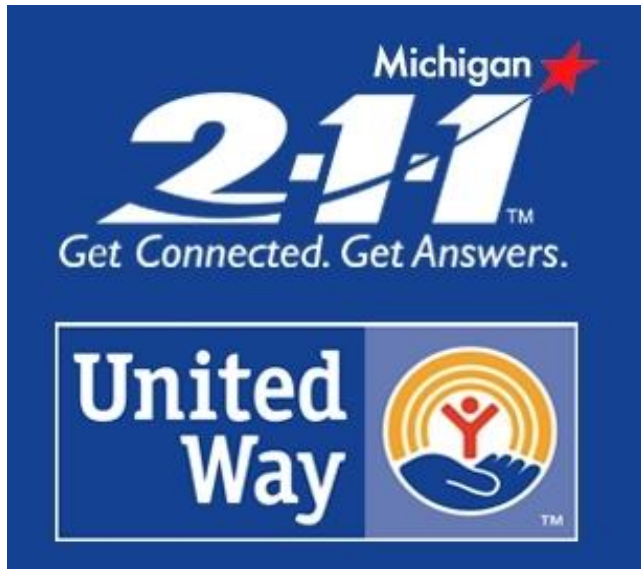
2023

Ionia
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES 911

CALL

Children & Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line Crisis Hotline	(800) 231-1127 https://13reasonswhy.info/
Crisis Hotline	TEXT Reason to 741741
Equality Michigan	(313) 537-7000
Faith Trust Institute	(206) 634-1903
Haven Crisis Line	(877) 922-1274
Human Trafficking Hotline	(888)-373-7888
Help@humantraffickinghotline.org	
LGBT Hotline	(866) 488-7386
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
National Suicide Prevention Lifeline	9-8-8
RAINN (Rape & Incest National Network)	(800) 656-4673
Relief After Violent Encounters Ionia County	(800) 720-7233

Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention Hotline	9-8-8
Third Level Crisis Line	(800) 442-7315
The Trevor Project (Youth LGBTQ Crisis & Suicide hotline)	(866) 488-7386
Victim Connect (stalking hotline)	(855) 484-2846

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
Alzheimer's Association & Helpline	(800) 272-3900
Area Agency on Aging – Grand Rapids, MI 49525	(616) 456-5664
Commission on Aging – Ionia, MI 48846	(616) 527-5365
Crisis Services for the Elderly DHS- Ionia, MI 48846	(517) 483-7205 (616) 527-5200
Elder Care Services	(800) 677-1116
HAP Senior Plus	(800) 868-3153
Ionia Senior Center	(888) 527-5365
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program	(800) 803-7174
Social Security	(800) 772-1213
Visiting Angels Living Assistance Services	(800) 365-4189

Assisted Living

Country Living Senior Care	(844)334-3818
Green Acres of Ionia	(616) 527-3300
Portland Assisted Living	(517) 643-2073

DISABILITY & SPECIAL NEEDS

RESOURCES

Autism Society of Michigan	(800) 328-8476
Bureau of Services for the Blind Persons	(800) 292-4200
Children's Special Healthcare Services	(800) 359-3722
City of Ionia	(616) 527-4170
Disability Network of MI	(800) 782-4160
www.dnmichigan.org/cil-directory	
Disability Network	(810) 742-1800
EightCAP	(866) 754-9315

GiGi's Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(877) 499-6232
Michigan Dept. of Education- Office of Special Education & Early Intervention Services	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America	(800) 424-8200
Relay Center for Deaf/Hard of Hearing	7-1-1
Social Security Administration	(800) 772-1213
The Family Center for Children and Youth with Special Health Care Needs	(800) 828-2714
United Cerebral Palsy of MI	(800) 872-5827
Vocational Rehabilitation Michigan Commission for the Deaf	(800) 605-6722

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767
United Way	(616) 794-9840

FINANCIAL ASSISTANCE

MSHDA: Step Forward	(866) 646-7432
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EMPLOYMENT ASSISTANCE

Unemployment Office Hotline	(866) 500-0017
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FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Food Bank Council of Michigan (Pantries)	
www.fbmic.org/resources/find-a-food-bank	
American Legion	(616) 642-9674
American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
DHS	(616) 527-5200
EightCAP	(866) 754-9315
Encountering Lives	(616) 794-5080
Epic Community Church	(517) 647-7750
First United Methodist Church	(616) 527-1860
Goodwill Stores	(616) 527-4404
Habitat for Humanity	(616) 523-6899
Lincoln Ave. Baptist Church	(616) 527-0970
Manna's Market	(269) 838-5887
Meals on Wheels	(800) 632-7334
St. Joseph Catholic Church	(616) 794-2145

Salvation Army	(989) 463-2864
Saranac Community Church Food Pantry	(616) 642-6322
Shiloh Church Food Pantry	(616) 761-3584
WIC	(800) 942-1636
YMCA	(616) 527-5760
Zion Community Food Pantry	(616) 527-1910

HEALTHCARE SERVICES

Centers for Disease Control and Prevention	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
Ionia Health Dept	(616) 527-5341
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute	(800) 527-6266
McLaren Greater Lansing	(517) 975-6000
McLaren Home Care	(866) 323-5974
Ambulatory Care Clinic	(616) 522-9110
Davita Dialysis Center	(616) 522-0265
Family Medical Center – Lake Odessa	(616) 374-8881
Inner Access Therapy Center	(616) 527-2619
Ionia County Memorial Hospital	(616) 527-4200
Michigan Donated Dental Services Program	(800) 589-2632
Michigan HIV/STD Hotline	(800) 872-2437
Patient Care Center-Belding	(616) 794-5221
Pennock Ionia Center	(616) 775-7500
Portland Family Care	(517) 647-4166
Saranac Chiropractic Center	(616) 642-9455
Sparrow Family Health Center-Portland	(517) 647-6722
Sparrow Ionia Hospital	(616) 523-1400
Sparrow Ionia Walk-in Care Clinic	(616) 523-1644
Spectrum Health - Helen Devos Children's Hospital	(866) 989-7999
Spectrum Health - Lake Odessa Diagnostic Center	(616) 374-1684
Total Health Center	(616) 374-0099

Dental Resources

119 Bridge Dental Care	(517) 647-4511
Dental Lifeline Network	(303) 534-5360
http://dentallifeline.org/michigan	
Flat River Dentistry	(616) 754-3511
Ionia Family Dentistry	(616) 527-4930
Ionia Oral Surgery	(616) 523-9000

Medicaid Dentists (LCC) (517) 483-1458
 Michigan Donated Dental Services Program (800) 589-2632
 Saranac Dental Care (616) 642-9478

Hearing Assistance

Beltone Hearing Aid Center (269) 945-3990
 Grand Hearing Center - Portland (517) 647-4327
 Hear Michigan Center - Ionia (616) 236-2855
 Hearing Life - Greenville (616) 548-6234
 Relay Center for Deaf and Hard of Hearing 7-1-1

Medical Equipment & Loan Closets

Adaptive Environments – Home (800) 355-5438
 Lifting Systems
 ALS of Michigan (800) 882-5764
 GiGi’s Playhouse (847) 885-6149
 Michigan Assistive Technology Loan Fund (800) 827-4843
 Michigan CPAP Bank – CPAP, BiPAP, ASV, AVAPS & Supplies (734) 232-3964
 Muscular Dystrophy Association (800) 572-1717
 One-Drop Diabetes Support & Supplies (800) 437-1474
 Paralyzed Veterans of America (800) 424-8200
 Sparrow Medical Supply (616) 522-0515
 The National Federation of the Blind (410) 659-9314
 United Cerebral Palsy Michigan (800) 872-5827

Mental Health & Counseling Services

Boys Town National Hotline (800) 448-3000
 Catholic Charities (616) 456-1443
 Common Ground Crisis Line (800) 231-1127
 Four Health Family Resources (616) 642-6466
 Inner Access Therapy Center (616) 527-2619
 Ionia County Mental Health - Belding (616) 794-6592
 Ionia County Community Mental Health - Orleans (616) 794-6592
 Military One Source (800) 342-9647
<https://www.militaryonesource.mil>
 MSHN-Mid State Health Network (844) 405-3094
 Narcotics Anonymous 24/7 (800) 230-4085
 National Alliance on Mental Illness (800) 950-6264
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 National Domestic & Sexual Violence Helpline (800) 799-7233

National Human Trafficking Resource Center (888) 373-7888
 Problem Gambling Help-Line-24-hours, 7-days (800) 270-7117
 RAINN (Rape & Incest National Network) (800) 656-4673
 SEMCA (800) 686-6543
 Stop It Now! Hotline (888) 773-8368
 Substance Abuse Hotline (800) 662-4357
 Suicide Prevention 9-8-8
 The Right Door (888) 527-1790
 Viewpointe Counseling (616) 523-6537

Pharmacies & Prescription Assistance

Hometown Pharmacy-Belding (616) 794-4053
 Meijer Pharmacy (616) 527-5110
 New Walker’s Pharmacy (616) 374-3190
Rite Aid Pharmacy:
 Belding (616) 794-2200
 Ionia (616) 527-4300
 Portland (517) 647-4704
 Tom’s Pharmacy (517) 647-7373
 Wal-Mart Pharmacy (616) 527-3904
 Walgreens Pharmacy (616) 522-9175
 Walker Pharmacy (616) 374-3190
 MiRx Discount Card (866) 755-6479
 LifeSource Direct RX Discount Card-Uninsured and Underinsured (866) 340-4748
 MMAP Michigan (800) 803-7174
 Medicare/Medicaid Assistance Program
 MiRX Discount Card (866) 755-6479
 NeedyMeds- Resource for medication assistance programs (800) 503-6897
 Partnership for Prescription Assistance www.pparx.org
 RxAssist-Database of medication assistance programs www.rxassist.org
 RX Outreach (800) 769-3880

Rehabilitation

Ivy Rehab Physical Therapy (616) 522-0066
 Sparrow Ionia Hospital (616) 527-0558
 PT/Rehab
 Rehabilitation Institute of MI (313) 745-1203

Substance Abuse

Addictions & Drug Abuse referral Hotline (800) 662-4357
 Alcoholics Anonymous (800) 356-9996
 CDC Hotline (800) 232-4636

Ionia County Health Department	(616) 527-5341
Michigan Substance Abuse- Helpline 24/7	(866) 520-2708
MSHN-Mid State Health Network	(844) 405-3094
Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
SEMCA	(800) 686-6543
Substance Abuse Hotline	(800) 662-4357
Social Service Department	(616) 527-5200

Urgent Care

Ambulatory Care Clinic -Ionia	(616) 522-9110
Pennock Ionia Center	(616) 775-7500
Sparrow Ionia Hospital	(616) 523-1400
Sparrow Ionia Walk-In Care Clinic	(616) 523-1644

Vision Assistance

Advanced Eye Care Professionals	(616) 522-1000
Belding Family Eye Care	(616) 794-9088
Grand Rapids Ophthalmology	(616) 949-2600
Meijer Optical	(616) 522-0130
Michigan Commission for the Blind	(800) 292-4200
National Eye Institute	(301) 496-5248
Portland Eye Care – Krystal Andrews, OD	(517) 647-7515
Riemer EyeCare – Dr. Randy Riemer	(517) 647-2020
Rx Optical	(616) 527-9279
Wal-Mart Vision Center	(616) 527-5894

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
Area on Aging	(616) 527-5365
EightCAP	(866) 754-9315
Heat and Warmth Fund	(800) 866-8429
HUD Rental Assistance	(800) 569-4287
Ionia County Housing Commission	(616) 527-9060
MSHDA: Step Forward	(855) 646-7432
USDA Rural Development	(517) 324-5190

Emergency Shelters & Warming Centers

Enrich Of Ionia County	(616) 522-1126
Relief After Violent Encounter (RAVE)	(800) 720-7233

LEGAL ASSISTANCE

Center for Civil Justice	(800) 724-7441
Constantine Law	(616) 527-7570
Legal Aid Legal Service	(517) 394-2985
Legal Services of Eastern MI	(800) 322-4512
Lincoln’s Law Office	(616) 374-8816
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Military One Source https://www.militaryonesource.mil	(800) 342-9647
Social Security Administration	(800) 772-1213

LIBRARIES

Belding Memorial Library	(616) 794-1450
Clarksville Area Library	(616) 693-1001
Lake Odessa Community Library	(616) 374-4591
Lyons Township District Library	(989) 855-3414
Portland District Library	(517) 647-6981
Saranac Public Library	(616) 642-9146

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line	(800) 275-1995
Catholic Charities	(616) 456-1443
Child Safety Seat Inspection LA LECHE	(866) Seat-Check (800) 525-3243
Michigan Alliance for Families www.michiganallianceforfamilies.org/maf-offices/	
Military One Source https://www.militaryonesource.mil	(800) 342-9647
Planned Parenthood	(800) 230-7526
Pregnancy Services	(616) 527-4626
Sparrow Ionia Hospital	(616) 523-1400
The Family Center for Children and Youth with Special Health Care Needs	(800) 359-3722
WIC	(800) 942-1636
Women’s Health Resource Line	(800) 994-9662

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer’s Association and Helpline	(800) 272-3900
Area on Aging	(800) 858-1637
Autism Society of MI	(800) 328-8476

Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI www.dnMichigan.org/cil-directory	(800) 782-4160
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Families' Anonymous, Narcotics Anonymous and SMART	(616) 527-5341
Haven Crisis Line	(877) 922-1274
Ionia County Substance Abuse	(616) 527-5341
LGBT Hotline	(888) 243-7243
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance for Grieving Children	(866) 432-1542
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
Relief After Violent Encounters	(800) 720-7233
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	9-8-8
The Compassionate Friends - GRTCF	(616) 430-0905
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

TRANSPORTATION

Karmonos Cancer Institute	(800) 527-6266
American Cancer Society Road to Recovery	(800) 227-2345
Area on Aging	(800) 858-1637
Auto Safety Hotline	(888) 327-4236
B Safe Driving School, LLC	(616) 755-2427
Child Safety Seat Inspection	(866) Seat-Check
<u>Dial-a-Ride:</u>	
Belding, MI	(616) 794-3278
Ionia, MI	(616) 527-4000
iDrive Academy	(517) 526-2174

Kc's School of Driving & Testing LLC	(616) 262-2116
Michigan Education Transportation Services	(517) 647-7765
Mr. R's A+ Driving School	(616) 794-0659
Veterans TOLL Free Numbers	(800) 698-2411

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
MDHHS Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Wavier	(517) 241-7748
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

Area on Aging	(800) 858-1637
American Legion: Belding, MI	(616) 794-2841
Hubbardston, MI	(989) 981-6527
Saranac, MI	(616) 642-9674
CHAMPVA	(800) 733-8387
Michigan Veterans Affairs	(800) 642-4838
Military One Source https://www.militaryonesource.mil	(800) 342-9647
Paralyzed Veterans of America	(800) 424-8200
Veterans Administration	(800) 827-1000
Veteran Affairs	(844) 698-2311
Veterans Crisis Line	(800) 273-8255
<u>Veterans of Foreign Wars:</u>	
Belding, MI	(616) 794-9624
Lake Odessa, MI	(616) 374-7075
Lyons, MI	(989) 855-2608
Portland, MI	(517) 647-4980
Veterans TOLL Free Numbers	(800) 698-2411
Veterans Trust Fund Agent	(800) 642-4838
Wounded Warrior Resource Center	(888) 997-2586

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.