

Isabella County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

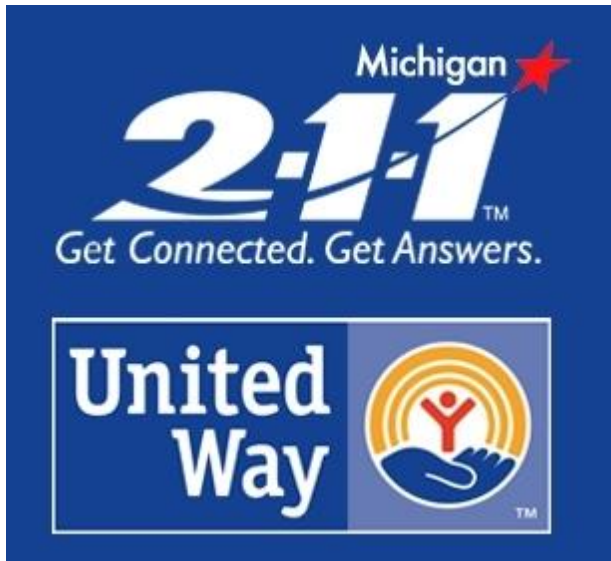
2023

Isabella
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL	911
Children and Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(888) 234-7243
Love Is Respect Hotline	(866) 331-9474
Mental Health Crisis Hotline	988
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Child Abuse Hotline	(800) 422-4453
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking	(888) 373-8888
Nami Migizi Nangwiihgan	(989) 775-4400
RAINN (Rape & Incest National Network)	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
The Trevor Project (Youth LGBTQ Crisis & Suicide Hotline)	(866) 488-7386
Third Level Crisis Line	(800) 442-7315
Veteran’s Crisis Line	(800) 273-8255
Victim Connect (stalking hotline)	(855) 484-2846

ADULT AGING SERVICES

Alzheimer’s Association and Helpline	(800) 272-3900
Crisis Services for the Elderly	(517) 483-7205

Greendale Senior Services – Shepherd	(989) 832-8683
HAP Senior Plus	(800) 868-3153
Isabella County Commission on Aging	(989) 772-0748
Isabella County Department of Health & Human Service	(989) 772-8400
McLaren Home Care	(866) 323-5974
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Social Security Administration	(800) 772-1213
The ARC of Central Michigan	(989) 773-8765
Visiting Angels Living Assistance Services	(800) 365-4189

Assisted Living

Andahwod Continuing Care Community & Elder Services	(989) 775-4319
Crestwood Village Assisted Living	(989) 444-5836
Maplewood of Mt. Pleasant	(989) 773-7001
McBride Quality Care Services	(989) 772-1261
Mental Illness/Developmental Disabilities	
MediLodge of Mt Pleasant	(989) 772-2967
New Hope Assisted Living	(800) 857-0838-
Prestige Center	(989) 773-9421

DISABILITY & SPECIAL NEEDS

RESOURCES

Autism Society of MI	(800) 328-8476
Children’s Special Healthcare Services	(800) 359-3722
Disability Network of MI	(800) 782-4160
www.dnmichigan.org/cil-directory	
Disability Network of Mid-Michigan	(989) 835-4041
Eight Cap, Inc	(616) 754-9315
GiGi’s Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(877) 499-6232
Michigan Council for Rehabilitation Services	(517) 335-2400
Michigan Dept. Of Education-Office of Special Education & Early Intervention Services	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717

Paralyzed Veterans of America (800) 638-6782
 Relay Center for Deaf/Hard of 7-1-1
 Hearing
 Social Security Administration (800) 772-1213
 United Cerebral Palsy of MI (800) 828-2714
 Vocational Rehabilitation Michigan (800) 257-4850
 Commission for the Deaf

Isabella County Department of (989) 772-8400
 Health & Human Services
 Meals on Wheels (989) 772-0748
 Salvation Army (989) 773-4663
 Region 7 Area on Aging (800) 858-1637
 WIC Program (800) 942-1636
 WIC Program Isabella County (989) 772-8400
www.foodpantries.org/st/michigan

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police 911
 American Red Cross (800) 733-2767
 Center for Disease Control and (800) 232-4636
 Prevention (CDC)
 Community Mental Health for (800) 317-0708
 Central Michigan
 Consumers Energy Emergency (800) 477-5050
 Line
 Poison Control (800) 222-1222
 Tri-County Electric Cooperative (800) 562-8232
 Emergency Line

FINANCIAL ASSISTANCE

DHS Isabella County (989) 772-8400
 Michigan Homeowner Assistance (844) 756-4423
 Fund (MIHAF)

Employment Assistance

Manpower Staffing Solutions (989) 772-7720
 Michigan Works (989) 772-5304
 Unemployment Office Hotline (866) 500-0017

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross (800) 733-2767
 Area on Aging Isabella County (989) 772-0748
 Community Compassion Network (989) 863-4449
 Food Pantry
 EightCap, Inc (616) 754-9315
 Food bank Council of Michigan:
<http://www.fbcmich.org/resources/find-a-food-bank>
 Habitat for Humanity (989) 773-0043
 Isabella Community Soup Kitchen (989) 772-7392

HEALTHCARE SERVICES

AIDS Program Hotline (800) 872-2437
 Centers for Disease Control (800) 232-4636
 Central Michigan District Health (989) 773-5921
 Department
 Children's Special Healthcare (800) 359-3722
 Services
 Freedom Med Alert (877) 318-4993
 McLaren Home Care (800) 356-7321
 Veterans Affairs (844) 698-2311

Clinics & Hospitals

Children's Health Care, PLLC (989) 772-7774
 CMU Health Services Primary & (989) 774-7585
 Specialty Services Clinic
 Isabella Citizens for Health Family (989) 953-5320
 Practice
 Isabella Citizens for Health (989) 779-5270
 Pediatrics
 Karmanos Cancer Institute (800) 527-6266
 McLaren Central Michigan (800) 671-1453
 Hospital
 McLaren Central Michigan (989) 779-5604
 Outpatient Rehabilitation
 McLaren Central Michigan Walk in (989) 773-1166
 Clinics
 McLaren Home Care (866) 323-5974
 Michigan HIV/STD Hotline (800) 872-2437
 Mid-Michigan Medical Center (989) 956-9069
 Emergency & Outpatient Services
 MyMichigan Family Med Shepherd (989) 828-6691
 Nimkee Memorial Wellness Center (989) 775-4000
 Pleasant Pediatrics (989) 772-1500
 Woman's Medical Center (989) 773-3411

Dental Resources

Aspen Dental Clinic (989) 773-0100
 Austin & Austin Dentistry (989) 386-7021
 Clare
 Bryan Dental (989) 773-9051

Central Michigan Orthodontics Mt Pleasant	(989) 772-3939
Clare	(989) 386-9570
Dental Lifeline Network (low income; severe problems only)	(303) 534-5360
Keith Bever Jr, DDS	(989) 773-9793
Michigan Community Dental Center Free Clinic	(877) 313-6232 (800) 589-2632
Michigan Donated Dental Services	
Midland Oral and Maxillofacial Surgery Mt Pleasant	(989) 773-8065
Nimkee Memorial Wellness Center	(989) 775-4000

Hearing Assistance

Allied Hearing	(989) 334-4742
Bieri Hearing Specialists Clare	(800) 329-1747
Central Michigan University Audiology Clinic	(989) 774-3904
Children's Special Health Care Services	(800) 359-3722
Miracle Ear	(989) 324-6909
Relay Center for Deaf/Hard of Hearing Voice/TTY	7-1-1
Veterans Affair	(844) 698-2311

Medical Equipment & Loan Closets

Adaptive Environments – Home lifting systems	(800) 355-5438
Airway Oxygen Inc	(989) 772-9885
ALS of Michigan	(800) 882-5764
Region 7 Area on Aging	(800) 858-1637
Freedom Med Alert	(877) 318-4993
Michigan Assistive Technology Loan Fund	(800) 827-4843
Michigan CPAP Bank CPAP, BiPAP ASV, AVAPS & supplies	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
Oakland Orthopedic	(800) 840-0020
One-Drop Diabetes Support & Supplies (http://onedrop.today)	(800) 437-1474
Paralyzed Veterans of America- M	(800) 638-6782
Quick Ramps for Kids	(800) 827-4843
Sparrow Regional Medical Supply	(989) 772-7244
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 872-5827

Mental Health & Counseling Services

Addiction Solutions Counseling Center	(989) 779-9449
Boys Town National Hotline	(800) 448-3000

CMH Crisis Hotline	(800) 317-0708
CMU Center for Community Counseling & Development	(989) 774-3532
Common Ground Crisis Line	(800) 231-1127
Community Mental Health for Central Michigan	(989) 772-5938
Listening Ear Crisis Intervention Center	(989) 772-2918
Mental Health Crisis Line	9-8-8
Military One Source https://www.militaryonesource.mil	(800) 342-9647
Mt Pleasant Community Counseling Associates	(989) 773-0222
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Problem Gambling Help-Line 24/7	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SAMHSA National Helpline	(800) 662-4357
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Substance Use Treatment Services 24/7	(800) 830-0579
Suicide Prevention	(800) 273-8255
Veteran's Crisis Line	(800) 273-8255
Women's Aid Service - Mt Pleasant (counseling & emergency shelter)	(844) 349-6177

Pharmacies & Prescription Assistance

CVS Pharmacy	(989) 772-1945
Downtown Drug	(989) 773-5544
GoodRx	www.GoodRx.com
LifeSource Direct Rx Discount Card-Uninsured/underinsured	(866) 340-4748
Meijer Pharmacy	(989) 775-2110
MidMichigan Medical Center	(989) 775-1629
MiRx Discount Card	(866) 755-6479
Mission Pharmacy - Mt Pleasant	(989) 773-8200
MMAP	(800) 803-7174
NeedyMeds	(800) 503-6897
Partnership for Prescription Assistance	www.pparx.org
Rite Aid Pharmacy	(989) 772-7677
RX Outreach	(800) 769-3880
RxAssist	www.rxassist.org
US Med	(877) 840-8218
Walgreens Pharmacy	(989) 775-8098

Rehabilitation

Central Michigan Rehabilitation	(989) 772-0258
Genesis	(989) 282-0320
Isabella County Medical Care Facility	(989) 772-2957
Laurels of Mt Pleasant	(989) 773-5918
McLaren Rehabilitation Services Central Michigan	(989) 779-5604

Substance Abuse

Addiction Solutions Counseling Center	(989) 779-9449
Alcoholics Anonymous	(800) 356-9996
CDC Hotline	(800) 232-4636
Mid-State Health Network of MI	(517) 253-7525
Narcotics Anonymous (NA) Hotline	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
SAMHSA National Helpline	(800) 662-4357
Substance / Alcohol Abuse Hotline	

Urgent Care

Isabella Urgent Care	(989) 317-0565
McLaren Care Now Located in Walgreens	(989) 317-3883
McLaren Central-Ready Care Walk-In Clinic	(989) 773-1166
Urgent Clinic Express - Mt Pleasant	(989) 773-9669

Vision Assistance

L.O. Eyecare	(989) 772-3339
Michigan Commission for the Blind	(800) 292-4200
Mid-Michigan Retina PLC	(517) 574-5850
Pleasant Optics	(989) 773-7747
The Eye Site	(989) 773-2020
Wal-Mart Vision Center	(989) 773-9714

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
Eight Cap	(989) 772-0110
Heat and Warmth Fund	(800) 866-8429
HUD Rental Assistance	(800) 569-4287
Mt Pleasant Housing Commission	(989) 319-4093
The Salvation Army	(989) 773-3784
USDA Rural Development	(989) 773-4663 (517) 324-5190

Emergency Shelters & Warming Centers

American Red Cross	(800) 733-2767
EightCap, Inc	(989) 772-0110
Isabella County Restoration House Rotating Shelter	(989) 400-4126
Isabella County Veterans	(989) 317-4093
R.I.S.E Advocacy	(989) 773-0078

LEGAL ASSISTANCE

Center for Civil Justice	(800) 724-7441
Legal Hotline for Michigan Seniors	(800) 347-5297
Legal Services of Eastern Michigan	(800) 322-4512
MI Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Military One Source	(800) 342-9647
www.militaryonesource.mil	
Saginaw Chippewa Victim of Crime Program	(989) 835-4814
Social Security Administration	(800) 772-1213
Isabella County Veterans	(989) 317-4093

LIBRARIES

Central Michigan University Library	(989) 774-1100
Clarke Historical Library	(989) 774-3352
Faith Johnston Memorial Library	(989) 433-0006
Rosebush	
Saginaw Chippewa Tribal Libraries	(989) 775-4508
Sherman Twp Library Weidman	(989) 644-5131
Tate Memorial Library Blanchard	(989) 561-2480

PARENTING/PREGNANCY RESOURCES

24-HourCrisis Line	(800) 275-1995
Child Safety Seat Inspection	(866) Seat-Check
Children's Special Healthcare	(800) 359-3722
CMU Center for Children, Families & Communities	(989) 774-6639
Cystic Fibrosis Foundation	(248) 269-8759
Eating Disorder Hotline	(800) 931-2237
EightCap, Inc	(989) 772-0110

Epilepsy Foundation of Michigan	(800) 337-6226	Narcotics Anonymous 24/7	(800) 230-4085
Girls & Boys Town 24/7 Suicide and Crisis Line	(800) 448-3000	National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
Great Start Collaborative of Gratiot & Isabella Counties	(989) 875-5101	National Domestic & Sexual Violence Helpline	(800) 799-7233
Isabella County Child Advocacy Center	(989) 317-8787	National Human Trafficking Resource Center	(888) 373-7888
LA LECHE League	(800) 525-3243	Parkinson's	(800) 852-9781
Michigan Alliance for families	(800) 552-4821	Planned Parenthood	(800) 230-7526
www.michiganallianceforfamilies.org/maf-offices/		Problem Gambling Help line	(800) 270-7117
Military One Source	(800) 342-6947	RAINN (Rape & Incest National Network)	(800) 656-4673
www.militaryonesource.mil		Region 7 Area on Aging	(800) 858-1637
National Parent Help Line 24/7	(855) 427-2736	Stop It Now! Hotline	(888) 773-8368
The Family Center for Children and Youth with Special Health Care Needs	(800) 359-3722	Substance Abuse Hotline	(800) 662-4357
WIC	(800) 942-1636	Suicide Prevention	(800) 273-8255
Women's Health Resource Line	(800) 994-9662	The Family Center for Children and Youth with Special Health Care Needs (Family Center)	(800) 359-3722
www.4women.gov/breastfeeding		WIC	(800) 942-1636
		Women's Aid Service of Mt Pleasant - Counseling & emergency shelter	(844) 349-6177
		Women's Health Resource Line	(800) 994-9662

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association and Helpline	(800) 272-3900
American Cancer Society Hotline 24/7	(800) 227-2345
Autism Society of MI	(800) 328-8476
CMU Counseling Center	(989) 774-3381
CMU Sexual Aggression Peer Advocates 24/7 Support	(989) 774-2255
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network of MI	(800) 782-4160
www.dnmichigan.org/cil-directory	
Epilepsy Foundation of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Haven Crisis Line	(877) 922-1274
Huntington's Disease Michigan Chapter	(800) 948-2089
Isabella County Commission on Aging	(989) 772-0748
LGBT Hotline	(888) 234-7243
Listening Ear Crisis Intervention Center	(989) 772-2918
Love is Respect Hotline	(866) 331-9474
Nami Magizi Nangwiihgan (Abuse Services)	(989) 775-4400

TRANSPORTATION

American Cancer Society Road to Recovery	(800) 227-2345
Child Safety Seat Inspection	(866) Seat-Check
www.seatcheck.org	
Chippewa Cab Medical Transport	(989) 779-22
Dean Transportation	(989) 773-0642
Greyhound Bus Lines	(800) 292-3831
I Ride Public Transportation	(989) 772-9441
Indian Trails	(800) 292-3831
Isabella County Commission on Aging	(989) 772-0748
Isabella County Transportation Commission	(989) 772-9441
Region 7 Area on Aging	(800) 858-1637
Ride Safe Taxi	(989) 621-0775
Veterans Affairs of Isabella Co	(989) 317-4093

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
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Michigan Dept of Health & Human Services - Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Waiver	(517) 241-7748
Saginaw Chippewa Indian Tribe	(989) 775-4000
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

CHAMPVA	(800) 733-8387
CHAMPVA Meds by Mail	(800) 385-0235
Disabled American Veterans	(877) 426-2838
Michigan Chapter of Paralyzed Veterans of America	(800) 638-6782
Michigan Veterans Affairs	(800) 642-4838
Military One Source	(800) 342-9647
www.militaryonesource.mil	
Paralyzed Veterans of America Headquarters	(800) 424-8200
Region 7 Area on Aging	(800) 858-1637
Veterans Administration	(800) 827-1000
Veterans Affairs	(844) 698-2311
Veterans Crisis Line	(800) 273-8255
Veterans Affairs of Isabella County	(989) 317-4093

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flu • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.