

Midland County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2023

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County
Community
Resource
Guide

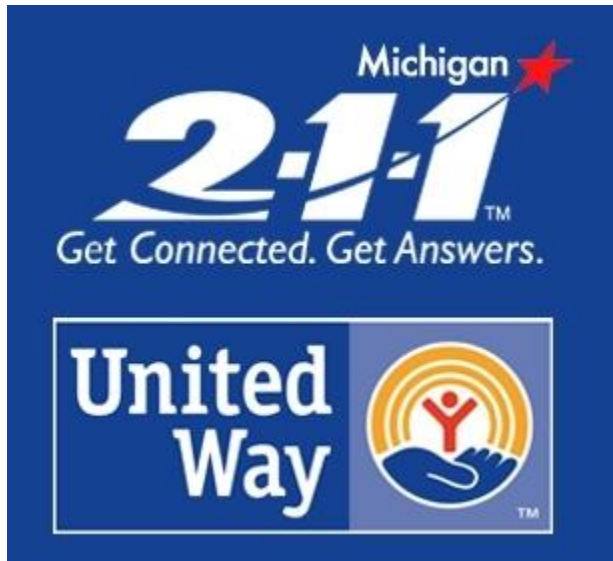
[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL	911
Children & Adult Protective Services	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
DHS-Abuse and Neglect	(855) 444-3911
Equality Michigan	(313) 537-7000
HAVEN Crisis Line	(877) 922-1274
LGBT Hotline	(888) 243-7243
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence	(517) 347-7000
Michigan Department of Health & Human Services	(989) 835-7040
Narcotics Anonymous 24/7	(800) 230-4085
National Child Abuse Hotline	(800) 422-4453
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
RAINN (Rape & Incest National Network)	(800) 656-4673
Safe & Sound Child Advocacy Center Midland	(989) 835-9922
Safe Center Crisis Hotline 24/7	(877) 952-7283
Shelterhouse Crisis Line Midland	(989) 835-6771
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	9-8-8
The Trevor Project (Youth LGBTQ Crisis & suicide hotline)	(866) 488-7386

Third Level Crisis Line	(800) 442-7315
Victim Connect (stalking hotline)	(855) 484-2846

ADULT AGING SERVICES

Alzheimer's Association Helpline	(800) 272-3900
Area on Aging	(989) 893-4506
Crisis Services for the Elderly	(517) 483-7205
HAP Senior Plus	(800) 868-3153
McLaren Home Care	(866) 323-5974
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Michigan Department of Health & Human Services	(989) 835-7040
Mid-Michigan Community Action Agency	(989) 832-7377
Senior Services	(989) 633-3700
Senior Services Trailside-Midland	(989) 633-3790
Senior Services-Coleman	(989) 465-6216
Senior Services-Sanford	(989) 687-7888
Social Security Administration	(800) 772-1213
Visiting Angels Living Assistance Services	(800) 365-4189

Assisted Living

Applewood Assisted Living	(989) 772-1866
Bickford of Midland	(989) 966-0662
Brookdale Senior Living	(989) 264-1117
Candlestone Assisted Living	(989) 200-4349
H Senior Living Homes	(989) 631-7299
King's Daughter Home	(989) 839-9800
Primrose	(989) 469-3990
Stratford Pines	(989) 633-5350

DISABILITY & SPECIAL NEEDS

RESOURCES

Arnold Center Midland	(989) 631-9570
Autism Society of MI	(800) 328-8476
Children's Special Healthcare Services	(800) 359-3722
Community Mental Health for Central Michigan-Midland	(989) 772-5938
Disability Network of MI	(800) 782-4160

www.dnmichigan.org/cil-directory

GiGi's Playhouse (Downs Syndrome Resources)	(847) 885-6149	Michigan Department of Health & Human Services	(989) 835-7040
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174	Midland County Emergency Food Pantry Network:	(989) 486-9393
Michigan Alliance For Families	(800) 552-4821	Midland County Emergency Food Pantry Network-HELP Pantry,	(989) 835-6759
Michigan Commission for the Blind	(800) 292-4200	Hunger Eased by Loving Persons	
Michigan Commission for the Deaf	(877) 499-6232	Midland County Emergency Food Pantry Network-S.A.M.S. Pantry,	(989) 631-2260
Michigan Dept of Education-Office of Special Education – Lansing, MI	(888) 320-8384	Share a Meal Service	
Muscular Dystrophy association	(800) 572-1717	Mid-Michigan Community Action Agency	(989) 832-7377
Paralyzed Veterans of America	(800) 424-8200	Salvation Army Church	(989) 496-2787
Relay Center for Deaf/Hard of Hearing	7-1-1	WIC	(800) 942-1636
Social Security Administration	(800) 772-1213		
The ARC of Midland	(989) 631-4439		
United Cerebral Palsy Michigan	(800) 872-5827		
Vocational Rehabilitation Michigan Commission for the Deaf	(800) 605-6722		

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police	911
American Red Cross	(800) 733-2767
Midland County Health Department	(989) 832-6380
Poison Control	(800) 222-1222

FINANCIAL ASSISTANCE

Mid-Michigan Community Action Agency	(989) 832-7377
MSHDA: Step Forward	(855) 646-7432

EMPLOYMENT ASSISTANCE

Arnold Center Midland	(989) 631-9570
Family & Children's Services of Mid-Michigan	(989) 631-5390
Great Lakes Bay Michigan Works!	(989) 631-3073
Michigan Indian Employment and Training Services	(800) 591-8820
Unemployment Office Hotline	(866) 500-0017

FOOD PANTRIES, CLOTHING, & HOUSEHOLD ASSISTANCE

American Red Cross	(800) 733-2767
Area on Aging	(989) 893-4506
Caregiving Network	(989) 837-9757
Food Bank Council of Michigan (Pantries)	
www.fbmid.org/resources/find-a-food-bank	
Meals on Wheels	(800) 632-7334

Michigan Department of Health & Human Services	(989) 835-7040
Midland County Emergency Food Pantry Network:	(989) 486-9393
Midland County Emergency Food Pantry Network-HELP Pantry,	(989) 835-6759
Hunger Eased by Loving Persons	
Midland County Emergency Food Pantry Network-S.A.M.S. Pantry,	(989) 631-2260
Share a Meal Service	
Mid-Michigan Community Action Agency	(989) 832-7377
Salvation Army Church	(989) 496-2787
WIC	(800) 942-1636

HEALTHCARE SERVICES

Center for Disease Control and Prevention	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute	(800) 527-6266
McLaren Bay Region Bay City	(989) 894-3000
McLaren Bay Region-Midland Internal Medicine	(989) 486-9090
McLaren Home Care	(866) 323-5974
Michigan HIV/STD Hotline	(800) 872-2437
Midland County Health Department	(989) 832-6380
MyMichigan Cancer Center	(989) 839-6200
MyMichigan Medical Center Midland	(989) 839-3000

Dental Resources

Delta College Dental Clinic	(989) 686-9469
Dental Lifeline Network	(303) 534-5360
Dominic Verderese, DDS	(989) 671-3777
Homebound and persons confined to assisted living and hospitals	
Helping Hands Dental Center – Adult Medicaid	(989) 837-9740
Michigan Donated Dental Services Program	(517) 346-9454

Hearing Assistance

Midland County Health Department (989) 832-6380
Relay Center for Deaf/Hard of Hearing 7-1-1

Medical Equipment & Loan Closets

Adaptive Environments Home (800) 355-5438
Lifting Systems
ALS of Michigan (800) 882-5764
American Legion (989) 687-9930
Area on Aging (800) 858-1637
GIGI's Playhouse (847) 885-6149
Michigan Assistive Technology Loan Fund (800) 827-4843
Michigan CPAP Bank, BiPAP, ASV, AVAPS, and Supplies (734) 232-3964
Muscular Dystrophy Association (800) 572-1717
One-Drop Diabetes Support & Supplies (800) 437-1474
Paralyzed Veterans of America (800) 424-8200
The National Federation of the Blind (410) 659-9314
The QuickRamps for Kids Program-Statewide (248) 557-5070
United Cerebral Palsy of Michigan (800) 872-5827

Mental Health & Counseling Services

Access Alliance-Midland County (800) 448-5498
Boys Town National Hotline (800) 448-3000
Community Mental Health for Central Michigan-Crisis Hotline Midland (989) 772-5938
Common Ground Crisis Line (800) 231-1127
Family & Children's Services of Mid-Michigan (989) 631-5390
Midland County Health Department (989) 832-6380
Military One Source (800) 342-9647
<https://www.militaryonesource.mil>
Narcotics Anonymous 24/7 (800) 230-4085
National Council on Alcoholism & Drug Dependence (800) 622-2255
National Domestic & Sexual Violence Helpline (800) 799-7233
National Human Trafficking Resource Center (888) 373-7888
Problem Gambling Helpline (800) 270-7117
RAINN (Rape & Incest National Network) (800) 656-4673
Stop It Now! Hotline (888) 773-8368

Substance Abuse Hotline (800) 662-4357
Suicide Prevention 9-8-8

Pharmacies & Prescription Assistance

Kroger Pharmacy – Midland (989) 835-3959
Life Source Direct Rx Discount (866) 340-4748
Card Uninsured/Underinsure
Meijer Pharmacy – Midland (989) 837-5310
MiRx Discount Card (866) 755-6479
MMAP (800) 803-7174
NeedyMeds (800) 503-6897
Partnership for Prescription Assistance www.pparx.org
Rite Aid – Ashman St, Midland (989) 631-0700
Rite Aid-Saginaw Rd, Midland (989) 631-4321
RX Outreach (800) 769-3880
RxAssist www.rxassist.org
Walgreens Pharmacy 1615 N Saginaw Rd, Midland (989) 832-2491
Walgreens Pharmacy 931 S Saginaw, Midland (989) 631-0910
Walmart Pharmacy, Midland (989) 835-6364

Rehabilitation

McLaren Midland Physical Therapy (989) 794-4035
Children's Therapy Corner (989) 835-6333
MyMichigan Rehabilitation Services (989) 837-9100
MyMichigan Rehabilitation Services (989) 832-4220

Substance Abuse

Alcoholics Anonymous (800) 356-9996
CDC Hotline (800) 232-4636
Community Mental Health for Central Michigan-Crisis Hotline Midland (989) 772-5938
Family & Children's Services of Mid-Michigan (989) 631-5390
Narcotics Anonymous (NA) Hotline (800) 230-4085
National Council on Alcoholism & Drug Dependence (NCADD) (800) 622-2255
Substance Abuse Hotline (800) 662-4357
Substance Abuse Hotline (800) 662-4357
Ten16 Recovery Network Residential Program-Midland office (800) 835-5611 (989) 631-0241

Urgent Care

McLaren Now + Clinic at Walgreens (989) 423-1768
Midland Express Urgent and Family Care (989) 708-9074

MyMichigan Urgent Care Midland (989) 633-1350
 New Hope Urgent Care of Midland (989) 631-9900
 Pro-Health Urgent Care of Midland (989) 495-2050

Vision Assistance

Michigan Commission for the Blind (800) 292-4200
 Midland County Health Department (989) 832-6380
 National Eye Institute (301) 496-5248

HOUSING ASSISTANCE

Affordable Housing Alliance (989) 633-9910
 American Red Cross (800) 733-2767
 Area on Aging (989) 893-4506
 Home to Stay Housing Assistance Center (989) 496-9550
 HUD Rental Assistance (800) 569-4287
 Mid-Michigan Community Action Agency (989) 832-7377
 Midland County Habitat for Humanity (989) 496-0900
 MSHDA: Step Forward (855) 646-7432
 The Heat and Warmth Fund (800) 866-8429
 USDA Rural Development (517) 324-5190

Emergency Shelters & Warming Centers

Midland's Open Door Men & Women's Shelter (989) 835-2291
 Shelterhouse-Crisis Line (877) 216-6383
 Midland (989) 835-6771

LEGAL ASSISTANCE

Center for Civil Justice (800) 724-7441
 Disability Network of MI (989) 835-4041
 Elder Law of Michigan (866) 400-9164
 Legal Services of Eastern MI (800) 322-4512
 Michigan Dept of Civil Rights (517) 335-3165
 Michigan Indian Legal Services (231) 947-0122
 Michigan Senior Legal Hotline (866) 400-9164
 Military One Source (800) 342-9647
<https://www.militaryonesource.mil>
 Social Security Administration (800) 772-1213

LIBRARIES

Coleman Area Library (989) 465-6398
 Grace A Dow Memorial Library (989) 837-3430
 Midland

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line (800) 275-1995
 Child Safety Seat Inspection (866) Seat-Check
 Children's Special Healthcare Services (800) 359-3722
 Community Mental Health for Central Michigan-Midland (989) 772-5938
 Family & Children's Services of Mid-Michigan (989) 631-5390
 LA Leche (800) 525-3243
 Life Clinic Community Resources (989) 835-1500
 Michigan Alliance for Families <https://www.michiganallianceforfamilies.org/maf-offices/>
 Mid-Michigan Community Action Agency (989) 832-7377
 Michigan Alliance for Families (800) 552-4821
 Michigan Department of Health & Human Services (989) 835-7040
 Military One Source (800) 342-9647
<https://www.militaryonesource.mil>
 National Parent Help Line 24/7 (855) 427-2736
 WIC (800) 942-1636
 Women's Health Resource Line (800) 994-9662

SUPPORT GROUPS

ALS of Michigan (800) 882-5764
 Alzheimer's Association & Helpline (800) 272-3900
 Area on Aging (989) 893-4506
 Autism Society of MI (800) 328-8476
 Cancer Services (989) 835-4841
 Common Ground Crisis Line (800) 231-1127
 Community Mental Health for Central Michigan-Crisis Hotline Midland (800) 317-0708
 (989) 772-5938
 Compassionate Friends (Parent's Grief Group) (877) 969-0010
 Disability Network of MI (800) 782-4160
 Epilepsy Foundation of Michigan (800) 377-6226
 Equality Michigan (313) 537-7000
 Family & Children's Services of Mid-Michigan (989) 631-5390
 Haven Crisis Line (877) 922-1274
 Huntington's Disease (800) 909-0073
 LGBT Hotline (888) 243-7243
 Love is Respect Hotline (866) 331-9474

Michigan HIV AIDS Hotline	(800) 872-2437
Muscular Dystrophy Association	(800) 572-1717
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness (NAMI) Helpline	(800) 950-6264
National Council on Alcoholism Drug Dependence	(800) 622-2255
National Domestic & Sexual Violence hotline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
Senior Services	(989) 633-3700
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	9-8-8
The ARC of Midland	(989) 631-4439
United Cerebral Palsy of MI	(800) 828-2714
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

TRANSPORTATION

American Cancer Society Road to Recovery	(800) 227-2345
Area on Aging	(989) 893-4506
Cancer Services	(989) 835-4841
Caregiving Network	(989) 837-9757
Child Safety Seat Inspection	(866) Seat-Check
Dial-A-Ride	(989) 837-6940
Karmanos Cancer Institute	(800) 527-6266
Senior Services	(989) 633-3700

MDHHS Native American Affairs Office	(517) 335-7782
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Wavier	(517) 241-7748
Saginaw Chippewa Indian Tribe	(989) 775-4000
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

American Legion	(989) 832-7202
Area on Aging	(989) 893-4506
CHAMPVA	(800) 733-8387
Disabled American Veterans	(877) 426-2838
Michigan Veterans Affairs	(800) 642-4838
Michigan Veterans Trust Fund	(517) 284-5299
Midland County Veterans Services	(989) 832-6843
Military One Source	(800) 342-9647
https://www.militaryonesource.mil	
Paralyzed Veterans of America	(800) 424-8200
Veteran Affairs	(844) 698-2311
Veterans Administration	(800) 827-1000
Veterans Crisis Line	(800) 273-8255
Veterans of Foreign Wars	(989) 496-3410

TRIBAL SERVICES

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.