

Arenac County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

Arenac
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL.....911

- Child & Adult Protective Services
.....(CPS) (855) 444-3911
- Common Ground Crisis Line (800) 231-1127
- Equality Michigan (313) 537-7000
- Faith Trust Institute..... (206) 634-1903
- HAVEN Crisis Line (877) 922-1274
- Love Is Respect Hotline (866) 331-9474
- Narcotics Anonymous 24/7.....(800) 230-4085
- National Domestic & Sexual Violence Helpline
..... (800) 799-7233
- National Human Trafficking Resource
..... Center (888) 373-7888
- RAINN (800) 656-4673
- Stop It Now! Hotline (888) 773-8368
- Suicide Prevention(800) 273-8255
- Crisis Hotline.....<https://13reasonswhy.info>
- Crisis Hotline Text.....REASON to 741741

ADULT AGING SERVICES

- Area on Aging.....(800) 858-1637
- Arenac County Council on Aging &
Pleasant Days Adult Caring Center ..(989) 653-2692
Omer, MI
- Arenac County Dept of Health
& Human Services..... (989) 846-5500
Standish, MI
- Disability Network Northern

- Michigan..... (231) 922-0903
- HAP Senior Plus.....(800) 868-3153
- Legal Services of Eastern Michigan.. (800) 322-4512
- Long Term Care Ombudsman Program
..... (866) 485-9393
- McLaren Home Care.....(866) 323-5974
- Meals on Wheels..... (989) 653-2692
- Medicare/Medicaid Assistance
Program (MMAP) (800) 803-7174
- Region 9 Area Agency on Aging (989) 356-3474
- Social Security Administration (800) 772-1213
- Michigan Veterans Affairs..... (800) 642-4838

Adult Foster Care/Assisted Living

- Almont AFC - (989) 846-9648
Standish, MI
- Au Gres Care Center..... (989) 876-7811
- Eden Fields Memory Care & Assisted
Living (989) 718-3117
Standish, MI
- Elm Home..... (989) 846-9700
Standish, MI
- Grove Street AFC Home (989) 846-9709
Standish, MI
- Jenkins Foster Care Home..... (989) 836-2504
Alger, MI
- Orchard Bay AFC (989) 846-4666
Standish, MI
- The Horizon Senior Living (989) 846-0000
Standish, MI

Alzheimer's & Dementia Support

- Alzheimer's Association 24/7 Helpline
..... (800) 272-3900
- Alzheimer's Association Central Michigan
Offices (810) 780-4163
- Bay/Arenac Behavioral Health (989) 895-2300
Bay City, MI
- Golden Horizons..... (989) 892-6644
- Alzheimer's/Dementia Support Group
Bay City, MI

ANIMAL SUPPORT

- Arenac County Animal Shelter (989) 846-4421
Standish, MI
- Bay County Humane Society..... (989) 893-0451

Ogemaw County Humane Society ... (989) 343-7387

COUNTY& CITY RESOURCES

Administrative Offices..... (989) 846-6188

Building Permits/Soil Erosion/Sedimentation

Control (989) 846-9791

County Clerk..... (989) 846-4626

Emergency Management..... (989) 701-5126

Register of Deeds (989) 846-9201

Treasurer..... (989) 846-4106

Cities

AuGres..... (989) 876-8811

Omer (989) 653-2566

Standish..... (989) 846-9588

Townships

Adams (989) 654-3090

Arenac (989) 653-2319

AuGres..... (989) 876-7293

Clayton (989) 654-2414

Deep River..... (989) 654-3161

Lincoln..... (989) 846-4116

Mason (989) 867-4216

Moffatt (989) 836-2452

Sims (989) 876-8631

Standish..... (989) 846-6442

Turner..... (989) 867-4045

Whitney..... (989) 362-5528

Villages

Sterling (989) 654-3456

Twining..... (989) 867-4688

Turner..... (989) 867-4528

Courts

23rd Circuit..... (989) 846-6200

81st District (989) 846-6200

Probation Dept..... (989) 846-9538

Probate & Juvenile Court (989) 846-6200

Prosecuting Attorney (989) 846-4597

Community Corrections/Sheriff. (989) 846-3002

Friend of the Court..... (989) 846-9190

WIC Program (800) 942-1636

Pregnant and Breastfeeding Women, Infants,
children

DISABILITY RESOURCES

Autism Society of MI.....(800) 328-8476

Arenac Opportunities, Inc..... (989) 846-4441

services for the disabled

Arenac County Dept of Health &

Human Services..... (989) 846-5500

Children's Special Health Care

Services..... (800) 359-3722

Disability Network of MI (800) 782-4160

Medicare/Medicaid Assistance

Program..... (800) 803-7174

Michigan Deaf/Blind Services (800) 292-4200

Muscular Dystrophy Association.....(800) 572-1717

NE MI Community Service Agency....(989) 356-3474

Paralyzed Veterans of American.....(800) 638-6782

Relay Center for Deaf/Hard of Hearing.....7-1-1

Social Security Administration.....(800) 772-1213

The Family Center for Children and Youth with

Special Health Care Needs.....(800) 359-3722

United Cerebral Palsy of MI.....(800) 828-2714

EDUCATION & TRAINING

Adult Programs

American Red Cross.....(800) 733-2767

Bay-Arenac ISD Career Center Adult

& Continuing Education (989) 667-3275

Michigan Works! Arenac County

Skills Training (989) 846-2111

College & Career Centers

Bay-Arenac ISD Adult Education (989) 667-3275

Career Technical Training

Delta College (989) 686-9000

University Center, MI

Great Lakes Bay College & Career

Resource Center..... (989) 893-6026

Bay City, MI

Childcare Centers & Preschools

Animal Crackers Daycare (989) 415-3346

Standish, MI

Au Gres Sims School District- GSRP . (989) 876-7150

Au Gres, MI

Li'l Sprouts Child Development

Center..... (989) 846-4120

Omer, MI

Omer Head Start (989) 653-2318
Sterling Elementary Preschool..... (989) 654-2367
Sterling ECC (989) 578-0621

Community Education

American Red Cross (800) 733-2767
Michigan Dept of Natural Resources
Bay City Service Center (989) 684-9141
King of the Road Driving School (989) 846-0372
Standish, MI

Michigan Works! Arenac County
Service Center - (989) 846-2111
MSU Extension – Standish (989) 846-4111
Sterling Sportsmen’s Association
Safety Courses..... (989) 654-9477

Libraries

Au Gres Community Library (989) 876-8818
Mary Johnston Memorial Library (989) 846-6611
Omer Little Eagles Nest Library..... (989) 653-2230

Schools

Arenac Eastern School District..... (989) 867-4234
Au-Gres- Sims School District..... (989) 876-7150
Standish-Sterling Community
Schools..... (989) 846-3670

Youth Programs

Arenac County 4-H (989) 846-4111
Arenac Community Center (989) 529-6513
Standish, MI

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police.....911
American Red Cross (800) 733-2767
Arenac County Emergency
Management..... (989) 701-5126
Standish, MI
Bay Arenac Crisis Line (800) 327-4693
Center for Disease Control and
Prevention..... (800) 232-4636
Poison Control..... (800) 222-1222

Law Enforcement

Arenac County Sheriff’s
Department..... (989) 846-3002
Standish, MI
Michigan State Police – West Branch
Post (989) 345-0956
Saginaw Chippewa Tribal Police (989) 775-4700
Standish, MI
Standish City Police..... (989) 846-9588

EMPLOYMENT ASSISTANCE

Arenac County Dept of Health &
Human Services..... (989) 846-5500
Arenac Opportunities, Inc..... (989) 846-4441
Services for the disabled.
Michigan Indian Employment &
Training (800) 591-8820
Michigan Council of Rehabilitation Services
..... (517) 483-2826
Michigan Veterans Affairs Agency .. (800) 642-4838
Employment assistance.
Michigan Works! Arenac County
Skills Training (989) 846-2111
Northeast Michigan Community
Service Agency (866) 484-7077
Unemployment Office Hotline..... (866) 500-0017

FINANCIAL ASSISTANCE

Arenac County Dept of Health &
Human Services..... (989) 846-5500
MSHDA Toll-free (517) 335-9953
Northeast Area of Michigan Salvation
Army..... (989) 358-2769
Northeast Michigan Community
Service Agency (989) 356-3474

Tax Assistance

Free Taxes.....www.myfreetaxes.com
Northeast Michigan Community
Service Agency (866) 484-7077
United Way of Bay County..... (989) 893-7508

FITNESS, RECREATION & REHABILITATION

Ascension Standish Physical Therapy (989) 846-3515
Standish, MI
Au Gres Physical Therapy..... (989) 876-8375
McLaren Bay Region Physical Therapy (989) 879-5500
Pinconning, MI
New Beginnings Fitness (989) 718-3220
Standish, MI
Paramount Rehabilitation Services.. (989) 718-3171
Standish, MI
Standish Rehab Center..... (989) 846-0937

Parks & Recreation

Arenac County Parks & Recreation.. (989) 876-4146
Knollview Golf (989) 876-4653
Au Gres, MI
Pine River Golf Club (989) 846-6819
Standish, MI
Au Gres City Campground & Day-Use Park..... (989) 876-8310
Russell Canoe Livery and Campgrounds (989) 653-2644
Omer, MI
Point Au Gres Marina & Campground (989) 876-7314
Rifle River Campground & Canoe Livery (989) 654-2556
River View Campground & Canoe Livery (989) 654-2447
Sterling, MI
Riverbend Campground & Canoe Rental (989) 653-2576
Omer, MI
Whites Canoe Livery (989) 654-2654
Sterling, MI

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross (800) 733-2767
Area on Aging.....(800) 858-1637
Arenac County Dept of Health &

Human Services..... (989) 846-5500
Arenac County Council on Aging (989) 653-2692
Arenac County Housing Commission (989) 846-6651
Bay Area Women’s Center (800) 834-2098
Community United Methodist Church (989) 846-6277
Standish, MI
Food Bank Council of MI Pantries.....www.fbmic.org/resources.find-a-food-bank
Good News Ministries Lutheran Church (989) 756-2159
Turner, MI
Helping Hands-Sterling Resurrection of the Lord Catholic Church (989) 846-9565
Standish, MI
Provides clothing (must have referral from Red Cross, DHS, or Salvation Army)
Meals on Wheels..... (888) 370-7184
NE MI Community Service Agency... (989) 358-4700
Temporary Emergency Food Program
Ossineke, MI
Pinconning United Methodist Church (989) 879-3271
West Branch Caring Pregnancy Center..... (989) 345-3909
Maternity clothing, baby clothing and furniture, diapers, formula and baby food
WIC.....(800) 942-1636

HEALTHCARE SERVICES

Center for Disease Control & Prevention (CDC)(800) 232-4636
Children’s Special Healthcare Services.....(800) 359-3722
Veteran Affairs.....(844) 698-2311

Clinics & Hospitals

McLaren Bay Region Hospital.....(989) 894-3000
McLaren Home Care.....(866) 323-5974
Karmanos Cancer Institute.....(800) 527-6266
Uptown Occupational & Convenient Care.....(989) 393-2850

McLaren Physical Therapy

Midland.....(989) 794-4035
Pinconning.....(989) 879-5500
Riverview.....(989) 895-4340
West Side Medical Mall.....(989) 667-3646

McLaren Bay Heart & Vascular (989) 894-3278
Standish, MI

McLaren Bay Region- Standish Family
Medicine (989) 846-2600
Michigan HIV/STD Hotline (800) 872-2437
Alcona Health Centers (989) 736-8157
Oscoda, MI (sliding fee scale)

Arenac County Health Department . (989) 846-5500
Standish, MI

Ascension Standish Hospital- Standish
Family Medicine (989) 846-4888
Ascension St. Joseph Hospital..... (989) 362-3411
Tawas City, MI

Great Lakes Bay Health Center Family Medicine
..... (989) 671-2000
Women's Care..... (989) 667-3377
Bay City, MI

Helen M. Nickless Volunteer Clinic (free clinic)
..... (989) 895-4830
Essexville, MI

Karmanos Cancer Institute(800) 527-6266
St. Mary's of Michigan Standish
Community Hospital (989) 846-4521
Sterling Area Health Center (989) 654-2491
Women's Health Resource Line(800) 994-9662

Dental Resources

Delta College Dental Clinic..... (989) 686-9469
Smile Michigan..... (989) 385-5174
Dental Lifeline Network (low income; severe
problems only) (517) 347-6994

Great Lakes Bay Health Center
Dental..... (989) 922-5650
Michigan Donated Dental Services
Program..... (800) 589-2632
Mobile Care Group..... (248) 809-6398
dental care for homebound / nursing & assisted
care facilities

Standish Family Dental Center..... (989) 846-4090
Sterling Area Health Dental Center . (989) 873-5152
(accepts Medicaid & sliding fees)

Hearing Resources

Beltone Hearing Aid Center LLC..... (866) 521-7164
West Branch, Gladwin, Midland, East Tawas, Bay
City

Central Michigan University
Audiology Clinic..... (989) 774-3904
Miracle-Ear Service Center (East Tawas, West
Branch, Bay City) (877) 632-6320
Telecommunications Relay Service (TRS)711

Medical Equipment & Loan Closets

Adaptive Environments (800) 355-5438
home lifting systems
ALS of Michigan..... (800) 882-5764
Equipment loan program for ALS and PLS patients
only

Arenac County Council on Aging (989) 653-2692
Michigan Assistive Technology
Loan Fund..... (800) 828-2714
Michigan CPAP Bank (734) 232-3964
CPAP, BiPAP, ASV, AVAPS and supplies

Muscular Dystrophy Association (800) 572-1717
Info on equipment assistance

One-Drop Diabetes Support & Supplies
<http://onedrop.today> (800) 437-1474

Paralyzed Veterans of America- MI (800) 638-6782
Wheelchairs, power chairs, adaptive sports
equipment, hoists, lifts, etc.

The National Federation of the
Blind (410) 659-9314
United Cerebral Palsy Michigan..... (800) 828-2714
Michigan Assistive Technology Loan Fund and
Michigan Employment Loan Fund

Mental Health & Counseling Services

Arenac Center (989) 846-4573
Standish, MI

Alcoholics Anonymous Hotline (313) 831-5550
AuSable Valley Community Mental
Health (989) 739-1469
Oscoda, MI

Bay Arenac Behavioral Health (989) 895-2300
Bay Arenac Crisis Line – 24/7 (800) 327-4693
Common Ground Crisis Line.....(800) 231-1127
Narcotics Anonymous 24/7 (800) 230-4085

National Domestic & Sexual Violence Helpline.....(800) 799-7233
 National Human Trafficking Resource Center.....(888) 373-7888
 National Council on Alcoholism & Drug Dependence (NCADD).....(800) 622-2255
 Problem Gambling Help-Line 24/7 .. (800) 270-7117
 RAINN (Rape & Incest National Network)(800) 656-4673
 SEMCA.....(800) 686-6543
 Sterling Area Health Center- Behavioral Health..... (989) 654-3501
 Stop It Now! Hotline.....(888) 773-8368
 Substance Abuse Hotline.....(800) 662-4357
 Suicide Prevention.....(800) 273-8255

Pharmacies & Prescription Assistance

Partnership for Prescription Assistancewww.pparx.org
 RxAssist (Pharmaceutical company assistance programs).....www.rxassist.org
 IGA Pharmacy.....(989) 876-8899
Au Gres, MI
 Standish Pharmacy Inc.(989) 846-0411
 Rite Aid Pharmacy.....(989) 846-4508
Standish, MI

Retail Discount Drug Programs

Ask pharmacist about programs offered
 Meijer Walgreens Wal-Mart
 Kroger Sam’s Club Rite-Aid
 NeedyMeds (Pharmaceutical company assistance programs)..... (800) 503-6897
 RX Outreach.....(800) 769-3880

Substance Abuse

Alcoholics Anonymous..... (989) 894-1949
 Bay Arenac Crisis Line – 24/7 (800) 327-4693
 Bay-Arenac Behavioral Health Access Center (800) 448-5498
 CDC Hotline..... (800) 232-4636
 National Council on Alcoholism & Drug Dependence (NCADD).....(800) 622-2255
 Neighborhood Resource Center (989) 316-4120
 Recovery Pathways (989) 928-3566
 Sacred Heart Rehabilitation (989) 894-2991

SEMCA.....(800) 686-6543
 Substance Abuse Hotline (800) 662-4357

Vision Providers

Central Michigan District Health Dept
 Arenac Branch (Standish)..... (989) 846-6541
 EYES – Standish (989) 846-6009
 Michigan Commission for the Blind.(800) 292-4200
 Pinconning Family Eye Care (989) 879-3937

HOUSING ASSISTANCE

American Red Cross (800) 733-2767
 MSHDA: Step Forward.....(866) 946-7432
 Veterans Toll Free Numbers..... iris.csthelph.va.gov

Emergency Shelters & Warming Centers

Bay Area Women’s Center (800) 834-2098
Bay City, MI
 Good Samaritan Rescue Mission (989) 893-5973
Bay City, MI
 Hope Anglican Church..... (989) 739-5751
Oscoda, MI
 Oscoda Full Gospel Community Church (989) 739-5751
 Shelterhouse (877) 216-6383
 Domestic Violence/Sexual Assault
 Midland/Gladwin County

Heating/Utility Assistance & Home Repairs/Weatherization

American Red Cross (800) 733-2767
 Area on Aging.....(800) 858-1637
 Arenac County Dept of Health & Human Services..... (989) 846-5500
 Northeast Michigan Community Service Agency (866) 484-7077
 The Heat and Warmth Fund (800) 866-8429
 USDA Rural Development (989) 345-5470

Low Income Housing

Arenac County Housing Commission..... (989) 846-6651
 Arenac County Dept of Health & Human Services..... (989) 846-5500
 Habitat for Humanity - Standish (989) 895-0980
 HUD Rental Assistance..... (800) 569-4287

Northeast Michigan Community
 Service Agency (866) 484-7077
 USDA Rural Development..... (989) 345-5470
 Riverside Manor Apartments..... (989) 646-2297
AuGres, MI
 VonSteinwehr Apartments (989) 846-6421
Standish, MI
 Willow Creek I & II Apartments – Standish (age 62+)
 (989) 846-4434

LEGAL ASSISTANCE

Arenac County Friend of the Court.. (989) 846-9190
Standish, MI
 Center for Civil Justice..... (800) 724-7441
 Legal Services of Eastern Michigan.. (800) 322-4512
 Michigan Dept of Civil Rights.....(517) 335-3165
 Michigan Indian Legal Services.....(231) 947-0122
 Michigan Senior Legal Hotline.....(866) 400-9164
 Social Security Administration.....(800) 772-1213
 Veterans Toll Free Numbers..... iris.csthelph.va.gov

PARENTING/PREGNANCY RESOURCES

McLaren Bay Region Childbirth
 Education (989) 894-3935
 Arenac County Dept of Health &
 Human Services..... (989) 846-5500
 Bay-Arenac Pre-School Partnership. (989) 686-4410
 Life Clinic (989) 922-5433
 Catholic Family Services – Saginaw.. (989) 892-2504
 Child Safety Seat Inspection.....(866) SEAT-CHECK
 LA LECHE.....(800) 525-343
 Michigan Alliance for Families.....(989) 863-4053
 MSU Extension - Standish (989) 846-4111
 Parent Help Line 24/7 (888) 727-5889
 The Family Center for Children and Youth with
 Special Health Care Needs.....(800) 359-3722
 WIC.....(800) 942-1636
 Women’s Health Resource Center... (800) 994-9662

SUPPORT GROUPS

ALS of Michigan..... (800) 882-5764
 Alzheimer’s Association 24/7 Helpline
 (800) 272-3900

Area on Aging.....(800) 858-1637
 Common Ground Crisis Line (800) 231-1127
 Disability Network of MI (800) 782-4160
 Epilepsy Foundation of Michigan....(800) 377-6226
 Equality Michigan (313) 537-7000
 HAVEN Crisis Line (877) 922-1274
 Love Is Respect Hotline (866) 331-9474
 Narcotics Anonymous 24/7.....(800) 230-4085
 National Domestic & Sexual Violence Helpline
 (800) 799-7233
 National Human Trafficking Resource
 Center.....(888) 373-7888
 National Council on Alcoholism & Drug
 Dependence (NCADD).....(800) 622-2255
 Parkinson’s.....(800) 852-9781
 Problem Gambling Help-Line 24/7 .. (800) 270-7117
 RAINN (Rape & Incest National Network)
(800) 656-4673
 SEMCA.....(800) 686-6543
 Stop It Now! Hotline.....(888) 773-8368
 Substance Abuse Hotline.....(800) 662-4357
 Suicide Prevention.....(800) 273-8255
 WIC Program (800) 942-1636
 Women’s Health Resource Line(800) 994-9662

TRANSPORTATION

American Cancer Society Road to Recovery
 (Transportation for medical appointments)
 (800) 227-2345
 Area on Aging.....(800) 858-1637
 Arenac Dial-a-Ride – Standish (Mon-Fri) (989)
 846-7500
 Arenac County Dept of Health & Human Services
 (transportation for medical appointments)
 (989) 846-5500
 Auto Safety Hotline.....(888) 327-4236
 Child Safety Seat Inspection.....(866) SEAT-CHECK
 Karmanos Cancer Institute.....(800) 527-6266
 Holt Transportation - Saginaw (989) 860-1004
 MDOT – Bay City office (989) 671-1555
 Michigan Transportation Services ... (877) 777-7900
 Stargazer Transportation (989) 779-2227
 Veterans Toll Free Numbers..... iris.csthelph.va.gov

TRIBAL SERVICES

Michigan Department of Civil
Rights..... (517) 335-3165
Michigan Dept of Health & Human Services - Native
American Affairs Office (517) 335-7782
Michigan Indian Employment and Training Services
..... (800) 591-8820
Michigan Indian Legal Services (231) 947-0122
Michigan Indian Tuition Waiver..... (517) 241-7748
Saginaw Chippewa Indian Tribe..... (989) 775-4000
U.S. Office of Indian Education (202) 260-3774

VETERANS AFFAIRS

American Legion - Standish (989) 846-4091
Area on Aging.....(800) 858-1637
Disabled American Veterans..... (313) 964-6595
Michigan Veterans Affairs..... (800) 642-4838
Paralyzed Veterans of American.....(800) 638-6782
Veteran Affairs.....(844) 698-2311
Veterans Benefits..... (800) 827-1000
Veterans Crisis Line 24/7 (800) 273-8255
Veterans Toll Free Numbers..... iris.csthhelp.va.gov

VOLUNTEER OPPORTUNITIES

American Red Cross.....(800) 733-2767
Area on Aging.....(800) 858-1637
Arenac Conservation District.....(989) 846-4566
Arenac County Animal Shelter (989) 846-4421
Standish, MI
Food Bank Council of MI
Pantries.....[www.fbmich.org/resources.find
-a-food-bank](http://www.fbmich.org/resources.find-a-food-bank)
Northeast Michigan Community
Service Agency (866) 484-7077
MSU Extension - Standish (989) 846-4111

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.