

Barry County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

Barry County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL..... 911

- Children & Adult Protective Services (CPS)
..... (855) 444-3911
- Common Ground Crisis Line (800) 231-1127
- Equality Michigan..... (313) 537-7000
- Faith Trust Institute..... (206) 634-1903
- Green Gables Haven (800) 304-5445
- Hastings, MI
- HAVEN Crisis Line (877) 922-1274
- Love Is Respect Hotline (866) 331-9474
- Michigan Coalition to End Domestic &
Sexual Violence (MCEDSV)..... (517) 347-7000
- National Domestic Violence Hotline
..... (800) 799-7233
- National Sexual Violence Resource Center
..... (877) 739-3895
- National Human Trafficking Hotline
..... (888) 373-7888
- National Sexual Assault Hotline (RAINN)
..... (800) 656-4673
- Sexual Assault Services of Calhoun (& Barry) County
..... (888) 383-2192
- Battle Creek, MI
- Stop It Now! Hotline (888) 773-8368
- Victim Connect (stalking hotline)..... (855) 484-2846

ADULT AGING SERVICES

Alzheimer’s & Dementia Support

- Alzheimer’s Association (Assists all cognitive care)
.....(800) 272-3900

Senior Citizen Resources

- Barry County Commission on Aging
..... (269) 948-4856
- Hastings, MI Area Agency on Aging (Region 7)
.....(800) 858-1637
- MI Department of Health & Human Services
..... (269) 948-3200
- Barry/Eaton County Health Department
.....(269) 945-9516
- Elder Law of Michigan..... (866) 400-9164
- HAP Senior Plus..... (800) 868-3153
- National Association of Senior Legal Hotlines
..... **nash.org**
- Meals on Wheels/Senior Nutrition Program
..... (269) 948-4856
- Medicare..... (800) 633-4227
- Medicare/Medicaid Assistance Program (MMAP)
..... (269) 948-4856
- Social Security Administration (800) 772-1213

Adult Day Care Services

- Marian E. Burch Adult Day Care Center
Battle Creek..... (269) 962-1750

Adult Foster Care

- Cedar Creek of Hastings
Hastings..... (269) 948-2352
- Stone Ridge Assisted Living & Adult Foster Care
Bellevue..... (269) 758-3388
- AC Flower House
Nashville..... (517) 852-9318
- The Oak’s (Mentally Ill & Develop. Disabled)
Plainwell (269) 685-8724

Assisted Living

- Cedar Creek of Hastings
Hastings.....(269) 948-2352
- Stone Ridge Assisted Living & Adult Foster Care
Bellevue..... (269) 758-3388
- Woodlawn Meadows Ass. Liv (Memory & Respite)
Hastings.....(269) 948-4921
- Cornerstone Assisted Living
Hastings.....(269) 945-2801

Senior Housing

- Hastings North Elderly Apartments
Hastings..... (269) 948-2441
- Lincoln Meadow Senior Citizen Apartments
Middleville..... (269) 795-7715

Senior Housing, Continued...

Carveth Village (Home for the Aged)
Middleville.....(269)795-4972
Country View Apartments (Seniors – 62+)
Delton..... (269) 623-4000

ANIMAL SUPPORT

Animal Control (Barry County Sheriff's Dept)
Hastings..... (269) 818-0370
Animal Shelter
Hastings..... (269) 948-4885
Barry County Humane Society
Hastings..... (269) 945-0602
Rascal Removal Services
Hickory Corners..... (269) 760-4454

CHILDCARE CENTERS & PRESCHOOLS

Aunt Wendy's Day Care
Middleville..... (269) 795-6073
Education Station – Childcare Center
Middleville(269) 795-9055
Barry Great Start Collaborative (Barry School Dist.)
Hastings..... (269) 945-9545
Community Action Agency of South Central Mich.
Hastings..... (269) 945-1920
Deb's Day Care
Hastings (269) 945-9302
Hastings Child Care Center
Hastings..... (269) 818-0040
Delton Kellogg Preschool & Great Start Readiness
Delton..... (269) 623-1530
Delton Early Head Start
Delton.....(269) 623-4461
Stephy's Angels Childcare
Vermontville/Charlotte.....www.stephysangels.me
Lakewood Early Childhood Center
Woodland.....(269) 367-4935
Gull Lake Early Learning Center
Hickory Corners.....(269) 548-3815

COUNTY & CITY RESOURCES

Barry Community Foundation
Hastings..... (269) 945-0526
Barry County Chamber of Commerce
Hastings..... (269) 945-2454
Barry County Transit
Hastings..... (269) 948-8098
Barry County Road Commission
Hastings..... (269) 945-3449

DISABILITY RESOURCES

Disability Network Southwest Michigan
Kalamazoo..... (269) 345-1516
Bureau of Services for Blind Persons
Lansing.....(800) 292-4200
Deaf & Hard of Hearing Services
Kentwood.....(616) 732-7358

EDUCATION & TRAINING

Adult Programs

Michigan Association of Community & Adult Ed.
Lansing.....(517) 492-1367
Michigan Works!
Hastings.....(616) 649-9850
Mich. Labor & Econ. Workforce Development
Lansing.....(517) 335-5858

Community Education

Hastings Community Ed. & Recreation Center
Hastings..... (269) 948-4414
Thornapple Arts Council of Barry County
Hastings..... (269) 945-2002
Thornapple Kellogg Community Library
Middleville..... (269) 795-5434
Hastings Public Library
Hastings.....(269) 945-4263
Dowling Public Library
Hastings..... (269) 721-3743
Delton District Library
Delton..... (269)623-8040

Elementary Schools

Barry Intermediate School District
Hastings..... (269) 945-9545
Central Elementary School
Hastings..... (269) 948-4423
Delton Kellogg Elementary School
Delton..... (269) 623-1530
Kellogg Elementary
Hickory Corners.....(269) 548-3800
Fuller Street Elementary School
Nashville..... (517) 852-9468
Lee Elementary School
Middleville..... (269) 795-9747
McFall Elementary School
Middleville..... (269) 795-3637

Elementary Schools, Continued...

Northeastern Elementary School
Hastings..... (269) 948-4421
Southeastern Elementary School
Hastings..... (269) 948-4419
Page Elementary School
Middleville..... (269) 795-7944
Star Elementary School
Hastings..... (269) 948-4442

Middle Schools

Barry Intermediate School District
Hastings..... (269) 945-9545
Hastings Middle School
Hastings..... (269) 948-4404
Lakewood Middle School
Woodland..... (616) 374-2400
Thornapple Kellogg Middle School
Middleville..... (269) 795-3349

High Schools

Barry Intermediate School District
Hastings..... (269) 945-9545
Hastings High School
Hastings..... (269) 948-4409
Lakewood High School
Lake Odessa..... (616) 374-8868
Thornapple Kellogg High School
Middleville..... (269) 795-3394

Alternative Education

DK (Delton Kellogg) Academy
Delton..... (269) 623-1207
Renaissance High School/Alternative Ed
Plainwell..... (269) 685-1573
Crossroads Alternative High
Grand Rapids..... (616) 261-6166
Thornapple Kellogg High School
Middleville..... (269) 795-3394

Colleges/Career Centers

Kellogg Community College
Hastings..... (269) 948-9500
Michigan Career & Technical Institute
Plainwell..... (269) 664-4461
Davenport University
Grand Rapids..... (800) 686-1600

Youth Programs

YMCA of Barry County
Hastings..... (269) 945-4574
Youth Advisory Council (YAC - Barry Comm. Found.)
Hastings..... (269) 945-0526
Y Mentors (Formerly, Big Brothers Big Sisters)
Hastings..... (269) 945-4574

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police.....911
American Red Cross of Southwest Michigan
Kalamazoo..... (269) 353-6180
American Red Cross of West Michigan
Grand Rapids..... (616) 456-8661
Center for Disease Control and Prevention
..... (800) 232-4636
Poison Control..... (800) 222-1222
Suicide Prevention (800) 273-8255

Fire Departments

Freeport Area Volunteer Fire Department
Freeport..... (616) 765-5450
Hastings Fire Department
Hastings..... (269) 945-5384
Thornapple Township Emergency Services
Middleville..... (269) 795-3350
Yankee Springs Township Fire Department
Wayland..... (269) 795-1650
Johnstown Township Fire Department
Battle Creek..... (269) 721-3530
Orangeville Fire Department
Shelbyville..... (269) 664-4221
Castleton Maple Grove Nashville Fire Department
Nashville..... (517) 852-1519
Woodland Township Fire Department
Woodland..... (269) 367-4915

Law Enforcement

Barry County Sheriff's Central Dispatch
Hastings..... (269) 948-4800
Barry Township Police Department
Delton..... (269) 623-5512
Freeport Police Department
Freeport..... (616) 765-3360
Hastings Police Department
Hastings..... (269) 945-5744

Law Enforcement, Continued...

Michigan State Police
Wayland..... (269) 792-2213
Middleville Unit – Barry County Sheriff’s Office
Middleville..... (269) 795-9862
Nashville Police Department
Nashville..... (517) 852-9866
Prairieville Township Police
Prairieville Township..... (269) 623-2691

EMPLOYMENT ASSISTANCE

Unemployment Insurance Agency... (866) 500-0017
Department of Human Services – Barry County
Hastings..... (269) 948-3200
West Michigan Works!
Hastings..... (616) 649-9850
Barry County United Way
Hastings..... (269) 945-4010
The Right Place
Grand Rapids..... (616) 771-0325

FINANCIAL ASSISTANCE

MSHDA: Step Forward (866) 946-7432
Department of Human Services – Barry County
Hastings..... (269) 948-3200
Barry County United Way
Hastings..... (269) 945-4010
Barry County Community Action Agency
Hastings..... (269) 945-1920
Barry County Cares
Hastings..... (269) 948-9555

Tax Assistance

Barry County Treasurer
Hastings..... (269) 945-1287
Thornapple Financial Center & Money Concepts
Middleville..... (269) 795-3387
Johnson & Company, P.C.
Hastings..... (269) 945-9163
Barry Associates Inc.
Richland..... (269) 629-4436
VITA Tax Assistance..... Call 211 to schedule
My Free Taxes..... (866) 698-9435

FITNESS, RECREATION & REHABILITATION

YMCA of Barry County
Hastings..... (269) 945-4574
Hastings Community Ed. & Recreation Center
Hastings..... (269) 948-4414
TTS Fitness
Middleville..... (616) 889-6735
Gun Lake Fitness
Middleville..... (269) 205-2221
The Other Body Shop
Hastings..... (269) 908-2385
Hastings Self Defense Academy
Hastings..... (269) 888-6500
Mullenhurst Golf Course
Delton..... (269) 623-8383
Expressions Dance Centre
Hastings..... (269) 908-7088
Gymnastics in Motion
Middleville..... (269) 795-7620
Pierce Cedar Creek Institute
Hastings..... (269) 721-4190
Prairieville Township Lakes & Parks
Delton..... (269) 623-3625
Welcome Woods Campground
Hastings..... (269) 908-2097
Battle Creek Outdoor Education Center
Dowling..... (269) 721-8161
Spectrum Pennock Health & Wellness Center
Hastings..... (269) 948-3139
First Rehab & Sport Physical Therapy
Middleville..... (269) 795-4230
Hastings Rehabilitation & Healthcare Center
Hastings..... (269) 945-9564
Advent Physical Therapy
Hastings..... (269) 948-2133
Compass Physical Therapy Specialists
Richland..... (269) 203-7385

FOOD, CLOTHING & HOUSEHOLD ASSISTANCE

Department of Human Services – Barry County
Hastings..... (269) 948-3200
Food Pantries..... www.foodpantries.org
Goodwill

FOOD, CLOTHING & HOUSEHOLD

ASSISTANCE, Continued...

Hastings..... (269) 945-6252
Alpha Woman's Center (My Alpha Place)
Hastings..... (269) 948-9013
Barry County Cares
Hastings..... (269) 948-9555
Barry County United Way
Hastings..... (269) 945-4010
Barry-Eaton District Health Department & WIC
Hastings..... (269) 945-9516
Hastings Food Pantry (Green St. U.Method. Church)
Hastings..... (269) 948-9555

FOOD, CLOTHING & HOUSEHOLD

ASSISTANCE, Continued...

Thornapple Valley Church Pantry & Commodities
Hastings..... (877) 422-2726
Delton Food Pntry (Faith United Methodist Church)
Delton..... (269) 948-9555
St. Ambrose - Commodities (Catholic Church)
Delton..... (877) 422-2726
Country Chapel Food Pantry
Dowling..... (269) 948-9555
Middleville Community Food Pantry (U.Methodist)
Middleville..... (269) 948-9555
Community Action Agency of South Central Mich.
(Food, Clothes, Household, Utility, Weatherization)
Hastings..... (269) 945-1920
Manna's Market (food, clothing & household)
Lake Odessa..... (269) 331-1943
Maple Valley Community Center of Hope
Nashville..... (517) 852-0664
The Shack (Clothing)
Delton..... (269) 623-2273

HEALTHCARE SERVICES

Clinics & Hospitals

Barry Eaton District Health Department
Hastings.....(269) 945-9516
Michigan HIV/STD Hotline (800) 872-2437
Children's Special Health Care Services (CSHCS)
Hastings..... (269) 798-4115
McLaren Greater Lansing Hospital
Lansing.....(517) 975-6000
Spectrum Health Pennock Hospital & Labs

Clinics & Hospitals Continued...

Hastings..... (269) 945-3451
Spectrum Health Pennock Urgent Care & Lab
Hastings..... (269) 948-3360
Ascension Borgess Hospital: Family Medicine
Delton..... (269) 623-5521
Cherry Health - Barry Comm. Health Center
Hastings..... (269) 945-4220
Family Tree Medical Associates
Hastings..... (269) 945-7497
Hastings Internal & Family Medicine
Hastings..... (269) 948-0078
Spectrum Health Pennock: Family Medicine
Middleville..... (269) 795-4434
Spectrum Health Pennock Orthopedic & Pain Centr
Hastings..... (269) 945-9520
Spectrum Health Pennock Outpatient Rehabilitation
Hastings..... (269) 948-3111
Spectrum Health Cardiovascular Medicine
Hastings..... (616) 885-5000
Spectrum Health Pennock Obstetrics & Gynecology
Hastings..... (269) 945-8080
SpctrumHealth at Home(Visit Nurse Assoc/Hospice)
Grand Rapids..... (844) 702-4663
Eaton Comm. Palliative Care (Hospice/Long-term)
Charlotte..... (517) 543-5310
Bronson Cancer Center
Battle Creek..... (269) 245-8660
Bronson Critical Care & Pulmonary Med. Specialists
Battle Creek..... (269) 245-5100
Forefront Dermatology
Hastings..... (269) 945-3750
Fresenius Medical Care (Dialysis)
Hastings..... (269) 945-9003
Ascension Borgess Hosp. Lab Services (Labs/X-rays)
Delton..... (269) 623-2334

Dental

Dental Lifeline Network (Volunteer Dentists)
Barry County..... (517) 347-0054
Barry Community Health Center - Dental
Hastings.....(269) 945-4220
Barnes Dental Care
Hastings.....(269) 948-8500
Delton Family Dental Care
Delton..... (269) 623-4059
Gole Dental Group
Hastings..... (269) 948-2244

Dental, Continued...

Hastings Family Dental Care
Hastings..... (269) 948-6684
James Peurach, DDS
Hastings..... (269) 945-3358
Middleville Family Dentistry
Middleville..... (269) 795-4400
Nashville Family Dentistry
Nashville..... (517) 852-9150
Matteson Family Dental
Middleville..... (269) 795-7916

Health Department

Barry Eaton District Health Department
Hastings.....(269) 945-9516

Hearing Aids

Battle Creek Hearing Services
Hastings.....(269) 953-1120

Medical Equipment & Loan Closets

ALS of Michigan (Equipment loan program for Lou Gehrig's patients.)..... (800) 882-5764
United Cerebral Palsy of Michigan (Assistive Tech & Employment Loan Funds)..... (800) 828-2714
Muscular Dystrophy Association (Medical equipment loan resources)..... (833) 275-6321
Michigan Paralyzed Veterans of America (Wheelchairs, Adaptive sports equipment, Walkers, Shower commodes, Lifts)..... (800) 638-6782
National Federation of the Blind of Michigan (cane) Michigan..... (410) 659-9314
Carelinc Medical Equipment & Supply
Hastings..... (269) 945-1686
Pharmacy Care
Middleville..... (269) 795-7936
Delton Family Pharmacy
Delton..... (269) 623-5250
Hastings Pharmacy
Hastings..... (269) 945-3777

Mental Health & Counseling Services

Barry Cty. Comm. Mental Health & Substance Abuse
Hastings.....(269) 948-8041
The Michigan Problem Gambling Helpline
24 hours/7 days..... (800) 270-7117
Lighthouse on the Lake Center
Hastings..... (269) 945-3136
Meadow Run Holistic Counseling

Mental Health & Counseling Services, Continued...

Hastings..... (269) 945-8806
Pine Rest Foundation (Patient Assistance Fund also)
Hastings..... (800) 678-5500
Pediatric Psych. Services (Kim Wisdorf-Houtkooper, PhD, LP) Hastings..... (269) 501-0125
Delton Women's Center (Mentoring ONLY)
Delton..... (269) 623-4061
Balance Counseling
Middleville..... (616) 676-7606
Hoxworth Counseling Services
Middleville..... (269) 205-2402
National Suicide Prevention Lifeline (800) 273-8255

Pharmacies & Prescription Assistance

Michigan's Prescription Drug Discount Card - miRx (For those with no Rx coverage)..... (866) 755-6479
Med Assist Tool...www.medicinesassistancetool.org
RxAssist (Patient Rx assistance programs)
.....www.rxassist.org
Carelinc Medical Equipment & Supply
Hastings..... (269) 945-1686
Pharmacy Care
Middleville..... (269) 795-7936
Hastings Pharmacy
Hastings..... (269) 945-3777
Walgreens Pharmacy
Hastings..... (269) 908-4067
Walmart Pharmacy (\$4/\$10 Rx program)
Hastings..... (269) 948-0481
Maple Valley Pharmacy
Nashville..... (517) 852-0845
Delton Family Pharmacy
Delton..... (269) 623-5250

Substance Abuse

Barry Cty. Comm. Mental Health & Substance Abuse
Hastings.....(269) 948-8041
Substance Abuse & Mental Health Services Admin (SAMHSA)..... (800) 662-4357
CDC Hotline..... (800) 232-4636
Narcotics Anonymous (NA)..... (800) 230-4085
Alcoholics Anonymous
Battle Creek..... (269) 964-7577
Skywood Recovery (For those with substance abuse & mental health issues) Augusta..... (844) 675-0890
A Forever Recovery (U.S. Addiction Services)
Battle Creek..... (269) 704-7240

Vision Resources

Bureau of Services for Blind Persons
Kalamazoo..... (800) 292-4200
Advanced Eyecare Professionals
Hastings..... (269) 945-3866
Dr. Bloom's Office (Northland Optical)
Hastings..... (269) 945-2192
Rx Optical
Hastings..... (269) 945-9724
Creekside Vision & Hearing
Hastings..... (269) 945-3888
Richland Eye Care
Richland..... (269) 629-2020

HOUSING ASSISTANCE

Heating/Utility Assistance & Home

Repairs/Weatherization

MI Department of Health & Human Services
..... (269) 948-3200
The Heat & Warmth Fund (THAW).. (800) 866-8429
USDA Rural Development..... (517) 324-5190
Community Action Agency of South Central Mich.
Hastings..... (269) 945-1920
Barry County United Way
Hastings..... (269) 945-4010
Barry County Cares
Hastings..... (269) 948-9555
Habitat for Humanity Barry County
Hastings..... (269) 948-9939

Low Income Housing

HUD Rental Assistance..... (800) 569-4287
Hud – Michigan
Detroit..... (313) 226-7900
Habitat for Humanity
Hastings..... (269) 948-9939
Middleville Housing Commission - Lincoln Meadow
Senior Apartments..... (269) 795-7715
Hunter Apartments
Middleville..... (269) 795-9660
Woodland Park Apartments
Woodland..... (269) 367-4811
Nashville Park Apartments
Nashville..... (517) 852-9113
Maple Valley Arms
Nashville..... (517) 852-0852

Low Income Housing, Continued...

Hastings and Hastings North Apartments
Hastings..... (269) 948-2441
Hastings Meadows Senior & Disabled Apartments
Hastings..... (269) 948-2441

LEGAL ASSISTANCE

Legal Aid of Western Michigan
Kalamazoo/Grand Rapids..... (800) 819-0773
Legal Assistance Center (LAC)
Grand Rapids..... (616) 632-6000
Elder Law of Michigan
Lansing..... (866) 400-9164
Sixty Plus Inc., Elderlaw Clinic
Lansing/Grand Rapids..... (517) 334-5760

PARENTING/PREGNANCY RESOURCES

MI Department of Health & Human Services
..... (269) 948-3200
Family Support Center of Barry County
Hastings..... (269) 945-5439
Barry County United Way (Car Seat Check)
Hastings..... (269) 945-4010
National Parent Help Line..... (855) 427-2736
Bridges4Kids..... **bridges4kids.org**
WIC Breastfeeding Warmline..... (833) 649-4223
LA LECHE League (Breastfeeding Assistance)
..... (800) 525-3243
Office On Women's Health..... (800) 994-9662
Autism Society of Michigan..... (800) 328-8476
Children's Special Health Care Services (CSHCS)
Hastings..... (269) 798-4115
Friend of the Court
Hastings..... (269) 945-1283

TRANSPORTATION

Barry County Transit
Hastings..... (269) 948-8098
Barry County Road Commission
Hastings..... (269) 945-3449
Hope Network Transportation Services
Grand Rapids..... (616) 243-0876
Corkys Cruisers
Hastings..... (269) 838-5154

TRANSPORTATION, Continued...

Godspeed Transportation
Kalamazoo..... (269) 547-5477
Metro Cab Grand Rapids
Kentwood..... (616) 827-6500
My Taxi Service
Kentwood..... (616) 456-8222

TRIBAL SERVICES

Gun Lake Tribe (Match-E-Be-Nash-She-Wish Band
of Pottawatomi Indians of Michigan)
Shelbyville..... (269) 397-1780
Nottawaseppi Huron Band of the Potawatomi
(NHBP) Tribe – Fulton..... (269) 729-5151
Mich. Department of Civil Rights
Grand Rapids..... (616) 356-0380
Michigan Indian Legal Services (Intake to assign
lawyer in local area) Traverse City.. (231) 947-0122

VETERANS AFFAIRS

Barry County United Way Veterans Affairs
Hastings..... (269) 945-1296
American Veterans Aid (877) 427-8065
Disabled American Veterans
Detroit..... (313) 964-6595
Michigan Veterans Affairs..... (800) 642-4838
Military Information..... **www.military.com**
Veterans Affairs Telephone Asst Ser (800) 827-1000
Veterans Affairs..... (844) 698-2311
The American Legion
Hickory Corners..... (269) 671-5230

VOLUNTEER OPPORTUNITIES

American Red Cross (800) 733-2767
Barry County Humane Society
Hastings..... (269) 945-0602
Barry County United Way
Hastings..... (269) 945-4010
Y Mentors (Formerly, Big Brothers Big Sisters)
Hastings..... (269) 945-4574
Habitat for Humanity Barry County
Hastings..... (269) 948-9998
Manna's Market
Lake Odessa..... (269) 838-5887
YMCA of Barry County
Hastings..... (269) 945-4574

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p>(Virtual Visits) Primary Care via Telehealth</p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the McLaren Now App mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.