

# Ogemaw County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

Ogemaw  
County  
Community  
Resource  
Guide

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[ A guide to services in your community]

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**ABUSE & PROTECTIVE SERVICES**

- Children & Adult Protective Services (CPS) ..... (855) 444-3911
- Common Ground Crisis Line..... (800) 231-1127
- Department of Human Services..... (989) 345-5135  
*West Branch, MI*
- Equality Michigan ..... (313) 537-7000
- Faith Trust Institute ..... (206) 634-1903
- HAVEN Crisis Line ..... (877) 922-1274
- Love Is Respect Hotline ..... (866) 331-9474
- Michigan Coalition to End Domestic & Sexual Violence  
(MCEDSV).....(517) 347-7000
- National Domestic and Sexual Violence Helpline  
..... (800) 799-7233
- National Human Trafficking Helpline .... (888) 373-7888
- Northern Michigan Child Assessment Center  
*Roscommon, MI* ..... (989) 275-7145
- RAINN (Rape & Incest National Network)  
..... (800) 656-4673  
..... (800) 656-4673
- River House Crisis Shelter ..... (888) 554-3169
- Stop It Now! Hotline ..... (888) 773-8368
- Victim Connect Stalking Hotline ..... (855) 484-2846

**ADULT AGING SERVICES**

- Area on Aging Helpline ..... (800) 858-1637
- Area Agency on Aging – Region 9 ..... (989) 358-4600
- Department of Human Services ..... (989) 345-5135  
*Ogemaw County, MI*
- Disability Network of Midland ..... (989) 835-4041
- Elder Law of Michigan..... (866) 400-9164
- Meals on Wheels..... (989) 358-4600
- Medicare ..... (800) 633-4227
- Medicare/Medicaid Assistance Program

- (MMAP).....(800) 803-7174
- Medicare Helpline ..... (800) 633-4227
- Medicare/Medicaid Assistance Program  
(MMAP) ..... (800) 803-7174
- Ogemaw Commission on Aging .....(989) 345-3010  
*West Branch, MI*
- Social Security Administration.....(800) 772-1213

**Adult Day Services**

- Dobson Health Care SVC..... (989) 345-7501  
*West Branch, MI*
- Hospice Advantage ..... (989) 343-2470  
*West Branch, MI*
- Leelin Home Health Care INC ..... (989) 345-3138  
*West Branch, MI*
- Ogemaw County Commission on Aging (989) 345-3010  
*West Branch, MI*
- In Home Services..... (989) 345-5300
- The Cottage (Adult Day Services & Respite Care)  
..... (989) 345-3010 ext. 203
- The Horizon Senior Living ..... (989) 246-1000  
*Senior Living Community offering respite care, adult day care, veterans assistance.*

**Adult Foster Care**

- AuSable Valley Community Mental Health (CMH)  
*West Branch, MI* ..... (989) 345-5571
- Edwards Adult Foster Care ..... (989) 345-5080  
*West Branch, MI*

**Alzheimer’s & Dementia Support**

- Alzheimer’s Association Helpline.....(800) 272-3900

**Assisted Living**

- Horizon Senior Living .....(989) 389-4900  
*West Branch, MI*
- Peaceful Acres Assisted Living .....(989) 345-4663  
*West Branch, MI*
- The Brook Retirement Community (Independent and assisted living)  
West Branch.....(989) 343-1400  
Gladwin .....(989) 426-8700  
*Senior Living Community offering respite care, adult day care, veteran’s assistance*
- Villa at West Branch.....(989) 345-3600  
*West Branch, MI*

## Senior Housing

Houghton Creek- Senior Housing.....(989) 345-7112  
*Rose City, MI*  
Sleepy Oaks Apartments ..... (989) 345-7112  
*Senior/disabled community*  
*West Branch, MI*  
Victorian Trails Senior Housing ..... (989) 345-0282  
*West Branch, MI*

## ANIMAL SUPPORT

Animal Control of Ogemaw County ..... (989) 345-5903  
Ark Association to Rescue Kritters ..... (989) 389-3305  
*Wildlife rescue and rehabilitation*  
*St. Helen, MI*

## Animal Shelters

Animal Control Shelter BSS ..... (989) 826 5544  
*Mio, MI*  
Claws and Paws Rescue ..... (989) 345-2479  
*West Branch, MI*  
Ogemaw County Humane Society..... (989) 343-7387  
*West Branch, MI*

## DISABILITY RESOURCES

Children's Special Health Care Services..(989) 345-5020  
Department of Human Services.....(989) 345-5135  
*West Branch, MI*  
Disability Network/Mid-Michigan.....(800) 782-4160  
Do All Inc ..... (989) 894-2851  
Epilepsy Foundation of Michigan ..... (800) 332-1000  
Michigan Commission for the Blind.....(800) 292-4200  
Michigan Commission for the Deaf.....(313) 437-7035  
Michigan Rehabilitation Services-Northern Michigan  
District .....(877) 901-7398  
Paralyzed Veterans of America ..... (800) 638-6782  
United Cerebral Palsy of Mi ..... (800) 828-2714  
*Employment services to individuals with disabilities.*

## EDUCATION & TRAINING

### Adult Programs

Iosco RESA Adult Education Program ... (989) 343-9070  
*Michigan Works! Service Center*  
*West Branch, MI*  
Michigan Department of Career Development Adult  
Education..... (517) 373-8800

## Childcare Centers & Preschools

Animal Cracker's Day Care.....(989) 846-6068  
*Standish, MI*  
Jolene's Daycare, LLC.....(989) 654-9490  
*Sterling, MI*  
Li'l Sprouts Child Development Center..(989) 846-4120  
*Omer, MI*  
Miss Sue's Kid Zone Children's Center...(989) 343-0650  
*West Branch, MI*  
NEMCSA West Branch Head Start .....(989) 345-7503  
*West Branch, MI*  
Ogemaw County Early Head Start .....(989) 345-1631  
*West Branch, MI*  
Peter Pan Preschool Center, Inc .....(989) 345-0446  
*West Branch, MI*  
Pooh's Place Group Day Care .....(989) 873-5738  
*Prescott, MI*  
Rose City Fours E C E .....(989) 343-2280  
*Rose City, MI*  
Rose City GSRP Preschool .....(989) 343-2250  
*West Branch-Rose City Schools*  
Tina's Day Care .....(989) 345-4872  
*West Branch, MI*  
West Branch GSRP Preschool .....(989) 343-2190  
*West Branch-Rose City Schools*

## Community Education

Department of Natural Resources  
*Hunter, Trapper, Boater, Snowmobile, & ORV*  
*Safety Classes*  
Gaylord Service Center.....(989) 732-3541  
Roscommon Service Center .....(989) 275-5151  
Mrs. D's Driving School ..... (989) 345-3099  
*West Branch*  
MSU Extension Ogemaw County ..... (989) 345-0692  
*Agriculture, Business & Community, Family, Food*  
*& Health, Lawn & Garden, Natural Resources, 4-H*  
*& Youth*

## Libraries

Ogemaw District Library .....(989) 685-3300  
*Rose City, MI*  
Ogemaw East Branch Library.....(989) 873-5807  
*Prescott, MI*  
Richfield Township Public Library.....(989) 389-7630  
*St. Helen, MI*  
Skidway Lake Branch Library .....(989) 873-5086  
*Prescott, MI*  
West Branch Public Library .....(989) 345-2235  
*West Branch, MI*

## Schools

Alternative Educational Academy of Ogemaw  
..... (989) 343-9070

Bible Baptist Church School..... (989) 473-3151  
*Lupton, MI*

Ogemaw Heights High School ..... (989) 343-2020  
*West Branch, MI*

Rose City School ..... (989) 343-2250  
*Rose City, MI*

Surline Elementary School ..... (989) 343-2190  
*West Branch, MI*

Surline Middle School ..... (989) 343-2140  
*West Branch, MI*

St Joseph Elementary School ..... (989) 345-0220  
*West Branch, MI*

NEMCSA West Branch Head Start ..... (989) 345-7503  
*West branch, MI*

## Colleges & Career Centers

Kirtland Community College ..... (989) 275-5000  
*West Branch, MI*

## EMERGENCY & DISASTER SERVICES

**Ambulance, Fire and Police .....911**

American Red Cross ..... (800) 733-2767  
Northwest Michigan ..... (231) 947-7286

Center for Disease Control & Prevention (CDC)  
..... (800) 232-4636

Clear Lake Area First Responders..... (989) 345-5070  
*West Branch, MI*

Ogemaw County Emergency Management  
..... (989) 345-9911

Poison Control..... (800) 222-1222

South Branch Area First Responders .... (989) 257-3455  
*South Branch, MI*

Suicide Prevention ..... (800) 273-8255

## Fire Departments

Station 1 – Lupton Fire Department  
*3185 Lupton Rd, Lupton, MI*..... (989) 473-2986

Station 2 – Richland/Logan Fire Department  
*4950 Mill Rd, Prescott, MI* ..... (989) 873-4135

Station 3 – Rose City Area Fire Department  
*310 N. Williams, St. Rose City, MI* ..... (989) 685-2339

Station 4 – Mills Twp. Fire Department  
*5132 Rifle River Trail, Prescott MI* ..... (989) 873-1515

Station 5 – South Branch Fire Department

*6473 County Line Rd. South Branch, MI* (989) 257-3455  
Station 6 – Ogemaw Fire Department  
*119 N. Third St., West Branch, MI*..... (989) 345-3444  
Station 7 – Clear Lake Area Fire Department  
*2162 Clear Lake Rd, West Branch, MI*... (989) 345-5070

## Law Enforcement

Michigan State Police Post #36..... (989) 345-0955  
*West Branch, MI*

Ogemaw County Sheriff's Office..... (989) 345-3111  
*West Branch, MI*

West Branch Police Department ..... (989) 345-2627  
*West Branch, MI*

Rose City Police Department ..... (989) 685-3051  
*Rose City, MI*

## EMPLOYMENT ASSISTANCE

AuSable Valley Community Mental Health Supported  
Employment ..... (989) 362-8636

Michigan Veterans Affairs Agency of Ogemaw County  
..... (989) 345-5170

Michigan Labor and Economic Workforce Development  
Agency (Lansing)..... (517) 335-5858

Education and Career Success ..... (517) 373-7428

GED Information ..... (517) 373-1692

Veterans Services ..... (517) 241-8315

Michigan Works Service Center – West Branch  
..... (989) 345-1090

Senior Community Service Employment Program  
..... (989) 358-4616

Ticket to Work Program..... (866) 968-7842

Social Security Disability Beneficiaries  
Unemployment Office Hotline..... (866) 500-0017

## FINANCIAL ASSISTANCE

DHS- Ogemaw County .....(989) 345-5135

NEMCSA Individual Development Account  
.....(989) 358-4653

NEMCSA Family Self-Sufficiency .....(989) 358-4653

## Tax Assistance

H&R Block ..... (989) 345-2350  
*West Branch, MI*

Liberty Tax Service ..... (989) 312-3800  
*West Branch, MI*

Stephenson & Company, PC ..... (989) 345-0850  
*West Branch, MI*

Weinlander Fitzhugh, PC..... (989) 345-3404  
West Branch, MI

## **FITNESS, RECREATION & REHABILITATION**

Hi-Skore Lanes Bowling..... (989) 345-5580  
West Branch, MI  
Ogemaw Lanes Bowling ..... (989) 345-2200  
West Branch, MI  
Ogemaw Sport and Trail Center: Motocross and ATV  
Campground..... (989) 685-2999  
Rose City, MI  
Pinnacle Rehabilitation/Personal Training  
West Branch..... (989) 343-3000  
Rose City..... (989) 685-2500  
The Dream Golf Course..... (989) 345-6300  
West Branch, MI  
The Nightmare Golf Club ..... (989) 345-1500  
West Branch, MI  
Troll Landing Campground & Canoe Livery  
West Branch..... (989) 345-7260  
West Branch Massage Therapy Center (989) 343-9520  
West Branch Recreation Center..... (989) 345-4450  
West Branch Regional Medical.....(989) 343-3154  
Center Rehab Services  
Wright Rehabilitation ..... (989) 345-7151  
West Branch, MI

## **FOOD, CLOTHING & HOUSEHOLD ASSISTANCE**

Department of Human Services..... (989) 345-5135  
West Branch, MI  
NEMSCA Programs..... (989) 358-4700  
Supplemental Food Program (Age 60+ and meet  
income guidelines)  
Emergency Food Assistance (Must meet income  
guidelines)  
Heat & Utility Assistance  
Weatherization Assistance

### **Clothing**

Strawberry Patch Consignment Store ... (989) 826-6149  
Mio, MI  
St. Vincent de Paul Society Thrift Store  
Prescott, MI..... (989) 873-5797  
West Branch, MI..... (989) 345-0779  
We Care Shop Thrift Store ..... (989) 808-1302  
St. Helen, MI

### **Food Pantries**

Ogemaw Hills Side Door Food Pantry..... (989) 345-2260  
Free Methodist Church, West Branch  
Saint Francis Food Center ..... (989) 873-4462  
Prescott, MI  
Trinity Episcopal Church ..... (989) 345-4690  
West Branch, MI  
Salvation Army ..... (989) 345-4690  
First United Methodist Church West Branch  
Rose City Salvation Army ..... (989) 390-6539

## **HEALTHCARE SERVICES**

AIDS Program Hotline .....(800) 872-2437  
Center for Disease Control .....(800) 232-4636  
Children Special Healthcare Services (800) 359-3722  
Roscommon MI ..... (989) 366-9166

### **Clinics & Hospitals**

McLaren Bay Hospital..... (989) 894-3000  
McLaren Center for Rehabilitation.....(989) 667-6600  
Physical Therapy Bay Region  
McLaren Bay Urgent Care.....(989) 393-2850  
District Health Department #2..... (989) 345-5020  
Woodland Evergreen Clinic ..... (989) 345-7000  
West Branch, MI  
Hospice of Helping Hands ..... (989) 345-4700  
West Branch, MI  
McLaren Primary Care Inc ..... (989) 345-1184  
West Branch, MI  
Medical Arts Center of West Branch  
Outpatient Laboratory ..... (989) 343-3179  
Wound Care Center..... (989) 343-3790  
Mid-Michigan Health Park-West Branch  
Family Medicine ..... (989) 345-8120  
Urgent Care/X-ray ..... (989) 345-8130  
Laboratory ..... (989) 345-8138  
Sterling Area Health Center - Ogemaw Clinic  
Prescott, MI ..... (989) 873-6200  
Sterling MI..... (989) 654-2491  
West Branch, MI ..... (989) 343-9466  
Ogemaw Hills Free Clinic ..... (989) 345-7880  
West Branch, MI  
Options Resource Clinic ..... (989) 345-7398  
Free Pregnancy / STD Testing Hotline (989) 387-6580  
West Branch, MI  
Primary Care Inc ..... (989) 685-2333  
Rose City, MI  
West Branch Regional Medical Center ... (989) 345-3660  
West Branch, MI

### **Dental Resources**

Dental Clinics North ..... (989) 343-1496

Medicaid enrollees, low-income, and uninsured

West Branch, MI

Dental Lifeline Network .....(517) 347-6994

Permanent disability or over age 65 and meet income requirements

Berns, Jonathan S DDS .....(989) 345-0802

West Branch, MI

Lewandowski, Mark D J DDS .....(989) 345-1391

West Branch, MI

Rose City Dental .....(989) 685-8668

Rose City, MI

Shortt Dental.....(989) 345-0185

West Branch, MI

St. Helen Family Dentistry.....(989) 389-4931

St. Helen, MI

Sterling Area Health Ctr Dental .....(989) 873-5152

Alger, MI

West Branch Family Dentistry .....(989) 345-7750

West Branch, MI

Zettel & Zettel DDS PC .....(989) 345-2221

West Branch, MI

### Hearing Assistance

AccuQuest Hearing Center ..... (989) 632-1088

Gladwin, MI

Beltone Skoric Hearing ..... (989) 793-7620

West Branch, MI

Hear USA ..... (989) 345-7550

West Branch, MI

Miracle-Ear Hearing Aid Center ..... (989) 355-0820

West Branch, MI

### Hospice

Compassus – West Branch..... (989) 726-4301

Serving Ogemaw County

Heartland Hospice Care ..... (800) 275-4516

Serving Ogemaw County

Hospice of Helping Hands ..... (800) 992-6592

West Branch, MI

### Medical Equipment, Supplies & Loan

#### Closets

ABC Medical Supply .....(989) 345-1118

West Branch, MI

ALS Association East Michigan.....(800) 882-5764

Durable medical equipment (DME) for patients with ALS

Carelinc Medical Equipment .....(989) 345-7090

West Branch, MI

Good Health Home Medical Equipment. (989) 345-4867

West Branch, MI

Michigan CPAP Bank .....(734) 232-3964

Ogemaw County Community Resources Updated 2021

CPAP, BiPAP, ASV, AVAPS and supplies

Muscular Dystrophy Association ..... (800) 572-1717

Northern Michigan Veteran's Coalition.. (800) 648-4838

Lift Chairs for area veterans ..... Ext 4234

Ogemaw Commission on Aging ..... (989) 345-5300

Walker, commode, wheelchair, crutches, lifts

Ogemaw Hills Free Clinic ..... (989) 345-7880

Walkers, wheelchairs, canes, crutches, shower seats, toilet raisers and Amigos

Orthotech Prosthetics & Orthotics ..... (989) 343-0999

West Branch, MI

Paralyzed Veterans of America - Michigan Chapter

..... (800) 638-6782

Wheelchairs, power chairs, adaptive sports equipment, hoists, lifts, etc.

Shared Care ..... (989) 345-7813

West Branch, MI

United Cerebral Palsy Michigan..... (800) 828-2714

Assistive Technology Loan Fund

Wright Brace & Limb Inc..... (989) 343-0300

Orthotics & Prosthetics

West Branch, MI

### Mental Health & Counseling Services

AuSable Valley After Hours Crisis Line.... (844) 865-5569

AuSable Valley Crisis Line

West Branch, MI ..... (989) 345-5571

Tawas, MI ..... (989) 362-8636

Mio, MI ..... (989) 826-3208

Oscoda, MI ..... (989) 739-1469

AuSable Valley Community

Catholic Human Services ..... (800) 356-5755

West Branch, MI

Problem Gambling HelpLine ..... (800) 270-7117

24-hours, 7-days

Northern Counseling Associates, PLLC

Kriss Goodroe, MA ..... (989) 390-4786

Tamara Parsons, MA ..... (989) 329-1244

Shanda Berdan Counseling Service ..... (989) 255-9079

West Branch, MI

True North Counseling ..... (989) 345-5440

West Branch, MI

### Pharmacies & Prescription Assistance

Glen's Market ..... (989) 345-2271

West Branch, MI

Good Rx ..... (855) 268-2822

Online ..... www.goodrx.com

Hale Drug ..... (989) 728-9711

Hale, MI

Michigan's Prescription Drug Discount Card

(MiRx)..... (866) 755-6479



Needy Meds Helpline ..... (800) 503-6897  
*Information source to locate assistance programs*  
*Needy Med Discount Card* ..... (888) 602-2978  
 Ogemaw Pharmacy ..... (989) 343-5300  
*West Branch, MI*  
 Partnership for Prescription Assistance (888) 477-2669  
 Online..... www.pparx.org  
 Pioneer Family Pharmacy ..... (989) 345-5610  
*West Branch, MI*  
 Rite-Aid  
 St. Helen ..... (989) 389-4965  
 West Branch.....(989) 345-0080  
 Rose City Drugs .....(989) 685-2141  
*Rose City, MI*  
 RxAssist Pharmacy Assistance Program  
 ..... www.rxassist.org  
 Walgreens .....(989) 343-6921  
*West Branch, MI*  
 Walmart .....(989) 343-9761  
*West Branch, MI*

### Substance Abuse

AuSable Valley CMH Services..... (989) 345-5540  
 Additional Line ..... (989) 345-5571  
 National Council on Alcoholism/Drug Dependence  
 (NCADD) ..... (800) 622-2255  
 Narcotics Anonymous (NA) Hotline (877) 338-1188  
 Substance Abuse/Alcohol Hotline ..... (800) 662-4357  
 (SAMHSA)  
 Substance Use Treatment.....(800) 834-3393  
*24-hours, 7-days- referral to treatment*

### Vision Providers & Assistance

Bay Eye Care Center .....(989) 345-8113  
*West Branch, MI*  
 Eye Care America .....(877) 887-6327  
*Seniors Program & Glaucoma Program*  
 Michigan Commission for the Blind.....(800) 292-4200  
*Vocational Rehabilitation*  
 Sight for Students/VSP .....(888) 290-4964  
*Under age 19 and low income*  
 SVS Vision Optical Centers .....(989) 345-3680  
*West Branch, MI*  
 Vision USA .....(800) 766-4466  
*Assistance program for eye exam/glasses*  
 Walmart Vision Center .....(989) 343-9766  
*West Branch, MI*  
 West Branch Eyecare .....(989) 345-2020  
*West Branch, MI*

## HOUSING ASSISTANCE

Department of Human Services ..... (989) 345-5135  
*West Branch, MI*  
 Habitat for Humanity ..... (989) 426-3078  
*West Branch, MI*  
 Northeast Michigan Community Service Agency  
 Homeless Prevention Program..... (989) 358-4713  
 NEMCSA Foreclosure and Homebuyer Programs  
*Foreclosure Assistance, Financial Capability*  
*Program, Homebuyer education* (989) 356-3474  
 NEMCSA Rental Assistance..... (989) 356-3474  
 Ogemaw Commission on Aging..... (989) 345-3010  
*West Branch, MI*  
 Ogemaw Housing Department..... (989) 345-5390  
 River House Shelter..... (989) 348-3169  
*Victims of domestic and sexual abuse*

### Heating/Utility Assistance & Home Repairs/Weatherization

American Red Cross ..... (800) 733-2767  
 Area on Aging ..... (800) 858-1637  
 Consumers Energy ..... (800) 477-5050  
 Department of Human Services ..... (989) 345-5135  
 DTE Energy..... (800) 477-4747  
 Northeast Michigan Community Service  
 Agency..... (989) 356-3474  
 The Heat and Warmth Fund..... (800) 866-8429  
 True North Community Services..... (855) 300-8013  
 The Salvation Army..... (810) 232-2197  
 West Branch Salvation Army ..... (989)345-4690  
 Rose City Salvation Army ..... (989) 390-6539  
 USDA Rural Development..... (989) 345-5470

### Low Income Housing

Griffin Place Apartments ..... (989) 345-7112  
*West Branch, MI*  
 Houghton Creek Apartments ..... (989) 345-7112  
*Rose City*  
 HUD Rental Assistance Counselor ..... (800) 569-4287  
 Ogemaw Hills Apartments ..... (989) 345-7112  
*West Branch*  
 Ogemaw Housing Dept .....(989) 345-5390  
*West Branch, MI*  
 Sleepy Oaks Apartments ..... (989) 345-7112  
 Town & Country Apartments .....(989) 685-8056  
*Rose City, MI*  
 Southside I & II Apartments .....(989) 345-7112  
*West Branch, MI*  
 West River Apartments ..... (989) 345-7112  
 White Birch Apartments .....(989) 345-7112  
*West Branch, MI*

Wilkins Creek Apartments ..... (989) 685-2478  
*Rose City, MI*

## **LEGAL ASSISTANCE**

Catholic Human Services..... (800) 356-5755  
West Branch Office ..... (989) 732-6761  
Elder Law of Michigan ..... (866) 400-9164  
Nawrocki Center for Elder Law ..... (989) 418-3500  
West Branch  
Legal Services of Northern Michigan... (888) 645-9993  
Michigan Immigrant Rights Center ..... (269) 492-7196  
Michigan Indian Legal Services ..... (231) 947-0122  
Michigan Senior Legal Hotline ..... (866) 400-9164  
Michigan Veterans Affairs Agency ..... (800) 642-4838  
Ogemaw County Office of Veterans Affairs  
West Branch Office ..... (989) 345-5170  
Ogemaw County Legal Aid Services ..... (888) 554-3169

## **PARENTING/PREGNANCY RESOURCES**

Breastfeeding Helpline ..... (800) 994-9662  
Child & Family Services of Northeast Michigan  
*Alpena, MI* ..... (989) 356-4567  
Caring Pregnancy Center ..... (989) 345-3909  
Family Nutrition (MSU Extension)..... (989) 345-0692  
National Runaway Switchboard..... (800) 786-2929  
Northeast Michigan Community Service  
..... (989) 356-3474  
MI MDHHS WIC Program ..... (800) 942-1636  
Ogemaw County WIC Program ..... (989) 345-5020  
*West Branch, MI*  
*Options Resource Clinic* ..... (989) 345-7398  
*Free Pregnancy/STD Testing Hotline* (989) 387-6580  
Parents of Special Needs..... (800) 525-3243  
Ogemaw County ..... (989) 345-5135  
*For parents raising special needs children*

## **SUPPORT GROUPS**

Trinity Episcopal Church..... (989) 345-0493  
*Alcoholics Anonymous (AA)/Narcotics*  
*Anonymous/Twelve Step, Bible study, Men's group*

### **Addiction**

Alcoholics Anonymous Info Line ..... (866) 227-0015  
Faith Lutheran Church ..... (989) 873-4506  
*Prescott, MI*  
Prince of Peace Lutheran Church.....(989) 685-2050  
*Rose City, MI*  
Richfield Township Park..... (989) 389-4994  
*St. Helen, MI*  
Trinity Episcopal Church ..... (989) 345-0493  
Ogemaw County Community Resources Updated 2021

*West Branch, MI*  
Narcotics Anonymous.....(800) 801-7177

### **Chronic Conditions**

Disabled American Veterans .....(989) 473-3416  
*Ogemaw County Annex, West Branch*  
*Ogemaw County In Home Service* ..... (989) 345-5300  
*West Branch*

### **Grief**

Healing Together .....(989) 343-2470  
*Ogemaw County Senior Center West Branch MI*

## **TRANSPORTATION**

Ogemaw County Public Transit.....(989) 345-5790

## **TRIBAL SERVICES**

Department of Civil Rights.....(517) 335-3165  
To File a Complaint ..... (800) 482-3604  
Little Traverse Bay Band of Odawa Indians  
..... (231) 242-1400  
Michigan Indian Employment & Training  
..... (800) 591-8820  
Michigan Indian Legal Services .....(231) 947-0122  
Michigan Indian Tuition Waiver .....(231) 439-5247  
Office of Indian Education .....(202) 260-3774

## **VETERANS AFFAIRS**

Veterans Toll Free Numbers ..... [iris.custhelp.va.gov](http://iris.custhelp.va.gov)  
County Veterans Counselor & Michigan Veterans Trust  
Fund Agency.....(989) 345-5170  
Disabled American Veterans Support Group  
Ogemaw County Annex ..... (989) 473-3416  
Michigan Veterans Affairs Agency.....(800) 642-4838  
Ogemaw County Veterans Affairs .....(989) 345-5170  
US Dept of Veterans Affairs .....(844) 698-2311  
Vet2Vet Peer Support Group.....(989) 873-6088  
*First United Methodist Church West Branch, MI*  
Vietnam Veterans of America Support Group  
..... (989) 728-3247  
*Active duty from Jan. 1, 1959 to Jan. 1, 1975*  
VFW Hall, Hale, MI

## **VOLUNTEER OPPORTUNITIES**

AuSable Valley Community Mental Health  
.....(989) 345-5571  
*Recovery Mentor, Recreation Activities,*  
*Transportation (must be 18+)*  
Community Resource Program.....(989) 345-5135

Ogemaw County Humane Society ..... (989) 343-7387  
*West Branch, MI*

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

<b><u>Non-Urgent:</u></b>	<b><u>TeleHealth</u></b>	<b><u>Semi-Urgent:</u></b>	<b><u>Urgent:</u></b>
<p>You should make an appointment with your <b><u>Primary Care Physician</u></b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul>	<p><b><u>(Virtual Visits) Primary Care via Telehealth</u></b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b><u>McLaren Now App</u></b> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <b><u>Primary Care Physician</u></b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul>	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul>

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.