

Oscoda County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2021

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2021

Oscoda
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES CALL911

- Children & Adult Protective Services (CPS) (855) 444-3911
- Common Ground Crisis Line* (800) 231-1127
- Domestic & Sexual Violence (517) 347-7000
- Department of Human Services..... (989) 826-4000
- Police Department (989) 739-9113
- Love Is Respect Hotline (866) 331-9474
- National Domestic Violence Helpline* (800) 799-7233
- Rape & Incest National Network RAINN* (800) 656-4673
- 24 Hour Crisis Line (888) 554-3169
- Victim Connect (stalking hotline)..... (855) 484-2846

ADULT AGING SERVICES

- Council on Aging (989) 826-3025
- Department of Human Services..... (989) 826-4000
- Disability Network..... (231) 922-0903
- District Health Department.
- Tawas (989) 362-6183
- West Branch..... (989) 345-5020
- Meals on Wheels..... (800) 632-7334
- Medicare* (800) 633-4227
- Medicare/Medicaid Assistance Program (MMAP)* (800) 803-7174
- Northeast Michigan Community Service Agency, Inc. (989) 356-3474
- Oscoda/AuSable Senior Center..... (989) 739-3668
- Home Delivered Meals..... (989) 739-3781
- Oscoda County Counsel on Aging (989) 826-3025

Social Security Administration* (800) 772-1213

Adult Day Services

- Norway Pines A F C Home..... (989) 739-4550
- Oscoda, MI
- Willow Tree Adult Care (989) 898-9887
- Oscoda, MI

Adult Foster Care

- Sunrise Side Healthcare (888) 958-2384
- Bake Adult Foster Care (866) 333-6002
- Mikado
- River Bend(989) 739-3823
- Oscoda MI

Alzheimer’s & Dementia Support

- Alzheimer’s Association Helpline ... (800) 272-3900
- Oscoda County Counsel on Aging ... (989) 826-3025
- Oscoda Fields Memory Care (989)252-7532

Assisted Living

- Oscoda Fields Assisted Living (989) 569 6766
- Harbors Independent Living (989) 362-4655
- North Shores Center (989) 569-3772

ANIMAL SUPPORT

Animal Shelters

- Oscoda County Animal Control..... (989) 745-1910
- Dog Licenses (989) 826-1113

COUNTY RESOURCES

- Oscoda County NEMCSA Services .. (989) 358-4600
- Building Department..... (989) 826-1165
- Circuit Court (989) 826-1110
- County Clerk (989) 826-1109
- District Court..... (989) 826-1106
- Friend of the Court..... (989) 826-3548
- Family Division (989) 826-1115
- Fire Department (989) 739-9113
- Police Dept. (non-emergency) (989)
- Probate Court..... (989) 826-1159
- Public Guardian..... (989) 826-1170
- Register of Deeds..... (989) 826-1116
- Treasure..... (989) 826-1113

DISABILITY & SPECIAL NEEDS

RESOURCES

- Michigan Commission for the Blind (800) 292-4200
- Michigan Commission for the Deaf (313) 437-7035
- Northern Lakes CMH Authority..... (231) 935-3645

Michigan Housing Development ... (313)335-9885
The National Federation
of the Blind (410) 659-9314
NEMCSA-Self Sufficiency Program (989) 358-4653

EDUCATION & TRAINING

Adult Programs/College Career

Aces Academy Alternative Learning (989) 358-5170
Alpena Community College 888-468-6222
Kirtland Community College (989) 275-5000
Michigan Department of Career
Development, Adult Education..... (517) 284-1837

Childcare Centers & Preschools

Mio Elementary Head Start (989) 826-2438
Pathways (989) 739-4300

Community Education

Oscoda Education Opportunity Foundation
..... (989) 739-2033

Libraries

Robert J Parks Library
Oscoda, MI (989) 739-9581
Fairview Branch..... (989) 848-0994

Schools Districts

Oscoda Schools
Elementary School (989) 739-9173
Middle School (989) 826-2400
High School (989) 739-9173

Youth Programs

Youth Service Bureau (989) 826-1166
Youth Advisory Council (989) 354-6881
YMCA Youth Development (989)739-2801

EMERGENCY & DISASTER SERVICES

FOR EMERGENCY SERVICES CALL 911

American Red Cross* (800) 733-2767
Department of Human Services..... (989) 826-4000
Fairview Fire Department (989) 848-5811
Luzerne Fire Department..... (989) 826-3687
Oscoda County Emergency
Management..... (989) 826-1191
Poison Control* (800) 222-1222
Suicide Prevention* (800) 273-8255

Law Enforcement

Oscoda Sheriff's Office..... (989) 826-3214
Oscoda Township Police (989) 739-0252
Oscoda Police Department (989) 739-9111

State Police Department..... (989) 826-2316

EMPLOYMENT ASSISTANCE

Michigan Indian Employment
& Training Services* (800) 591-8820
Michigan Works! Northeast
Consortium..... (989) 826-6107
Northeast Michigan Community
Service Agency (989) 356-3474
Unemployment Office Hotline*..... (866) 500-0017

FINANCIAL ASSISTANCE

NEMCSA- Individual Development (989) 358-4653
NEMCSA-Youth Individual
Development Account (989) 356-3474
Health and Human Services (989) 826-4000

Tax Assistance

Free File (IRS) www.irs.gov
H&R Block (989) 739-5330

FITNESS, RECREATION & REHABILITATION

American Physical Therapy (989) 826-6830
ARMC PT Clinic (989) 739-0200
Michigan Fit Club (989) 739-0464

Parks & Recreation

Michigan Camping Reservations* ... (800) 447-2757
Michigan Recreation (517) 284-7275
Natural Resources Department (989) 826-3211
Oscoda County Park and Beach (989) 826-5114

FOOD, CLOTHING & HOUSEHOLD ASSISTANCE

Department of Human Services..... (989) 826-4000
Mio
Habitat for Humanity (989) 848-2200
Fairview
Meals on Wheels* (800) 632-7334
Northeast Michigan Community
Service Agency (989) 356-3474
Serving Oscoda County
The Emergency Food Assistance
Program..... (989) 358-4700
NEMCSA
WIC Program* (800) 432-4121

Pregnant and Breastfeeding Women, Infants, children

Pantries

Living Water Lutheran Church (989) 826-1688
Mio Church of God..... (989) 848-5247
Oscoda Assembly of God (989) 739-5406
SVDP Mikado (989) 736-6271
Sunrise Food Pantry (989) 727-2521
St. Bernard's Soup Kitchen (989) 354-8018

HEALTHCARE SERVICES

Center for Disease Control and Prevention (CDC)* (800) 232-4636
AIDS Program Hotline* (877) 342-2437

Clinics & Hospitals

McLaren Primary Care Inc..... (989) 826-3271
McLaren Primary Care Inc..... (989) 685-2333
Rose City
McLaren Bay Hospital..... (989) 894-3000
McLaren Center for Rehabilitation (989) 667-6600
McLaren Bay Urgent Care..... (989) 393-2850
Free Clinic of Alpena (989) 354-3888

Dental Resources

Oscoda Dental Services (989)739-7927
Mio Family Dentistry..... (989) 826-6262

Hearing Assistance

Relay Center for Deaf/Hard of Hearing..... (800) 649-3777
Hearing USA (989) 362-8196

Medical Equipment & Loan Closets

ALS of Michigan..... (800) 882-5764
Muscular Dystrophy Association (800) 572-1717
Medical equipment loan closets
Commission on Aging (989) 826-3025
Wheelchairs, shower chairs, walkers, etc.
United Cerebral Palsy Michigan..... (800) 828-2714

Mental Health & Counseling Services

AuSable Valley Community
Mental Health (989) 826-3208
National Suicide Prevention (800) 273-8255
24 Hour Crisis Hotline
Problem Gambling Help-Line* (800) 270-7117
Veterans Crisis Hotline* (800) 273-8255

Pharmacies and Prescription Assistance

Rite Aid Pharmacy..... (989) 826-3737
Goodrx*.....www.goodrx.com

Retail Discount Drug Programs

MiRx Discount Card..... (866) 755-6479
For patients without drug coverage
Assistance Program (MMAP) (800) 803-7174
Needy Meds (800) 503-6897

Substance Abuse

CDC Hotline (800) 232-4636
Narcotics Anonymous
(NA) Hotline (877) 338-1188
Substance Abuse Hotline* (800) 662-4357
Substance Use Treatment
Services (800) 834-3393
24-hours, 7-days- referral to treatment
Sunrise Centre (989) 356-6649

Urgent Care

Alcona Health Center (989) 739-2550
Huron Shores -Ascension (989) 362-6426
Oscoda Health Park (989) 739-1441

Vision Providers

Fraser Optical (989) 739-2020
Lakeside Vision (989) 366-7525

HOUSING ASSISTANCE

Oscoda County Housing Program (989) 826-1167
Health and Human Services (989) 826-4000
Housing & Education..... (989) 826-1167

Emergency Shelters & Warming Centers

Women's Resource Center (231) 347-0082
Domestic Violence Shelter
Lydia's Gate..... (989) 826-5588

Heating/Utility Assistance & Home

Repairs/Weatherization

Habitat for Humanity (989) 848-2200
Home Stretch (231) 947-6001
Northeast Michigan Community
Service Agency (989) 356-3474
Serving Oscoda County
Michigan Energy and
Weatherization (517) 373-8896
The Heat and Warmth Fund (800) 866-8429
USDA Rural Development www.RD.USDA.GOV

Low Income Housing

NEMSCA Rental Assistance (866)-485-7077
AuSable Valley Apartments (989) 848-2104
Seniors 65+ or disabled any age
Horizon Apartments..... (989) 826-6124

Maple Wood Manor & Stone Manor Apartments
..... (989) 335-1753
Seniors 65+ or disabled any age
HUD Rental Assistance..... (231) 922-4915
Traverse City Housing

LEGAL ASSISTANCE

Legal Hotline for Seniors..... (800) 347-5297
Legal Services of Northern
Michigan*..... (800) 872-8432
civil matters (non-criminal) to eligible low income
Long Term Care Ombudsman
Program..... (866) 485-9393
Veteran's Affairs Antrim (231) 533-8499
Michigan Legal Self-Help Center
of Oscoda County..... (989) 826-3613

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line* (800) 275-1995
Great Start Collaborative (989) 275-9566
Oscoda County
His Love Family Resources (989) 826-5817
Parent Group, First Time Moms, Individual
Parenting Classes

SUPPORT GROUPS

Co-Dependents Anonymous (888) 444-2359
Food Addicts Anonymous (772) 878-9657
Gamblers Anonymous (855) 222-5542
Nicotine Anonymous (800) 642-0666

TRANSPORTATION

Dial-A-Ride (989) 82
OCATS- Oscoda County Area
Transit Specialists..... (989) 826-5078
Oscoda County Airport..... (989) 826-1130

TRIBAL SERVICES

Department of Civil Rights (517) 335-3165
Michigan Indian Legal Services (800) 968-6877

Michigan Indian Employment
and Training Services (800) 591-8820

VETERANS AFFAIRS

Michigan Veterans Affairs Agency ... (800) 642-4838

Oscoda County Veteran's Affairs (989) 786-0355
Veteran's Crisis Line (800) 273-8255
Paralyzed Veterans of America..... (800)795-3608
Disabled American Veterans..... (989) 786-0355
Veterans Trust Fund Agent (989) 786-0355
Paralyzed Veterans of America (800) 638-6782
Wheelchairs, power chairs, adaptive sports
equipment, hoists, lifts.
Email.....Veteransaffairs@oscodacountymi.com

VOLUNTEER OPPORTUNITIES

Senior Volunteer Programs..... (989) 356-3474
Foster Grandparent & Senior Companion Program
Mio Community Center (989) 826-9919
Luzerne Volunteer Fire..... (989) 826-3687

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your Primary Care Physician</p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits)</u> <u>Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your Primary Care Physician and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.