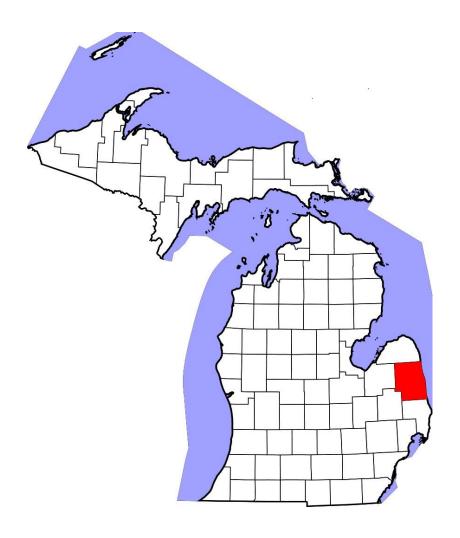
Sanilac County

Community Resource Guide



2021

Sanilac County Community Resource Guide

[A guide to services in your community]

[TABLE OF CONTENTS]

Abuse & Protective Services	[1]
Adult Aging Services	[1]
Animal Support	[1]
County & City Resources	
Disability & Special Needs Resources	
Education & Training	
Emergency & Disaster Services	
Employment Assistance	
Financial Assistance	
Fitness, Recreation & Rehabilitation	
Food Pantries, Clothing & Household Assistance	
Healthcare Services	
Housing Assistance	
Legal Assistance	
Parenting/Pregnancy Resources	
Support Groups	
Transportation	
Tribal Services	
Veterans Affairs	
Volunteer Opportunities	



Children and Adult Protective Services (CPS)
(855) 444-3911
Children & Adult Protective Services
Sanilac County (810) 648-4420
Common Ground Crisis Line (800) 231-1127
Equality Michigan (313) 537-7000
Haven Crisis Line(877) 922-1274
Love is Respect Hotline(866) 331-9474
Narcotics Anonymous 24/7 (800) 230-4085
National Domestic & Sexual Violence Helpline
(800) 799-7233
National Domestic Violence Helpline
(800) 799-7233
National Human Trafficking Resource Center
(888) 373-7888
RAINN (Rape & Incest National Network)
(800) 656-4673
Stop It Now! Hotline (888) 773-8368
Suicide Prevention (800) 273-8255
Children & Adult Protective Services – Sanilac
County(810) 648-4420
Elder Abuse Hotline(800) 996-6228
Eva's Place 24hr shelter (866) 336-7283
Michigan Coalition to End Domestic & Sexual
Violence (MCEDSV)(517) 347-7000
Michigan Dept of Health & Human Services Adult &
Children Protective Services (855) 444-3911
Parents Helpline(800) 942-4357

Sanilac County Community Mental Health Hotline 24/7(888) 225-4447 Sanilac County Crime Victims Services(810) 648-5463
ADULT AGING SERVICES
Area on Aging
Adult Foster Care
M.M.G. Martinez AFC - Applegate (810) 633-9227 M & J Family Home – Brown City (810) 346-3311 Parkview House – Brown City (810) 346-3525
Alzheimer's & Dementia Support
McLaren Home Care Services(866) 323-5974 Alzheimer's Association(800) 272-3900
Assisted Living
Human Development Commission (800) 843-6394 Martinez Retirement Home – Sandusky

ANIMAL SUPPORT

South Sanilac Vet. Hospital.....(810) 387-3363 Thumb Veterinary Services.....(810) 648-8230 A Town & Country Animal Clinic.....(810) 648-4281 Yale Veterinary Hospital....(810) 387-4370

Animal Shelters

Sanilac County Animal Control.......(810) 648-4831 Sanilac County Humane Society (810) 657-8962 Paradise Animal Rescue......(810) 969-4455 K-9 Stray Rescue League.....(248) 628-0435

COUNTY RESOURCES

Sanilac County Administrative Offices
......(810) 648-2933
Sanilac County Clerk.....(810) 648-3212
Sanilac County Emergency Management

	(010) 640 0257	Polar Contar for Doof/Hard of Haaring 711
Comiles County Health Department		Relay Center for Deaf/Hard of Hearing
Sanilac County Health Department.	•	Social Security Administration (800) 772-1213
Sanilac County Recycling Center	•	The family center for Children and Youth with
Sanilac County Register of Deeds	` '	Special Health Care Needs (800) 359-3722
Sanilac County Road Commission		United Cerebral Palsy of Mi (800) 828-2714
Sanilac County Treasurer	.(810 648-2127	Disability Services Resource Center – Bay City
Cities		(989) 895-5444
Brown City		Masonic Children's Dyslexia Center Bay City
Croswell	• •	(989) 894-2770
Marlette	· ·	Michigan Commission for the Blind. (800) 292-4200
Sandusky	(810) 648-3330	Michigan Commission for the Deaf . (313) 437-7035
Townships		Michigan Council for Rehabilitation Services
Argyle		
Austin	(989) 658-8260	MidMichigan Disability Network (800) 782-4160
Bridgehampton	(810) 657-9280	Sanilac County Department of Health & Human
Buel	(810) 841-4500	Services(810) 648-4420
Custer	(810) 648-2957	State of Michigan Division on Deaf, Blind, & Hard of
Delaware	(989) 864-5563	Hearing(877) 499-6232
Elk	(810) 378-5900	
Elmer	(810) 648-9903	
Evergreen	(810) 551-4471	EDUCATION & TRAINING
Flynn	(810) 404-2382	American Red Crees (200) 722 2767
Forester	(810) 376-4393	American Red Cross (800) 733-2767
Fremont	(989) 843-0621	Adult Programs
Greenleaf	(989) 551-4712	Advantage Counseling & Educational Services
Lamotte	(989) 635-0144	(810) 679-0200
Lexington	(810) 359-5500	Sanilac Career Center(810) 648-4700
Maple Valley		Sanilac Medical Control Authority – EMS Oversight
Marion		& Education(810) 648-3092
Marlette	•	Thumb Area Michigan Works (810) 648-5800
Minden		Thumb Area Michigan Works(010) 040-3000
Moore	· ·	Colleges/Career Centers
Sanilac		Macomb Community College – Marlette Campus
Speaker	` '	(989) 635-0063
Washington	· ·	MSU Extension (810) 648-2515
Watertown		St. Clair Community College (810) 984-3881
Wheatland		
Worth	•	Childcare Centers & Preschools
	(010) 000 0001	Butterscotch Castle – North Branch (810) 688-4606
		Head Start(810) 648-4497
DISABILITY RESOUR	CES	M-Tech Preschool – Port Huron (810) 989-5673
Children's Special Healthcare Service		
		Libraries
Disability Network of MI	•	Sanilac District Library (810) 622-8623
Medicare/Medicaid Assistance Prog		Elk Township Library (810) 378-5409
Muscular Dystrophy Association		School Districts
Paralyzed Veterans of America	• •	Brown City Community Schools (810) 346-2781
Sanilac County Community Resources Updated		2
Samuel County Community Resources Opdated .	2021	Z

Carsonville-Port Sanilac Schools (810) 657-9393 Croswell-Lexington	FINANCIAL ASSISTANCE Sanilac County Department of Health and Human Services
Youth Programs Big Brothers Big Sisters – Heart of Michigan(989) 631-5360 Boys & Girls Club Nat'l Headquarters(404) 487-5700 Camp Cavell - Lexington(810) 359-2267	FITNESS, RECREATION & REHABILITATION McLaren Physical Therapy(810) 385-5531 McKenzie Rehabilitation Services(810) 648-0210 Therapy Services of Marlette Regional Hospital(989) 635-4350
EMERGENCY & DISASTER SERVICES Ambulance, Fire and Police	Parks & Recreation Evergreen Park – Cass City
Law Enforcement Sanilac County Jail (810) 648-8338 Sanilac County Sheriff (810) 648-2000 EMPLOYMENT ASSISTANCE Michigan Indian Employment and Training Services (800) 591-8820 Career Alliance (810) 648-4700 CornerStone Staffing Solutions – Marlette (989) 575-0010 Manpower Temporary Services – Port Huron (989) 962-6544 Sanilac United Way (810) 878-0308 Thumb Area Michigan Works (810) 648-5800 Unemployment Office Hotline (866) 500-0017	FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE American Red Cross

Sanilac County Community Resources Updated 2021

3

Sanilac Co Dept Health & of Human Services	Michigan Donated Dental Services Program
(810) 648-4420	(800) 589-2632 Mobile Care Group(419) 318-5162 Port Sanilac Dental Center(810) 622-8230
HEALTHCARE SERVICES	Hearing Assistance
McLaren Home Care Group (866) 323-5974	Bieri Hearing Specialists(888) 885-0976
Center for Disease Control and Prevention	Miracle Ear(877) 632-6320
(800) 359-3722	Relay Center for Deaf/Hard of Hearing 711
Veteran's Affairs (844) 698-2311	Medical Equipment & Loan Closets
AIDS Insurance Program Hotline (877) 342-2437	ALS of Michigan(800) 882-5764
American Cancer Society(800) 227-2345	Adaptive Environments (home lifting systems)
Michigan Diabetes Outreach Network – Flint	(800) 355-5438
(810) 232-0522	Freedom Medical Alert Systems (877) 318-4993
Nurse Help Line(989) 725-8710	Life Watch Cardiac Monitoring (Biotel)
Sanilac County Community Mental Health	(888) 312-2328
(810) 648-0330	McKenzie Medical Supplies – Sandusky
Clinica & Hasnitale	(810) 648-3770
Clinics & Hospitals	Michigan CPAP Bank (U of M) (734) 232-3964
Karmanos Cancer Institute (800) 527-6266	Muscular Dystrophy Association (800) 572-1717
McLaren Home Care (866) 323-5974	One-Drop Diabetes Support & Supplies
McLaren Hospitals	(http://onedrop.today)(800) 437-1474
Bay City(989) 894-3000	Paralyzed Veterans of America Michigan
Lapeer(810) 667-5500	(800) 638-6782
Port Huron(810) 987-5000	Region VII Area Agency on Aging (800) 858-1637
McLaren Occupational Health and Convenient	Strive Medical – Catheters & Wound Care
Care Center-Lapeer (810) 667-7040	(888) 771-9229
McLaren Physical Therapy Service	The National Federation of the Blind
Lexington (810) 359-8193 Port Huron	(410) 659-9314
Lapeer (810) 683-1070	
Marlette Regional Hospital (989) 635-4000	Mental Health & Counseling Services
McKenzie Health System – Sandusky	Common Ground Crisis Line (800) 231-1127
(810) 648-3770	Narcotics Anonymous 24/7 (800) 230-4085
Med Express Urgent Care – Port Huron	National Domestic & Sexual Violence Helpline
(810) 989-2530	(800) 799-7233
Sanilac Co Health Dept(810) 648-4098	National Domestic Violence Helpline
Sanilac Medical Control Authority – EMS Education	(800) 799-7233
(810) 648-3092	National Human Trafficking Resource Center
	(888) 373-7888
<u>Dental Resources</u>	National Council on Alcoholism and Drug
Children's Mobile Dental Program of Great Lakes	Dependence (NCADD)
Bay Health(989) 921-4393	Problem Gambling Help Line (800) 270-7117
Dental Hygiene Health Services (989) 385-5174	RAINN (Rape & Incest National Network)
Dental Lifeline Network (low income; severe	(800) 656-4673
problems only) (517) 347-6994	SEMCA
Family Dentistry of Sandusky(810) 648-2522	Stop It Now! Hotline (888) 773-8368 Substance Abuse Hotline (800) 662-4357
Great Lakes Bay Health Center	Suicide Prevention(800) 662-4357
Dental – Bay City(989) 922-5650	Juliuc Flevention (000) 2/3-8233
Conilla County Community Books and Undeted 2021	Λ

Sanilac County Community Resources Updated 2021

Problem Gambling Help-Line 24/7 (800) 270-7117	<u>Urgent Care</u>
Psychological Services Clinic(810) 622-7805	MedExpress Urgent Care (810) 989-2530
Sanilac County Community Mental Health	North Urgent Care (810) 989-7770
(810) 648-0330	-
Sanilac Health Department - Anger Management	<u>Vision Providers</u>
Counseling(810) 648-4098	Michigan Commission for the Blind. (800) 292-4200
Thumb Area Counseling - Sandusky (810) 648-4303	Anderson Eye Associates – Saginaw (800) 519-3933
Pharmacies & Prescription Assistance	Huron Eyecare(810) 648-4838
Substance Abuse Hotline(800) 662-4357	Sandusky Vision Care(810) 648-3100
Life Source Direct - Underinsured/Uninsured	Walmart Vision Center(810) 648-4541
(866) 340-4748	
Michigan's Prescription Drug Discount Card	HOUSING ASSISTANCE
MI-RX(888) 908-8889	American Red Cross (800) 733-2767
Michigan Medicare/Medicaid Assistance	MSHDA: Step Forward (866) 946-7432
(800) 803-7174	
NeedyMeds(800) 503-6897	Emergency Shelters & Warming Centers
Partnership for Prescription Assistance	Human Development Commission (800) 843-6394
<u>www.pparx.org</u>	Eva's Place(866) 336-7283
RxAssist (Pharmaceutical company assistance	Sanilac Rescue Mission(810) 414-4673
programs) <u>www.rxassist.org</u>	Heating/Utility Assistance & Home
Rite Aid Pharmacy - Sandusky(810) 648-4668	
Sanilac Pharmacy - Sandusky (810) 648-2265	Repairs/Weatherization
Wal-Mart(810) 648-4247	American Red Cross (800) 733-2767
RETAIL DISCOUNT DRUG PROGRAMS	Habitat for Humanity(800) 422-4828
Kroger ask pharmacist	Area on Aging (800) 858-1637 The Heat and Warmth Fund (800) 866-8429
Meijer ask pharmacist	USDA Rural Development (800) 944-8119
(select free prescriptions)	03DA Narai Developinent (000) 344 0113
Target ask pharmacist	Low Income Housing
(\$4/ \$10 generics program)	24-Hour Crisis Line(800) 275-1995
Sam's Club ask pharmacist	Croswell Manor(810) 679-2210
(\$4/\$10 prescription program)	Fairway Two(989) 635-7854
Wal-Mart ask pharmacist	Family Resource and Learning Center – Marlette
(\$4/\$10 prescription program)	(989)-635-2400
Walgreensask pharmacist	Health and Human Services(810) 648-4420
Substance Abuse	HUD Rental Assistance(800) 569-4287
Alcoholics Anonymous(877) 337-0611	MSHDA(855) 646-7432
CDC Hotline(800) 342-2437	Lakeshore Legal Aid (800) 783-8190
Narcotics Anonymous(800) 230-4085	Legal Aid of Central Michigan/Pro Bono
SEMCA(800) 686-6543	(517) 485-5411
National Council on Alcoholism and Drug	Legal Hotline for seniors (866) 400-9164
Dependence (800) 622-2255	Legal Services of Eastern Michigan (800) 322-4512
Sacred Heart Rehabilitation(888) 802-7472	Maternal Infant Health Program (MIHP)
Substance Abuse Hotline(800) 662-4357	(517) 335-8898
Substance Use Treatment Services (800) 834-3393	Parent Help Line 24/7 (800) 942-4357 Women's Resource Center (231) 587-8891
Turning Point - Pontiac(248) 334-7760	women's nesource Center(251) 567-8891

LEGAL ASSISTANCE	RAINN (Rape & Incest National Network)
Legal Aid Legal Service(888) 733-1853	(800) 656-4673 SEMCA (800) 686-6543
Center for Civil Justice (800) 724-7441	Stop It Now! Hotline
Legal Services of Eastern Michigan	Substance Abuse Hotline (800) 662-4357
(800) 322-4512	Suicide Prevention
Michigan Department of Civil Rights	WIC (800) 942-1636
(517) 335-3165	WIC (000) 342 1030
Michigan Indian Legal Services	
(231) 947-0122	TRANSPORTATION
Michigan Senior Legal Hotline	
(866) 400-9164	Area on Aging (800) 858-1637
Social Security Administration (800) 772-1213	Auto Safety Hotline(888) 327-4236
Veterans TOLL Free numbers iris.custhelp.va.gov	Child Safety Seat Inspection (866) Seat-Check
	Karmanos Cancer Institute (800) 527-6266
PARENTING/PREGNANCY RESOURCES	Veterans TOLL Free numbersiris.custhelp.va.gov
24-Hour Crisis Line(800) 275-1995	Blue Water Center for Independent Living – Lapeer
Child Safety Seat Inspection (866) Seat-Check	(810) 664-9098
LA LECHE (800) 525-3243	
The family center for Children and Youth with	TRIBAL SERVICES
Special Health Care Needs (800) 359-3722	TRIBAL SERVICES
WIC (800) 942-1636	Michigan Indian Legal Services New Phone
Women's Health resource line (800) 994-9662	(231) 947-0122
	Michigan Department of Civil Rights
SUPPORT GROUPS	(517) 335-3165
ALS of Michigan(800) 882-5764	MDHHS Native American Affairs Office
Alzheimer's Association and Helpline	(517) 335-7782
(800) 272-3900	Michigan Indian Employment and Training Services
Area on Aging (800) 858-1637	(800) 591-8820
Women's Health resource line (800) 994-9662	Michigan Indian Tuition Wavier(517) 241-7748
Common Ground Crisis Line (800) 231-1127	U.S. Office of Indian Education (202) 260-3774
Disability Network of MI(800) 782-4160	Saginaw Chippewa Indian Tribe(989) 775-4000
Equality Michigan (313) 537-7000	
Haven Crisis Line (877) 922-1274	
Love is Respect Hotline (866) 331-9474	VETERAN'S AFFAIRS
Epilepsy Foundation Of Michigan(800) 377-6226	VEIERAN S AITAINS
Narcotics Anonymous 24/7 (800) 230-4085	Area on Aging (800) 858-1637
National Domestic & Sexual Violence Helpline	Paralyzed Veterans of America (800) 638-6782
(800) 799-7233	Veterans TOLL Free numbers <u>iris.custhelp.va.gov</u>
National Domestic & Sexual Violence Helpline	VA Benefits (800) 827-1000
(800) 799-7233	Veteran Affairs (844) 698-2311
National Human Trafficking Resource Center	VALUETTE ADDADTION
(888) 373-7888	VOLUNTEER OPPORTUNITIES
National Council on Alcoholism and Drug	American Red Cross (800) 733-2767
Dependence (NCADD) (800) 622-2255	Area on Aging (800) 858-1637
Parkinson's (800) 852-9781	3 3
Problem Gambling Help Line (800) 270-7117	

Food Bank Council of Michigan (Pantries) www.fbmich.org/resources/find-a-food-bank	
Sanilac County Community Resources Updated 2021	7

IS IT AN EMERGENCY?

Clinic Name:	Office Phone:
AFTER HOURS Phone Number:	
Our Preferred Urgent Care:	

Non-Urgent:

You should make an appointment with your <u>Primary Care</u> Physician

- Cold/Flu Symptoms
- Earaches
- Mild Backaches
- Mild Sprains
- Rashes
- Sore Throat/Cough
- Toothaches

<u>TeleHealth</u>

(Virtual Visits) Primary Care via Telehealth

- Allergies
- Bronchitis
- · Colds and Flus
- COVID Symptoms
- Earache
- Headache
- Hives
- Insect Bites
- Pink Eye
- Rashes
- Sinusitis

Semi-Urgent:

Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care</u>

Physician and/or go to Urgent Care Facility for treatment

- Accidents and Falls
- Moderate Sprains
- Moderate Backaches
- Mild Breathing Difficulty (i.e. Asthma)
- Minor Cuts with Controlled Bleeding
- Eye
- Irritation/Redness
- Cold/Flu Symptoms WITH fever
- Vomiting/Diarrhea with Dehydration
- Severe Sore Throat or Cough
- Minor Broken Bones or Fractures (fingers/toes)
- Skin Rashes and Infections
- Urinary Tract Infections
- Minor Injuries
- Minor Burns

Urgent:

You should go to your nearest Hospital Emergency Department

- Severe Chest Pain or Difficulty Breathing
- Compound Fracture (bone protrudes through skin)
- Convulsions/Seizures
- Loss of Consciousness
- Fever in Newborn (less than 3 months old)
- Heavy, Uncontrollable Bleeding
- Deep Knife or Gunshot Wounds
- Moderate to Severe Burns
- Poisoning
- Serious Head/Neck or Back Injury
- Pregnancy-Related Problems
- Severe Abdominal Pain
- Signs of Heart Attack (chest pain lasting longer than 2 minutes)
- Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)
- Suicidal or Homicidal Thoughts/Feelings
- Vomiting up Blood

If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.